

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following : 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills.

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1. Soft skills development Programs

Soft skills are the abilities and skills that help students to become a complete professional and offers better employment opportunities in corporate sectors across the globe. By considering increased global demand for soft skills, institute organizes programs to acquire adequate Softskills beyond academic and technical knowledge. A special training for vernacular medium students has been organized by Prof. Dr. Joseph Rodrigues, Fr.CRCE, Bandra.

The first year curriculum focuses on laying a foundation on the English Language Skills. During the Second Year, the training focuses on Self-Management and People Skills, which include program on Personality Development, Presentation Skills, Goal Setting, Confidence Building, Conflict Management, Inter-Personal Skills, Negotiation Skills, Team Building and Decision Making. Faculty explains the importance of well-balanced ratio of interpersonal skills with technical knowledge offers good placement jobs.



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING

(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 243 (A)

Date : May 25, 2021

NOTICE

To develop and enhance soft skills among students, there will be a program on **Public Speaking (Grooming public speaking skills)** during the period June 07-11, 2021.

The Speaker for the program is Dr. Joseph Rodrigues from the Department of Humanities and Science of our college.

Venue: Seminar Hall (Fifth Floor)

Time: 3.00 PM to 4.00 PM every day

All students are invited to attend the above sessions.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

Soft skill Development program 2021

Event: Public Speaking (Grooming public speaking skills)

Number of students participated: 304

Semester-II

Date: 07th to 11th June 2021

Proof: Write up submitted by students and video recording of the speech (2 samples)

Report:

<https://docs.google.com/document/d/11qXMvYASlrMKrgmZi5EAdYUV1FxLPge6/edit?usp=sharing&oid=113819763561270205383&rtpof=true&sd=true>

Video:

[FE D 9219 Manasvi - Google Drive](#)

Report:

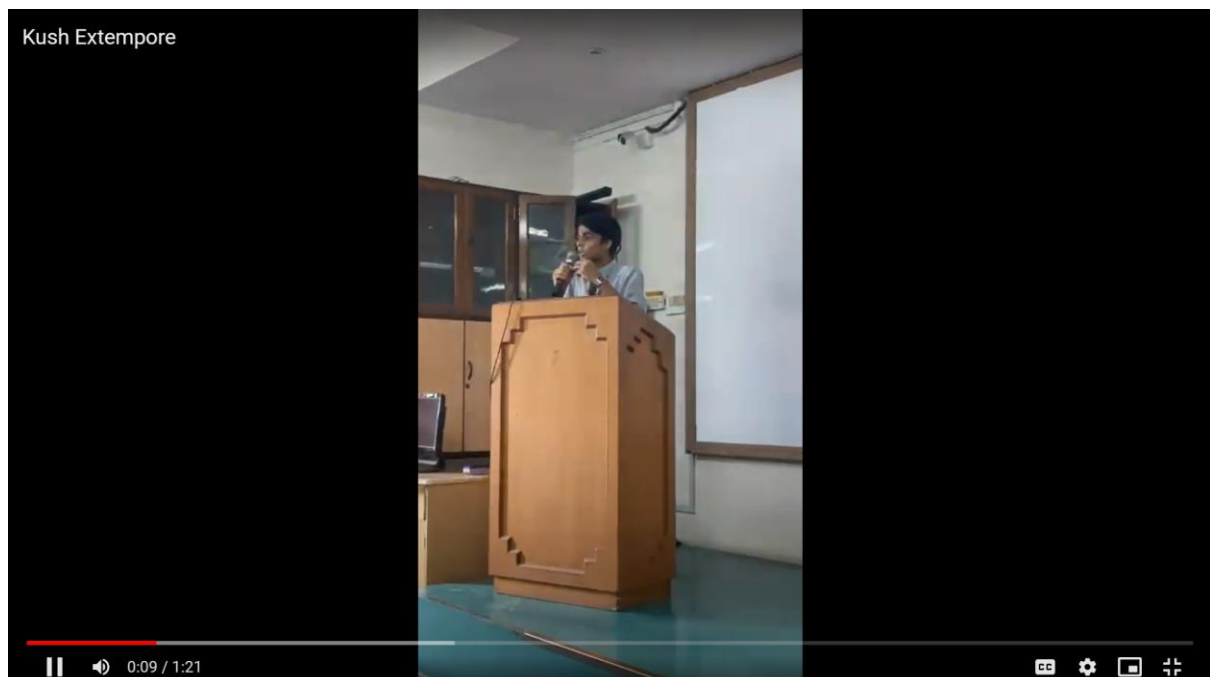
https://docs.google.com/document/d/11AF88XdU_urdJCA2v7dQMX9auvuNbRv/edit?usp=sharing&oid=113819763561270205383&rtpof=true&sd=true

Video:

<https://drive.google.com/file/d/1Wu0A0011z9KZncWn65jk3hRQz7Sh3OGh/view?usp=sharing>

Public Speaking: Mr. Ambekar Kush – First year (2021-22)

Video Link: [Kush Extempore - Google Drive](#)



Public Speaking : Mr. Aryan First year (2021-22)

Video Link: [Aryan Extempore - Google Drive](#)



Public Speaking : Mr. Krishna Soni First year (2021-22)

[Krishna Public Speaking 21-22.mp4 - Google Drive](#)





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Ref.: CRCE / 2022 / 157 (A)

Date : March 11, 2022

NOTICE

As a part of the First Year Induction Program, there will be an online session on **A Path towards a right Direction** by Dr. Joseph Rodrigues, Department of Humanities and Science, on March 17, 2021.

Time: 02.30 PM to 4.30 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

Report of First year Induction Program - A path towards right direction

CRCE

Fr. Conceicao Rodrigues College Of Engineering

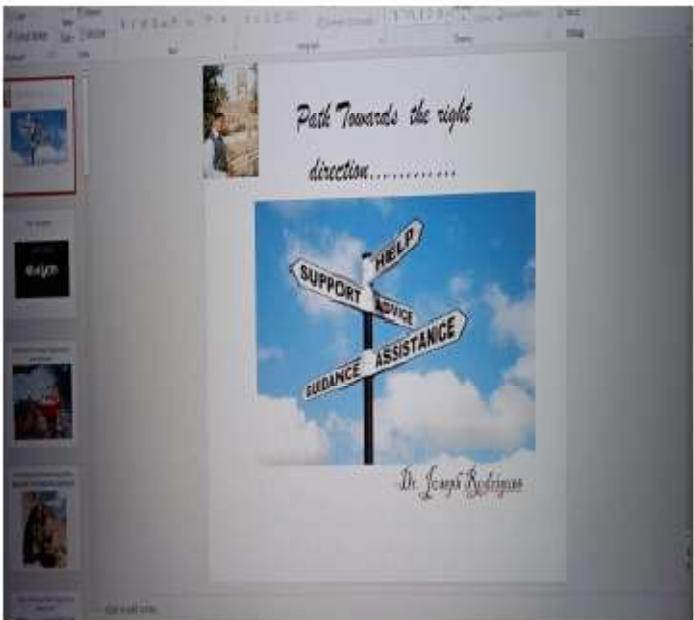
A Report on Induction Program for 1st year students for the Academic Year (2020-2021)

An Induction Program was organized once in a week for two/ three hours for first year Engineering students of our college. The objective of this program was to familiarize students to the new environment and get them acquainted with the institution culture. This Year due to pandemic the sessions were held in online mode comprised of interesting lectures on different areas like social, cultural , Innovative and creative ideas etc. The Aim of Induction is to ensure smooth transition of the students into the current system .

SCHEDULE OF THE INDUCTION PROGRAM

SR.NO	DATE	SESSION/ TOPIC	TIME	MODE/ Speaker
1	16/2/21	Orientation for FE Students	10am- 11am	Zoom (Mr. Parash Shetty)
2	24/2/21	" Opportunities in Cocurricular, extra-curricular and Cultural activities	2.30- 4.30	Zoom (DR. Dipak Bhoir)
3	3/3/21	Introduction to the respective Departments by HODs	2.30- 4.30	Google meet (HODS of the Department)
4	5/3/21	Introduction to Non-Technical teams (clubs) of our college	2.30- 4.30	Zoom (DR. Sujata Deshmukh)
5	17/3/21	"Path towards right direction"	2.30- 4.30	Zoom (Dr. Joseph Rodrigues)
6	26/3/21	" Journey-Innovative projects to product"	2.30- 4.30	Zoom (Prof. Swati Ringe)
7	10/3/21	Introduction to Technical teams of our college	2.30- 4.30	Zoom (Teacher in charges of the technical teams)
8	2/6/21	"Internships-Enriching knowledge and skills while undertaking the professional courses"	2.30- 4.30	Zoom (DR. Ketaki Joshi)
9	16/6/21	Interaction with Alumni Association and opportunities ahead	4-5	Zoom (Mrs. Prachi Patil)
10	19/6/21	Workshop on " Basics of Robotics"	9.30 – 11.30	Zoom (Robocon Team)
11	29/7/21 – 2/8/21	Mentoring Session		Google meet (Respective class Teachers)

snap shots: A path towards right direction



INNOVATIVE MINDSET

Agree Once

Arin Deane

Oh, summer term, etc...

WHAT IS INNOVATION.

Innovation is a journey: a voyage towards value creation.

Who is making this journey - Agents of Innovation

- **Managers of Growing Organisation**
- **Social Innovators**
- **Entrepreneurs** - Innovation is what they do. And they do it in many different corners
- **Startups**
- **ChangeMaker** - Anyone and everyone who makes the change happen.
- We are all potential entrepreneurs - so it is up to us to make innovation happen

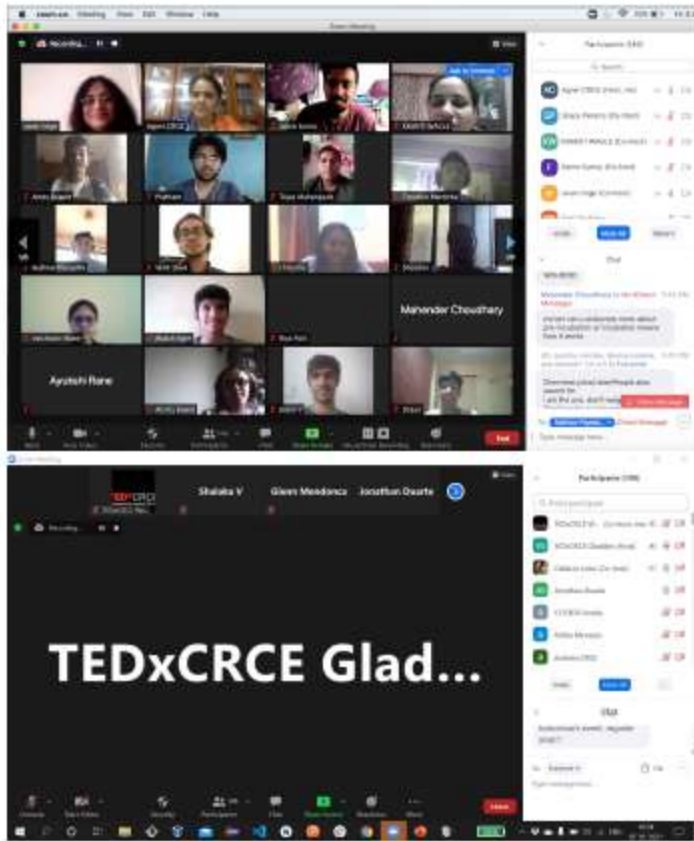
Turn Ideas into a solution that adds value from customer's perspective.

Perkinder Singh

Rachet Jain

Agree Once

F



Types of Internships

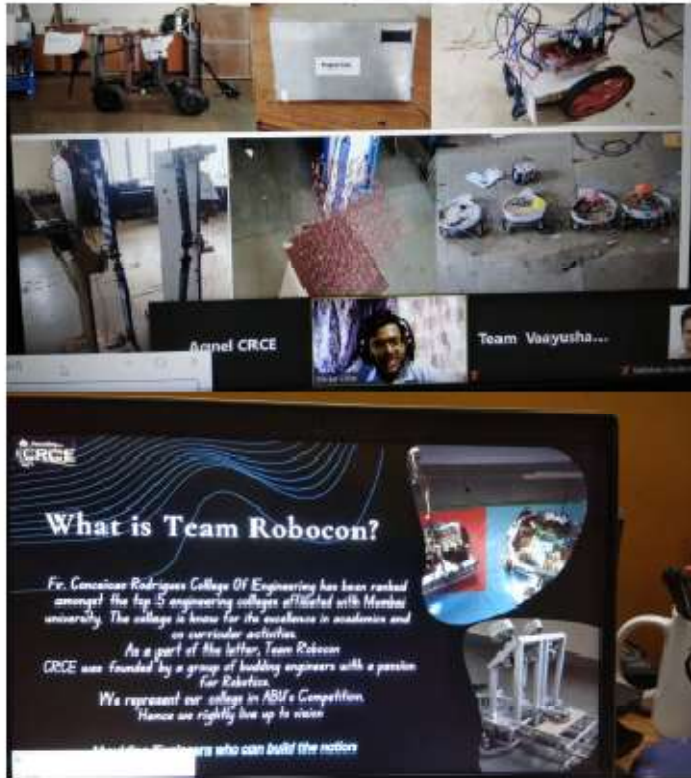
Paid Internships	<ul style="list-style-type: none"> • Usually offered in the private sector or by large organizations paying the intern • While learning the interns, students learn to evaluate their potential as professionals
Internships for Credit	<ul style="list-style-type: none"> • Experience directly related to academic's qualifying the intern's self • Status of internship experience is to be considered for academic credits
Non-Profit Internships	<ul style="list-style-type: none"> • The purpose of the organization is providing service to the society such as: health, hospital, government agencies • Help in developing social responsibility and ethics
Summer Internships	<ul style="list-style-type: none"> • Offer to transfer credits part time / fulltime during summer breaks • Work (even experience providing) real insights in a field
Service Learning	<ul style="list-style-type: none"> • Commonly used in service oriented courses • Includes values, skills and knowledge required in a specific field
Co-operative Education	<ul style="list-style-type: none"> • One or more years of working on or off campus learning • Provides opportunity to network with industry professionals
Externships	<ul style="list-style-type: none"> • Usually shorter duration of five days • Offers briefs and view of a career field and helps networking

Source: <https://www.thealumniassociation.org/>

Alumni Association Offr. CRCE

 <p>ALAYYA CHOUDHARY B.E. COMPUTER Software Engineer Software Engineer</p>	 <p>AQIBUL SHAH B.E. PRODUCTION BBA, North Eastern University Management Consultant, Delhi</p>	 <p>MANVI ALI B.E. ELECTRONICS B.Tech. Computer Engineering Software Engineer, Delhi</p>	 <p>SARINAVI K B.E. IT B.Tech. Computer Engineering Software Engineer, Delhi</p>
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Alumni Guiding students for Education Opportunities Abroad





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Ref.: CRCE / 2022 / 239 (A)

Date : August 12, 2019

NOTICE

As a part of the First Year Induction Program, there will be a session on **Instilling Leadership Qualities and Management** by Mr. Zubin Paul on August 19, 2019.

Venue: Samvaad Auditorium (Ninth Floor)
Time: 3.00 PM to 4.00 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

Induction program CRCE

At Fr. Conceicao Rodrigues College of Engineering, the induction program was carried out around the year, as per the directives and guidelines laid by AICTE and the University of Mumbai for the academic year 2019-20.

A total of 260 students were admitted officially on 13th August 2019 were divided into A, B, C, D, and E, having a mix of Computer, Electronics and computer science, Production, and Mechanical engineering branches.

The students were informed about the purpose of the Induction program. A Schedule of orientation and induction program was put in their classrooms. The students were told that the induction program consists of various activities such as Universal human values, Literary and creative arts, physical activities, etc.



S-X.

Head, Department of Humanities and Science

Session-1

19th August 2019

The orientation program took place on 19th August 2019, Monday at 9.30 A.M. onwards for divisions A, B, and C in Saamvad auditorium. While Division D and E had a mentoring session in their classrooms in the same time slot.

The orientation program began amidst the august presence of Director Rev. Fr. Valerian D'Souza, Principal- Dr. Srida Unnikrishnan, and Heads of the Departments and Deans.

Dr. B.S. Daga-Head, Computer Engineering Department, Dr. Sapna Prabhu Head, Electronics and Computer science department, Dr. Jagruti Save- Head, Information Technology Department, Dr. V. S. Jorapur-Head, Production, and Mechanical Engineering Department and Dr. Hemant Khanolkar- Head, Humanities and Science Department, Prof. Mahesh Sharma -Training and Placement officer were present on the dais.

Amongst the deans, Dr. S.K Surve- Dean Academics, Dr. Bhushan Patil- Dean R& D, Dr. D. V. Bhoir-Dean students' affair, and Dr. Vijay Bilolikar-Examination In-charge and other senior teachers and parents were present on this occasion. Mr. Zubin Paul and Mr. Malcolm Athaide were guests of honor.

The program started with lighting the lamp and orientation address by Director Rev. Fr. Valerian D'Souza. The principal, in her speech, highlighted the Institute's Policies, Values, and Culture, introduction to the first-year academic program, Assessment Plan, Rules and Regulations, No Ragging practice, etc.

Technical sessions by Dr. Malcom Athaide and Zubin Paul followed the orientation speeches.



S-X

Head, Department of Humanities and Science

The second session by Mr. Zubin Paul was on **instilling leadership qualities and management**. It was an interactive session that was conducted by dividing students into small groups. Problem statements picked up from current socio-economic issues were given to each group and expected to discuss in the group and come up with a probable solution. In the end, students of each group enacted the problem statement with the solution they thought. This session was an ice-breaking and experiential learning session for the students.



Divisions D and E had a mentoring session in their classrooms in the morning slot when the orientation was happening for students of Divisions A, B, and C.

Morning Session

BATCH	Venue	Class -Teachers	Mentors (first 26)	Mentors (next 26)
Batch -D	606	Prof. Prasad Lalit	Prof. Prasad Lalit	Prof. Deepak Bauskar
Batch -E	607	Dr. Sunil Yadav	Dr. Sunil Yadav	Prof. Pradeep Singh

- This was an opportunity for students to introduce themselves to their respective classes.
- Class Teachers introduced themselves to the entire class.
- Mentor-Teachers will introduce themselves to the class, as indicated in the table above.
- As per the guidelines by AICTE, this was an academic year where third-year engineering students were appointed from the respective branches as mentors for the first time.

Session-2



Head, Department of Humanities and Science



Mr. Zubin Paul's session was on leadership qualities and management. In this session, students were



Six

Julius

Head, Department of Humanities and Science



College staff with the resource person.

A standard time slot was reserved in the FE timetable for FE students from all the divisions to attend the induction program.

Session-6

Theme: Creativity

Venue: College Samvaad Auditorium

Date: 23/08/19

Time : 1.30pm to 4.30pm

Resource Person: Mr. Vinay Kanchan

The session on Creativity was conducted by Mr. Vinay Kanchan. He introduced students to the delights of Creativity. He emphasized how Creativity is important in all walks of life. He gave numerous examples from daily life, jingles or advertisements, movies, books that



Head, Department of Humanities and Science

showed Creativity. The session was informative and interactive about how Creativity is the necessary trait to be inculcated by the young engineering graduates.



Session-7

Theme: Diagnostic Test

Venue: Classroom

Date: 28/08/19 for Divisions A,B, C

30/08/19 for Divisions D,E

Time : 1.30pm to 4.30pm

Organized by: Department of Humanities and Science



S-X-

Head, Department of Humanities and Science



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Ref.: CRCE / 2022 / 149 (A)

Date : January 23, 2019

NOTICE

To develop and enhance soft skills among students, there will be a session on **Cognitive Skills, Design Thinking, and Critical Thinking** by Mr. Yogesh Naik (Assistant Consultant, Tata Consultancy Services) and Mr. Mustafa (Tata Consultancy Services) on January 28, 2019.

Venue: Samvaad Auditorium (Ninth Floor)

Time: 10.30 AM to 12.30 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



Time to think uniquely!

Monday 28th January 2019,

Fr.CRCE,Bandra.

Thinking is a cognitive process which results in knowledge attainment .Irrespective of the field ,stream and discipline ,development of 'Thinking skills' in learners is imperative .In order to boost the thinking and skills of students and to make them think in a unique manner the ACM student chapter of FR.CRCE organised a seminar '**cognitive skills , design thinking and critical thinking**' and to grace the occasion and to promote innovative ideas we had Mr. Yogesh Naik ,Assistant consultant at TCS as our speaker and Mr. Mustafa accompanying him.

Mr .Yogesh Naik is a certified design thinking practitioner and associated with TCS analytics and Insight group. He has rich experience of banking and finance services. The seminar was conducted on Monday , 28th January 2019,from 10:30 am to 12:30pm where Mr. Yogesh Naik introduced all students of second year from all branches to the concept of thinking innovatively. Almost more than 150 students participated in this session. He made the session very interactive wherein he conducted various task in which everyone participated actively. He also asked various questions to students , to which all students responded enthusiastically.

The feedback from the students was positive and motivating. The event indeed was a huge success and all students now look forward to such interactive sessions.

SOJAN CHANDY
(VICE CHAIRPERSON)

PROF. PRAJAKTA DHAMANSKAR
(FACULTY INCHARGE)

PRANALI CORREIA
(EVENT HEAD)




(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

28 jan 2019 Cognitive Skills, Design Thinking and Critical Thinking, Sanjiv Naik 150 Students



FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
FR. Agnel Ashram, Bandstand, Bandra (W), Mumbai – 400 050

Date; 25 January 2019

To,
The Principal,
Fr. CRCE,
Bandra (W)

Subject: Permission to use Samvaad for event by TCS.

Respected Madam,

Kindly grant us to use Samvaad as per the schedule given below.

Date: 28 January 2019

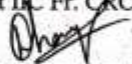
Time: 10:30 AM to 12:30 PM

Event: "Cognitive Skills & Critical Thinking by TCS"

Thanking you,

Yours faithfully,


Swati Ringe
(President IIC Fr. CRCE)


Prajakta Dhamanskar
(In charge ACM Fr. CRCE)


25/01/19



COGNITIVE SKILLS, DESIGN THINKING and CRITICAL THINKING

ORGANIZED BY

ACM STUDENT CHAPTER FR. CRCE & MHRD-IIC FR. CRCE

STUDENT ATTENDANCE

Session Topic: Cognitive skills, Design thinking & Critical Thinking

Date: 28/01/2019

Sr.No	Name	Dept.	Year	Email	Mobile No.
8470	Sahil Gupta	Comps	2 nd	sahilgupta17269@gmail.com	77700654159
8469	Gloria R. Bhonke	Comps	2 nd	gloria.bhonke@gmail	8431876284
8468	Aman Anand Baketi	COMPS	2 nd	masterpiece.ab@gmail.com	7798461887
8474	Mehek Male	comps	2 nd	mehekmales@gmail.com	9773784725
8473	Abhijith Mahalinge	Comps	2 nd	abhijith.mahalinge@gmail.com	777055085
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8373	Hardik Trivedi	Comps	2 nd	hardiktrivedi974@gmail	998159654
8337	Emmima Gnanaraj	COMPS	II nd	emmyg99@gmail	91323003057
8347	Leesa Meneses	Comps	II nd	menezesleesa@gmail.com	9545262313
8278	Sumanto Kar	Elex	2 nd	jeetsumant023@gmail.com	7718065095
8291	Om Nerunkar	8 Elex	2 nd	odnerunkar@gmail.com	9769774257
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8232	Sahil R. Sawant	Prod	2 nd	dr.sahilsawant99@gmail.com	9664538451
8223	Arpan Y. Patil	Prod	2 nd	appapatil2199@gmail.com	7977642089
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8332	Mario D'sa	Comps	2	mario.dsai22@gmail.com	8767542316

SX



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7876	Noel John	Elex	2 nd	noeljohn1998450@gmail.com	9730785708
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8376	Nagendra Yadav	Computer	2 nd	Nagendra.nad145@gmail.com	7977351780
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8295	Amodini A. Pathave	Electronics	2 nd	amodini.p@gmail.com	89833778955
8284	Vash Kumar	Elex	2 nd	beyes699@gmail.com	7498560191
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8466	Aarti Temulkar	ELEX	2 nd	temulkar.aarti@gmail.com	970201522
8451	Jhanni Menda	ELEX	2 nd	068jhanni@gmail.com	9520467234
8453	Mounita Bhagwat	EFLV	2 nd	mounita2355@gmail.com	715923051
8305	Anmol Singh	ELEX	2 nd	juiteethakur05@gmail.com	9960092564
8309	Juitee Thakur	ELEX	2 nd	shlokask48@gmail.com	9987354819
8455	Shloka R. Koli	ELEX	2 nd	manalim225@gmail.com	8451919916
8458	Manali M. More	ELEX	2 nd	komalshinde9604@gmail.com	9604789855
8464	Komal R Shinde	ELEX	2 nd	Sebastian.Sd116@gmail.com	7219420094
8264	Sebastian D Dmello	ELEX	2 nd	scriptjeyarajan@gmail.com	7045722214
8288	Doni Mandar	ELEX	2 nd	aditya09797@gmail.com	9757214502
8272	J. Script Rajan	ELEX	2 nd	shreelele69@gmail.com	8355889498
8341	Aditya Khajuria	COMPUTERS	2 nd	moulathjacob@gmail.com	8369783766
8286	Shree Lole	ELEX	2 nd	mantasaini8767@gmail.com	9145479770
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8262	Sakshi Dama	ELEX	2 nd	Yash Kane	9769544032
8273	Faizan Jethurwala	Elex	2 nd	Allen Kaurie	8879155427
8277	Yash Kane	ELEX	2 nd		
8252	Allen Kaurie	"	"		



COGNITIVE SKILLS, DESIGN THINKING and CRITICAL THINKING

ORGANIZED BY

ACM STUDENT CHAPTER FR. CRCE & MHRD-IIC FR. CRCE

STUDENT ATTENDANCE

Session Topic: Cognitive skills, Design thinking & Critical Thinking

Date: 28/01/2019

Sr.No	Name	Dept.	Year	Email	Mobile No.
1.	Ria D'mello	comps	II	riadmello15@gmail.com	9767058426
2.	Swaya Prataap	comps	II	swaya8caud@gmail.com	9146675169
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4.	Carol Sebastian	Comps	II	carolseb80@gmail.com	9594240822
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18	Amruto Basu	Comps	II	amrutobasu@gmail.com	9082692551
19	Shubham Mishra	Comps	II	shubhammishra6997@gmail.com	7715875704
20	Prathamesh Gladje	Elex	II	Pratzghadje2810@gmail.com	9049233739
21	Maitreya Shetke	Elex	II	maitreya.shetke@gmail.com	9980893771
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24	Sameer Yengde	Elex	II	Sameer8433@gmail.com	9029028732
25	Alston Crasto	ERTX	II	alstoncrasto@live.com	8806921661
26	Danish Rodrigues	Elex	II	Danish Rodrigues@gmail.com	98987187436
27	Sunil Pillai	Elex	II	Sunil Rock@gmail.com	9619083913
28	Aditepi Morajkar	Elex	II	aditepi.morajkar27@gmail.com	7045722214
29	Danil Miranda	ELEX	II	danil.miranda@gmail.com	9867273203
30	Arnold Singh	ELEX	II	arnold12356@gmail.com	704523572
31	Shantanu	ELEX	II	shantanu@gmail.com	7506603221
32	JOEL FRANCIS	ELEX	II	kaizarcoz@gmail.com	701556170
33	Allen Xavier	Elex	II	xavierallen@gmail.com	8652728460
34	Gaurav Dashpute	ELEX	II	gauravdashpute@gmail.com	9819120255
35	Affan Kuran	Elex	II	kharruffin@gmail.com	9011340087
36	Aishwarya Pawale	Elex	II	aishwaryapawale@gmail.com	9769964289
37	Saumeel Gabhane	Elex	II	sgabhane@gmail.com	9082312015
38	Sirveen Batra	IT	II	sirveen.batra@gmail.com	9833864117
39	Sujoy Samant	ELEX	II	—	8879904307
40	Pragati Rao	ELEX	II	—	9879767222
41	Redhika Agarwal	ELEX	II	redhika045@gmail.com	7715916259
	Nolita Rego	Comps	II	—	7715916259
	Leon Castellino	ELEX	II	castellinoleon@gmail.com	9769514974





COGNITIVE SKILLS, DESIGN THINKING and CRITICAL THINKING

ORGANIZED BY

ACM STUDENT CHAPTER FR. CRCE & MHRD-IIC FR. CRCE

STUDENT ATTENDANCE

Session Topic: Cognitive skills, Design thinking & Critical Thinking

Date: 28/01/2019

Sr.No	Name	Dept.	Year	Email	Mobile No.
1.	Mayank Mishra	Comps	2	mayankmishra10@gmail.com	9819146243
2.	Sarvesh Kulkarni	Comps	2	sarveshkulkarni999@gmail.com	9892826282
3.	Rahim Chunara	Comps	2	rahimchunara55@gmail.com	9619836228
4.	Shubham Bhate	Comps	SE	shubhambhate@gmail.com	9167452235
5.	PRANAY BAGRECHA	Comps	SE	bagrechepuranay@gmail.com	9930490811
6.	Shivani Bharti	Prod	SE	shivani.bharti2599@gmail.com	9834565996
7.	Dhwani Rajgour	Prod	SE	rdhwani27@gmail.com	9867497202
8.	Albin Thorayil	Comps	SE	albinthorayil123@gmail.com	9689920287
9.	Benita Rego	Comps	SE	regobenita20@gmail.com	9892138842
10.	Cassia Vaz	Comps	SE	casslavaz33-cv@gmail.com	9004424698
11.	Mayank Srivastava	Comps	SE	mayank.srivastava679@gmail.com	9834175941
12.	Devlin Barboza	Comps	SE	devlin.barboza42@gmail.com	9923170966
13.	Prince Barr	Comps	SE	prince.barr@gmail.com	8369404926
14.	Jeswin Thomas	IT	SE	pljeswin99@gmail.com	7045456037
15.	SUJIT NORONHA	IT	SE	sujitnoronha2000@gmail.com	8652657973
16.	Roger Fernando	IT	SE	rogerfdo99@gmail.com	9137030675
17.	HARKIRAT DASSAN	IT	SE	hdkdassan@gmail.com	9964284018

SX



Sr.No.	Name	Dept.	Years	Email	Mobile.No.
18	Mahesh Desai	Comps	SE	maheshdesai1398@gmail.com	8452937720
19	Mohit Kunder	Comps	SE	mohitkunder20@gmail.com	7977032378
20	Vedant Salai	Comps	SE	vedantsalai18@yahoo.com	996983893
21	Valiant Dimello	Comps	SE	wld921@gmail.com	8600480348
22	Alrich Kudel	Comps	SE	alrichkudel.ak@gmail.com	9730547746
23	Aditya Shrestha	IT	SE	aditya.shrestha7@gmail.com	8574823171
24	Shalva Prakund	IT	SE	shalva.tel@outlook.com	9702489190
25	Gowri Kanitkar	IT	SE	gowrikanitkar@gmail.com	9826922450
26	Rozebud G	IT	SE	rozebudgus.alves@yahoo.com	9722668786
27	Sakshi K	IT	SE	sakshi.khojane@gmail.com	9167374946
28	Meera G	IT	SE	meeraug100@gmail.com	9167296488
29	Rashi Shah	IT	SE	rashishah15@yahoo.in	9833006345
30	Jaini Shah	IT	SE	jainishah042@gmail.com	8080296759
31	Arpita Isaac	Comps	SE	arpita.isaacs@gmail.com	7977267996
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33	Simran Lopes	IT	SE	lopesimran@gmail.com	8007558474
34	Rachael Lopez	IT	SE	rachaellopez2408@gmail.com	8879286963
35	Karen Machado	IT	SE	Karen mac 3009@gmail.com	9158751880
36	Franky Pinto	IT	SE	franky.pinto@gmail.com	9148054280
37	Alkhay Naur	IT	SE	alkhaynaur@gmail.com	7151654210
38	Manik Pandita	IT	SE	panditamank@yahoo.com	8150656218
39	Dylun Prouse	IT	SE	dylun.nat@gmail.com	9165257180
40	Nachiket Nisal	IT	SE	nachiketnisal226@gmail.com	9167451625
41	Shafali Mahindrakar	IT	SE	shafali.mahindrakar@gmail.com	9930231198
42	Nirmisha Bhoir	IT	SE	nirmishabhair@gmail.com	8422896665
43	Alex Solonki	IT	SE	alex.ss.solonki1@gmail.com	9833343192
44	Gavin Correira	Comps	IT	Correira.gavin23@gmail.com	9860857992
45	Sonil Rodrigues	IT	SE	Sonilrod20@gmail.com	7030274323

Sr.No.	Name	Dept.	Year	Email	Mobile No.
1	Rounak Singh Buttar	PROD	SE	rounak9987@gmail.com	9987218089
2	ROSHAN RAYKAR	PROD	SE	raykar1999@gmail.com	7977392383
3	Vedanti	Elex	SE		8097694111
4	Harris Rodrigues	Prod	SE	Rodrigues.harris@gmail.com	8087713736
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6	Dhruv Thakur	Prod	SE	thakurdhruv@gmail.com	8860188023
7	Richard Thomas	Prod	SE		
8	Mathew	Prod	SE		
9	Chyank K	Prod/Elex	SE		
10	Pratik Joshi	Prod	SE		
11	Yash Poon	Prod	SE		
12	Himanshu - 8216	Prod	SE		
13	Nikhil - 8217	Prod			
14	Iay - 8214	Prod			
15	Aditya - 8217	Prod			
16	Arya - 8227	Prod			
17	Sheryl Senas	8302 SE ELEX			
	Smeha Samuel	8303 SE ELEX			
	Khushi Parikh	8255 SE ELEX			

S/X



Sr.No.	Name	Dept.	Year	Email	Mobile No
46	Aditya Alexander Job	IT	SE	adityaalexander123@gmail.com	7875896368
47	Abdullah Khan	IT	SE	abdullahkhan199923@gmail.com	9158808539
48	Kenneth Rebello	IT	SE	krebello07@gmail.com	7021720320
49	Rohin Vaidya	IT	SE	rohinvaidya@outlook.com	961946119
50	Jayson Gauriel	IT	SE	jng05929@gmail.com	7738406052
51	Aayushi Khatri	Prod	SE	aayushikhat@gmail.com	9819780818
52	Madhur Nikam	Prod	SE	madhur.nikam@gmail.com	9330391921
53	Shreya Jain	Prod	SE	shreyajpremjain@gmail.com	9820898867
54	Shivam Bavdantas	Prod	SE	shivambav@yahoo.com	9881929158
55	Nitesh Prasad	IT	SE	prasadnitesh202@gmail.com	8779783507
56	Isaac Santos	IT	SE	isaac.santos@gmail.com	7303297066
57	Osborne V. Lopes	IT	SE	oslopesosborne@gmail.com	9823535512
58	Valiant Rodriguez	IT	SE	valiantrodriguez@gmail.com	7040344737
59	Plison Lopes	IT	SE	plisonlopes@gmail.com	7709291155
60	Shivam Vaidya	IT	SE	prash	
61	Prachit Patil	IT	SE	prachit@gmail.com	1246
	Brian Dias	IT	SE	diazb715@gmail.com	1721
	collin Gonsalves	IT	SE		
	Mark Gonsalves	IT	SE		
	Shakeel Rodriguez	IT	SE		





COGNITIVE SKILLS, DESIGN THINKING and CRITICAL THINKING

ORGANIZED BY

ACM STUDENT CHAPTER FR. CRCE & MHRD-IIC FR. CRCE

STUDENT FEEDBACK

Date: 28/01/2019

Speaker: Mr. Yogesh Naik,
Assistant Consultant at TCS

Time: 10:30 am-12:30 pm

What participant has learnt from the session. Share your experience. (Max 500 words)

The session conducted by Mr Naik has helped us in understanding the importance of perspective and also given us an insight on a logical step by step process for the development of an idea that can be implemented as a user friendly consumer product. They helped us to understand the basic thinking process that goes into creative problem solving

Participant name: Kenneth Rebello Branch: IT Signature: KRebello





COGNITIVE SKILLS, DESIGN THINKING and CRITICAL THINKING

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STUDENT FEEDBACK

Date: 28/01/2019

Speaker: Mr. Yogesh Naik,
Assistant Consultant at TCS

Time: 10:30 am-12:30 pm

What participant has learnt from the session. Share your experience. (Max 500 words)

How to think creative was learnt from this session. There is no room for people who exclude the idea but there is room for creative thinkers. The more out of box one thinks, the more demand he gets. Thinking from the users perspective and considering that the user is always right and if a problem exists, it is with the design of the device. Once you start thinking from users side, you only then one can come up with a user friendly solution. Along with that involving the listener made the session very interactive. Good attempt overall.

Participant name: Shalva Thakurdesai Branch: IT Signature: DSM

SX





COGNITIVE SKILLS, DESIGN THINKING and CRITICAL THINKING

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STUDENT FEEDBACK

Date: 28/01/2019

Speaker: Mr. Yogesh Naik,
Assistant Consultant at TCS

Time: 10:30 am-12:30 pm

What participant has learnt from the session. Share your experience. (Max 500 words)

The ACM chapter of FR. CRCE brought Design Experts Yogesh Naik and Mustafa from TCS to explain the importance of design. Design of a product defines its use and is essential for an effective use. If a user is unable to use a product it is not the user's fault but the fault is in the designer. To explain this, the speaker gave the example of Steve Harvey. The speakers also conducted many interactive activities to cement the ideas that they put forth. They also gave us a formula to follow when designing a product and this same formula is used in big innovative companies.

Participant name: Rohin Vaidya

Branch: IT

Signature: Rohin Vaidya

Six





SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 339 (A)

Date : September 13, 2018

NOTICE

To develop and enhance soft skills among students, there will be a session on **Group Discussion tips for BE Students** by Dr. Joseph Rodrigues (Department of Humanities and Science) and Dr. Khushbu Trehan (Department of Humanities and Science) on September 21, 2018.

Venue: Seminar Hall (Fifth Floor)

Time: 3.00 PM to 4.00 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING

(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 339 (B)

Date : September 13, 2018

NOTICE

To develop and enhance soft skills among students, there will be a session on **Personal Interviews and Guidance for BE Students** by Dr. Joseph Rodrigues (Department of Humanities and Science) and Dr. Khushbu Trehan (Department of Humanities and Science) on September 22, 2018.

Venue: Seminar Hall (Fifth Floor)

Time: 3.00 PM to 4.00 PM

All students are invited to attend the above session.

**(DR. SRIJA UNNIKISHNAN)
PRINCIPAL**

REPORT ON GROUP DISCUSSION WORKSHOP

The workshop was conducted by Dr. Joseph Rodrigues and Dr. Khudhboo Tehran for training Final year students for group discussion and PI

Venues For Group Discussion On 21/09/2018 9:00 A.M.			
Onwards			
Serial	Roll. No.	Name	Venues
1	7606	Upadhyay Nikhil Gajanan	Prof. Joseph, Pantry Room, 9:00a.M.
2	7612	Yadav Shivam Sunil	
3	8063	Anekar Shivani Arun	
4	8064	Ansari Mohd Sarfaraz Aijaz Ali	
5	8065	Bandapalle Vishal Narayan	
6	8067	Chachad Dhanashri Shailesh	
7	8069	Chiliveri Siddeshwar Srinivas	
8	8071	Fernandes Mark Maxi	
9	8073	Joshi Omkar Kirtinandan	
10	8074	Kamat Vinayak Dilip	
11	8075	Kazi Aqib Shahabuddin	Prof. Joseph, Pantry Room, 9:20a.M.
12	8076	Khopade Ganesh Tanaji	
13	8081	Marathe Rohit Vinayak	
14	8084	More Chinmay Dashrath	
15	8085	More Gayatri Sanjay	
16	8087	Pawar Gauri Narayan	
17	8088	Prabhughate Mohit Milind	
18	8090	Singh Pratik Pawankumar	
19	8092	Vartak Manasvi Pravin	
20	8114	Deborah Kammu	
21	7558	Bandhekar Trish Vilas	Prof. Joseph, Pantry Room, 9:40a.M.
22	7607	Vaidya Priyanka Makarand	
23	7681	Bhatti Shivani Rajesh	
24	7685	Coutinho Joel Etienne	
25	7686	Crasto Stafford Stanie	
26	7687	Dabre Rainzil Wilson	
27	7692	Fargose Damian David	
28	7696	Gonsalves Alisha Roby	
29	7701	Johri Robin Rakesh	
30	7702	Kawad Amit Punamchand	
31	7704	Khanvilkar Siddhi Chandrakant	Prof. Joseph, Pantry Room, 10:00a.M.
32	7706	Mishra Vishal Shailendra	
33	7707	Nadar Gladson Johnson	
34	7708	Nadar Joshiba Paulraj	
35	7709	Naik Omkar Suryakant	
36	7710	Naik Rohan Sunil	
37	7711	Namjoshi Aasawari Prashant	
38	7712	Nunes Sabeo Leo	
39	7715	Parmar Manasi Jyotish	
40	7723	Raut Ujjwal Raghunath	
41	7724	Rayan Rahish Rajakumar	Prof. Joseph, Pantry Room, 10:20a.M.
42	7739	William Charles Samuel	
43	8106	Athani Mohit Vijaykumar	
44	8108	Carvalho Stephen Sydney	
45	8109	Correia Aquinas Andrew	

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32	7583	Limkar Swapnaja Manoj	Khushbu,Venue Conference Room,10:00a.M.
33	7585	Mangadiyan Shaibil Sabu	
34	7586	Mathew Jacob Samuel	
35	7588	Nadar Evanjaline Benita Prince	
36	7590	Namboothiri Anand Vishnu	
37	7594	Pinto Mikhail Pravin	
38	7599	Ritesh Rajan	
39	7600	Saldanha Rohan Robert	
40	7604	Thomas Shane Koshy	
41	8114	Kammu Deborah Ebbu	Prof. Khushbu,Venue Conference Room,10:20a.M.
42	8115	Rodrigues Navil Simon	
43	8116	Singh Princess Dinesh	
44	8117	Tayshete Prachiti Gurnath	
45	8119	Pawar Mayur Santosh	
46	7589	Sakshi Dinesh Nakashe	
47	7601	Nainam Shah	

		For B.E. Students (All Branches)	
Schedule And Venue For P.I. On 21/9/2018 11:30 Onwards			
Venue : Conference Room (5th Floor)			
Serial	Roll. No.	Name	Prof.Essor / Time
1	7614	Almeida Stallone Stany	Prof. Khushbu (11:30 A.M.)
2	7631	Gonsalves Adrian Godfrey	
3	7635	Gupta Nikhil Pramod	
4	7640	Jagdale Nikita Vithal	
5	7643	Kapure Mrunal Vijay	
6	7659	Parasseril Kevin Sunny	Prof. Khushbu (11:50 A.M.)
7	7660	Patil Nikhil Prashant	
8	7665	Rao Siddharth Ananth Prasad	
9	7666	Rebello Leroy Louis	
10	7671	Shetty Akhil Ashok	
11	7672	Shetye Ruchir Ashok	Prof. Khushbu (12:10 P.M.)
12	7673	Tiwari Manupendra Dharmendra	
13	7674	Tuscano Ashley Felix	
14	8094	Athani Niket Narendra	
15	8095	Carvalho Blossom Francis	
16	8096	Duarte Mark Anthony Peter	Prof. Khushbu (12:30 Pm)
17	8097	Fernandes Ryan George	
18	8100	Murzello Siyana Ebat	



19	8102	Patil Jitesh Balkrishna	Prof. Khushbu (12:50 Pm)
20	8103	Rosario Alison Prakash	
21	8104	Shaikh Sara Shammi	
22	8105	Siddhapur Suji Raja	
23	7301	Chettiar Maria Roseline Lawrence	
24	7553	Anand Ashutosh Arun Pratap	Prof. Khushbu (1:10 Pm)
25	7557	Baichwal Rohan Milind	
26	7560	Bhatnagar Ayushi	
27	7564	Chennattu Sebastian Baby	
28	7567	Dave Parth Dinesh	
29	7573	Embrandiri Ananth Satish	Prof. Khushbu (1:30 Pm)
30	7579	Kelkar Aditya Vijay	
31	7580	Keshri Amrit	
32	7583	Limkar Swapnaja Manoj	
33	7585	Mangadiyan Shaibil Sabu	
34	7586	Mathew Jacob Samuel	Prof. Khushbu (1:50 Pm)
35	7588	Nadar Evanjalin Benita Prince	
36	7590	Namboothiri Anand Vishnu	
37	7594	Pinto Mikhail Pravin	
38	7599	Ritesh Rajan	
39	7600	Saldanha Rohan Robert	Prof. Khushbu (2:10 Pm)
40	7604	Thomas Shane Koshy	
41	7606	Upadhyay Nikhil Gajanan	
42	7612	Yadav Shivam Sunil	
43	8063	Anekar Shivani Arun	
44	8064	Ansari Mohd Sarfaraz Aijaz Ali	Prof. Khushbu (2:30 Pm)
45	8065	Bandapalle Vishal Narayan	
46	8067	Chachad Dhanashri Shailesh	
47	8069	Chiliveri Siddeshwar Srinivas	
48	8071	Fernandes Mark Maxi	
49	8073	Joshi Omkar Kirtinandan	Prof. Khushbu (2:30 Pm)
50	8074	Kamat Vinayak Dilip	
Venue : Pantry Room (On 5th Floor)			
51	8087	Pawar Gauri Narayan	Dr. Joseph Rodrigues (11:30 Am)
52	8088	Prabhughate Mohit Milind	
53	8090	Singh Pratik Pawankumar	
54	8092	Vartak Manasvi Pravin	
55	8114	Deborah Kammu	
56	7558	Bandhekar Trish Vilas	Dr. Joseph Rodrigues (11:50 Am)



57	7607	Vaidya Priyanka Makarand	
58	7681	Bhatti Shivani Rajesh	
59	7685	Coutinho Joel Etienne	
60	7686	Crasto Stafford Stanie	
61	7687	Dabre Rainzil Wilson	Dr. Joseph Rodrigues (12:10 Pm)
62	7692	Fargose Damian David	
63	7696	Gonsalves Alisha Roby	
64	7701	Johri Robin Rakesh	
65	7702	Kawad Amit Punamchand	
66	7704	Khanvilkar Siddhi Chandrakant	Dr. Joseph Rodrigues (12:30 Pm)
67	7706	Mishra Vishal Shailendra	
68	7707	Nadar Gladson Johnson	
69	7708	Nadar Joshiba Paulraj	
70	7709	Naik Omkar Suryakant	
71	7710	Naik Rohan Sunil	Dr. Joseph Rodrigues (12:50 Pm)
72	7711	Namjoshi Aasawari Prashant	
73	7712	Nunes Sabeo Leo	
74	7715	Parmar Manasi Jyotish	
75	7723	Raut Ujjwal Raghunath	
76	7724	Rayan Rahish Rajakumar	Dr. Joseph Rodrigues (1:10 Pm)
77	7739	William Charles Samuel	
78	8106	Athani Mohit Vijaykumar	
79	8108	Carvalho Stephen Sydney	
80	8109	Correia Aquinas Andrew	
81	8111	Dmonte Blewett Richard	Dr. Joseph Rodrigues (1:30 Pm)
82	8112	Don T Jain	
83	8113	Hande Mayur Vijay	
84	8114	Kammu Deborah Ebbu	
85	8115	Rodrigues Navil Simon	
86	8116	Singh Princess Dinesh	Dr. Joseph Rodrigues (1:50 Pm)
87	8117	Tayshete Prachiti Gurunath	
88	8119	Pawar Mayur Santosh	
89	7589	Sakshi Dinesh Nakashe	
90	7601	Nainam Shah	
91	8075	Kazi Aqib Shahabuddin	Dr. Joseph Rodrigues (2:10 Pm)
92	8076	Khopade Ganesh Tanaji	
93	8081	Marathe Rohit Vinayak	
94	8084	More Chinmay Dashrath	
95	8085	More Gayatri Sanjay	

SCHEDULE FOR TECHNICAL INTERVIEW

Time: 10.00 a.m. to 1:00 p.m.

Venue : 801

Interviewer : Mr. Ruben Monteiro (Technical)

1	7614	ALMEIDA STALLONE STANY
2	7631	GONSALVES ADRIAN GODFREY
3	7635	GUPTA NIKHIL PRAMOD
4	7640	JAGDALE NIKITA VITHAL
5	7643	KAPURE MRUNAL VIJAY
6	7659	PARASSERIL KEVIN SUNNY
7	7660	PATIL NIKHIL PRASHANT
8	7665	RAO SIDDHARTH ANANTH PRASAD
9	7666	REBELLO LEROY LOUIS
10	7671	SHETTY AKHIL ASHOK
11	7672	SHETYE RUCHIR ASHOK
12	7673	TIWARI MANUPENDRA DHARMENDRA
13	8114	KAMMU DEBORAH EBBU
14	8075	KAZI AQIB SHAHABUDDIN
15	7627	NICHOLFERNANDES

Time: 10.00 a.m. to 1:00 p.m.

Venue: 802

Interviewer : Mr. Aditya Desai (Technical)

1	7674	TUSCANO ASHLEY FELIX
2	8094	ATHANI NIKET NARENDRA
3	8095	CARVALHO BLOSSOM FRANCIS
4	8096	DUARTE MARK ANTHONY PETER
5	8097	FERNANDES RYAN GEORGE
6	8100	MURZELLO SIYANA EBAT
7	8102	PATIL JITESH BALKRISHNA
8	8103	ROSARIO ALISON PRAKASH
9	8104	SHAIKH SARA SHAMMI
10	8105	SIDDHAPUR SUJI RAJA
11	7301	CHETTIAR MARIA ROSELINE LAWRENCE
12	7553	ANAND ASHUTOSH ARUN PRATAP
13	8115	RODRIGUES NAVIL SIMON
14	8076	KHOPADE GANESH TANAJI
15	7634	SIMON

SCHEDULE FOR HR INTERVIEW

Time: 10.00 a.m. to 1:00 p.m.

venue: 604

Interviewer: Ms. Racheal Joseph (HR)

1	7627	NICHOL FERNANDES
2	8075	KAZI AQIB SHAHABUDDIN
3	8114	KAMMU DEBORAH EBBU
4	7660	PATIL NIKHIL PRASHANT
5	7665	RAO SIDDHARTH ANANTH PRASAD
6	7666	REBELLO LEROY LOUIS
7	7671	SHETTY AKHIL ASHOK
8	7672	SHETYE RUCHIR ASHOK
9	7673	TIWARI MANUPENDRA DHARMENDRA
10	7614	ALMEIDA STALLONE STANY
11	7631	GONSALVES ADRIAN GODFREY
12	7635	GUPTA NIKHIL PRAMOD
13	7640	JAGDALE NIKITA VITHAL
14	7643	KAPURE MRUNAL VIJAY
15	7659	PARASSERIL KEVIN SUNNY

Time: 10.00 a.m. to 1:00 p.m.

Venue:602

Interviewer:Rubina Parveen (HR)

1	7634	SIMON
2	8076	KHOPADE GANESH TANAJI
3	8115	RODRIGUES NAVIL SIMON
4	8102	PATIL JITESH BALKRISHNA
5	8103	ROSARIO ALISON PRAKASH
6	8104	SHAIKH SARA SHAMMI
7	8105	SIDDHAPUR SUJI RAJA
8	7301	CHETTIAR MARIA ROSELINE LAWRENCE
9	7553	ANAND ASHUTOSH ARUN PRATAP
10	7674	TUSCANO ASHLEY FELIX
11	8094	ATHANI NIKET NARENDRA
12	8095	CARVALHO BLOSSOM FRANCIS
13	8096	DUARTE MARK ANTHONY PETER
14	8097	FERNANDES RYAN GEORGE
15	8100	MURZELLO SIYANA EBAT

Time: 10.00 a.m. to 1:00 p.m.

Venue: 803

Interviewer: Ms. Blessy Antony (Technical)

1	7557	BAICHWAL ROHAN MILIND
2	7560	BHATNAGAR AYUSHI
3	7564	CHENNATTU SEBASTIAN BABY
4	7567	DAVE PARTH DINESH
5	7573	EMBRANDIRI ANANTH SATISH
6	7579	KELKAR ADITYA VIJAY
7	7580	KESHRI AMRIT
8	7583	LIMKAR SWAPNAJA MANOJ
9	7585	MANGADIYAN SHAIBIL SABU
10	7586	MATHEW JACOB SAMUEL
11	7588	NADAR EVANJALIN BENITA PRINCE
12	7590	NAMBOOTHIRI ANAND VISHNU
13	8116	SINGH PRINCESS DINESH
14	8081	MARATHE ROHIT VINAYAK

Time: 10.00 a.m. to 1:00 p.m.

Venue: 601

Interviewer: Mr. Durgesh Ramani (HR)

1	8081	MARATHE ROHIT VINAYAK
2	8116	SINGH PRINCESS DINESH
3	7580	KESHRI AMRIT
4	7583	LIMKAR SWAPNAJA MANOJ
5	7585	MANGADIYAN SHAIBIL SABU
6	7586	MATHEW JACOB SAMUEL
7	7588	NADAR EVANJALIN BENITA PRINCE
8	7590	NAMBOOTHIRI ANAND VISHNU
9	7557	BAICHWAL ROHAN MILIND
10	7560	BHATNAGAR AYUSHI
11	7564	CHENNATTU SEBASTIAN BABY
12	7567	DAVE PARTH DINESH
13	7573	EMBRANDIRI ANANTH SATISH
14	7579	KELKAR ADITYA VIJAY

Time: 10.00 a.m. to 1:00 p.m.

Venue : 804

Interviewer: Ms. Devika Sindhwani (Technical)

1	7590	NAMBOOTHIRI ANAND VISHNU
2	7594	PINTO MIKHAIL PRAVIN
3	7599	RITESH RAJAN
4	7600	SALDANHA ROHAN ROBERT
5	7604	THOMAS SHANE KOSHY
6	7606	UPADHYAY NIKHIL GAJANAN
7	7612	YADAV SHIVAM SUNIL
8	8063	ANEKAR SHIVANI ARUN
9	8064	ANSARI MOHD SARFARAZ AIJAZ ALI
10	8065	BANDAPALLE VISHAL NARAYAN
11	8067	CHACHAD DHANASHRI SHAILESH
12	8069	CHILIVERI SIDDESHWAR SRINIVAS
13	8071	FERNANDES MARK MAXI
14	8117	TAYSHETE PRACHITI GURUNATH

Time: 10.00 a.m. to 1:00 p.m.

Venue:609

Interviewer: Ms. Nidhi Mandavkar (HR)

1	8117	TAYSHETE PRACHITI GURUNATH
2	7612	YADAV SHIVAM SUNIL
3	8063	ANEKAR SHIVANI ARUN
4	8064	ANSARI MOHD SARFARAZ AIJAZ ALI
5	8065	BANDAPALLE VISHAL NARAYAN
6	8067	CHACHAD DHANASHRI SHAILESH
7	8069	CHILIVERI SIDDESHWAR SRINIVAS
8	8071	FERNANDES MARK MAXI
9	7590	NAMBOOTHIRI ANAND VISHNU
10	7594	PINTO MIKHAIL PRAVIN
11	7599	RITESH RAJAN
12	7600	SALDANHA ROHAN ROBERT
13	7604	THOMAS SHANE KOSHY
14	7606	UPADHYAY NIKHIL GAJANAN

S-X



Time: 10.00 a.m. to 1:00 p.m.

Venue: 808

Interviewer: Shraddha Makwana (Technical)

1	8073	JOSHI OMKAR KIRTINANDAN
2	8074	KAMAT VINAYAK DILIP
3	8087	PAWAR GAURI NARAYAN
4	8088	PRABHUGHATE MOHIT MILIND
5	8090	SINGH PRATIK PAWANKUMAR
6	8092	VARTAK MANASVI PRAVIN
7	8114	DEBORAH KAMMU
8	7558	BANDHEKAR TRISH VILAS
9	7607	VAIDYA PRIYANKA MAKARAND
10	7681	BHATTI SHIVANI RAJESH
11	7681	BHATTI SHIVANI RAJESH
12	7685	COUTINHO JOEL ETIENNE
13	8119	PAWAR MAYUR SANTOSH
14	7589	SAKSHI DINESH NAKASHE

Time: 10.00 a.m. to 1:00 p.m.

Venue: 702

Interviewer: Peter Breganza (HR)

1	7589	SAKSHI DINESH NAKASHE
2	8119	PAWAR MAYUR SANTOSH
3	8114	DEBORAH KAMMU
4	7558	BANDHEKAR TRISH VILAS
5	7607	VAIDYA PRIYANKA MAKARAND
6	7681	BHATTI SHIVANI RAJESH
7	7681	BHATTI SHIVANI RAJESH
8	7685	COUTINHO JOEL ETIENNE
9	8073	JOSHI OMKAR KIRTINANDAN
10	8074	KAMAT VINAYAK DILIP
11	8087	PAWAR GAURI NARAYAN
12	8088	PRABHUGHATE MOHIT MILIND
13	8090	SINGH PRATIK PAWANKUMAR
14	8092	VARTAK MANASVI PRAVIN

Time: 10.00 a.m. to 1:00 p.m.

Venue: 809

Interviewer: Mr. Parikshit Rai (Technical)

1	7686	CRASTO STAFFORD STANIE
2	7687	DABRE RAINZIL WILSON
3	7692	FARGOSE DAMIAN DAVID
4	7696	GONSALVES ALISHA ROBY
5	7701	JOHRI ROBIN RAKESH
6	7702	KAWAD AMIT PUNAMCHAND
7	7704	KHANVILKAR SIDDHI CHANDRAKANT
8	7706	MISHRA VISHAL SHAILENDRA
9	7707	NADAR GLADSON JOHNSON
10	7708	NADAR JOSHIBA PAULRAJ
11	7709	NAIK OMKAR SURYAKANT
12	7710	NAIK ROHAN SUNIL
13	7601	NAINAM SHAH
14	8084	MORE CHINMAY DASHRATH

Time: 10.00 a.m. to 1:00 p.m.

Venue: 703

Interviewer: Mr. Tanay Vaidya (HR)

1	8084	MORE CHINMAY DASHRATH
2	7601	NAINAM SHAH
3	7704	KHANVILKAR SIDDHI CHANDRAKANT
4	7706	MISHRA VISHAL SHAILENDRA
5	7707	NADAR GLADSON JOHNSON
6	7708	NADAR JOSHIBA PAULRAJ
7	7709	NAIK OMKAR SURYAKANT
8	7710	NAIK ROHAN SUNIL
9	7686	CRASTO STAFFORD STANIE
10	7687	DABRE RAINZIL WILSON
11	7692	FARGOSE DAMIAN DAVID
12	7696	GONSALVES ALISHA ROBY
13	7701	JOHRI ROBIN RAKESH
14	7702	KAWAD AMIT PUNAMCHAND

S-X



Time: 10.00 a.m. to 1:00 p.m.

Venue: 810

Interviewer: Mr. Bhargav Zante (Technical)

1	7711	NAMJOSHI AASAWARI PRASHANT
2	7712	NUNES SABEO LEO
3	7715	PARMAR MANASI JYOTISH
4	7723	RAUT UJJWAL RAGHUNATH
5	7724	RAYAN RAHISH RAJAKUMAR
6	7739	WILLIAM CHARLES SAMUEL
7	8106	ATHANI MOHIT VIJAYKUMAR
8	8108	CARVALHO STEPHEN SYDNEY
9	8109	CORREIA AQUINAS ANDREW
10	8111	DMONTE BLEWETT RICHARD
11	8112	DON T JAIN
12	8113	HANDE MAYUR VIJAY
13	8075	KAZI AQIB SHAHABUDDIN
14	8085	MORE GAYATRI SANJAY

Time: 10.00 a.m. to 1:00 p.m.

Venue:704

Interviewer: Mr. Darren Sequeira(HR)

1	8085	MORE GAYATRI SANJAY
2	8075	KAZI AQIB SHAHABUDDIN
3	8106	ATHANI MOHIT VIJAYKUMAR
4	8108	CARVALHO STEPHEN SYDNEY
5	8109	CORREIA AQUINAS ANDREW
6	8111	DMONTE BLEWETT RICHARD
7	8112	DON T JAIN
8	8113	HANDE MAYUR VIJAY
9	7711	NAMJOSHI AASAWARI PRASHANT
10	7712	NUNES SABEO LEO
11	7715	PARMAR MANASI JYOTISH
12	7723	RAUT UJJWAL RAGHUNATH
13	7724	RAYAN RAHISH RAJAKUMAR
14	7739	WILLIAM CHARLES SAMUEL





SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING

(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 339 (B)

Date : September 13, 2018

NOTICE

To develop and enhance soft skills among students, there will be a session on **Personal Interviews and Guidance for BE Students** by Dr. Joseph Rodrigues (Department of Humanities and Science) and Dr. Khushbu Trehan (Department of Humanities and Science) on September 22, 2018.

Venue: Seminar Hall (Fifth Floor)

Time: 3.00 PM to 4.00 PM

All students are invited to attend the above session.

**(DR. SRIJA UNNIKISHNAN)
PRINCIPAL**

Appreciation letter for conducting training on “**How to Ace group Discussion and personal Interviews in campus placements**” on 21 September 2018 to Dr. Joseph Rodrigues



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Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 67114101, 6711 4104 • Fax : 6711 4100
Website : www.frcre.ac.in • Email : crce@fragnel.edu.in

Date: March 1, 2019.

To,
Dr. Joseph Rodrigues
Assistant Professor
Humanities and Sciences Department

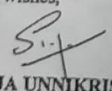
Subject- Appreciation Letter

Dear Sir,

On behalf of the management, we would like to appreciate you for being a resource person for conducting Soft skills session entitled “*How to Ace Group Discussion and Personal Interviews in Campus Placements*” for our Final Year Engineering students on 21 September, 2018.

The mock tests were conducted in a fruitful and professional manner. We appreciate your efforts, sincerity and the conduct of the whole program. We are sure that the students have gained immense knowledge and hope to expect such cooperation from you in the future.

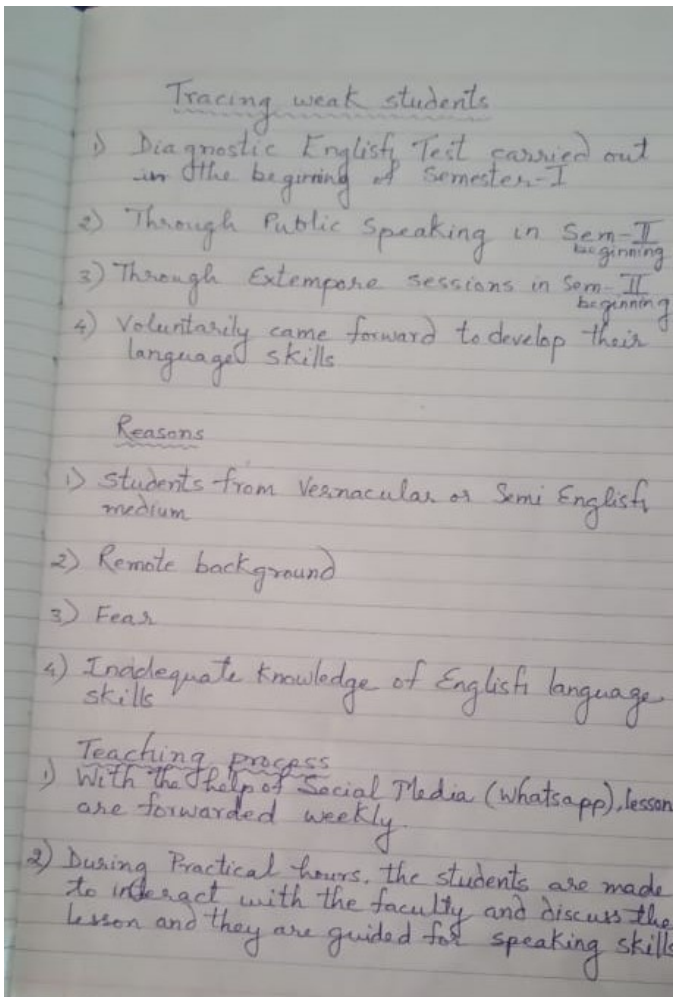
With best wishes,


(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL





Training students in soft skills



STUDENT'S DETAILS

S.No	Name	Class	Mobile Number
1	Bhushan Salunke	FEF	8355856638
2	Dhruv Shewale	FEA	8766426954
3	Monobala Subramaniam	FEC	9664831593
4	Mayur Gurav	FEA	9834838552
5	Melroy Vadlea	FEC	7506374791
6	Siddesh Patil	FED	8600849993
7	Pratik	FEC	9521512111
8	Rasika Virkar	FEF	7385344899
9	Trupti Nerkar	FEF	7666358690
10	Nishal Pagor	FEF	9112389652
11	Yashas Joglekar	FED	8657524646
12	Zahid	FED	6005302440
13	Rutik	FEC	7738744906
14	DiyanShu	FEC	8989605900
15	Vash Ingle	FEF	9067755656



Training First year students for soft skill development by Dr. Joseph Rodrigues



Training First year students for soft skill development by Dr. Joseph Rodrigues



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Phone : (022) 6711 4000, 6711 4101, 6711 4104

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 437 (A)

Date : August 06, 2018

NOTICE

To develop and enhance soft skills among students, there will be a session on **A Path towards a right Direction** by Dr. Joseph Rodrigues, Department of Humanities and Science, on August 13 and 16, 2018.

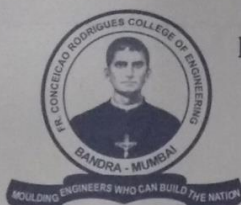
Venue: Seminar Hall (Fifth Floor)

Time: 3.00 PM to 4.00 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

Softskill Development Program on: "A Path towards the right Direction" conducted on 13th and 16th August 2018.



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
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Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104 • Fax : 6711 4100

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2018

Date : August 16, 2018.

To,
Dr. Joseph Rodrigues

Letter of Appreciation

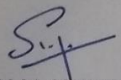
Dear Sir,

Thank you for consenting to give the FE students of Fr. Conceicao Rodrigues College of Engineering, Bandra; a talk on "**A path towards the right direction**" on 13th and 16th August 2018.

Your sessions were extremely enlightening and insightful and were appreciated by all the participants.

We hope this fruitful association with you will continue in the future.

With warm regards,


(**DR. SRIJA UNNIKRISHNAN**)
PRINCIPAL



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Phone : (022) 6711 4000, 6711 4101, 6711 4104

Website : www.frcce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 243 (A)

Date : May 25, 2021

NOTICE

To develop and enhance soft skills among students, there will be a program on **Public Speaking (Grooming public speaking skills)** during the period June 07-11, 2021.

The Speaker for the program is Dr. Joseph Rodrigues from the Department of Humanities and Science of our college.

Venue: Seminar Hall (Fifth Floor)

Time: 3.00 PM to 4.00 PM every day

All students are invited to attend the above sessions.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

2. Language Lab and Communication Skills

Language Lab of FRCRCE organizes different sessions to enhance communication skills of students. It helps to improve the students Listening, Reading, Speaking and Writing skills. The main activities are Public Speaking/ Extempore sessions for improving oratory skills, Role plays to understand the importance of working in a team and have better inter-personal skills. Further it motivates students for SWOT analysis for better understanding of them. Communication skill faculties have conducted Spoken English Classes in coordination with Times of India, Motivational Movie Session for observing and improving inter-personal skills. Further to improve Employability Skills, it gives practice for Resume Building, Group Discussion, and Personal Interviews to have better performance in placements. Language lab consist of 20 PC of good configuration with headphone facilities and “Clarity” software which offers a very innovative range of customized English teaching software courses having a rich multimedia content and strong emphasis on key learning areas of study skills, listening, grammar, speaking, IELTS preparation, reading, writing, , exam preparation, pronunciation, authoring, integrated skills.

Following are the activities under Soft skills, Language and Communication Skills online due to pandemic situation for AY 2020-21.

Number of students learnt in between July to Nov 2020= 294

Number of students learnt in between May to July 2021= 304

1)Event: Public Speaking (Grooming public speaking skills online)

Number of students participated: 304

Class: First Year Engineering

Semester-II

Date: 07- 11 June 2021

Proof: Write up and video recording of the speech(2 samples)

<https://docs.google.com/document/d/11qXMvYASlrMKrgmZi5EAdYUV1FxLPge6/edit?usp=sharing&ouid=113819763561270205383&rtpof=true&sd=true>
https://drive.google.com/file/d/15WyLgi4f_HxYeJ0_yuh8IOR2WmYCU5o2/view?usp=sharing

https://docs.google.com/document/d/1lAF88XdU_urdJCA2v7d-QMX9auvuNbRv/edit?usp=sharing&ouid=113819763561270205383&rtpof=true&sd=true

<https://drive.google.com/file/d/1Wu0A0011z9KZncWn65jk3hRQz7Sh3OGh/view?usp=sharing>

2) **Event: Report Writing**

Number of students participated: 294

Class: Third Year Engineering

Semester-V

Date: August 2020

Proof: Report writing

<https://drive.google.com/file/d/1aXGaNDBASVEtoAuamXuQg9W-NsMsjQ2F/view?usp=sharing>

3) **Event: Making Power point Presentation**

Number of students participated: 294

Class: Third Year Engineering

Semester-V

Date: September 2020

Proof: Power point Presentation

<https://docs.google.com/presentation/d/1DeqEddCypu5Ko6lgVVQH5yMK2czrjQWk/edit?usp=sharing&ouid=113819763561270205383&rtpof=true&sd=true>

4) **Event: Presenting the report**

Number of students participated: 294

Class: Third Year Engineering

Semester-V

Date: October 2020

Proof: Presentation of the report

https://drive.google.com/file/d/17uI0lGrpS-RSyuYgTBaYDy_s1ZRUCpqb/view?usp=sharing

5) **Event: Group Discussion**

Number of students participated: 294

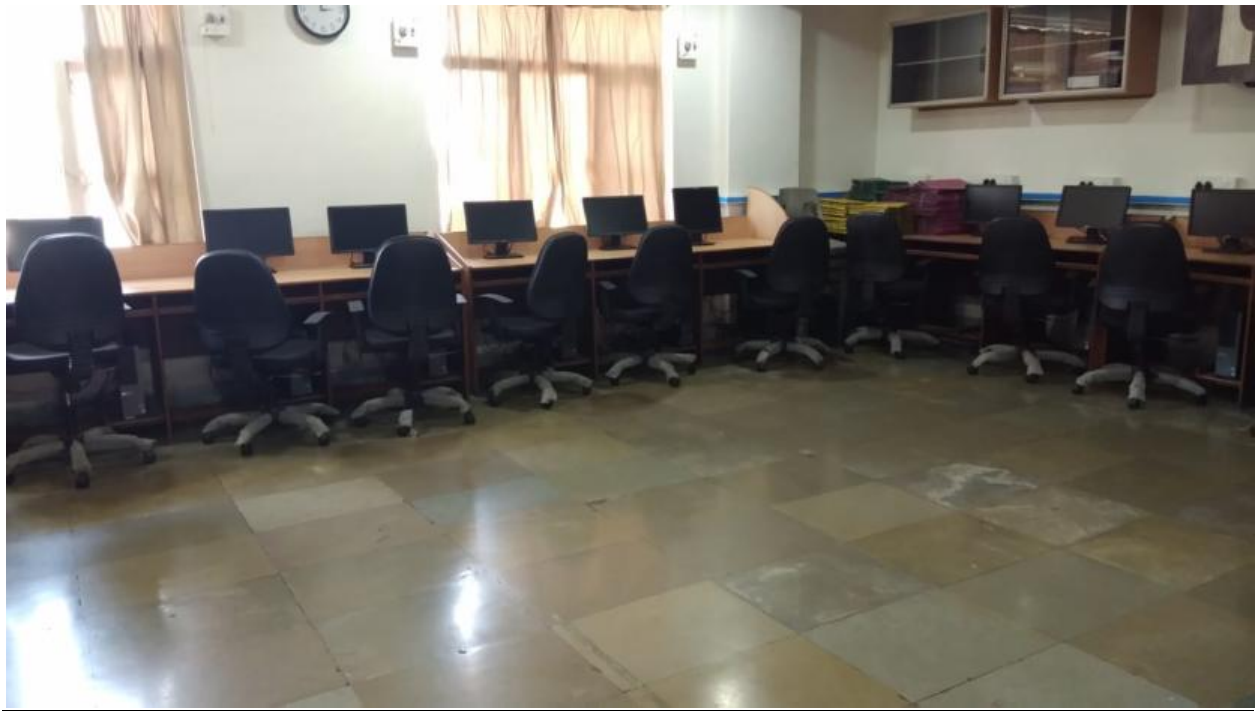
Class: Third Year Engineering

Semester-V

Date: November 2020

Proof: https://drive.google.com/file/d/1BEPNFpZKheglyCCy3387HCO5SS_3uu5q/view?usp=sharing

Language Lab photo 1



Language Lab photo 2



LANGUAGE LAB TIME TABLE

2017-18

	08.45 -	09.45 -	10.45 -	11.00 -	12.00 -	13.00 -	13.30 -	14.30 -	15.30 -	16.30 -	17.30 -
	09.45	10.45	11.00	12.00	13.00	13.30	14.30	15.30	16.30	17.30	18.30
Monday				BCE TEC(A) KT				BCE TEP(B) KT			
Tuesday				BCE TEP(A) KT				BCE TEP(D) KT			
Wednesday		BCE TEC(C) KT		BCE TEE(A) JR					BCE TEIT(D) JR		
Thursday		BCE TEC(D) KT		BCE TEP(C) KT							
Friday				BCE TEIT(C) JR							

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2018-19

	08.45 – 09.45	09.45 – 10.45	10.45 – 11.00	11.00 – 12.00	12.00 – 13.00	13.00 – 13.30	13.30 – 14.30	14.30 – 15.30	15.30 – 16.30	16.30 – 17.30	17.30 – 18.30
Monday	TEIT (A)				TEC (A)		13.30 – 14.30	TEC (D)			
Tuesday	TEP (A)				TEE (D)			TEIT (B)			
Wednesday	TEP (D)				TEE (A)			TEIT (D)			
Thursday	TEP (B)				TEE (B)			TEC (C)			
Friday	TEIT (C)				TEE (C)			TEC (B)			

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2019-2020

	08.45 – 09.45	09.45 – 10.45	10.45 – 11.00	11.00 – 12.00	12.00 – 13.00	13.00 – 13.30	13.30 – 14.30	14.30 – 15.30	15.30 – 16.30	16.30 – 17.30	17.30 – 18.30
Monday	TEIT (A)			TEC (A)			TEC (B)				
Tuesday	TEP (A)			TEE (D)			TEIT (B)				
Wednesday	TEP (B)			TEE (A)			TEC (C)				
Thursday	TEIT (C)			TEE (B)			TEC (D)				
Friday	TEP (C)			TEE (C)			TEIT (D)				

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5.1.2 Capacity building and skills enhancement initiatives taken by the institution

INDEX - LIFE SKILLS

Sr. No.	Date	Event	Page No.
1	-	Preamble	61
2	15-09-2022	Talk on improving Women's health: Challenges and prevention	62
3	21-06-2022	Intyernational Yoga Day -2022	66
4	08-03-2022	Self-defence workshop	69
5	06-02-2022	Women Healthcare Awareness	74
6	21-06-2021	International Yoga Day celebration 2021	79
7	17-03-2021	Student Counselling for students of First year- Path towards right Direction	84
8	13th 14th March 2021	Heart & Sole Run 4 on Virtual platform By the Rotaract Club	87
9	20221-22	NSS Activities- webinar on Art of living, world peace day, Dog safety, visit to old age home, Road safety, Tree plantation etc.	91
10	2020-21	NSS Activities - Yoga webinar, Carbon footprint webinar, Self-Defence workshop, Webinar on mental health etc.	132
11	2019-20	NSS Activities- Tree Plantation, beach clean-up drive, Flood donation drive etc.	190
12	22-08-2019	Yoga sessions During First Year Induction Program	242
13	06-03-2020	Self defence workshop during first year induction program	253
14	20-08-2019	Universal Human Values during first year induction program	258
15	21-06-2019	International Yoga day celebration 2019	261
16	01-03-2020	Heart & Sole Run 4 on Virtual platform By the Rotaract Club	268
17	21-06-2018	International Yoga Day celebration 2018	298
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Life skills (Yoga, physical fitness, health and hygiene)

Life skills are a collection of basic skills learned through learning and/or direct life experience that allow individuals and groups to effectively manage issues and problems experienced in everyday life. Creativity, strategic thinking, problem-solving, decision-making, the ability to connect and cooperate, as well as personal and social responsibility are all necessary skills necessary for success in the twenty-first century, both for healthy communities and for prosperous employable entrepreneurs.

Fr. Conceicao Rodrigues College of Engineering believes that inculcating life skills into students through learning will make our students capable of taking responsibilities towards themselves and community. Few of such like skill activities conducted in our institute are Yoga and meditation sessions, self-defence workshops for students especially girl students, health awareness programs, Cleanliness drive, Tree plantation etc. To spread the benefits of each of the life skill, expertise from Industry/Society are invited to teach and to spread the awareness of benefits of such life skills. All teaching & non-teaching staff are also invited to participate in such activities.



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Ref.: CRCE / 2022 / 339 (A)

Date : September 08, 2022

NOTICE

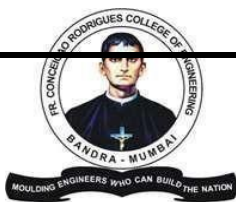
As a part of Life Skills Development, there will be a session **Talk on Improving Women's Health: Challenges and Prevention** on September 15, 2022.

The Speaker for the program is Dr. Dhrupti Dedhia, Obstetrician-gynecologist, Mumbai

Venue: Room Number 511
Time: 3.00 PM to 4.00 PM

All female students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai – 400 050



REPORT

“Talk on improving Women’s health: Challenges and prevention”

Date of the event: 15th September 2022

Venue of the event: Room no 511

Number of Participants 100

Women Development Cell conducted the talk on “Improving Women’s Health: Challenges and Prevention” with the speaker Dr. Dhrupti Dedhia. She’s an Obstetrician-gynecologist in Mumbai. Dr. Dhrupti Dedhia is a practicing Obstetrician & Gynecologist who specializes in Laparoscopic surgeries, infertility and Sexual Medicine.

The main motive behind this event was to spread awareness among students focusing majorly on females that every female needs to see a gynecologist to sustain good health. As reproductive organs mature during puberty, a regular gynecological evaluation is a must. One can expect a detailed explanation about normal body functions or answers to any female health-related questions upon their visit to the gynecologist.

At the event, our speaker Dr. Dhrupti Dedhia discussed puberty, menarche, breast development, pregnancy to menopause, and significant diseases that affect women. Around 100 students participated in this event and professors from FRCRCE also joined our event.

Every individual present found it to be an eye-opening and informative session. The talk was concluded with a bouquet and a token of love from our chairperson, Dr. Sapna Prabhu.







Dr. Sapna Prabhu

Dr. Sapna Prabhu
WDC-CRCE Chairperson

S.X



Prof. Sushma Nagdeote

Prof. Sushma Nagdeote
WDC-CRCE Member



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104
Website : www.frcce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 239 (A)

Date : June 17, 2022

CIRCULAR

On the occasion of International Yoga day on the 21st of June 2022, the Students' Council of FR. CRCE has organized a session on basic yoga practices, highlighting the benefits of each. All staff members are requested to attend the session and make the event successful.

Venue: Samvaad Auditorium (Ninth Floor)
Day: 21st of June 2022
Time: 9.00 AM to 10.30 AM

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



Report on International Yoga Day 2022

'Yoga' is a physical, mental and spiritual practice which originated in our country India. The word 'yoga' is derived from Sanskrit and means to join or to unite, symbolizing the union of body and consciousness. Every year since 2015, 21st June is celebrated as Yoga Day in approximately 192 countries. The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga. Hence, with zeal and enthusiasm, the Students' Council of Fr. CRCE successfully celebrated International Yoga Day 2021 – 22 in the college premises on the 21st of June after a long break of 2 years due to the covid pandemic.

The Yoga Day celebration was conducted by **Rajshree Kartavya Yoga Sansathan** from 10:00am- 11:30am. The event commenced with a prayer and welcoming Ms. Rajshree Vora and her team with a sapling as a token of our respect and appreciation. The yoga conductors offered a simple yet effective practice for our wellbeing.

The Benefits Included:

- Enhancing Lung Capacity.
- Enhancing Immunity.
- Empowering Mental Health

The Participants were advised to be on a Light stomach condition (minimum 1.5 hours after a meal) We had approximately a footfall of 30-35 participants throughout the whole duration of the seminar. The event concluded by standing in pride and singing our national anthem, bringing the event to a glorious end. I would like to extend my gratitude to the entire Students' Council, as well as the Dean of Student Affairs. Deepak V. Bhoir Sir who helped me manage to pull off the event seamlessly.

Nicole Dias.

Cultural Secretary,

Students' Council 2021-2022, FRCRCE.

List of Participants:

- Mr. Mangesh
- 1 Mohan
- 2 Dr. Sunil Surve
- 3 Nicole Dias
- 4 Sachi verma
- 5 Lance soares
- 6 Brenda Fernandes
- 7 Alisha Rao
- 8 Emmanuel Pinto
- 9 Palak Joseph
- 10 Tanisha John
- 11 Nixon Lobo
- 12 Anthony Benno
- 13 Sandesh Raut
- 14 Rahul Bothra
- 15 Samuel Emmatty
- 16 Alisha Rawat
- 17 Malaika Monteiro
- 18 Sarah Abraham
- 19 Ivan Dsilva
- 20 Tanuj Kumbhar
- 21 Meet Satra
- 22 Santo Sunny
- 23 Lavil Saldana
- 24 Riddhi Dinesh Oza
- Shalaka
- 25 Vengurlekar
- Ms. Minakshi
- 26 Kadam
- 27 Mr. Gondhalekar
- 28 Dr. Deepak Bhoir
- Mr. Mahesh
- 29 Sharma
- 30 Taransingh Rajpal
- 31 Dr. V S Bilolikar
- Ms. Sushma
- 32 Nagdeote
- Ms. Neelam
- 33 D'Souza



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Ref.: CRCE / 2022 / 319 (A)

Date : March 01, 2022

NOTICE

As a part of Life Skills Development, there will be a **Self Defense Workshop** on March 08, 2022.

The workshop will be held by Mr. Aakash Kandukuri and his martial arts team members.

Venue: Samvaad Auditorium (Ninth Floor)
Time: 3.00 PM to 4.00 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



Fr. Conceicao Rodrigues College of Engineering

(Affiliated to University of Mumbai, Approved by AICTE, New Delhi)

Fr. Agnel Ashram, Bandstand, Bandra (West), Mumbai – 400050,

Phone: 022-26423841/42, Fax: 022-26516831

Website: sites.ieee.org/sb-crce, Email: ieee.crce@gmail.com



Report on Self Defence Workshop

Session Plan:

Sr. No.	Time	Contents
1	3:30PM – 3:40PM	Introduction of WIE and Trainer
2.	3:40PM – 4:15PM	Self Defence Workshop
3.	4:15PM – 4:25PM	Vote of Thanks
3.	4:25PM onwards	Sanitary Pads and Snacks Distribution

Session Report:

Women in Engineering (WIE) and Institute of Electrical and Electronics Engineers (IEEE) council in association with **Women Development Cell (WDC)** organized an event on account of "**Self Defence Workshop**".

Name of the event: *Self Defence Workshop*

Speaker: *Mr. Akash Kandukuri*

Date of event: *08th March 2022*

Time: *3:30PM - 5:00PM*

Location: *Samvaad Hall*

Total number of students attended: *120*

Total number of Faculty members attended: *10*

Institute of Electrical and Electronics Engineers (IEEE) and Women in Engineering (WIE) in association with Women Development Cell (WDC) organized an event on Self Defence

Workshop on 8th March 2022 from 03:30 pm to 05:00 pm at college hall. 120 participants including the teachers and college staffs attended the event. The objective of the event was to empower and encourage women and the youths to promote some self-defence techniques for critical situation, abusive crime, etc. The event consisted a self-defence workshop conducted by Mr. Akash Kandukuri and his team.

Our facilitator for the workshop was Mr. Akash Kandukuri who is a 5th Dan black belt with 10 years of experience. By profession he is a civil engineer and is the founder of "Dhanurveda Martial Arts and Calisthenics". He had taught self-defence to AAWC which is an anti-trafficking non-profit organization that serves women in brothel-based prostitution and their children. He had trained several people from smile foundation.



Our host started the event by a small introduction of IEEE – WIE CRCE council. Then our senior council members felicitated our guests. We also launched IEEE – WIE CRCE official website.



A self-defence workshop held for all the students. A team member from self-defence group gave a very beautiful speech about the importance of self-defence. The aim of the workshop was to promote some self-defence techniques for critical situation, abusive crime, etc. Mr. Akash and his team started to teach some techniques on the stage. The students replicated those moves on each other. To make more efficient and ease all students were divided into four lines of groups eventually into pair of boys and girls. As Mr. Akash completed his wonderful and exciting workshop, our host requested Prof. Sushma Nagdeote who is the branch counsellor of IEEE-WIE CRCE to offer certificates to Mr. Akash and his team.





Lastly, snacks and beverages were distributed to all the participants and sanitary pads were offered to all women present in the event which was sponsored by Stay Free Company. The outcome of the event was to encourage and empower women in our college. To spread the awareness of gender equality and to protect yourself by the self-defence techniques.



Sushma Nagdeote

Prof. Sushma Nagdeote, Branch Counsellor of WIE

Arpita Kar, VCP of WIE

S.X





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Ref.: CRCE / 2022 / 339 (A)

Date : February 02, 2022

NOTICE

As a part of Life Skills Development, there will be a session on **Women's Health Awareness** on February 06, 2022.

The Speaker for the program is Dr. Pallavi Raut, MBBS, AFIH and Diploma in gynecology and obstetrics

Venue: Seminar Hall (Fifth Floor)

Time: 3.00 PM to 4.00 PM

All female students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

Report on Women Healthcare Awareness

Session Plan:

Sr. No.	Time	Contents
1	2PM – 2:05PM	Introduction of WIE and Speaker
2.	2:05M – 3:15PM	Presentation by speaker
3.	3:15PM – 4:00PM	QnA Session
3.	4:00PM – 4:15PM	Vote of Thanks and Feedback Form filling

Session Report:

The event organized by Women in Engineering Council was a live session for “**Women Healthcare Awareness**” by Dr. Pallavi Raut was a very informative session.

Name of the event: *Women Healthcare Awareness*

Speaker: *Dr. Pallavi Raut*

Date of event: *6th February 2022*

Time: *2:00PM - 4:15PM*

Platform: *Google Meet*

Total number of students attended: *40*

Total number of Faculty members attended: *10*

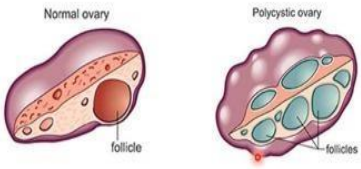
On 6th February 2022, an event on “Women Healthcare Awareness” was organized by Women in Engineering (WIE) council which was conducted by Dr. Pallavi Raut who has done MBBS, AFIH and diploma in gynaecology and obstetrics. She had done her graduation from Panjab Rao Deshmukh Memorial Medical College Amravati, done lectureship at SSR Medical college in department of obstetrics and gynaecology and served for almost 7 years. Served at AIR INDIA to help employees deal better with work stress. Now doing private practice and currently working as a private practitioner at Marol Andheri East.

The event commenced at 2 pm with an introductory speech by Ms. Meryl Correia about our speaker and what was the event based on. Then, Dr. Pallavi begin by giving the participants the introduction about female reproductive system, its different parts, hormones produce and functions performed by it. She gave a brief introduction 'Polycystic Ovarian Syndrome' a disease that can occur in female reproductive system; its cause, symptoms and how to take proper precautions. She gave a detail information about how a person suffering from PCOS should keep their diet, hygiene and precautions. There, was later a QnA section where all the participants asked different questions related to female hygiene, menstruation and proper care in those days, etc.

The event came to an end with a vote of thank by Ms. Necia Rodrigues to our speaker for making this session wonderful and faculty member for giving their time to attend the event. Lastly all the participants were asked to fill the feedback form circulated through chat box in the meet. There was maximum positive response by the participants and appreciation to Dr. Pallavi.

DR. PALLAVI. RAUT is presenting

Polycystic Ovarian Syndrome



- Enlarged ovaries that contain fluid filled sacs — called cysts or follicles
- Hormonal imbalance and metabolism problems

2:13 PM | xmw-audb-pqe

People

Name	Status
Glady's 9409 CRCE	Microphone off
Grace 9394	Microphone off
Heena Pendhari	Microphone off
IEEE CRCE	Microphone off
jagruti CRCE	Microphone off
Jessica Dsouza	Microphone off
kranti wagle	Microphone off
Lyneshia 9361	Microphone off
Prachiti Patil	Microphone off
pshah CRCE	Microphone off

DR. PALLAVI. RAUT

crce_9246_Meryl

sushman CRCE

Alisha Menezes

IEEE CRCE

9021 sadiya shai...

30 others

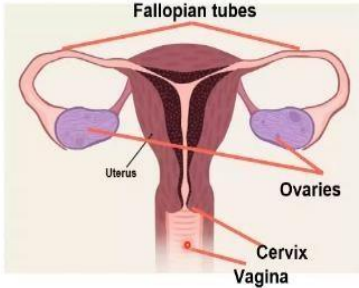
You

2:13 PM | xmw-audb-pqe

ENG IN 14:13 06-02-2022

DR. PALLAVI. RAUT is presenting

Female reproductive system



Fallopian tubes
Uterus
Ovaries
Cervix
Vagina

2:11 PM | xmw-audb-pqe

People

- Heena Shah (You)
- 8653 ridhi bauskar
- 8781_Vallanka Louis
- 8828 Grace Pereira
- 8941 Anna George
- 8943 Amisha Gonsalves
- 9021 sadiya shaikh
- 9073 Arpita Kar
- 9082 Harshala Athani
- 9194_Suzan

DR. PALLAVI. R...

crce_9246_Meryl

sushman CRCE

Alisha Menezes

IEEE CRCE

9021 sadiya shai...

30 others

You

ENG IN 14:11 06-02-2022

Fr. Conceicao Rodrigues College x Inbox (4,369) - sushman@fragm... x Meet - WIE-CRCE Women's x


meet.google.com/xmw-audb-pqe?authuser=0&pli=1

DR. PALLAVI. RAUT is presenting

Lifestyle and PCOS

➤ A healthy lifestyle includes:

- being as active as possible
- eating a balanced, nutritional diet
- not sitting for long periods
- stopping smoking, reducing alcohol
- monitoring your weight and avoiding any excess weight gain



Heena Pendhari

Swapnali Makdey

Grace 9394

Alisha Menezes

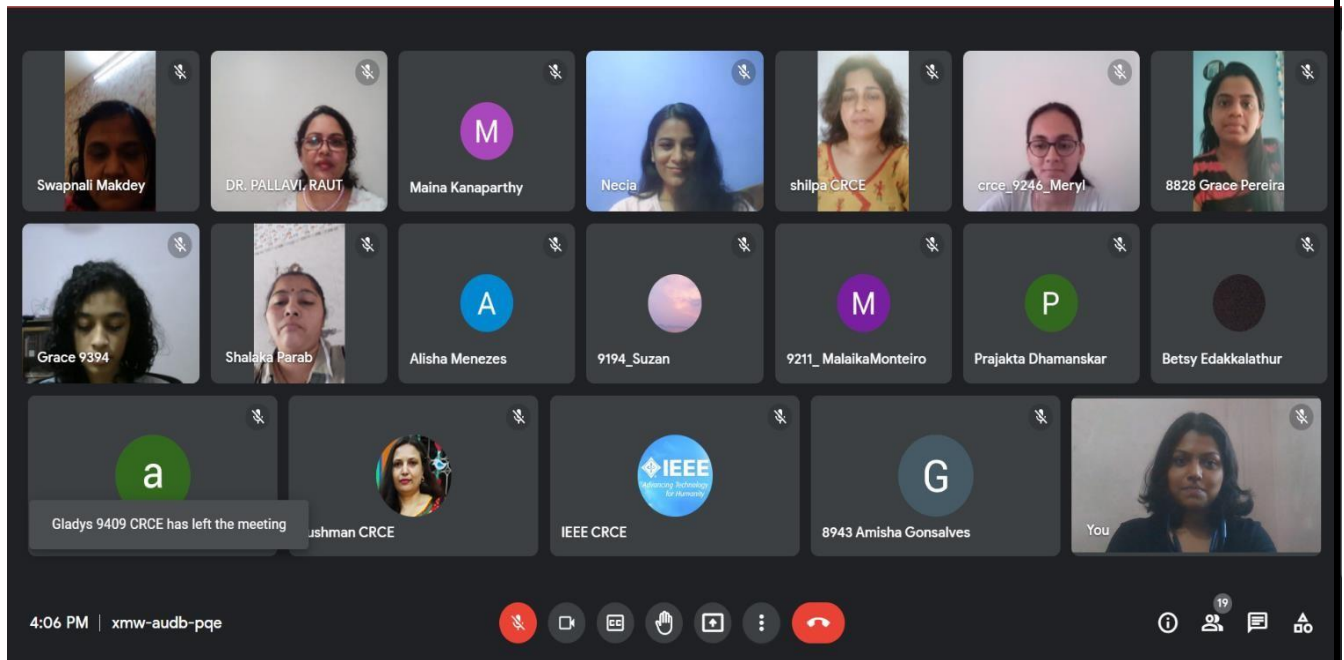
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You

2:39 PM | WIE-CRCE Women's Healthcare Awareness

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ENG 14:39 06-02-2022



Sushma Nagdeote

Prof. Sushma Nagdeote, Branch Counsellor of WIE

Arpita Kar, VCP of WIE

S-X





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Ref.: CRCE / 2022 / 239 (A)

Date: June 17, 2021

CIRCULAR

On the occasion of International Yoga day on the 21st of June 2021, the Students' Council of FR. CRCE has organized a session on basic yoga practices, highlighting the benefits of each. All staff members are requested to attend the session and make the event successful.

Venue: Samvaad Auditorium (Ninth Floor)
Day: 21st of June 2021
Time: 9.00 AM to 10.30 AM

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



Report on INTERNATIONAL YOGA Day 2021

Yoga being an invaluable gift of India's ancient tradition, embodying unity of mind and body, thought and action, restraint and fulfillment between man and nature catering to our well-being, the Students' Council of FRCRCE successfully celebrated International Yoga Day of 2020 – 21 held online on the 21st of June.

This year saw a lot of transition from the usual physical engagements to everyone adapting to online methodologies to keep up with this sudden vicissitude of events. To keep ourselves active, the Council decided to hold an online webinar where participants had the opportunity to practice yoga along with the trainer.

The webinar was conducted by Dr. Mrs. Namratam S Kandoi, the founder and director of the HTDC NGO, Mumbai and Impart education Isha Foundation from 10:00AM- 11:00AM, where they offered a simple yet effective practice designed by Sadhguru for our well being.

The Benefits Included:

- Enhances Lung Capacity.
- Enhances Immunity.

Participants were advised to be on a Light stomach condition (minimum 1.5 hours after a meal)

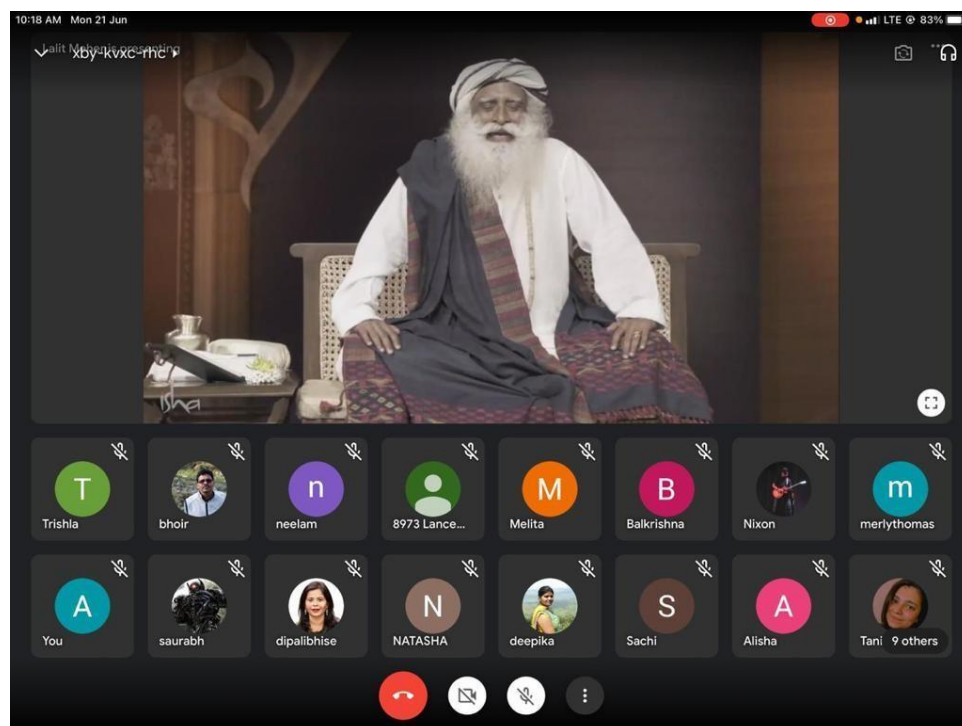



(DR. SRIJA UNNIKISHNAN)
PRINCIPAL

We had approximately a footfall of **30 participants** throughout the whole duration of the webinar.



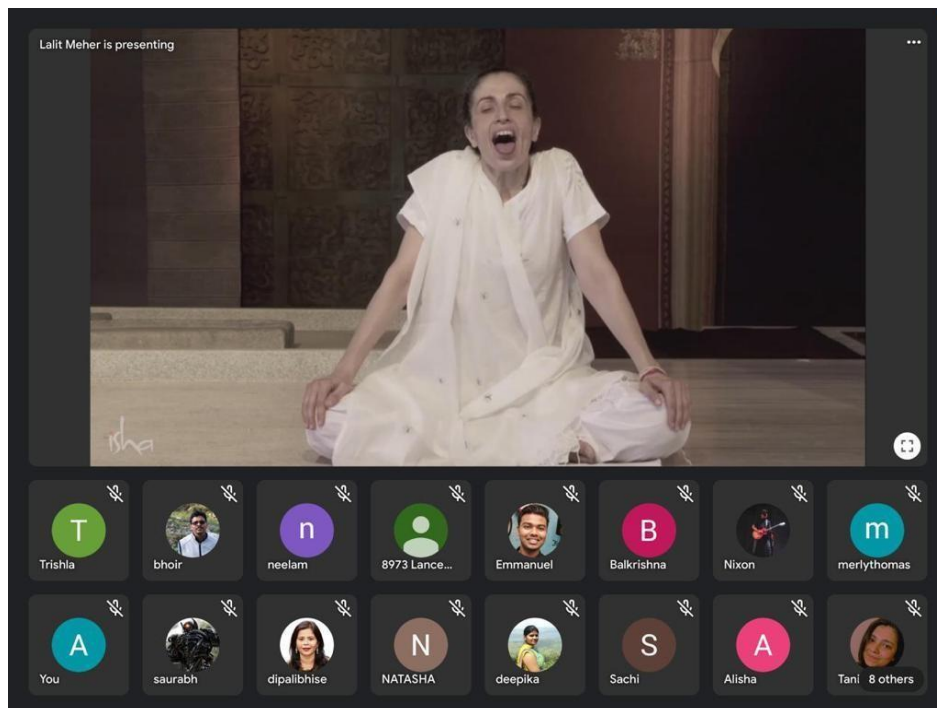
Screen shot 1: celebration of Yoga day 21 June 2021



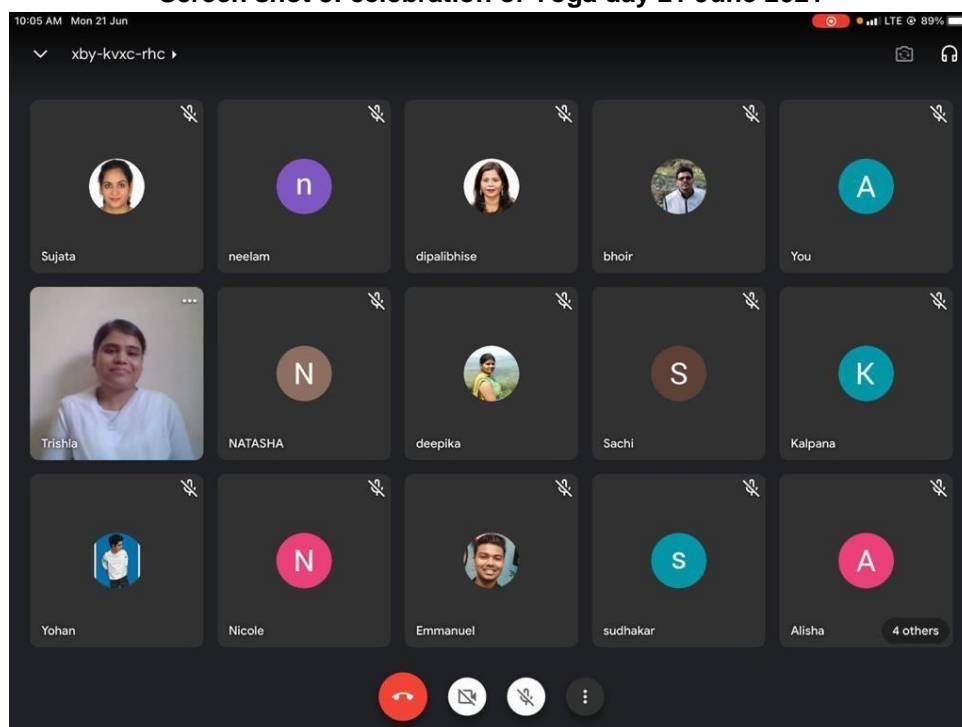
Screen shot 2: celebration of Yoga day 21 June 2021



S. J.
(DR. SRIJA UNNIKRIISHNAN)
PRINCIPAL



Screen shot 3: celebration of Yoga day 21 June 2021



Screen shot 4 : celebration of Yoga day 21 June 2021




 (DR. SRIJA UNNIKRISHNAN)
 PRINCIPAL

I would like to extend my gratitude to the entire Students' Council, as well as the Dean of Student Affairs, Bhoir Sir who helped manage to pull off the event seamlessly.

Anu Thomas.
Cultural Secretary,
Students' Council, FRCRCE.



Dr. Deepak V. Bhoir
Dean, Students Affairs
Fr. CRCE, Bandra, Mumbai-400050



(DR. SRIJA UNNIKRIISHNAN)
PRINCIPAL



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Ref.: CRCE / 2022 / 157 (A)

Date : March 11, 2022

NOTICE

As a part of the First Year Induction Program, there will be an online session on **A Path towards a right Direction** by Dr. Joseph Rodrigues, Department of Humanities and Science, on March 17, 2021.

Time: 02.30 PM to 4.30 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKISHNAN)
PRINCIPAL



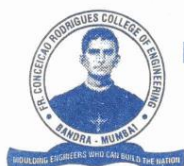
PATH TOWARDS RIGHT DIRECTION

Date: 17/3/2021

To achieve a positive mental health, institute has full time Professional Psychological Counsellor. The main aim is to resolve problems, improve effectiveness, judgmental skills and bring transformation in an individual student. Dr. Joseph Rodrigues, personal counsellor of FRCRCE, conducted session named “Path towards right direction” in the beginning of the academic year for the first year students (new comers). The motive of this session is to guide the students with general awareness and alerting them about the ups and downs of engineering studies. Further it has created alertness to keep away from bad company, alcohol and drugs and identify the responsibilities and opportunities in engineering education. Higher semester students get in touch with the counsellor with the help of contact number available on the institute website. They are guided for higher studies abroad. Institute provides Personal one to one counselling session; in any aspects; as and when required, 24/7 available for counselling through email, phone call or whatsapp. The parents and students are relaxed and happy to get proper guidance and counselling at the institute as parents put hand to hand with the counsellor and workout for the betterment of the student.




(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



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Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2021

Date : March 19, 2021.

To,
Dr. Joseph Rodrigues
Assistant Professor - Comm. Skills
Fr. CRCE, Bandra

Dear Sir,

At the outset, please accept our greetings.

We whole heartedly thank you for delivering a session on "**Path towards Right Direction**" during our First Year Students Induction Programme on 17th March 2021.

Your counseling has given students good guidance and motivation to remain focused on their aims and goals of future even during the pandemic or challenging times .

We appreciate your expertise and the valuable time spared by you for our Students Program.

We thank you once again for your effort to make this programme successful. We expect similar cooperation from you in future.

Yours faithfully,


(**DR. SRIJA UNNIKRISHNAN**)
PRINCIPAL



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Ref.: CRCE / 2022 / 139 (A)

Date : March 08, 2021

NOTICE

As a part of Life Skills Development, the Rotaract Club of Fr. CRCE has organized Hit and Sole Run 4 on a virtual platform on March 13-14, 2021.

Time: 8.00 AM

All students are invited to participate in the event.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



Heart & Sole Run 4 on Virtual platform

By the Rotaract Club of Fr. CRCE, Bandra



A lump sum of 450+ participants nationwide along with Rotaract Club of Fr. CRCE contributed and made a much needed difference in the society.

Despite the limitations and extreme hardships caused by the global pandemic, Rotaract Club of Fr. CRCE has still managed to organize yet another edition of its flagship event **The Heart and Sole Run 4**, which took place on the 13th and 14th of March, 2021 going Pan-India this year.

The run was organized in association with two NGO's Community Outreach Program and Fr Agnel Ashram. Community Outreach Programme has worked to provide a platform for the holistic development of women, children, and the communities in which they live. They provide residents with critical services, focused on supporting at-risk children and empowering women. These services include access to quality education, shelter, nutritious meals, health services, and the means to better lives through vocational training. Fr. Agnel Ashram has been working constantly towards providing for the under privileged children over decades and we are proud to support them in this noble endeavour of theirs.

The Heart and Sole Run 4 consisted of 4 run categories namely:

- Grit Run(15 Km),
- Heat Run (10 Km),
- Dream Run (5 Km),
- CitizenCredit Run (1.5Km).

The runs happened virtually by online registrations while keeping in mind the ingenuousness of the run, all of which was hosted by our official ticketing partner youtoocanrun.

The runners had the freedom to run from anywhere and at anytime between the 13th and 14th of March, 2021. Further on, they had to upload the screenshot of the run details to finally get done with their part of donating towards charity and enhancing their mood and health. A virtual leaderboard was created after the run on our website displaying the positions of all the runners. All the participants & winners were couriered their individual prizes, finisher medals & their personalised official HSR4 running tshirts.

An Expo Day was also organised at Fr. Conceicao Rodrigues College of Engineering for the runners where they could come to collect their t-shirts before the run on 12th, March 2021 with all the government rules and restrictions in mind along with routine temperature check, sanitisation and social distancing for everyone present at that time.



Being a great success over the years and looking at the colossal impact of The Heart and Sole Run 4, many reputed brands came forward and became the sponsors of this event such as Citizen Credit Co-operative Bank, Mumbai Wellness Centre, IELTS Magic Score, Case Khazanaa, Coding Ninjas, Gold's Gym and Manori Koli Gramastha Mandal. The Heart and Sole Run 4 became a great success with participants not just from Maharashtra but from all over India. A few states including Karnataka, Kerala, West Bengal, Gujarat, Chhattisgarh, Andhra Pradesh, Uttar Pradesh, Tamilnadu, Himachal Pradesh, Haryana & Delhi. In spite of the pandemic situation and stressful factor a massive figure of over 450+ runners was achieved. The persistent support of Ms Gloria Moraes by being there for us over the years and her constant help and guidance, Mr. Abbas Shahiwala for his ceaseless support from Rotary Club of Bombay Bandra and his pleasant and wise suggestions, Dr. Sujata Deshmukh our faculty in charge & Dr. Deepak Bhoir our Dean of student Affairs for bridging the gap between us students and the college management and their constant support, encouragement and guidance & lastly our principal madam Dr. Srija Unnikrishnan and our Director Rev. Fr Valerian D'souza without whom this event would be impossible; all in all helped us turn **The Heart & Sole Run 4** into the great success it is. We are grateful to all of them and everyone else who helped and supported us in this endeavour of ours and thank everyone for being a part of our journey.



Dr. Sujata Deshmukh
Rotaract Club Co-ordinator



Dr. Deepak. V. Bhoir
Dean, Students Affairs

AWARD REPORT

**FOR THE
YEAR**

2021-2022

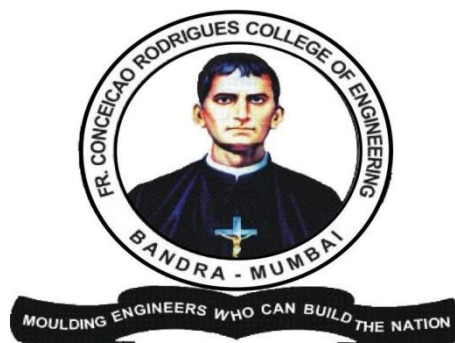
**SUBMITTED
BY**

**GAYATRI VARMA
[VEC NO : MH09B0720060]**

UNDER GUIDANCE

OF

PROF. PRADEEP SINGH



**FR.CONCEICAO RODRIGUES COLLEGE OF ENGINEERIN BANDSTAND, BANDRA(WEST)
MUMBAI-400050.
UNIVERSITY OF MUMBAI**

YEAR 2021-2022.

Award Report Approval for NSS.

This report entitled “Award report for the year 2021-2022” is a bonafide work of “**Gayatri Varma**” is found to be satisfactory and is approved for partial fulfillment for award of NSS for the academic year **2021-2022**.

Prof. Pradeep Singh
(Program office)

Mrs. Gayatri Varma
(NSS President)

DECLARATION

I declare that this written submission represents my ideas in my own words and where others ideas or words have been included, I have adequately cited and referenced the original source. I also declare that I have adhered to all principles of academic honesty and integrity and have not misrepresented or fabricated or falsified any idea/ data /fact/source in my submission. I understand that any violation of the above will be caused for disciplinary action by the Institute and can also evoke penal action from the sources which have thus not been properly cited or from whom proper permission has not been taken when needed.

Gayatri Varma - [.MH09B0720060]

NSS-CRCE REPORT 2021-2022

“The happiest people I know, are those who lose themselves in the service of others.”

–Anne Frank

NSS has always stood up to its strong spirit of serving the society., keeping in mind the motto “**Not Me but You**”. Thus, the belief that we must strive for others is being realized through the selfless services of our unit who get into timely action, be it lending a helping hand to the needy or protecting and conserving the environment. We extend our gratitude to Director Fr. **Valerian Dsouza** our Principal **Dr. Srija Unnikrishnan** our Program Officers **Prof. Pradeep Singh, Prof. Deepika Singh and Prof. Sunil Yadav** for their encouraging bit of advice which proved beneficial to our volunteers through thick and thin of each event.

The year started with the welcoming of the **120 NSS volunteers** into the NSS family. Events organized by NSS CRCE over the current year include documentary screenings, webinars, offline visits to places, etc. The first official event that the NSS volunteers participated in was the three-day **Art of Living workshop** organized by the NSS cell of University of Mumbai. The first event organized by NSS CRCE was the Small Industries Day webinar with Ms. Noela Rodrigues. The first grand event that NSS CRCE organized was the teacher’s day celebration with all teachers from Fr. CRCE. The next few events were the poster making competition for the Ganpati festival, documentary screening for **World Peace Day** and the **Cardiac Doctor’s talk** in collaboration with NSS TSEC. The event that our volunteers participated was the Bhajan Sandhya on the occasion of Gandhi Jayanti organized by the University of Mumbai. The next three events that NSS CRCE organized were the Dog Collar webinar by Jatin Soni (Utkarsh Foundation), **Marine Pollution webinar** by the United Way foundation of Mumbai and the Art and Craft competition on account of the Diwali festival. The next event was the first offline event organized: Visit to a **Vruddhashramin** Uttan. Next, NSS CRCE organized a documentary screening about the COVID-19 pandemic. NSS CRCE then organized a nature walk in the Sanjay Gandhi National Park under the guidance of Prof. Jagdish Vakale. The next two events were a webinar about Sustainable living and Road Safety by the United Way foundation of Mumbai.

The new year started with the hope of the COVID-19 lockdown finally being lifted and NSS CRCE finally started to plan more offline events. The first three events, however, were online: the ‘Say no to drugs’ documentary, the Importance of Mangroves webinar by the WWF organization and the ‘Say not to smog’ documentary. An article writing competition was also organized on the occasion of Republic Day. NSS CRCE, following the instruction of our teachers, took up the herculean task of redesigning and painting of formally known Euphoria Stairs. This task spanned over a period of a week followed by a tree plantation drive in the college premises. Once the ‘NSS Stairs’ were finally ready to welcome the returning folks of our college, NSS CRCE then organized a blood donation drive in collaboration with the Holy Family hospital of Bandra. To compensate for the volunteers who weren’t able to attend the offline events so far, NSS CRCE then organized an event about Social Activism with Ms. Sonali Banerjee. The next task that NSS CRCE took up was planning the most awaited NSS Special Camp that NSS CRCE wasn’t able to organize for the past two years due to the COVID-19 lockdown. This special camp took place in the first week of March and was a great success. After the camp, NSS CRCE in collaboration with Mr. George Remedios, organized a tree plantation and soil preparation workshop in the St. Joseph’s Convent in Bandra.

As a team we always prioritize ‘**YOU**’ before ‘**ME**’ spreading cheer and smile around. We sincerely thank our Principal, our Director and ‘**YOU**’ for appreciating the work we do.

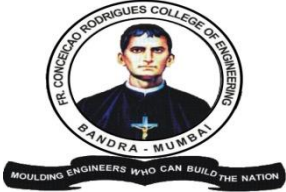
Happy Serving!!



Gayatri Varma
(President NSS-CRCE)

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NSS CRCE



REPORT ON NSS ORIENTATION WEBINAR

Platform: Google Meet

Date: August 21st, 2021

On 21 August 2021 Nss organised the Orientation Session for year 2021- 2022

The event organised on Google meet at 4:00 PM . All the volunteer and council members were suppose to attend the event

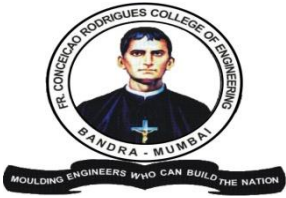
The event started with Alisha (Pr head) welcoming all the volunteers for the new session of Nss and then it began with Gayatri Varma (Nss president) welcoming all and introducing everyone with this year's Senior and Junior council members . Then a powerpoint presentation was presented explaining about all the rules and regulations of Nss which was deeply explained by Gayatri. All volunteers and council members were made aware of the importance of attendance and completing 120 hrs in Nss and the process of attendance taing was explained as well . Volunteers were also explained deeply what Nss does and why they should join Nss .

Some Ex council members were also present there for the year 2020-2021 . They motivated all the volunteers as well as new council members to work hard in council and learn new experiences and also shared their experience in Nss and what they learnt for them .

The session was concluded by thanking all the volunteers to attend the session and doubts of all the volunteers were cleared .

S/X





NSS CRCE



REPORT ON ART OF LIVING

Place: Zoom meeting

Date: August 26th-28th, 2021

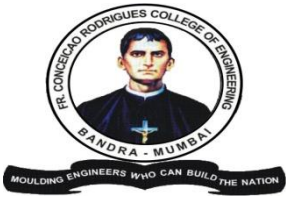
We are all aware of the tremendous advantages that Yoga brings in our day to day life. From Increased Flexibility and Weight Reduction to Improved Respiratory System and Heart Health, Yoga comes with a Full Package.

Keeping this in mind, NSS CRCE organized a Webinar on Yoga with Art of living. It was 3 day workshop for yoga. In the Webinar, started off by doing few Stretches. After few minutes of Stretching, He went on with Meditation and guided all the students during it. She also spoke about the various advantages of doing Meditation daily, like Increase in Concentration and less Stress and Anxiety.

She shared an Inspirational and Motivating Story with all of us, about how he decided not to pursue Engineering and do something what he is really passionate about, which is nothing but Yoga!

After that, she exercised along with the students. She did various Pranayams, Asanas and Yoga for Back Pain and Better Posture.





NSS CRCE



REPORT ON SMALL INDUSTRY DAY

Platform: Google Meet

Date: August 30th, 2021

On 30th August 2021, at 6:00 IST, members of NSS CRCE in association with Mittsheets had organised a workshop for handmade paper making and small industries.

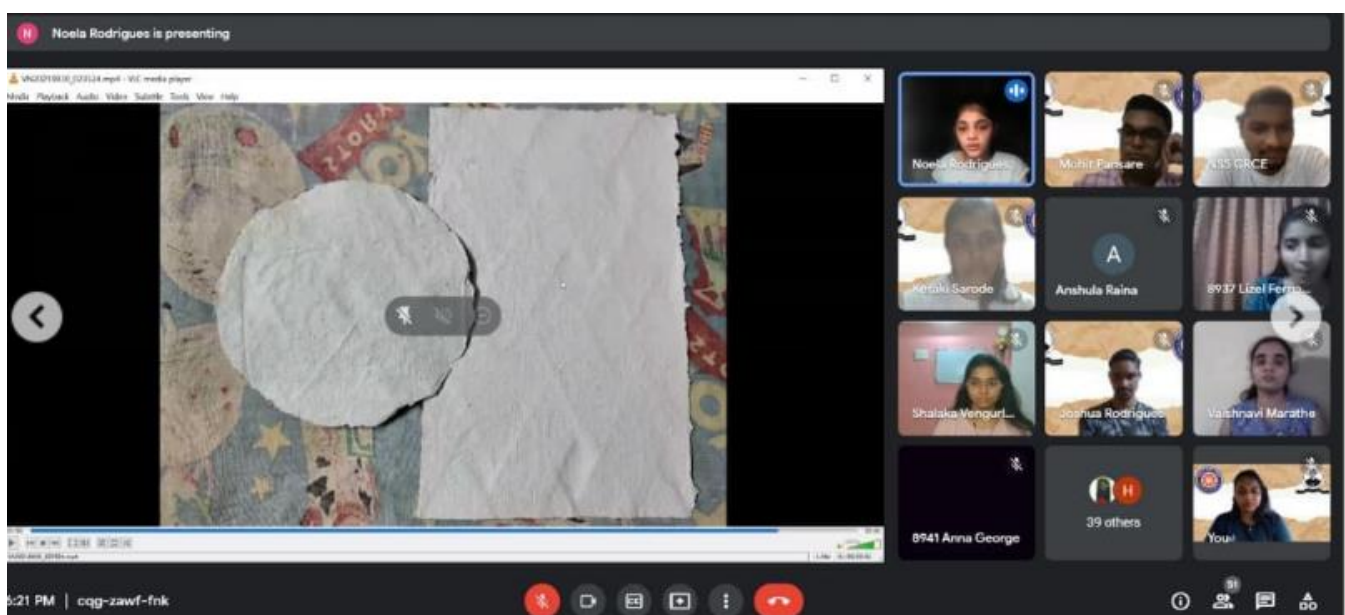
The session began with a brief introduction of the speaker Miss Noela Rodrigues by NSS Event Coordinator Mohit Pansare. Neola began with talking about herself and Mittsheets which is the banner under which she creates her papers and sells them. She explained the process of paper making in depth with the help of a video of herself. Various steps of the process were elaborated.

After the paper making segment, Neola and the participants had a very lively conversation about the process of paper making. The host, Mohit Pansare, also put forward questions about her motivation in starting her paper making business and her experience of having a business during the covid lockdown.

This conversation gave the volunteers an insight into paper making as well as its business aspect.

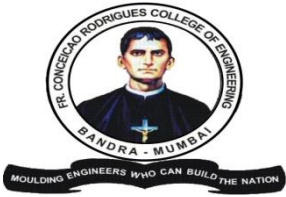
Attendance for the webinar-workshop was given on the basis of the whether the volunteer has turned on his/her camera or not. Extra credits were awarded to the volunteers who prepared the papers themselves and uploaded the pictures of these papers on their social medias. This social media activity too received a very positive response.

The session helped the volunteers learn a new skill of paper making and also gave them insights about the process and handling of small businesses. The session ended with the vote of thanks by the Host.



S/X





NSS CRCE



REPORT ON TEACHER'S DAY

Date: 4th September, 2021.

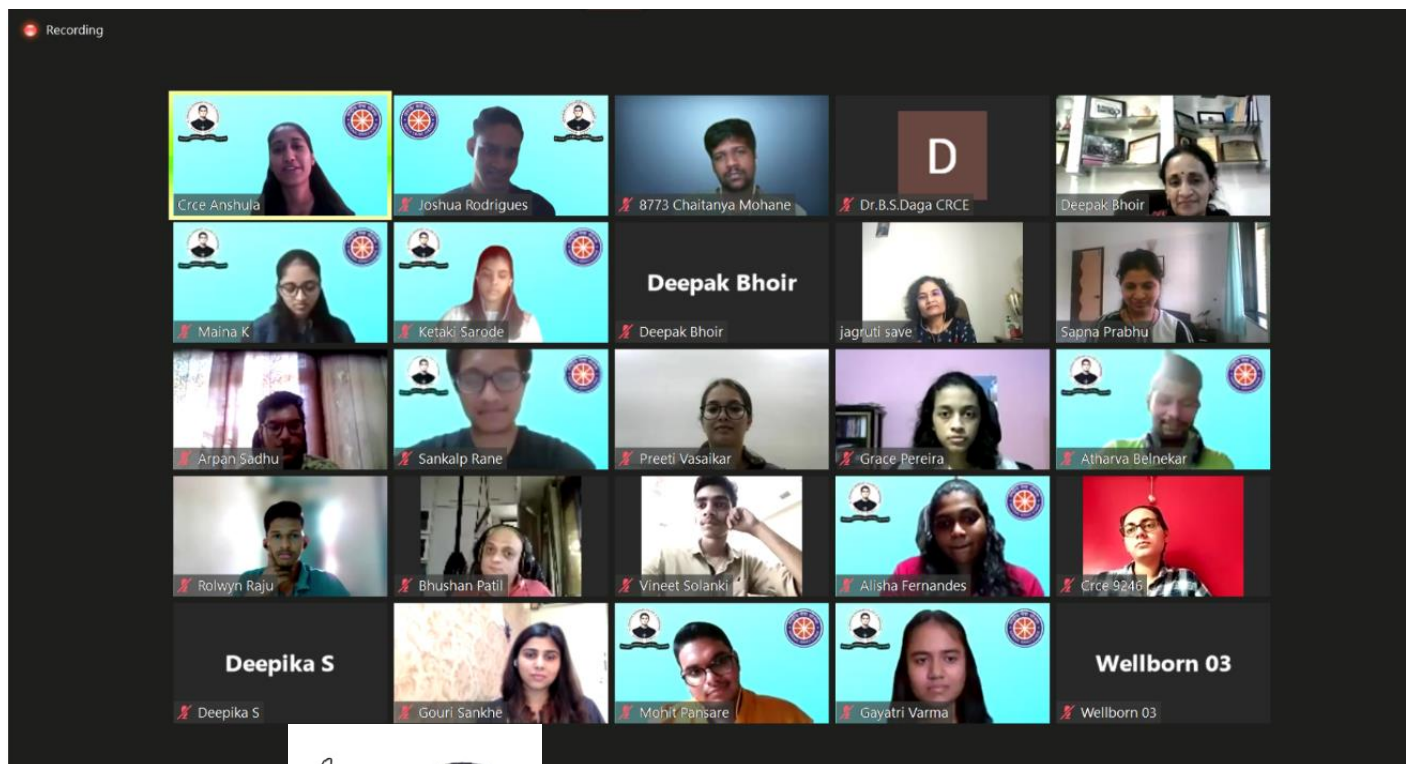
Place: Zoom meeting

On 4 september 2021 Nss organised the maiden online Teacher Day celebration to thank all the teachers for being the guiding force in making creators of tomorrow.

The event was further graced by the presence of our respected Principal Maam Dr. Sreeja Unnikrishnan , HOD's Dr. Brijmohan Daga , Dr. Sapana Prabhu , Dr.Jagruti Save , Dr. V.S jorapur , Dr. Hemant khanoklar and respected teachers from various departments and active participation of our volunteers and council members.

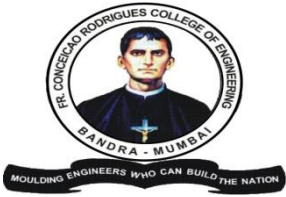
The entire event was hosted by event coordinator Anshula Raina . The event began with a beautiful poem for teachers recited by council member, Further event was progressed by healthy interactive Q/A session with Principal Mam , HOD's, Teachers, where questions were asked frequently by council members volunteers regarding sharing their experiences about pandemic , online teaching , student teacher relationship etc . all teachers actively participated and answered all the questions . All volunteers must have definitely gained knowledge from their experiences . This event surely helped to strengthen the relationship between students and teachers and helped to understand teachers' perspectives on different topics .

The event concluded with vote of thanks to all the teachers for their presence by President Gayatri Varma and Event Coordinator Anshula Raina attendance of all the volunteers were marked.



S/X





NSS CRCE



REPORT ON POSTER MAKING COMPETITION

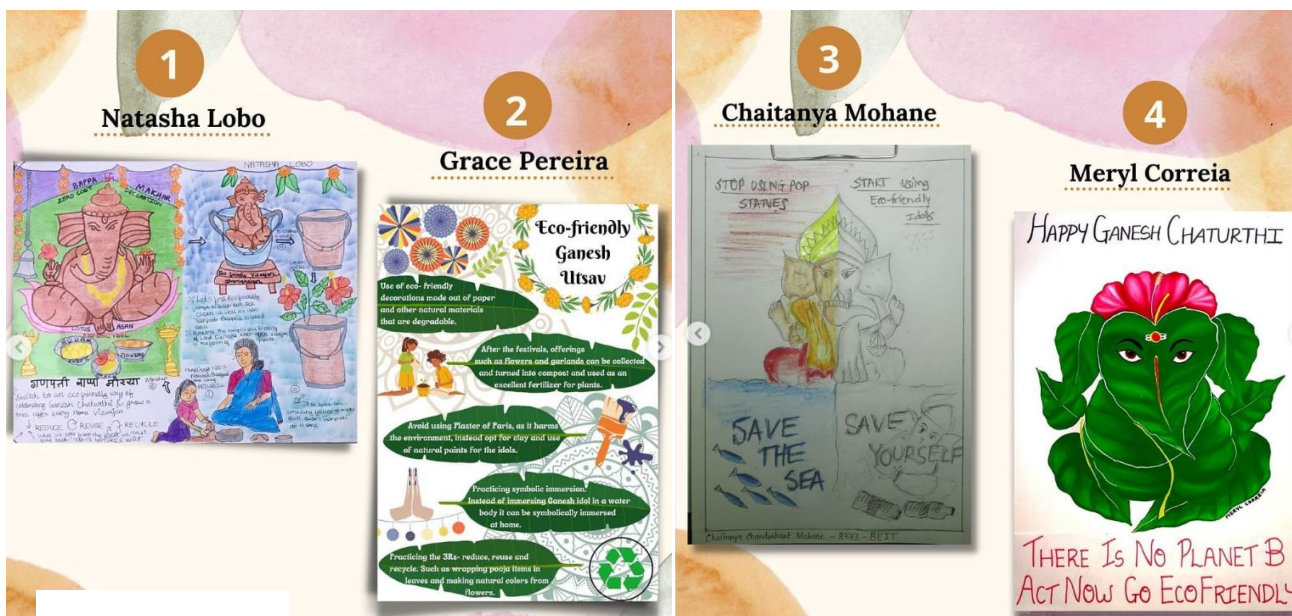
Date: 18th September 2021

NSS CRCE in collaboration with United Way Mumbai and The Movement India organised a creative and intriguing competition for all our NSS CRCE members that is The Poster Making Competition.

The participants were asked to choose among two topics given by us which were I) Road safety and II) What freedom means to you. On the basis of these topics the participants were asked to create a poster on the idea of the what the selected topic meant to them and how they could impact the society. Considering the lockdown as some participants would not be able to go out and buy any stationary, we gave an option as to creating a poster with any available material in their homes or creating a poster using any available online software.

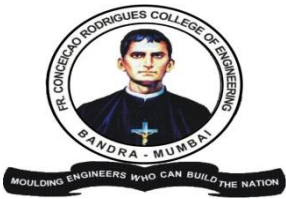
The criteria we set for scoring the posters were that their respective posters should be unique, attractive and most importantly it must portray a message regarding the topics they'd chosen. And living up to our expectations we received an overwhelming response with 44 unique and creative posters. It was tough but we finally had our top 10 posters which stood out from the rest and portrayed some striking views.

Attached below are the posters of all the 10 Poster Making Competition winners.



S/X





NSS CRCE



REPORT ON WORLD PEACE DAY

Platform: Google Meet

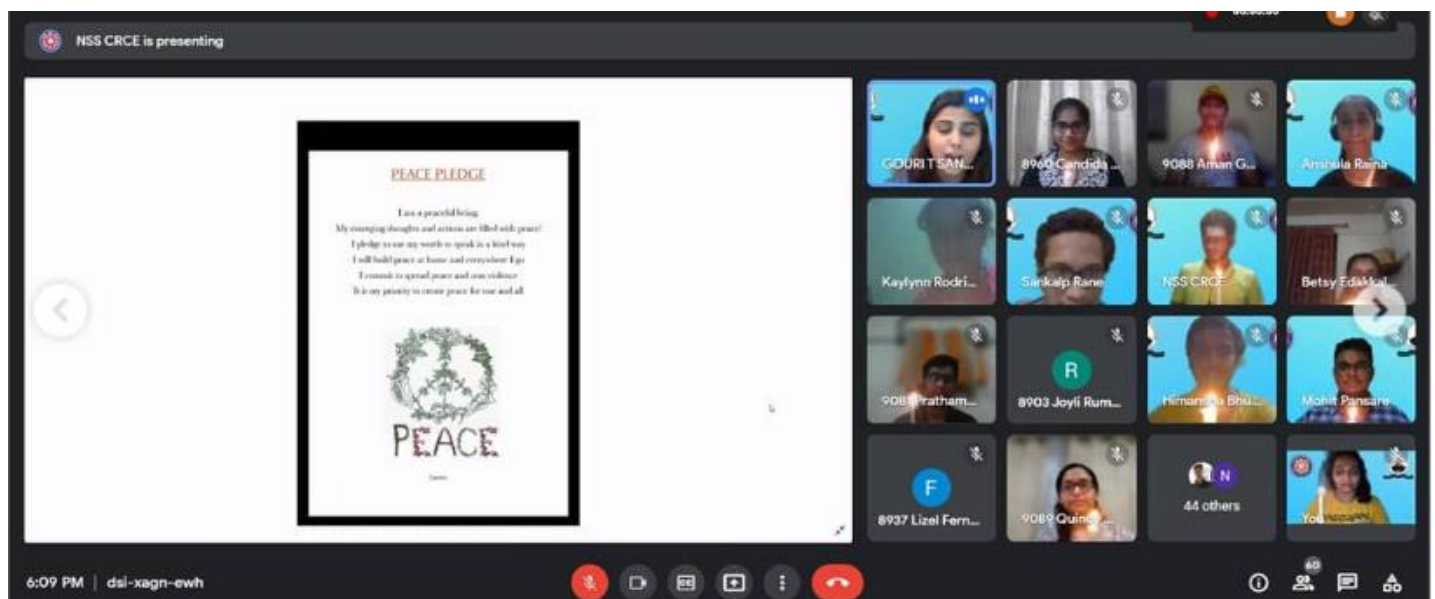
Date: September 21st, 2021.

Topic: Radiate peace and liberate your soul.

- Documentary streamed through Youtube featuring BK Shivani (Spiritual speaker and Nari Shakti awardee)
- Lightning a candle followed by virtual pledge ceremony

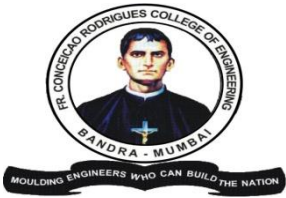
On 21st September 2021, at 5:30 IST, members of NSS CRCE had organised a Documentary session along with pledge ceremony in order to make everyone understand importance of peace and why it should be our priority followed by lightning a candle which symbolises peace .The session began with a brief introduction about what is peace and why are we unable to experience peace in our life. This brief introduction was given by the Host. Post the introduction documentary was streamed to all the participants.

After the documentary everyone were told to switch on their cameras and light a candle. After Lightning the candle everyone were told to hold the candle and take a pledge . A six line pledge was recited by the host. Attendance for this event was granted to the volunteers switching on their cameras and their participation during candle lightning and pledge. The session ended with the vote of thanks by the Host. Pictures during the pledge as well as during documentary streaming were taken by the NSS Council, which were posted on their Instagram and Facebook handles.



S/X





NSS CRCE



REPORT ON CARDIAC SESSION

Platform: Google Meet

Date: September 26th, 2021.

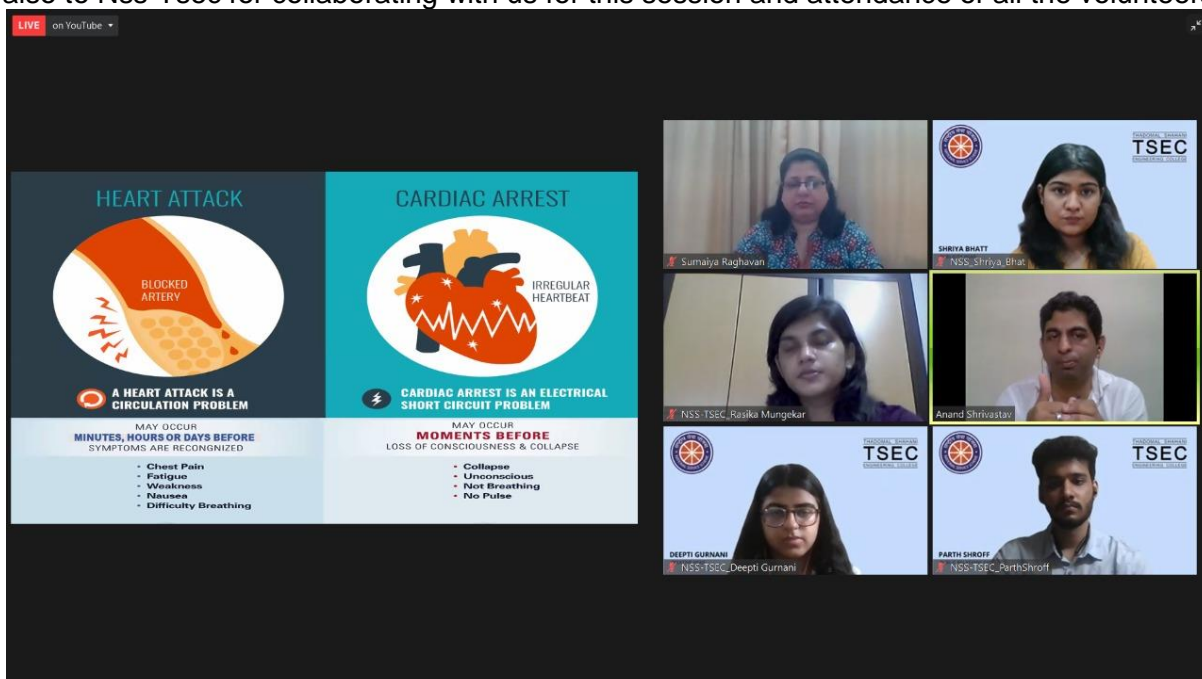
On 26 September 2021 Nss Crce along with Nss -Tsec conducted an online workshop **iCare** on Cardiac Arrest Resuscitation by Holy Family Hospital, Bandra.

The aim of this event was to make everyone aware about the medical condition known as sudden cardiac arrest which is the cause of almost 3% deaths in India irrespective of age and how lives of people can be saved by this condition by giving them immediate heart resuscitation until medical health arrives.

The event started with introductions to esteemed Doctors from Holy family hospital. They started with making everyone aware about how to recognize sudden cardiac arrest and then how to save the life of the person by doing CPR techniques. They also demonstrated how to do CPR on a plastic model. Then they introduced everyone to a life saving device called an AED (shock machine) which helps to save the lives of patients under sudden cardiac arrest.

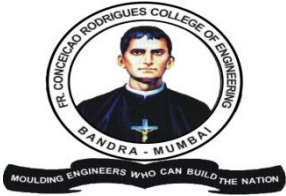
The entire session was very knowledgeable and important. All the volunteers understood the importance to know about life saving and extremely important skills of CPR. The session ended with Q/A round wherein volunteers asked their questions to the doctors.

The event was concluded by thanking all the Doctors of Holy Family Hospital for conducting this session and also to Nss-Tsec for collaborating with us for this session and attendance of all the volunteers were marked.



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NSS CRCE



REPORT ON BHAJAN SANDHYA

Platform: Google Meet

Date: October 2nd, 2021

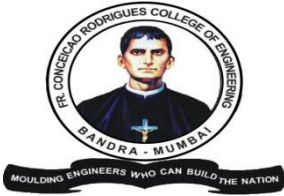
October 2nd 2021, Mumbai.

On account of the birth anniversary of Mahatma Gandhi, the NSS Cell of the University of Mumbai had organised a bhajan sandhya through the Google Meet platform. Various college from the MU were present for this event. The event consisted of playing of various devotional songs and patriotic song by various singers and artists. Dr Suhas Pednekar, VC MU, also addressed the gathering after the last patriotic song was played.

This event worked as a bringer of patriotic feeling for all the NSS volunteers present for the Bhajan Sandhya. The words of advice from the chief guest, too, inspired the volunteers greatly. The event served as a platform for bringing volunteers from various colleges together for this one common goal.


(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL





NSS CRCE



REPORT ON DOG SAFETY

Platform: Google Meet

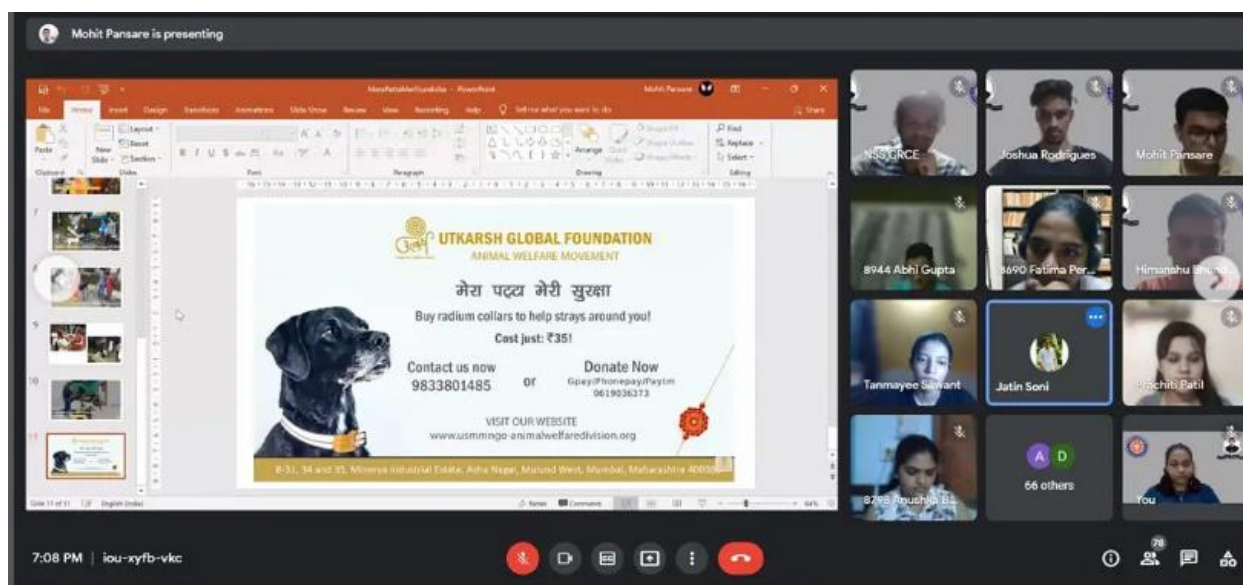
Date: October 4th, 2021

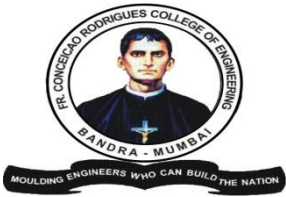
On the 4th of October, NSS CRCE in association with the Utkarsh organization had organized an informative session by Mr. Jatin Soni. Mr. Jatin through his Utkarsh Foundation has been working towards creating awareness about dog accidents that take place on roads due to low visibility during rains and foggy nights.

The session mainly focused on ways how these accidents could be avoided. One of these ways is using Radium Collars. These reflective collars help the drivers to notice these street dogs while driving in the dark. Mr. Jatin explained the volunteers how these collars were to be tied around the dogs and how these dogs could be approached in case the dogs are scared of us. He also explained what could be done if one comes across an injured dog or any animal for that matter.

This session greatly helped the dog lovers among the volunteers who wanted to help the stray dogs but were either afraid or confused as to how they could help. In accordance to Mr. Jatin's advice, NSS CRCE has also purchased a set of these radium collars which would be used in a subsequent event that will be conducted by the NSS CRCE team.

The session helped the volunteers learn a new skill of approaching stray dogs and also gave them insights about the treatment of injured animals. The session ended with the vote of thanks by the Host. Post session pictures were taken by the NSS Council, which were posted on their Instagram and Facebook handles.





NSS CRCE



REPORT ON MARINE POLLUTION

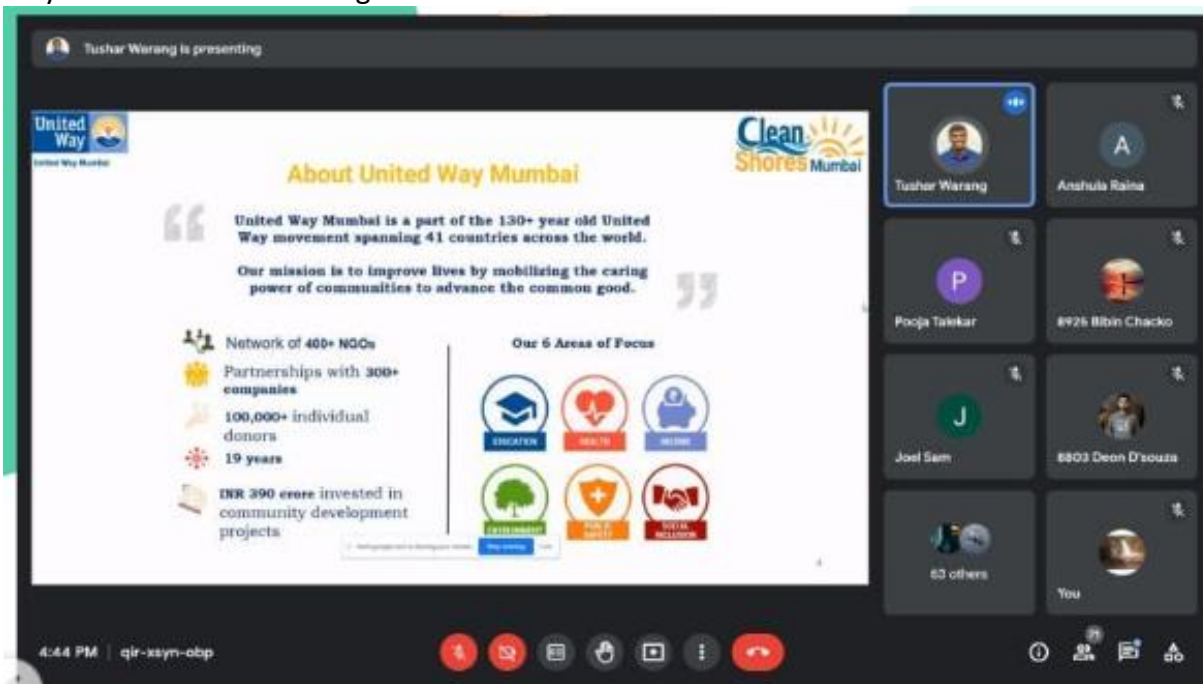
Platform: Google Meet

Date: October 13th – 14th , 2021

On 13 & 14th October 2021 NSS organised an online awareness session to enlighten all our volunteers on the very important issue of marine pollution.

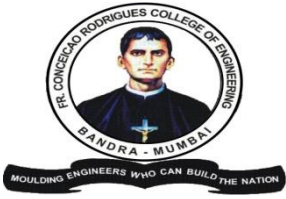
This session was conducted in collaboration with United Way Mumbai who are an organisation who have been working relentlessly in cleanliness and waste management at shores Mumbai and saving lives of marine species and also have been creating awareness through their programs. We had Pooja and Tushar from United Way Mumbai to enlighten us on this topic.

The entire event was hosted by event coordinator Anshula Raina. The session begins with a Q/N session on how much our volunteers know about marine pollution and then went ahead with discussing different coral species in oceans, their living habitat etc, then explaining how dumped waste in oceans affect them, also enlightening us on how marine pollution not only affects all the marine species but also us humans in different ways. Further the session was progressed with a Q/N question where volunteers had to answer questions based on what they understood in this session, all the volunteers actively participated. This session helped all the volunteers to understand the alarming situation of marine pollution and how now they need to take a stand for this cause. The session was ended with a vote of thanks to United Way Mumbai for conducting this event and attendance of all the volunteers were marked.



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NSS CRCE

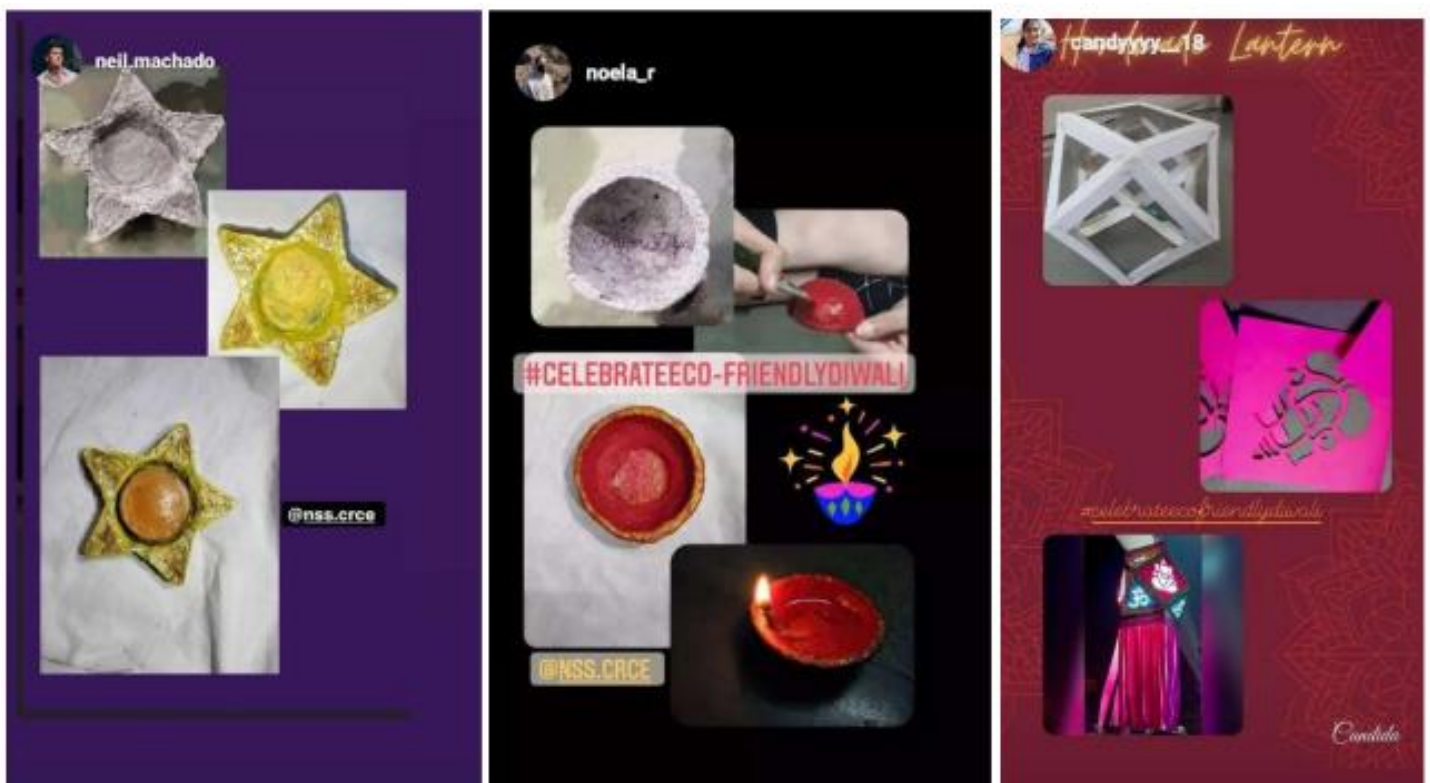


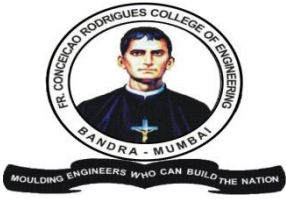
REPORT ON DIWALI CAMPAIGN

Date: November 4th – 5th , 2021

On Account of Diwali, NSS CRCE had organised a campaign for creating an awareness about handmade lanterns and diyas. The volunteers were asked to make Diwali decoration items themselves and post the pictures on their Instagram handles. Volunteers who posted these pictures were rewarded extra credits in terms of NSS participation hours. The volunteers showed an overwhelming response to our campaign. Everyone, volunteers non-volunteers alike

participated in the campaign in great numbers. NSS CRCE reposted all these pictures on their Instagram handle, providing a platform to the participants for showcase their talents.





NSS CRCE



REPORT ON OLD AGE HOME

Date: November 13th, 2021

“Winkles will only go where the smile have been”

It is necessary for all of us to respect elders and keep them in good manner with all the happiness required at the ageing time. They are like an encyclopedia of experience which gets on updating as the time passes, so, we can get to learn a lot from them if they are in good shape and mental health. So, as a responsible student it's our responsibility to help them in any kind, any manner, any place, or any thing we could.

NSS-CRCE organized a visit to old age home at Uttan, Bhayander on 13th of November 2021.

This visit was to create awareness among the volunteers of NSS-CRCE and students of FR. CRCE that we should show utmost respect to elders and help them in any way possible. After, arriving at the vrudhasharam, we all first had an introduction of ourself with the family who looked after all the people and then they had our introduction with the old age people over there. In the introduction, many elderly people shared their experience of how they got into the ashram and after that how the family looked after them. Then we had organized various fun activities which were decided, which includes Singing program, Antakshari, Musical chairs and dance at the end of the noon to finish the noon activities. Then we all had our lunch along with the elderly. After a heavy lunch, we all felt very drowsy, as expected, so, to overcome the sleep we played Bingo among the elderly, where there were gifts for the winners at every stage, so, none should be disappointed. This game continued for a long time and we couldn't figure how fast the time went while playing. Also, while leaving we NSS-CRCE gave donations in the form of daily required stuffs to the old age home and the volunteers also brought things to donate there.

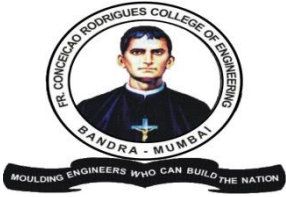
Now at the departing time, it was time to say goodbye to all of them for the wonderful and experienced day we had with them. Not only there were tears in the eyes of elderly people but also in the eyes of the volunteers, this explains how a day long love, affection and bonding is worth an experience.

In this way, we spent the whole day in the shelter of elderly gaining knowledge and life lessons from the most experienced people we could ever meet.


(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL







NSS CRCE



REPORT ON COVID-19 DOCUMENTARY

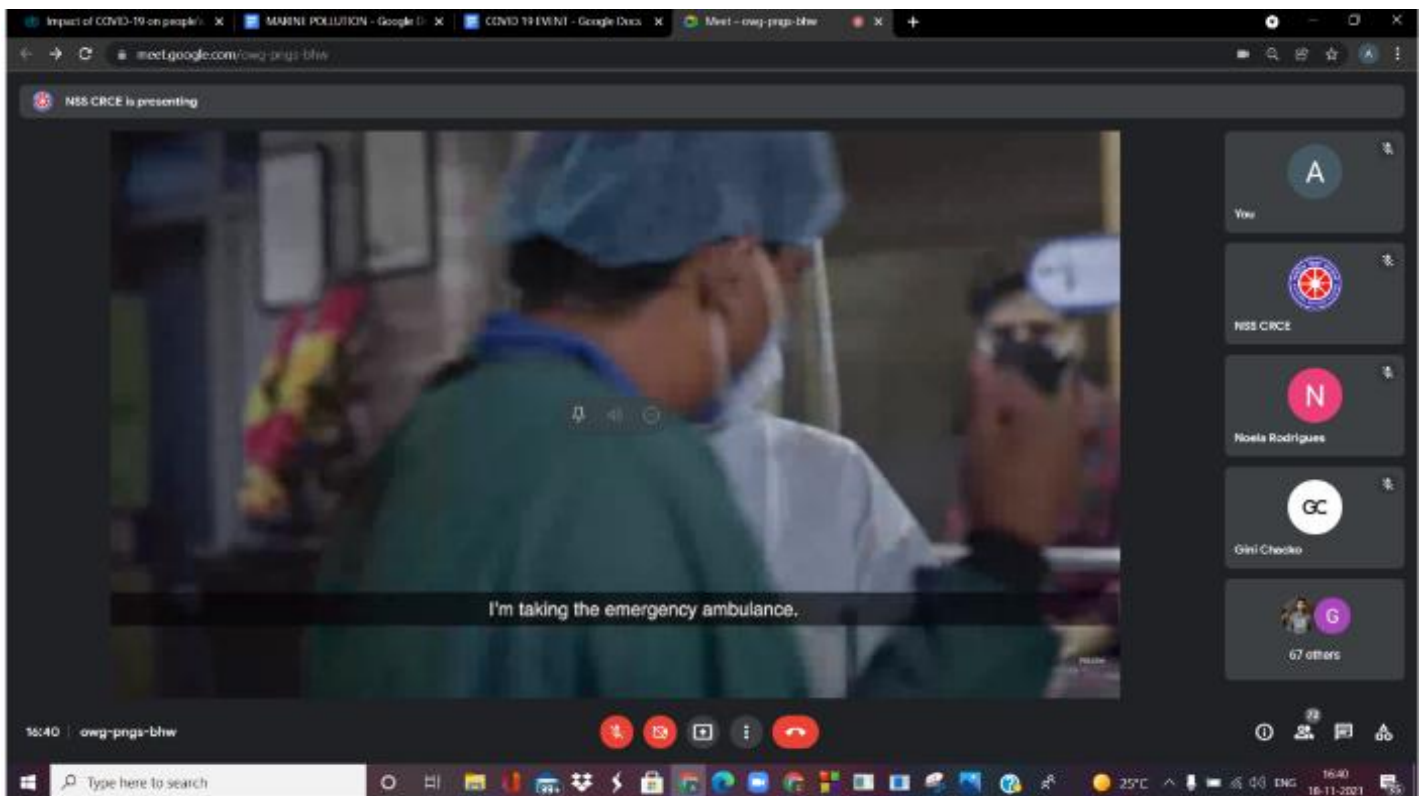
Platform: Google Meet

Date: November 18th , 2021

On 18th October 2021 Nss Crce organised a session to address this difficult time of COVID-19. A documentary was presented to all the volunteers. The documentary discussed and showed how difficult and terrifying are COVID-19 situations but still how young youth, NGO's and different organisations from different parts of the country came together and helped different people around them irrespective of caste, gender, religion etc. The aim of this session was to motivate our volunteers not only take care of their families and themselves but also help people around them as much as they can.

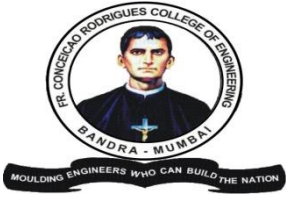
All the volunteers definitely realized how different people, NGO's, were devoted to help others selflessly and save their lives. This documentary definitely motivated them to help others and also take much care of themselves and their families.

Session was concluded by taking attendance of all the volunteers.



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NSS CRCE



REPORT ON NATURE TRAIL

Date: December 11th , 2021

NSS CRCE with the help of Prof. Jagdish Vakale from TCSC had organised a Nature Trail in the Sanjay Gandhi National Park. This nature trail consisted of a walk through the orchid green houses, the artificial water hole made for leopards and other places where visitors aren't generally allowed.

Prof. Jagdish Vakale is currently working with the Thakur College of Science and Commerce, Kandivali as a Biology Professor. He has also worked with the Information Centre in the SGNP as an additional educational officer for seven years which make him the best person to educate a group of excited teenagers, that the NSS volunteers were. Prof. Vakale guided the volunteers through some of those precious areas of the SGNP that are otherwise out of reach of the visitors. The orchid greenhouses, the leopard waterhole are some beautifully maintained natural treasures that the volunteers could see. Along with these invaluable visuals that the volunteers saw, Prof. Vakale also spoke about the various species of flora and fauna that the company encountered enroute the trail. He also shed information about the leopard census held every summer and also encouraged the volunteers to be a part of this census in the coming future. This nature trail surely invoked a sense of curiosity about the wildlife and forests among the budding engineers who are otherwise unaware of this branch of the sciences. Prof. Vakale and his words of encouragement and guidance will surely prove to be of great value to the volunteers as well as NSS CRCE in their future endeavours.

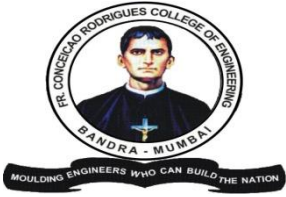
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NSS CRCE



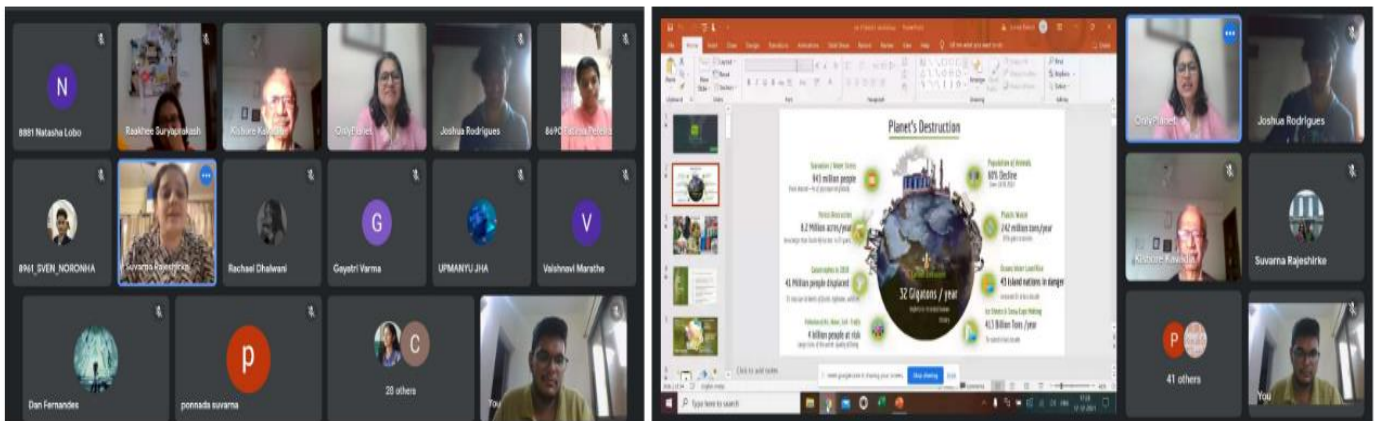
REPORT ON SUSTAINABLE LIVING

Platform: Google Meet

Date: December 17th , 2021

NSS CRCE in association with OnlyPlanet.in had organised a webinar by Mrs. Sunita Rajesh and her team about sustainability and ways in which one could lead a sustainable life. OnlyPlanet.in is an organisation trying to create a system that would help the masses to calculate their carbon footprint and making them aware of the effects their daily actions have on the environment. Prior to the webinar, NSS CRCE has encouraged the volunteers to use this carbon footprint calculator created by OnlyPlanet.in. This helped the volunteers to realise the gravity of the hazard that humans are posing to the environment as well as the human race itself. NSS CRCE has also pledged to spread this carbon footprint calculator to a thousand users so that more and more awareness could be created.

This session by Mr. Kishore Kavadia and Mrs. Sunita Rajesh opened new doors for the volunteers to explore ways in which they could help the environment and the community. The volunteers went back with a new vision of responsibility towards Mother Earth. Mr. Kishore Kavadia and Mrs. Sunita Rajesh and their words of encouragement and guidance will surely prove to be of great value to the volunteers as well as NSS CRCE in their future endeavours.



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NSS CRCE



REPORT ON ROAD SAFETY

Platform: Google Meet

Date: December 21st, 2021

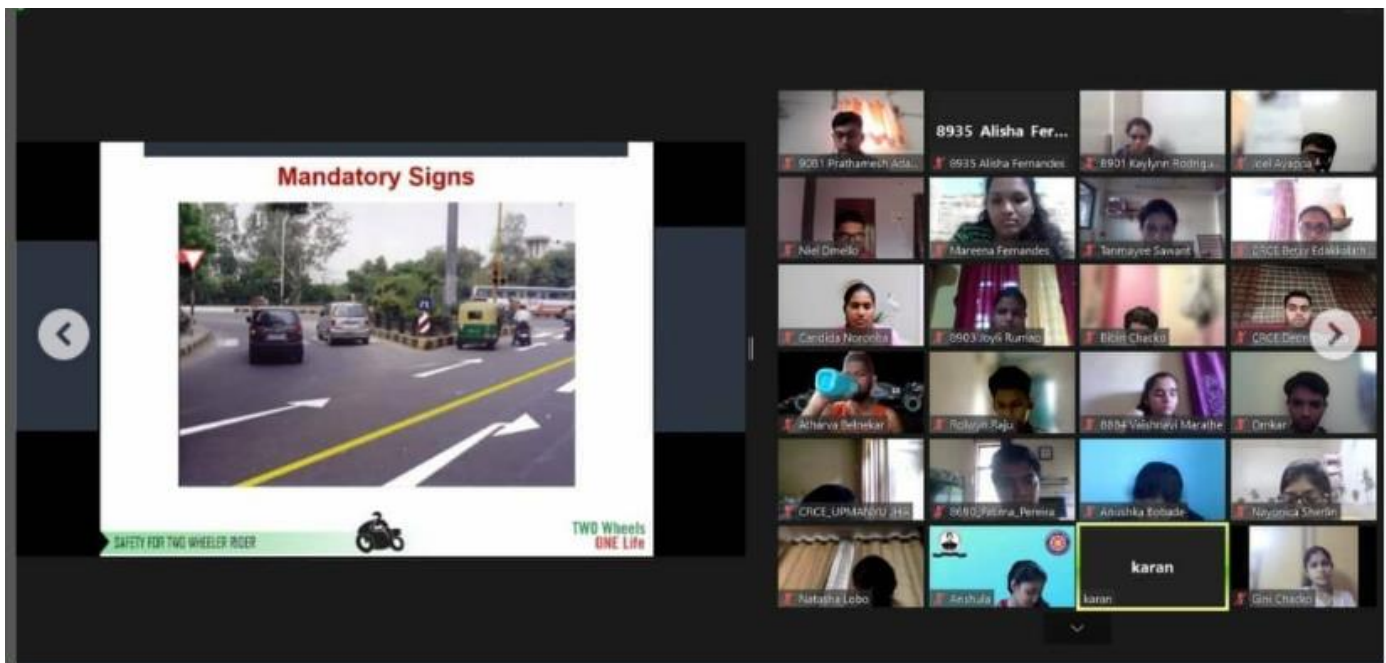
On 21 December Nss organised an online awareness program on road safety. Road accidents have caused several deaths of people all over India. And most of these accidents involve two wheelers and mostly people belonging to the age group of 18 to 45 and manier times the reason for these accidents are lack proper training and knowledge of road safety rules . So Nss organised event to enlighten all the participants

Session was conducted in collaboration with United way mumbai .We had two trainers Rohit and Karan who are automobile engineers as well as certified trainers to conduct this event.

It was a very knowledgeable session they talked about various road signs and different road Safety rules that every driver should know.

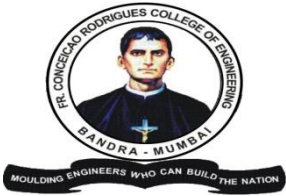
The entire session was conducted by event coordinator Anshula Raina . The session ended with Q/N around wherein all volunteers asked their questions to the speaker.

And the session ended with a vote of thanks to our speakers and all the volunteers present in the session and attendance of all volunteers were marked.



S-X





NSS CRCE



REPORT ON SAY NO TO DRUGS

Platform: Google Meet

Date: January 7th, 2022

On 7th January 2022, NSS CRCE organised a session to educate the volunteers about the negative effects of drug use. The documentary addressed many important issues related to drug users in India, that is how easily accessible it is for common people to get narcotic drugs in local chemist shops and how it leads people already in poverty and depression to further worsen their condition. The documentary also discussed the fact about why people are unable to get rid of their addiction and what leads people to consume such drugs. The situation of describing the situation of drug users in India ends with the portrayal of a drug rehabilitation centre which allows people to slowly get rid of their addiction and also portrays how difficult it is for a drug addict to go completely drug free.

The documentary further discusses the condition of drug users in Uruguay which is known as 'The Cannabis Country' where cannabis trade is legal and drug use is popular. The documentary lastly points out the situation of drug users in Tanzania, South Africa living in poverty. It helped us to understand the life of an heroin addict who has been living in poverty since childhood and in and out of treatment for drug abuse. In Tanzania, heroin addiction is a big problem as it is imported from the USA at cheap rates and is readily available to common people at low prices.

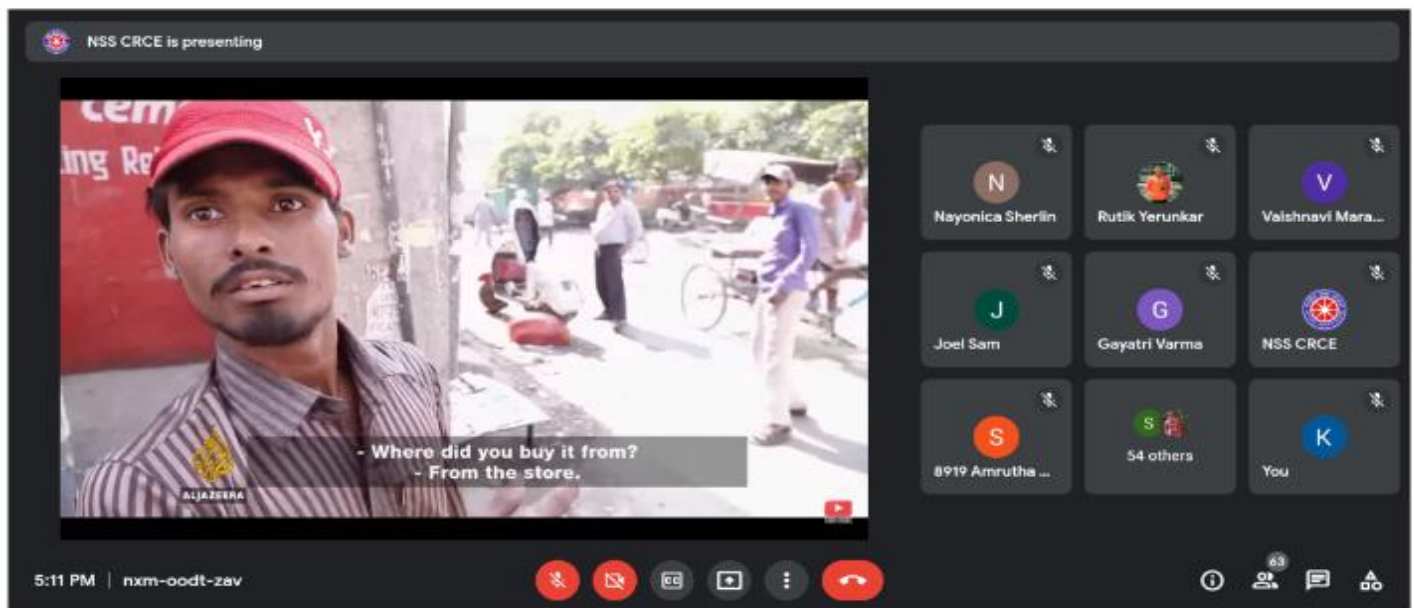
All volunteers understood the struggle that goes through an addict's life to get rid of drug addiction. The session ended with an online pledge that was introduced by the government named 'SAY YES TO LIFE, NO TO DRUGS' in which all the volunteers filled their information and took the pledge to fight against drug abuse. The pledge says,

We realise that drug abuse is increasing in our country, especially among the youth and this is a matter of concern. We pledge that we will cooperate in stopping the drug abuse. We promise that we will not consume any harmful or illegal drugs in any way for any purpose.

We will create awareness about the ill effects of drug abuse by encouraging every person, especially the youth so that the youth of India can live drug free and they can become creative and important members of the society.

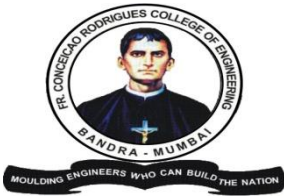
Today we pledge that we will stay away from drugs and live a healthy life.





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NSS CRCE

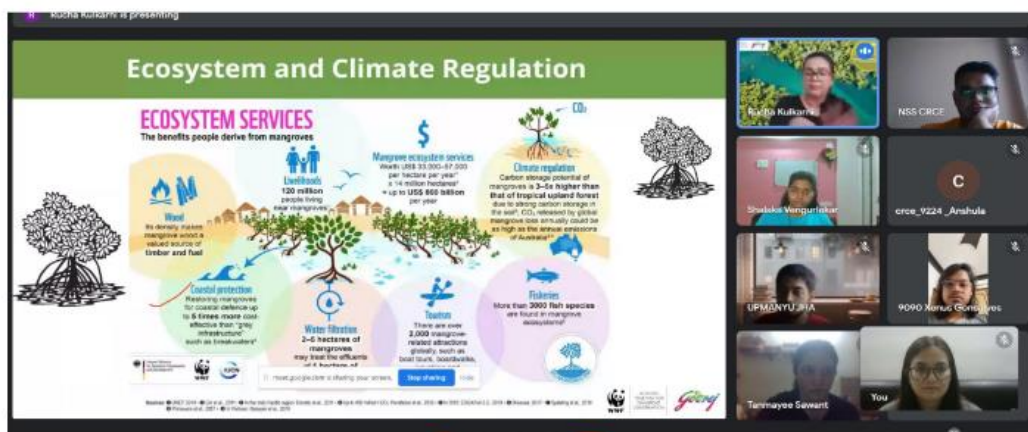


REPORT ON IMPORTANCE OF MANGROVES

Platform: Google Meet

Date: January 19th, 2022

On 19th January we began the meet with Introduction about Ms. Rucha Kulkarni. This session began with Ms. Kulkarni giving brief information about the mangrove forest and the place they are located. Then she explained about the importance of mangroves and the special features about them such as their aerial roots, can tolerate salty water, they keep us safe from the tsunamis. Later in the session we discussed about how mangroves are in danger due to various reasons such as deforestation, water pollution etc and how they help us in many ways as climate regulation, fisheries, coastal protection, tourism etc. There was a question and answer round at the end of the session about the places where mangroves



REPORT ON ARTICLE WRITING

Date: January 20th , 2022

On the 20th of January, NSS CRCE Council arranged a article writing competition to arouse a sense patriotism and social work in the nss volunteer and council member. The name of the competition was "Expressing the Idea of Equality | Unity | Diversity". This was a online event where topics were given. Topics were patriotism and social work. Along with the topics some rules were also set up which increase flow of competitiveness in the event. The dead line where 23rd of January i.e Sunday. We got a good response from the volunteer's and council member.

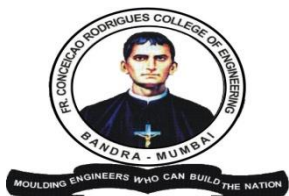
All the article was shortlisted and then judged by our respected Joseph Sir. He went through all the article and was amazed by to see the youth ideology on the topics. It was a very difficult discussion for him to select the winner because all have put there best effort in the article. On 26th of January i.e on our Republic Day results were announce 6 best article where selected as winner of the competition. All the participant where given participant certificate. It was a great event at the end.

Links to winning articles:

Omkar Surve	https://drive.google.com/open?id=1cMF6jnsa6R4GfM0dJO4jtL9kBA7jCY6h
Pristal Jack	https://drive.google.com/open?id=1pexy79 -lfVW ByLUsvAmz674bUIXg_z
Mughda Zope	https://drive.google.com/open?id=1yQ0zzj4Fr1Elywl6y_DB8CEEsjHhef7N
Gouri Sankhe	https://drive.google.com/open?id=1xtu3klq832vzFWml1bvvkUlkPY9REd
Kaviraj Easwaran	https://drive.google.com/open?id=1AsXrRLXoVfy3buePOupDn89Z0Hn8Crc4
Candida Noronha	https://drive.google.com/open?id=1Qalf8yXiKAlajj73KEuBbmU0RHyK9dl6

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NSS CRCE



REPORT ON SAY NO TO SMOG

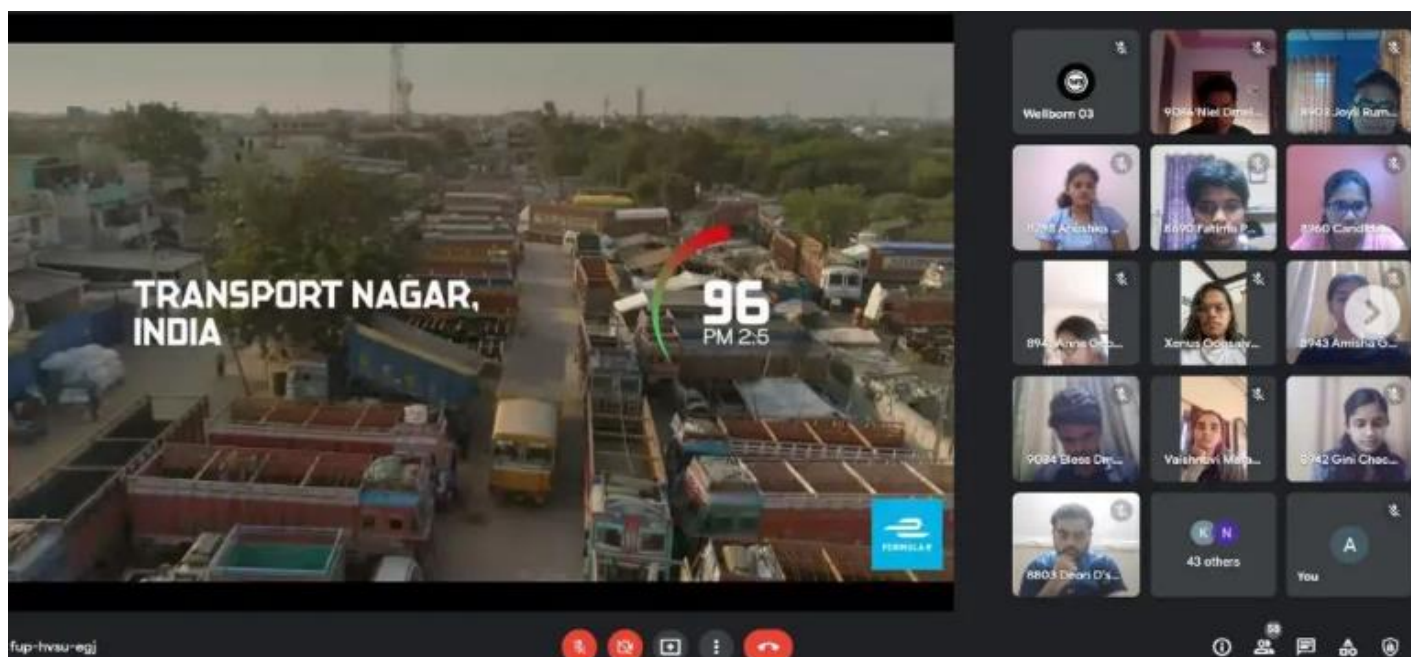
Platform: Google Meet

Date: February 3rd, 2022

National Service scheme unit of Fr. CRCE has organized a webinar on “Say No To Smog” on

Air pollution has been recognized as the world’s largest single environmental health risk. The Global Burden of Disease 2010 (GBD) ranked air pollution as a leading cause of death and disability in India.

Smog, or **smoke fog**, is a type of intense air pollution. The word "smog" was coined in the early 20th century, and is a portmanteau of the words smoke and fog^[1] to refer to smoky fog due to its opacity, and odor.^[2] The word was then intended to refer to what was sometimes known as pea soup fog, a familiar and serious problem in London from the 19th century to the mid-20th century. This kind of visible air pollution is composed of nitrogen oxides, sulfur oxide, ozone, smoke and other particulates. Man-made smog is derived from coal combustion emissions, vehicular emissions, industrial emissions, forest and agricultural fires and photochemical reactions of these emissions.



S-X





NSS CRCE



REPORT ON REFURBISHING COLLEGE STAIRS.

Date: February 10th- 14th , 2022

February 14th 2021, Mumbai.

NSS CRCE were assigned a task to refurbish the stairs of our college. All members actively took part in painting the stairs. Few members worked on the designing part and most members on painting. On the first day we had not had much brushes so we splitted into two groups. One group after the other. We really had a fun time with everyone and also learned many things to share. At the end of the day, we used to chatter a lot and then go home. It was like a small picnic and it took almost a week to complete. And finally, we could finish the task on time. As surely It was a fun filled experience indeed!!!

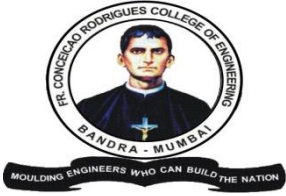
A report by Nayonica Sherlin, NSS Procurement and Inventory Coordinator

Glimpses of the activity are as follows:



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NSS CRCE



REPORT ON TREE PLANTATION IN COLLEGE

Date: February 15th , 2022

February 15th 2022, Mumbai

The NSS unit of the institute had organized Tree Plantation at Fr. Conceicao Rodrigues College of Engineering. The Council members of NSS first of all took all the saplings to the college. All volunteers and council members were assigned the task to plant flowering and non flowering plants in a pot and some other basic gardening work.

In all 30 trees, were planted on the occasion, in which 15 are flowering plants and 15 were of non-flowering plants.

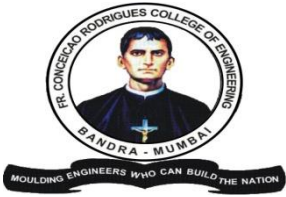
All the members took active participation. It was indeed a great experience.

Glimpses of the activity are as follows:



S-X





NSS CRCE



REPORT ON BLOOD DONATION CAMP

Platform: Google Meet

Date: January 19th, 2022

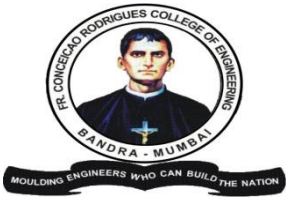
Donating a part of ourselves for the betterment of the society is our motto, NSS CRCE along with the staff of renowned Holy Family Hospital were successful in organizing a Blood Donation Camp on 17th February, 2022. The Drive received an overwhelming response from the students as well as the staff of our college. Various posters and promotion were done of blood donation, in college premises canteen and in staff room.

The event commenced by 10:am in the morning and went upto 4:00 in the evening. Donors of all blood groups donated their blood. Each donor was given snacks post donation. Certificates were provided to all the donors by the hospital. Donors with rare blood group were given a special gift. Enough amount of blood was collected and the hospital staff as well as the donors went home with happy faces.



S/X





NSS CRCE



REPORT ON SOCIAL ACTIVISM

Platform: Google Meet

Date: February 27th , 2022

Initiative towards betterment! by social activist Sanjoli Banerjee.

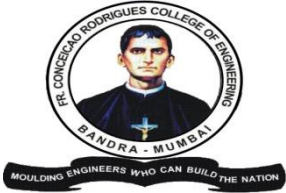
Sanjoli Banerjee, 22, is a full-time social activist, a graduate in International Security Studies from the Australian National University (ANU) Canberra and recipient of various awards.

The seminar will help us raise the spirit of activism and question the ill functioning of our government bodies.

Join in for gaining knowledge from an expert in the field and take a step towards being an activist

SX





NSS CRCE



REPORT ON TREE PLANTATION AT ST. JOSEPH

Date: March 12th , 2022

Fr. CRCE launched an extensive plantation programme in St. Joseph on March 12, 2022. As a part of national service scheme our institute binds to contribute to the activities which are beneficial to the improvement of the society. The students and teachers from our college planted saplings in empty places in well organized manner. The tree plantation programme started at 10am. In order to restore the eco-balance of the afforestation this drive was taken with all seriousness. Trees play an important role in reducing the air pollution and to maintain the good quality air level in environment. So every individual should plant as many trees as possible . Because day by day pollution level in environment is getting worse. Hence, plantation is the only solution. As the surrounding of St . Joseph high school is crowded by vehicles so it may lead to increase the pollution level in that area. As it is also surrounding by educational institute ,tree plantation will help to maintain the good air .

This tree plantation programme was done in collaboration with turning tide George Sir who helped us a lot. All necessary support was provided to students and thus the programme was successfully completed. Participants were highly excited and enthusiastic to make it a big success. Students understood the importance of plantation and types of trees beneficial for environment



S-X



NSS SPECIAL CAMP TANDULWADI

INTRODUCTION

Every year a special NSS camp of 7 days takes place where all the volunteer of NSS CRCE actively take part in understanding the village problems solving them and spreading awareness and educating people. This year the camp took place at beautiful and enchanting village called tandulwadi which is located few kilometre away from saphale city which lies in palghar district, Maharashtra. The village is surrounded by mountains and farms with greenery everywhere being there is like a gift for the eyes. The village is full of friendly and helpful people who helped us through out the camp. There were lot of pre- camp activities to be done for all the activities we were going to do at the camp and our main project which was painting the school walls; hence, all the members were divided into groups and given tasks accordingly.



Image: Tandulwadi village, Saphale



Day 1 (4/3/22): Drawing competition and Sports day

The first day of the camp started with the volunteers meeting the Tandulwadi Zilla Parishad school students. On the first day, NSS CRCE had organised a drawing competition wherein the students were asked to depict their idea of a pollution free environment. The students were provided with the drawing material by NSS CRCE. Later that day after interacting with the students and the school officials, NSS CRCE organised a small sports day event where along with the school students, the NSS CRCE volunteers, too, participated. All students and volunteers participated with great enthusiasm in all the games that took place.



Day 2 (5/3/22): Painting of school fences and sitting area

The next day, NSS CRCE embarked upon the first social service activity that had been planned: beautifying and painting the Tandulwadi School fences and the sitting area near the school. The volunteers created various Warli art forms on these benches and fences. This painting job was an addition to the painting work that the previous batches of NSS CRCE volunteers had started in the school.



Day 3 (6/3/22): Village survey

On 6th of March, Sunday, We started our day with YOGA where we performed various Yoga aasan like surya namaskar , Padmasan Aloom viloom etc.. NSS CRCE with the permission of the Gramsevika, started with the village survey that had been assigned. This survey collected information about the annual income, living facilities and other details about the villagers of the Tandulwadi village. This data that was collected helped the volunteers to gain a deeper insight into the life of the villagers. This survey also gave the volunteers an opportunity to have an one to one interaction with the villagers that the volunteers visited. This newly gained insight will greatly help in shaping the personalities of the volunteers



Day 4 (7/3/22): Creating the school library

On this day, NSS CRCE setup a library for the school with more than 200 books which was a necessity as stated by the principal. Lights in the classrooms and the library were also taken care of. The swing in the school were repaired along with the see-saw for kids to play with. Maintenance of the computers that were previously donated by NSS CRCE was also done. A small workshop was also conducted to teach the students how they could use the computers more carefully and responsibly



Day 5 (8/3/22): Women's Day and Cultural Day Celebration –

We organized a women's day and cultural day function for the women and children of the village with fun games and dances.



Day 6 (9/3/22): Trekking and Cleanliness Drive on Tandulwadi Fort

As a recreational and volunteering activity, NSS CRCE organised a trek to the Tandulwadi fort and cleanliness drive on the way to the fort. This greatly helped in increasing the beauty of the path leading to the top of the fort. Having to clean the garbage themselves, the volunteers realised the importance of maintaining the hygiene of places of natural and historical importance.




Day 7 (10/3/22) Workshop on menstrual hygiene

Menstrual hygiene is a matter of grave concern to us all and keeping that in mind, NSS CRCE organised a session on the importance of menstrual hygiene and how menstrual hygiene could be maintained. This helped the school girls and everyone present there to gather information about this so important aspect of life.



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The background of the page features a large, light blue watermark of the National Service Scheme (NSS) logo. The logo is circular, with a red wheel-like symbol in the center. The text 'राष्ट्रीय सेवा योजना' (Rashtriya Seva Yojana) is written in Hindi in the upper arc, and 'NATIONAL SERVICE SCHEME' is written in English in the lower arc.

Thank you
For giving this opportunity
to have a wonderful journey with NSS
and collecting a bag full of memories.
Each report has a story to tell and memories to smile.

AWARD REPORT

FOR THE
YEAR

2020-2021

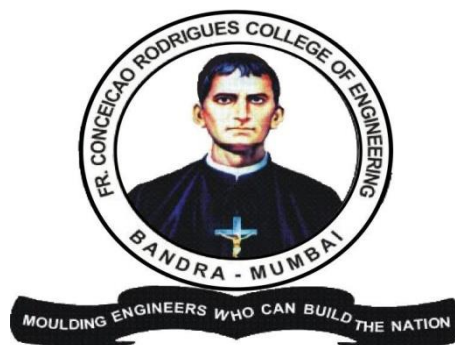
SUBMITTED
BY

GAURAV SABLE
[VEC NO : MH09B0719089]

UNDER GUIDANCE

OF

PROF. PRADEEP SINGH



FR.CONCEICAO RODRIGUES COLLEGE OF ENGINEERIN BANDSTAND, BANDRA(WEST)
MUMBAI-400050.
UNIVERSITY OF MUMBAI

YEAR 2020-2021.

Award Report Approval for NSS.

This report entitled “Award report for the year 2020-2021” is a bonafide work of “**Gaurav Sable**” is found to be satisfactory and is approved for partial fulfillment for award of NSS for the academic year **2020-2021**.

Prof. Pradeep Singh
(Program office)

Mr.Gaurav Sable
(NSS President)

DECLARATION

I declare that this written submission represents my ideas in my own words and where others ideas or words have been included, I have adequately cited and referenced the original source. I also declare that I have adhered to all principles of academic honesty and integrity and have not misrepresented or fabricated or falsified any idea/ data /fact/source in my submission. I understand that any violation of the above will be caused for disciplinary action by the Institute and can also evoke penal action from the sources which have thus not been properly cited or from whom proper permission has not been taken when needed.

Date: 13th July2019.

Gaurav Sable - [MH09B0719089]

NSS REPORT 2020-2021

**"The happiest people I know, are those who lose themselves in the service of others."
-Anne Frank**

NSS has always stood up to its strong spirit of serving the society., keeping in mind the motto **"Not Me But You"**. Thus, the belief that we must strive for others is being realized through the selfless services of our unit who get into timely action, be it lending a helping hand to the needy or protecting and conserving the environment. We extend our gratitude to our Director **Fr. Valerian Dsouza** our Principal **Dr. Srija Unnikrishnan** our Program Officers **Prof. Pradeep Singh, Prof. Dipali Bhise** and **Prof. Sunil Yadav** for their encouraging bit of advice which proved beneficial to our volunteers through thick and thin of each event.

The year commenced with the registration of **100 active volunteers across SE, TE and BE**. Students and faculty participated enthusiastically in webinars and workshops even in this **COVID-19** situation. We began with a **Yoga Webinar** followed by **Personal Sustainability, Carbon Footprint Webinar** by NGO 'United Way'. Next was the **Self-defense workshop** by Kashyap Bhanushali. Next webinars were on Global Freedom Summit and Awareness on **Anti Human Trafficking** by an organization 'The Movement India'. We have organized a poster competition on topic 'Carbon Footprint' named Recycle Fest. We have also organized a **webinar on Mental health and welfare, Street Dogs Awareness**, Reforms in India's Education System and Climate Change.

We have organized a workshop on Personal Sustainability consisted of 3 levels in association with an NGO 'The Movement India'. A webinar on Road Safety Awareness and welfare by Mr. Rohit Dalvi in association with NGO 'United Way'. A poster making competition was held by us on topics 'What Freedom Means to You' and 'Road Safety' in association with 'United Way'. An amazing workshop on Mandala Art was organized by NSS CRCE. We have also organized a webinar on World wetlands day in association with NGO 'United Way'. A webinar on Right to Information was held by NSS CRCE in association with 'Public Concern for Governance Trust (PCGT)'.

NSS CRCE has organized a survey on Mumbai Heath Budget 2021-2022 in association with Civis Foundation. A webinar was held on Vegan outreach and Virtual Tour by Kuntal A. Joisher. We have also organized a campaign where our NSS volunteer has feed stray animals and share their picture with us, this campaign was held in association with Paw-tectors. A webinar on "Celebration of 75 years of India's Independence "" Azadi ka Amrut Mahotsav ". We have also organized a webinar on Importance on Women empowerment with Katalyst. A webinar on Child Labor, Bullying and Sustainability was held by NSS CRCE. On commencement of the Even Semester, An amazing webinar was held by NSS CRCE on 'An Evening with a Cop' by BSF Officer- Assistant Commandant Pushkar Chejara.

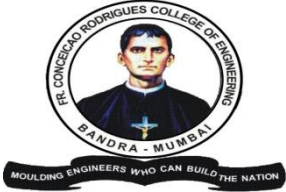
Currently we have a number of events and programs lined up for the coming days. As a team we always prioritize 'YOU' before 'ME' spreading cheer and smile around. We sincerely thank our Principal, our Director and 'YOU' for appreciation the work we do.

Happy Serving!!

**Gaurav Sable
(President NSS-CRCE)**

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NSS CRCE



REPORT ON NSS ORIENTATION WEBINAR

Platform: Microsoft Teams

Date: September 5th, 2020

No. of Volunteers attended:49

The orientation program for the newly admitted NSS member students was organised on 5th September. It was the first time that the orientation session had to be conducted online due to the prevailing circumstances. Hosting a neat, well planned session was a challenge and the ultimate hard-work of our council members paid off. The volunteers too, were a disciplined audience and had a healthy role in making this webinar a success.

The volunteers were formally welcomed and introduced to the culture of the NSS organisation. The orientation session began with a brief description on what the organisation stands for in the society. Mr. Gaurav Sable, President of NSS CRCE, carefully and precisely explained the various activities conducted and associated all throughout the year. All of the activities were explained in clear details with the help of a PowerPoint presentation. The key points included were the

- NSS Blood Donation Campaign,
- NSS Tree Plantation
- Rallies and Parades
- NSS 7 day Camp

The webinar ended with a QnA session, and the attendance of the volunteers was recorded.

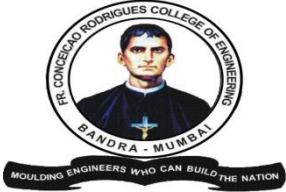
The key take-away from the session is that, being a NSS volunteer is both challenging and fun.



Image: Question and Answer Session

Image : our member taking presentation.





NSS CRCE



REPORT ON YOGA WEBINAR BY KHUSH PANCHAL

Place: Online Webinar (Google meet)

Date: 10th September, 2020.

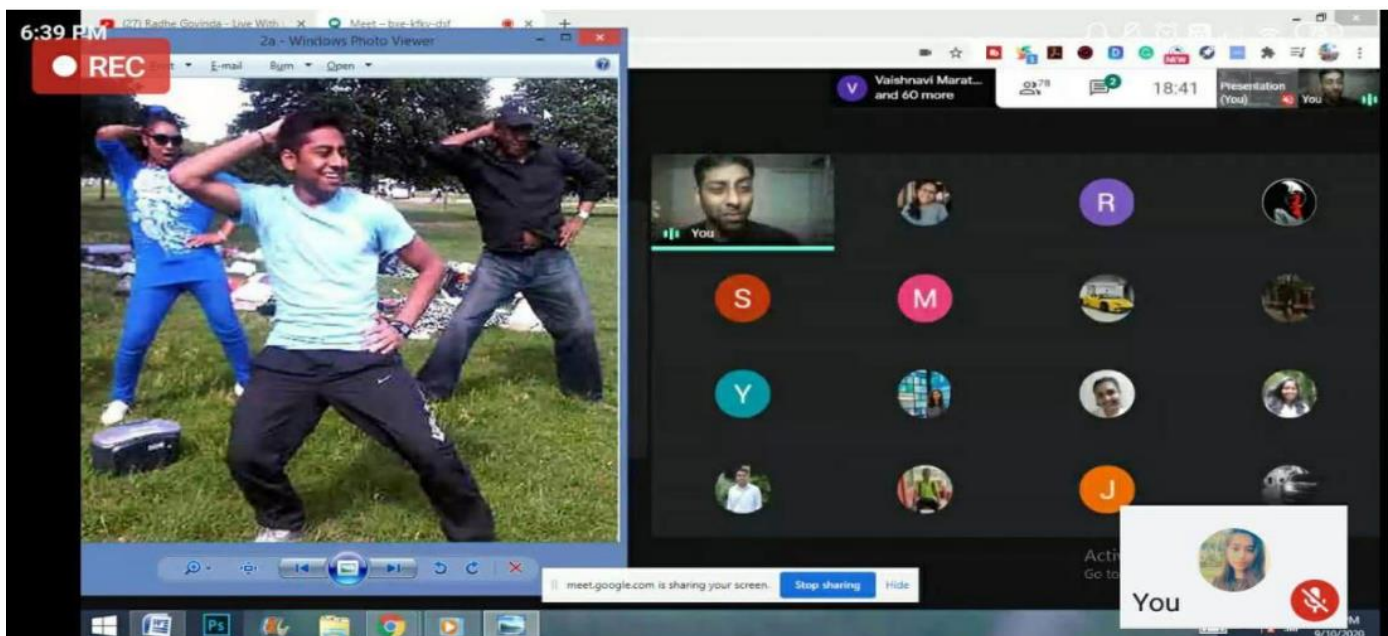
No. of Volunteers attended:66

We are all aware of the tremendous advantages that Yoga brings in our day to day life. From Increased Flexibility and Weight Reduction to Improved Respiratory System and Heart Health, Yoga comes with a Full Package.

Keeping this in mind, NSS CRCE organized a Webinar on Yoga with Dr. Kush Panchal. Dr. Kush Panchal is a Yoga and Fitness Trainer and has been the Personal Trainer of Celebrities like Kangana Ranaut, Emma Watson and Shahid Kapoor.

In the Webinar, Dr. Kush started off by doing few Stretches. After few minutes of Stretching, He went on with Meditation and guided all the students during it. He also spoke about the various advantages of doing Meditation daily, like Increase in Concentration and less Stress and Anxiety.

To make the session more engaging and fun, He also did Bhangra along with few students.

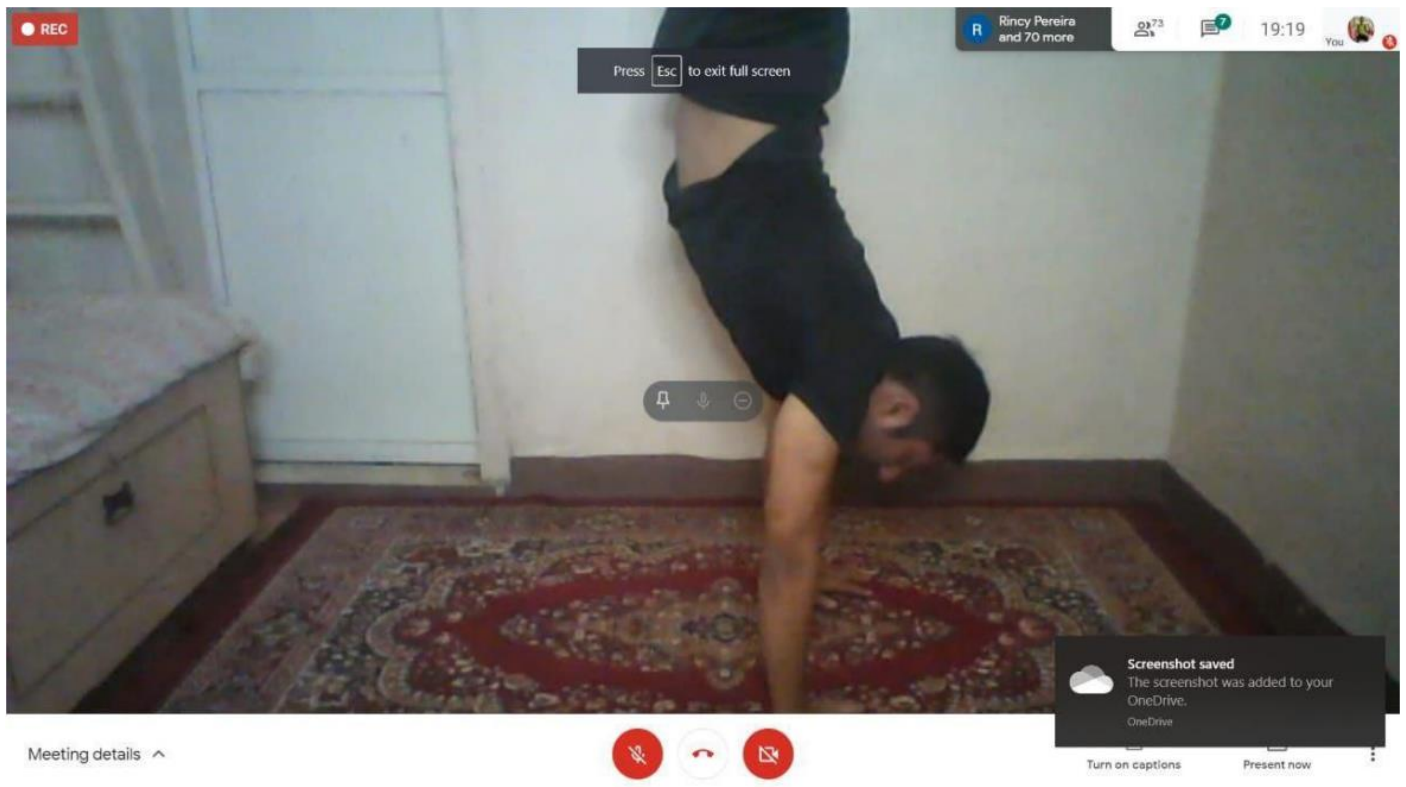


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Dr. Kush shared his Inspirational and Motivating Story with all of us, about how he decided not to pursue Engineering and do something what he is really passionate about, which is nothing but Yoga!

After that, he exercised along with the students. He did various Pranayams, Asanas and Yoga for Back Pain and Better Posture.



The event ended with a very active Q & A Session with various questions related to weight loss, working out and a proper diet.





NSS CRCE



REPORT ON PERSONAL SUSTAINABILITY WEBINAR

Platform: Google Meet

Date: September 26th, 2020

Speaker: Mr. George Remedios

No. of Volunteers attended: 68

An interesting webinar on Personal Sustainability to educate young minds on how they can help in creating a better tomorrow was organised by NSS CRCE on September 26th. It was the first time that an event like this had to be conducted online due to the prevailing circumstances. Hosting a neat, well planned session was a challenge and the ultimate hard-work of our council members paid off. The volunteers too, were a disciplined audience and had a healthy role in making this webinar a success.

The session began with a brief introduction of the keynote speaker Mr. George Remedios, voiced by event coordinator NSS Dilton D'souza. Mr. George then moved ahead with the session with brilliant ideas one after another on how we should implement green culture in our everyday life.

The key points included were:

- Consumption of local produce
- Usage of Bio - enzymes
- Usage of wooden counterpart
- Use of Eco - Bricks

The webinar ended with a QnA session, and the attendance of the volunteers was recorded.

The key take-away from the session is that, how we, as individuals and community as a whole, can reduce our Carbon footprint for a better tomorrow.

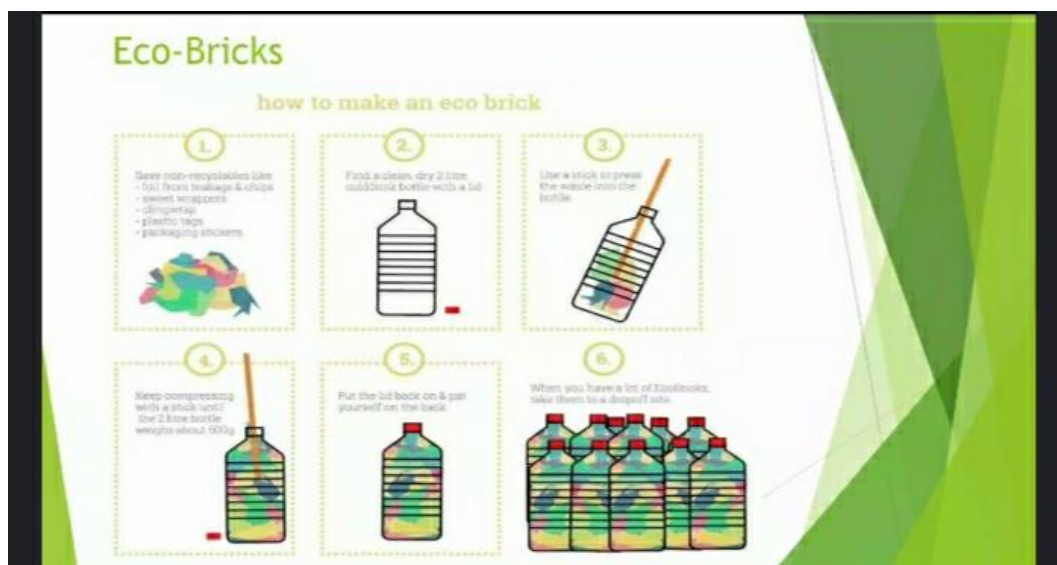


Image: How to make an Eco - Brick





NSS CRCE



REPORT ON CARBON FOOTPRINT WEBINAR

Date: 27th September, 2020.

Place: Online Workshop

No. of Volunteers attended: 65

Carbon Emissions have increased at an alarming level! One of the major reasons of Global Warming are Carbon Emissions. In fact, they account for more than 76% of the Greenhouse gases. They impact our planet and the climate change significantly.

Thus, it becomes really important for us to be aware of all the necessary information, so that we can make a change! Keeping that in mind, we at **NSS CRCE**, organized an Online Workshop on Carbon Footprint with Only Planet.

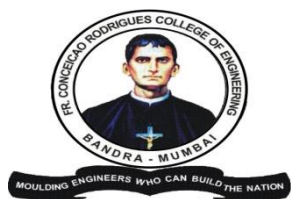
One of the members of Only Planet, Sunita Rajesh, provided us with all the information on Carbon Emissions, Carbon Footprint, and about the alternatives which we can make everyday to lower our Carbon Footprint. For Example – Using Reusable Masks and Gloves rather than the Disposable ones.

She spoke about the different greenhouse gases, about the extensive use of plastic and how drastically it has affected our planet. She went on with the major contributors of Carbon Emissions, which is Transportation, Electricity and Industry.

To make our members understand better about Carbon Footprint, she demonstrated on how to use the Carbon Footprint Calculator. This calculator approximately measures your carbon footprint which you have been contributing to the planet, knowingly or unknowingly. Many Students volunteered and calculated their footprint along with Sunita Ma'am.

This was followed by a very active Q & A session, which included questions like, What should be an Ideal Carbon Footprint, How does eating non - veg promote more Carbon Footprint and many more.





NSS CRCE



REPORT ON COASTAL CLEANUP DAY WEBINARS

Platform: YouTube Live

Date: 16th September to 19th September 2020

No. of Volunteers attended:66

On the occasion of International Coastal clean-up day 2020, National Service Scheme Unit of Fr. Conceicao Rodrigues college of Engineering with United Way Mumbai has organized a week long webinar series by experts in collaboration with the National Centre for Coastal Research, Ministry of Earth Sciences Gov. of India. This Week long event will be focused on topics related to marine pollution ranging from micro plastics, marine litter and various research projects on marine conservation.

Medium used was YouTube Live where the doubts of all the members were solved on the live chat and the entire week long sessions were very informative and gave a better understanding of the waste in the oceans and how they drastically affect the marine life and the entire ecosystem. It amplifies the task we need to carry out to maintain our system and our responsibility and how to deal with these hazardous human waste. We were given a detailed explanation on how the pollutants in form of marine micro plastics are created at the first place and how this has become a serious threat and how to keep track. The experts in the particular field had experience in this field which made it really interesting and interactive.

An initiative of Under the aegis of In collaboration with

INTERNATIONAL COASTAL CLEANUP DAY

Join us for a week-long series of webinars in collaboration with National Centre for Coastal Research, Ministry of Earth Sciences, Govt. of India

THEME: MARINE POLLUTION & CONSERVATION RESEARCH TO PROTECT OUR OCEANS

16th September to 19th September, 2020.
Time: 3:00 PM IST on Youtube

Registration link: <https://forms.gle/sS6tYUfsQmrkeay9>
YouTube live link: <https://www.youtube.com/c/uwmumbai>

Each participant will receive an e-certificate of participation for the event

DATE	GUEST SPEAKER
16 SEP, 2020	DR MAHUA SAHA, SENIOR SCIENTIST COD, NATIONAL INSTITUTE OF OCEANOGRAPHY (NIO-CSIR) TOPIC: MICROPLASTICS: AN EMERGING THREAT TO MARINE ENVIRONMENT & BIODIVERSITY
17 SEP, 2020	PROF. E V RAMASAMY ENVIRONMENTAL & ATMOSPHERIC SCIENCES, KERALA, INDIA. TOPIC: MICROPLASTICS IN ARCTIC ENVIRONMENT
18 SEP, 2020	MR. PETER KOHLER SENIOR MARINE LITTER SCIENTIST & DR DANJA HOHN, SCIENTIST AT CENTRE FOR ENVIRONMENT FISHERIES AND AQUACULTURE SCIENCE (CEFAS), UK
19 SEP, 2020	PROF BHAVANI NARAYANSWAMY HEAD, DEEP SEA ECOSYSTEMS & MICROPLASTIC RESEARCH HEAD OF SAMS GRADUATE SCHOOL, SCOTTISH ASSOCIATION FOR MARINE SCIENCE, SCOTTISH MARINE INSTITUTE, UK

← **United Way of Mumbai** 🔍 ☰

HOME VIDEOS PLAYLISTS CHANNELS

United Way of Mumbai
369 subscribers
SUBSCRIBE

MICROPLASTICS IN TREATED AND UNTREATED SEWAGE EFFLUENTS IN GOA, INDIA

22 December 2019
Number of locations: 16
Panjim, Goa

Treatment plant
 Untreated
 Untreated
 Untreated

Community Impact: Webinar Series Day 1
United Way of Mumbai · 214 watching

SX



Day 1 :6th September 2020

Topic: Micro Plastics: an Emerging threat to Marine Environment and Biodiversity

Guest Lecturer: Dr. Mahua Shah, senior scientist COD, National institute of oceanography (NIO-CSIR)

An initiative of Under the aegis of In collaboration with Ministry of Earth Sciences, Government of India

INTERNATIONAL COASTAL CLEANUP DAY

Join us for a week-long series of webinars in collaboration with National Centre for Coastal Research, Ministry of Earth Sciences, Govt. of India

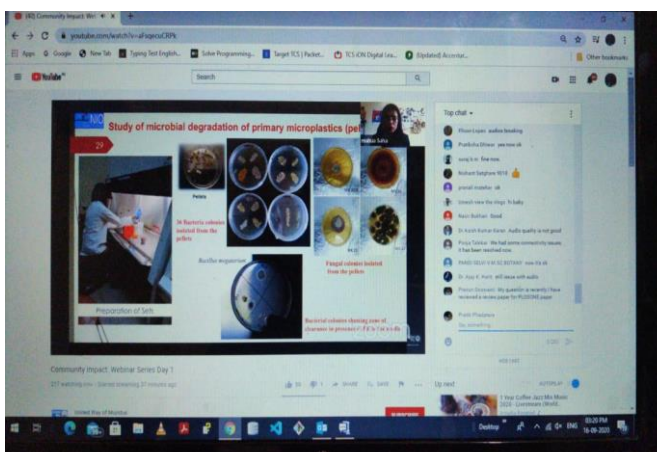
WEBINAR SERIES DAY 1: SEPTEMBER 16, 2020

Time: 3:00 PM IST on YouTube

DR MAHUA SAHA, SENIOR SCIENTIST COD, NATIONAL INSTITUTE OF OCEANOGRAPHY (NIO-CSIR)

TOPIC: MICRO-PLASTICS: AN EMERGING THREAT TO MARINE ENVIRONMENT & BIODIVERSITY

YouTube live link: <https://www.youtube.com/c/uwmumbai>



MICROPLASTICS IN BIOTA

27 Environmental impact of microplastics: a major concern to seafood

Sool River, Goa

Mugil **Arius**

Oysters **Clams** **Green mussels**

- Number of finfishes: 4 species (n=12)
- Number of shellfishes: 3 species (Oyster, clams and green mussels N=40)

CHALLENGES AND KNOWLEDGE GAP :FUTURE PLAN

- Most of the report on MPs are either marine, coastal or fresh water aquatic system, we need to know the same for terrestrial aquatic systems like river inputs.
- Plastic contaminant study need to be expanded more towards open Ocean.
- Toxicological evaluation of MPs for quantification of POPs and plasticizers carried by MPs need to be done more profoundly; need GC-ECD.
- There is a high need to do conduct more study to evaluate toxicity of MPs and its associated contaminants in different life forms so that possible toxic effects (e.g. enzymatic disorder) on human and other higher life forms could be minimized.
- Improve mitigation

Day 2: 17th September 2020

Topic: Micro plastics in Artic Environment

Guest lecturer: Prof. E.V. RamasamayEnvironmental & Atmospheric science, Kerala, India.

An initiative of Under the aegis of In collaboration with Ministry of Earth Sciences, Government of India

INTERNATIONAL COASTAL CLEANUP DAY

Join us for a week-long series of webinars in collaboration with National Centre for Coastal Research, Ministry of Earth Sciences, Govt. of India

WEBINAR SERIES DAY 2: SEPTEMBER 17, 2020

Time: 3:00 PM IST on YouTube

PROF. E V RAMASAMAY, SCHOOL OF ENVIRONMENTAL SCIENCES, MAHATMA GANDHI UNIVERSITY, KOTTAYAM, KERALA, INDIA.

TOPIC: MICRO-PLASTICS IN ARCTIC ENVIRONMENT

YouTube live link: <https://www.youtube.com/c/uwmumbai>

Great Pacific garbage patch

✓The Great Pacific garbage patch, also described as the Pacific trash vortex, is a gyre of marine debris particles in the central North Pacific Ocean.

✓The patch is characterized by exceptionally high relative concentrations of pelagic plastics, chemical sludge and other debris trapped by the currents of the North Pacific Gyre.

The area of increased plastic particles is located within the North Pacific Gyre, one of the five major oceanic gyres.

Chat publicly as Gaurav Sable...

S-X





Day 3: 18th September 2020

Topic: Marine Litter- Turning the Tide & Micro Plastic Research

Guest Lecturers:

- 1) Mr. Peater Kohler, Senior Marine Litter Scientist
- 2) Dr. DanjaHoehn, Scientist at center for environment fisheries and aquaculture science (CEFAS), United Kingdom.

An initiative of United Way, Under the aegis of Clean Streets Mumbai, In collaboration with NCCR, Ministry of Earth Sciences, Govt. of India.

INTERNATIONAL COASTAL CLEANUP DAY

Join us for a week-long series of webinars in collaboration with National Centre for Coastal Research, Ministry of Earth Sciences, Govt. of India

WEBINAR SERIES DAY 3: SEPTEMBER 18, 2020

Time: 3:00 PM IST on YouTube

MR. PETER KOHLER SENIOR MARINE LITTER SCIENTIST & DR DANJA HOEHN, SCIENTIST AT CENTRE FOR ENVIRONMENT FISHERIES AND AQUACULTURE SCIENCE (CEFAS), UK

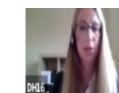
TOPICS

MARINE LITTER - TURNING THE TIDE & INDO-UK PROGRAM ON MARINE LITTER & MICRO PLASTIC RESEARCH

YouTube live link: <https://www.youtube.com/c/uwmumbai>

Scientific evidence and advice

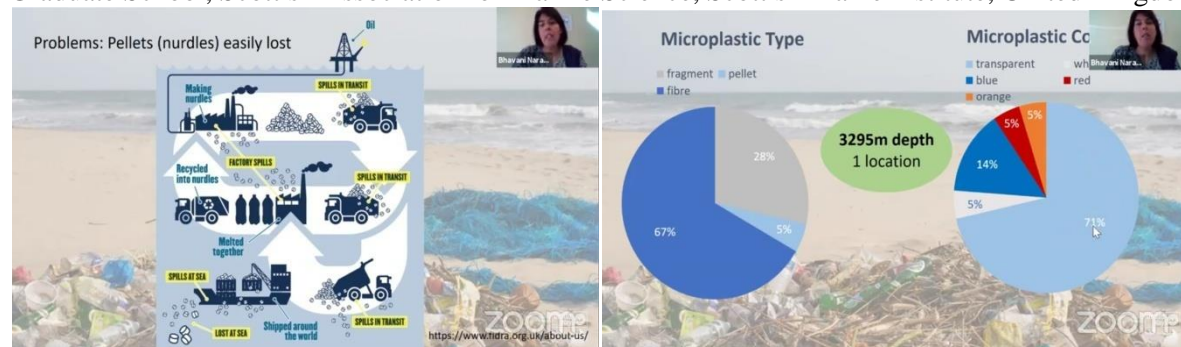
- **International**
 - CLIP – Monitoring and assessing macro and microplastics data to inform action plans for host country in the Commonwealth.
 - ICES – Chair the technical Working Group on Marine Litter for Seafloor Litter.
- **Research and development.**
 - INDIGO – biodegradable fishing gear and circular economy, preventing plastic pollution in long term.
 - Rapid screening of microplastics – developing techniques with FTIR and Nile Red dye.
 - Autonomous monitoring – working with partners researching & developing autonomous monitoring systems for marine litter.
- **Outreach & training**
 - Training in microplastics and macroplastics sampling and analysis.
 - Developing evidence led and engaging outreach materials.



Day 4 : 19th September 2020

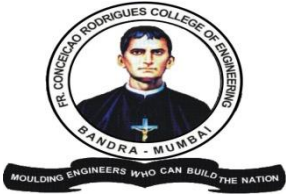
Topic: Marine Pollution and Conservation research to protect the ocean

Guest Lecturer: Prof. BhavaniNarayanswamy head, Deep Sea Ecosystem & Micro plastic Research head of SAMS Graduate School, Scottish Association for Marine Science, Scottish Marine Institute, United Kingdom



SX





NSS CRCE



REPORT ON SELF DEFENCE WORKSHOP

Platform: Google Meet

Date: October 7th, 2020

No. of Volunteers attended:59

An interesting webinar on self defence to educate young minds especially for girls was organised by NSS CRCE on October 7th. It was the first time that a practical event like this had to be conducted online due to the prevailing circumstances. Hosting a neat, well planned session was a challenge and the ultimate hard-work of our council members paid off. The volunteers too, were a disciplined audience and had a healthy role in making this webinar a success.

The session began with a brief introduction of the speaker Sensei Kashyap Bhanushalji, voiced by event coordinator NSS Dilton D'souza. Sensei Kashyap started off with an amazing practical demonstration of various moves that can be employed to defend oneself in time of need. With the help of his younger brother, Sensei Kashyap showed how attackers approach the victims and also showed how we can defend ourselves even if the physical strength is way less than that of the attacker's. It was indeed an educative webinar.

The webinar ended with a Q&A session, and the attendance of the volunteers was recorded.

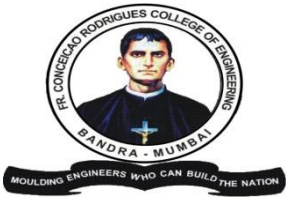
The key take-away from the session was how we, as individuals, should be aware of the situations which possess a threat in order to defend themselves.



S.X



Image: Demonstration on Self Defence



NSS CRCE



REPORT ON GLOBAL FREEDOM SUMMIT

Platform: Google Meet

Date: October 17th, 2020

No. of Volunteers attended:63

On October 17th 4:30 pm IST, members of NSS CRCE in association with The Movement India, had gathered virtually to witness the broadcast of the GLOBAL FREEDOM SUMMIT (A21 org). An event designed to address a very crucial and critical issue in our society, that is, Human Trafficking.

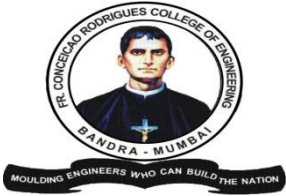
The webinar was very intense and included first hand witness documentations. Every 30 seconds, a person is either trafficked for organ harvesting, labour or prostitution. Each and every aspect of this giant organisation was clearly and explicitly brought forward to the viewers. It was clearly shown how the traffickers approached people with financial problems, poor economics etc. These targeted people were lured with false hope of having a better life, a better education, a good job. The webinar achieved its primary goal, that is, to equip young powerful minds on how to tackle this mammoth syndicate and how to help a person trapped in such situations. Altogether, the webinar proved to be thoroughly educative and informative.

At the end of the webinar the attendance and feedback of all attendees was recorded.



Image: Vision to Abolish Slavery Everywhere Forever.





NSS CRCE



REPORT ON AWARENESS ON ANTI HUMAN TRAFFICKING

Platform: Google Meet

Date: October 23rd, 2020

No. of Volunteers attended:49

After attending the GLOBAL FREEDOM SUMMIT on October 23rd, it became evident that this illegal flesh trade should be put to a forever halt. But how do you do that? Well to answer such queries and to educate the minds on their roles and responsibilities to fight this mammoth syndicate, an awareness session was organised by NSS CRCE in association with THE MOVEMENT INDIA. The webinar began with the guest speaker, Ms. Aneesha Reuben thanking the NSS CRCE team for coordinating and organising the session. Next, the NSS CRCE team extended a very warm welcome to all the members of The Movement India organisation. This was followed by the introduction of the guest speaker voiced by the event coordinator Mr. Dilton D'souza.

The main part of the session started off with a short clip of a very young boy who was a victim of Human Trafficking. The clip also featured an 8yr old girl victim of flesh trade. Listening to their tragedy, all attendees were terribly shocked. The children were forced to do labour work, were not fed enough food and were beaten/abused if demanded for more food or proper clothes. It was clearly shown how the traffickers approached parents with financial problems, poor economics etc. These targeted people were lured with money and false hope of giving their children a better life, a better education, a good job. The guest speaker was very informative and also shared various helpline numbers and government websites that can be used to report these crimes or such suspicious activities. This was followed up by an interactive Q&A session.

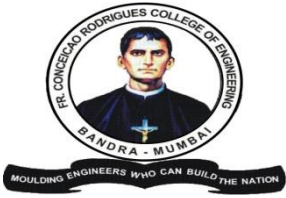
Altogether, the session proved to be thoroughly educative, informative and helpful.

At the end of the webinar the attendance and feedback of all attendees was recorded.



Image: Guest Speaker Ms. Aneesha Reuben





NSS CRCE



REPORT ON RECYCLE FEST

Deadline: 22nd October, 2020.

No. of Volunteers attended:34

Every year **NSS CRCE** organizes events through which our members are able to contribute to the society. Be it Bandra Fair Volunteering with Mumbai Police or Multiple Beach Clean-Ups. But this year due to the pandemic, our hand were tied and we were only able to host webinars on various awareness topics. So, we thought of doing something different and interactive. Something through which we can contribute to the society. That's when we organized *Recycle Fest*.

In Recycle Fest, all of our members were told to make something useful out of the waste lying around in their house. This waste could be anything like Plastic Bottle, CD's, Shampoo Bottles, etc.

The benefits of Recycling are exceptional. Recycling reduces the amount of waste which would otherwise be sent to landfills. It prevents pollution and saves energy. And, most importantly, it reduces an individual's carbon footprint.

We received an outstanding response from both our NSS Members and Non-Members, with over 40+ students submitting their ideas.

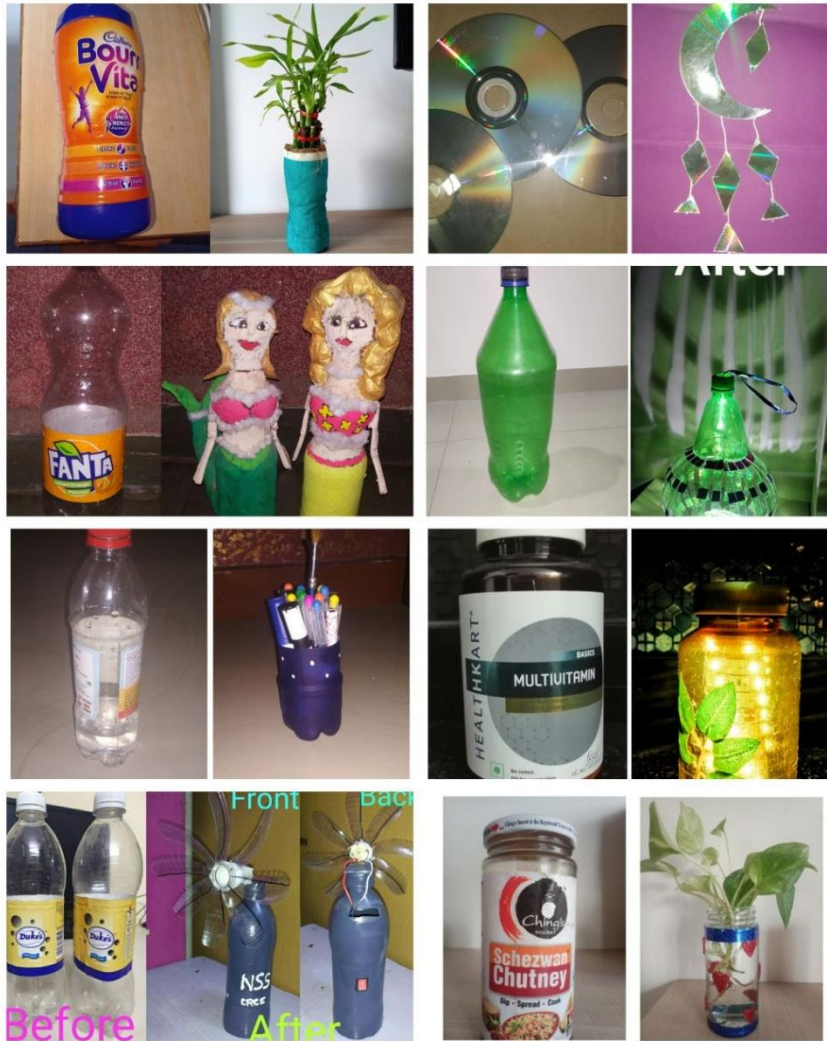
We also had our Top – 15 who had performed wonderfully. Some of the Ideas included Vase from Plastic Bottles, Coffee Coaster, Plant Vase, Diwali Kandeel from Medicine Bottle and a lot more.

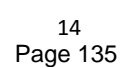
The pictures of all these creative ideas have been attached below.

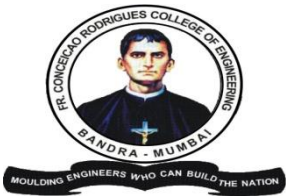


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NSS CRCE



REPORT ON MENTAL HEALTH AND WELFARE WEBINAR

Date: 28th October, 2020.

Place: Online Webinar

No. of Volunteers attended: 63

Did you know that India is home to the most depressed? That India loses a student every hour? In order to make more and more people aware about this situation, we at **NSS CRCE** organized an interactive session on Mental Health with *The Movement India*.

The Movement India aims at solving pressing issues like Human Trafficking, Mental Wellbeing and Education. The Speaker for the session was Mr. Preejo. He has over 11 years of behavioural training experience. Mr. Preejo currently serves as the Leading Consultant with The Movement India, leading their behavioural learning solutions.



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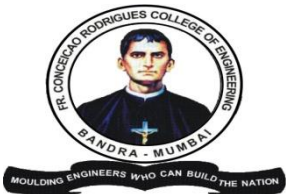
Preejo Sir started off by presenting few pictures and asking everyone questions like what do you feel the picture is trying to say, how do you react in difficult situations, and more. He explained us how important it is to love yourself first. We should be calm and positive when taking decisions or having an argument/discussion with someone. We should pursue small hobbies like Drawing, Painting, Dancing, etc.

Sir also presented a video on Black dog, where it was shown that a boy who did not try reaching out to people and did not address his problems to his family or friends, was trapped completely by the black dog (depression).

Hence, anyone having any kind of problem should make sure that you connect with people. Practice meditation and journaling, it would help reduce stress and anxiety. Have a healthy diet and workout frequently. If you feel scared or not so comfortable with talking to someone you know, then you can reach out to a therapist or you can contact **1800-120-820050**.

The session was ended with a very active Q&A session from our members with questions like How do you know if you are in depression, how can we reach out to people in depression, etc.





NSS CRCE



REPORT ON STREET DOGS AWARENESS

Platform: Google Meet

Date: November 1st, 2020

No. of Volunteers attended:62

On November 1st 4:30 pm IST, members of NSS CRCE in association with a start-up organisation Paw-tectors formed by CRCE alumni's, had gathered virtually to help people reflect on the vision and mission of Paw-tectors. This event was organized to address the need to protect and owning street dogs around.

The session began with a brief introduction of the speakers Sayalee Sawant and Saif Naqvi by NSS event coordinator Joshua Rodrigues. Sayalee first began with the vision she had for Paw-tectors in mind then stated the inhumane acts street dogs face incurred on them by some individuals. She then addressed the need to adopt street dogs rather than full breed dogs supported by its pros and cons.

Saif Naqvi then explained everyone some ways in which one can help street dogs which can be carried out individually but can make a huge difference for the dogs. Some of these ways included strapping on a reflective dog collar so they can be safe from passing vehicles around them and volunteering in affective ways by donating some essentials and spreading awareness for welfare of dogs starting from ones own society. There was a Q&A session at the end and the attendance of all members was recorded. This session was truly an eye-opener for all and encouraged us all to be the voice for these animals and make this world a peaceful place for both humans and animals.

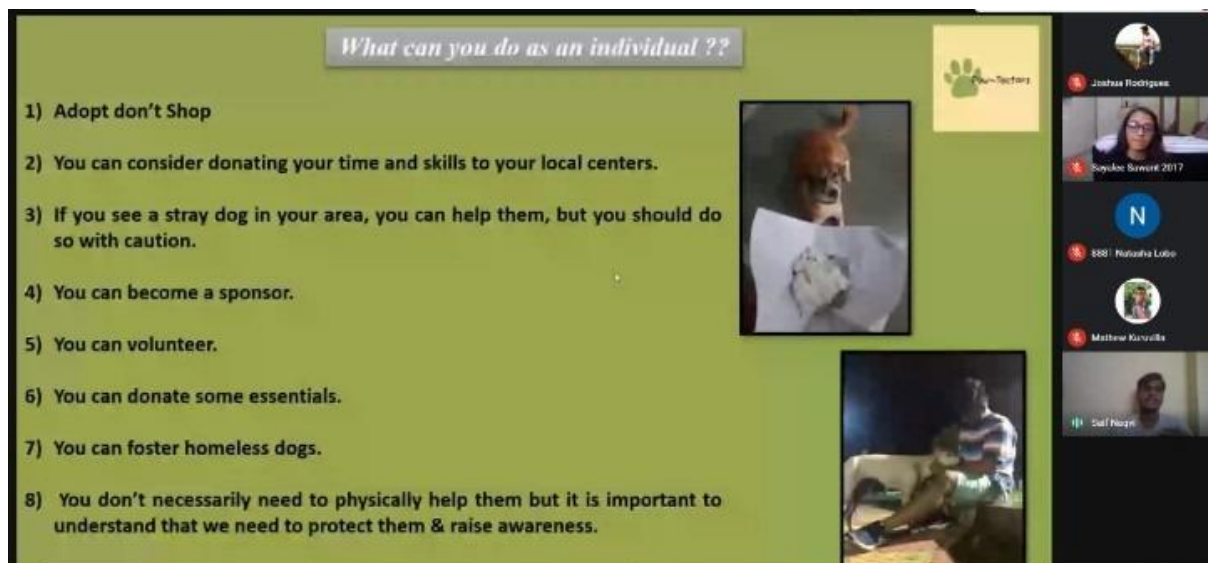
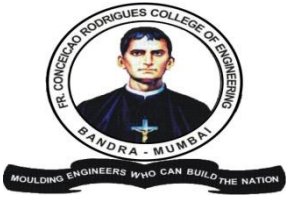


Image: Some ideas for individuals towards welfare of street dogs.

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NSS CRCE



REPORT ON REFORMS IN INDIA'S EDUCATION SYSTEM WEBINAR

Platform: Zoom

Date: November 12th, 2020

No. of Volunteers attended:41

An interesting webinar on the reforms in India's education system was organised by NSS CRCE in collaboration with Public Concern for Government Trust. The webinar aimed to educate young minds on the reforms done and the reforms still needed to be achieved in our country's education system.

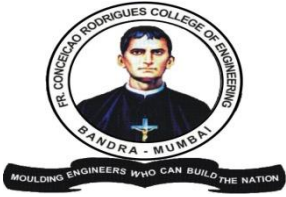
The webinar began with a very simple question placed in front of the attendees, what is education?. Simple though it may look, it clearly made the attendees rub their brains to think of an answer. The speaker along with the event coordinators made a pleasant experience throughout the webinar. Even the audience played a significant role in making the webinar a successful one. The webinar carried on for about two hours with the speaker sharing deep ideas and knowledge about the recent reforms.

This was followed up by an interactive Q&A session. Altogether, the session proved to be thoroughly educative, informative and helpful. At the end of the webinar the attendance and feedback of all attendees was recorded.



Image: Guest Speaker





NSS CRCE



REPORT ON CLIMATE CHANGE WEBINAR

Date: 19th November, 2020.

Mode: Microsoft Teams

No. of Volunteers attended:

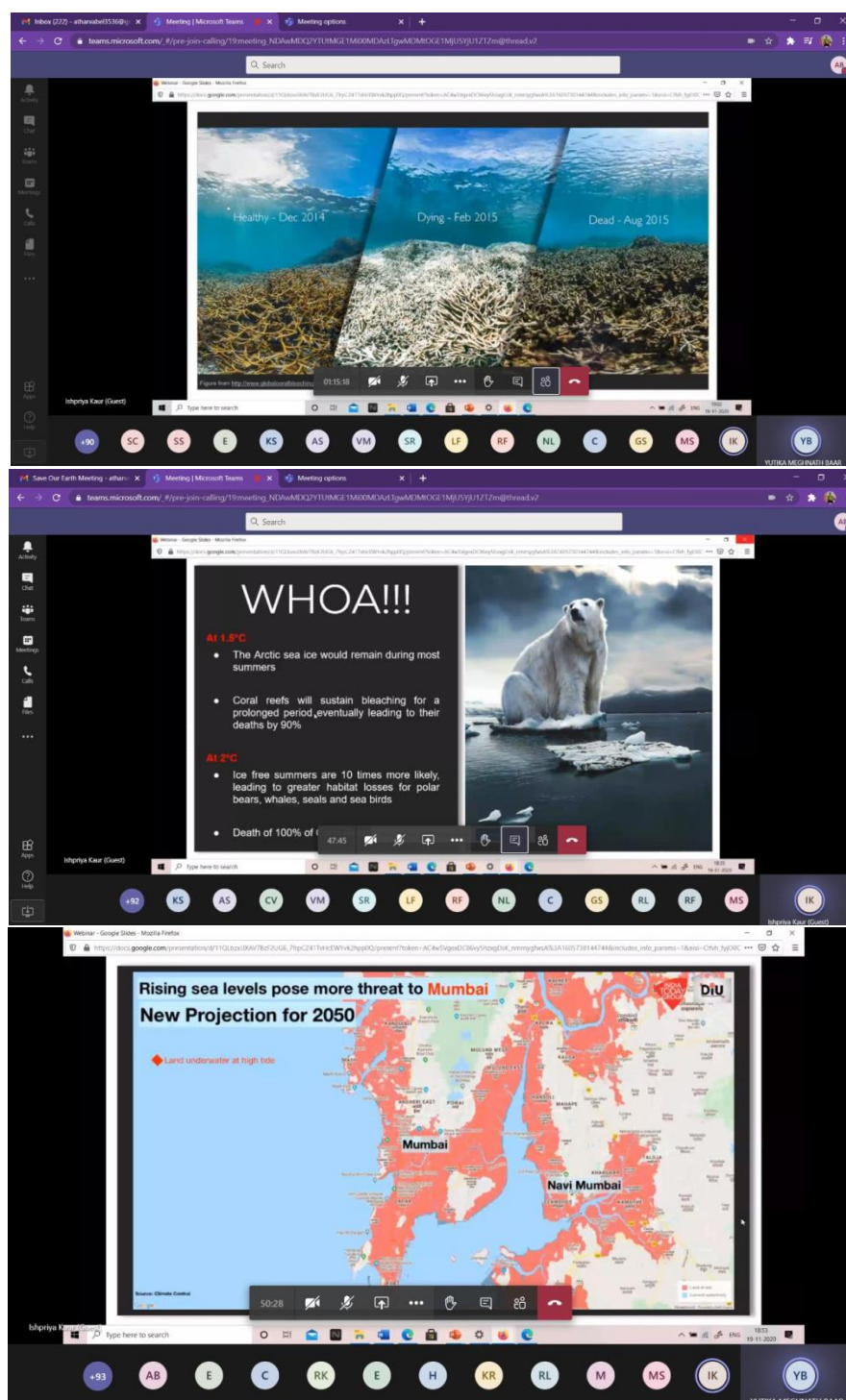
NSS CRCE organized a webinar with Climate Crew on a highly important topic. This topic requires action on an immediate basis. This is something everyone has been ignoring since a very long time. It is *Climate Change*.

The consequences of Climate Change are so catastrophic and toxic that one can't imagine. We have very less amount of time and there are very few people who are aware about this. Thus, the need for this webinar was important so that we can make more and more people aware about this.

The Speakers from Climate Crew provided every single information about Climate Change and Global Warming. They spoke how Climate Change will increase the Temperature, cause more Droughts, Sea levels will continue to rise, Heat waves and Hurricanes will just get stronger and Arctic is likely to become ice - free.



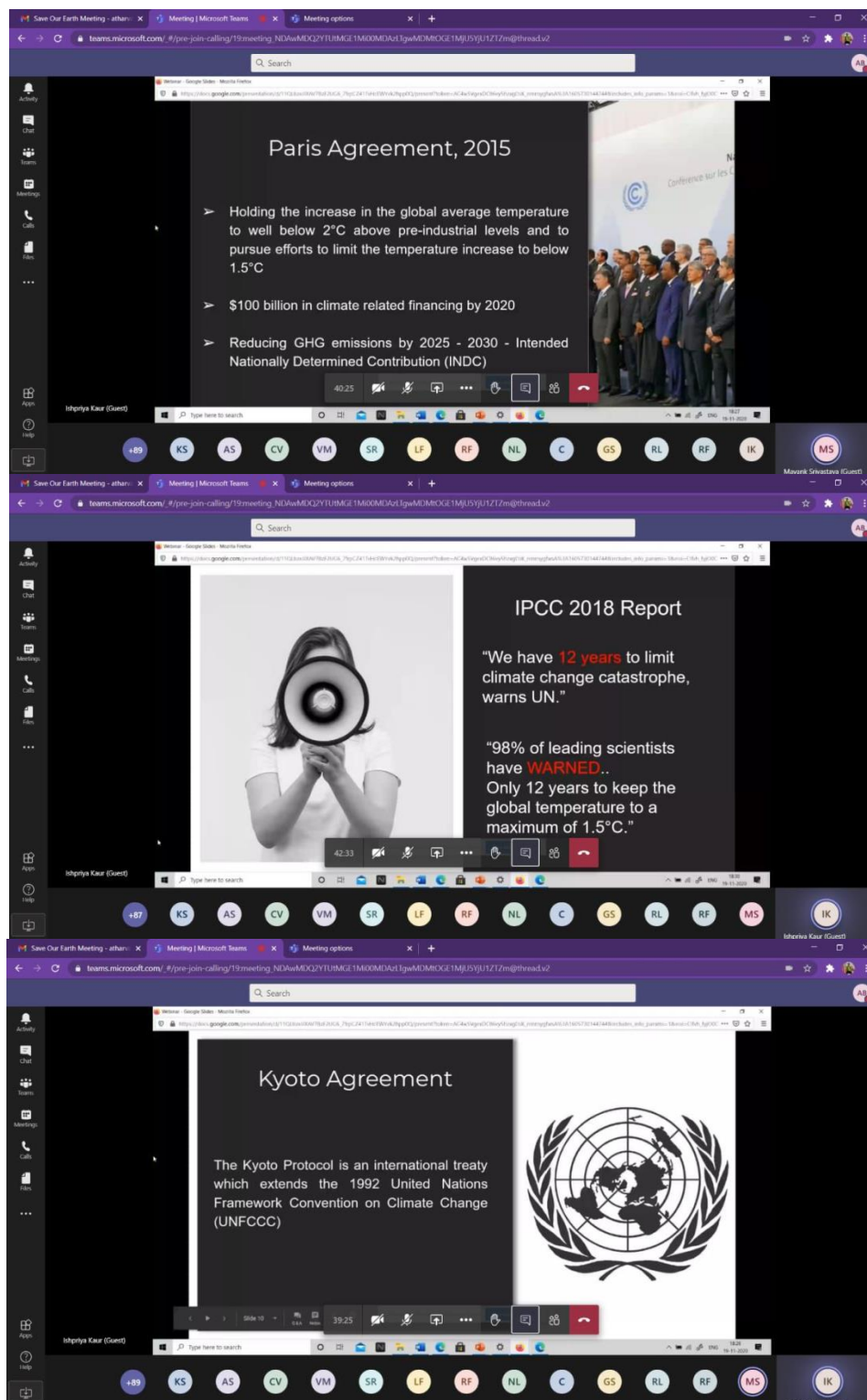
The Speakers made sure that the webinar is not getting boring. They kept on engaging with our members. Asked them questions. Replied to their doubts. And stuck to Scientific facts. Their way of explanation by using Pictures and Animations were great.



S-X



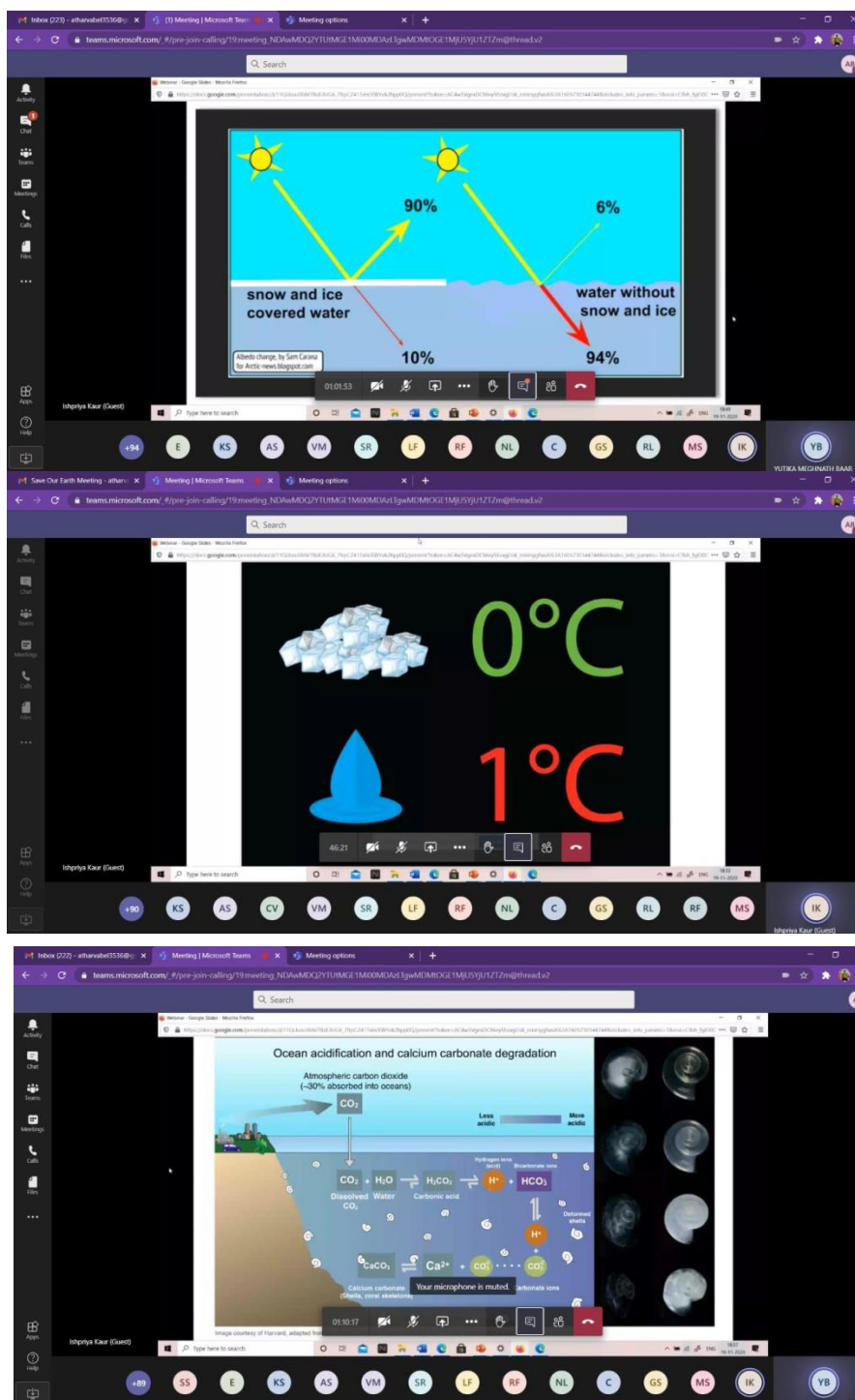
They also explained how everything started (from the beginning) and what kind of measurements other countries are taking in order to control Climate Change.



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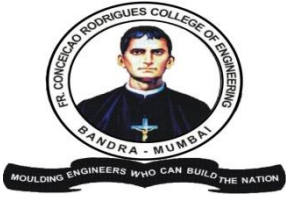


The best part about the webinar was, that they were trying to explain everything in a scientific way. Which was pretty easy to understand as you actually see how this is happening and how that is getting formed and what is the reason for all that ice melting.



S-X

PH. ABHEL
ABRAM, BANOHA
MUMBAI-18



NSS CRCE



REPORT ON PERSONALITY DEVELOPMENT (LEVEL 1)

Platform: Google Meet

Date: Dec 1st, 2020

No. of Volunteers attended:70

An interesting webinar on ownership and goal setting was conducted by the NSS CRCE in collaboration with The Movement India. The session aimed to educate young minds on how to be truthful to oneself and to others. The webinar was focused on ownership of one's acts either good or bad. The webinar started off with The Movement India team thanking NSS CRCE for conducting such an important and necessary webinar. This was followed by the introduction of the guest speaker, Mr. Preejo TJ by an NSS Volunteer.

Mr. Preejo certainly created an enthusiastic environment to say. He clearly talked about the behavioural pattern of individuals when it comes to ownership of one's own acts. The entire webinar was revolved around one thing, and that is ownership and goal setting. Because when one is truthful to one's own self, that is when one accepts credibility of one's own acts either fruitful or not, there are no regrets to ponder upon.

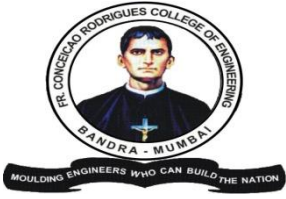
The random questionnaire round was the most amusing as it involved most of the volunteers. It was an amazing experience to have this break the ice session. The talk took about an hour and a half and the audience played an amazing role to make it a success.

This was followed up by an interactive Q&A session.

Altogether, the session proved to be thoroughly educative, informative and helpful. At the end of the webinar the attendance and feedback of all attendees was recorded.



Image: Guest Speaker Mr. Preejo TJ



NSS CRCE



REPORT ON HEPATITIS WEBINAR

Date: 21st December, 2020.

Mode: Google Meet

No. of Volunteers attended:62

NSS CRCE organized a webinar on the awareness of Hepatitis with United Way Organization.

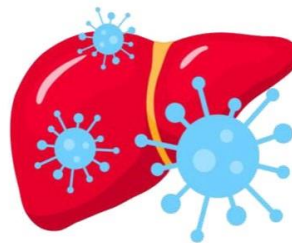
Hepatitis is an inflammatory condition of the liver. This is a condition which very few people are aware about and hence its highly important that more and more people get to know about this so that they can take the right precautions in order to prevent it.

The Speaker for the session was Rakesh Gamare. Rakesh Sir started the session by sending a Pre – Test form about the basics of Hepatitis in order to know what our members initially know.

The session was then followed by an interactive presentation. He explained every bit related to Hepatitis through the presentation which was really easy for everyone to understand.

HEPATITIS

- Hepatitis means swelling and inflammation of liver
- Caused by: Toxins, certain drugs, certain medical conditions, heavy alcohol use, bacterial and viral infection
- Hepatitis Virus can be infectious for up to 7 to 14 days outside the body.



Inflamed Liver

SEHAT



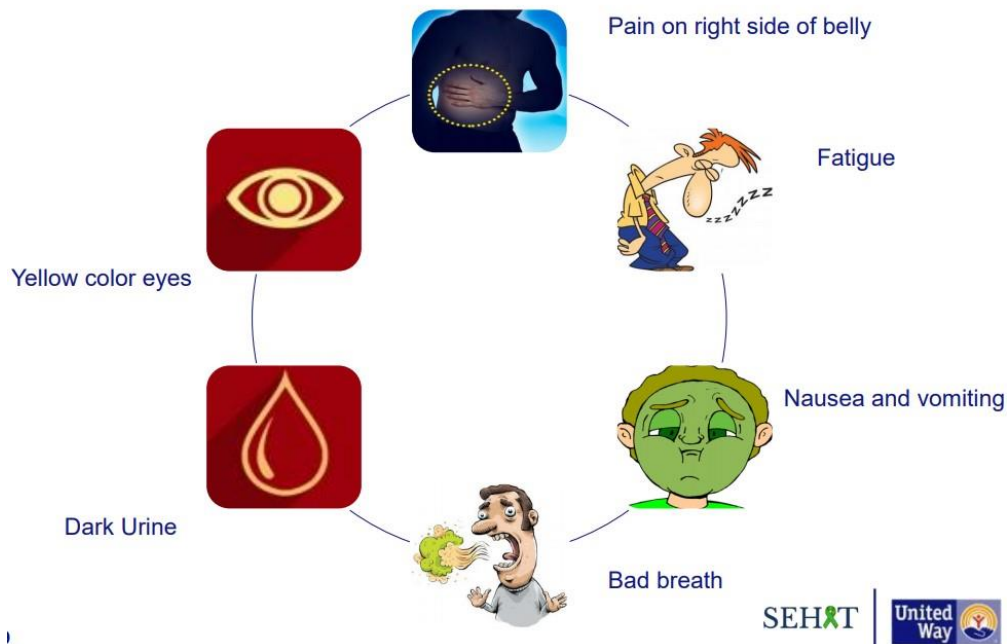
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He explained in detail about what Hepatitis is, how its caused, the difference between Jaundice and Hepatitis, the common symptoms and types of Hepatitis.

Six



COMMON SIGNS & SYMPTOMS OF HEPATITIS



TYPES OF HEPATITIS

Hepatitis A	<ul style="list-style-type: none"> Fecal Oral Transmission i.e. Passed through contaminated food, water or other drinks (including ice) 	
Hepatitis B	<ul style="list-style-type: none"> Contact with infected blood, multiple sex partners, sharing needles, infected mother to child 	
Hepatitis C	<ul style="list-style-type: none"> Contact with infected blood, multiple sex partners, sharing needles, infected mother to child 	
Hepatitis D	<ul style="list-style-type: none"> Sharing needles (This virus can be in addition to hepatitis B) 	
Hepatitis E	<ul style="list-style-type: none"> Fecal Oral Transmission i.e. Passed through contaminated food, water or other drinks (including ice) 	

He also explained how Hepatitis can be transmitted, about Hepatitis B & C and also about the Carriers.



TRANSMISSION OF HEPATITIS B AND HEPATITIS C



Direct contact with infected blood or body fluids



From infected mother to their baby during birth



By having unprotected sex with an infected person



Unsafe blood transfusions



By using unsterilized needles



By sharing shaving razors, shaving brush, toothbrushes and other personal products

14

SEHAT

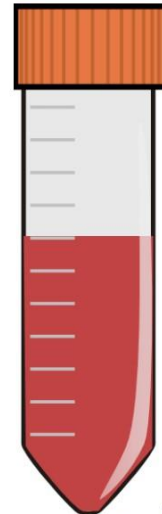


After Rakesh Sir was done with his explanation, Dr. Karen took over. She asked questions related to what Rakesh Sir had explained and was stunned with the response as nearly all of the members were able to answer her questions.

Both Rakesh Sir and Dr. Karen suggested that as soon as you get any one symptom of Hepatitis, you should immediately get it tested.

IMPORTANCE OF TESTING

- The **only** way to know if you are infected with the Hepatitis B or C virus is to **get tested!**
- Not all** routine blood panels test for Hepatitis B and C
- People of all ages should be tested, especially if you're from areas of **high prevalence**
- Early detection can help:
 - Prevent spread** of the Hepatitis B and C virus
 - Identify appropriate **treatment options**
 - Reduce risk** for developing liver cancer



SEHAT



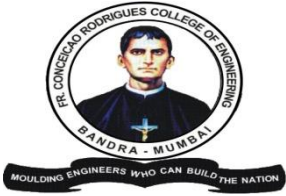
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The Q&A session was highly interactive with questions like, "What causes hepatitis?", "Can hepatitis Be Cured?", "Which Hepatitis is bad?", "Can hepatitis transmitted sexually?", "Can you catch hepatitis from kissing?" and many more.

The session was ended with a Post – Test form which was intended to know how much did all the members learn.

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NSS CRCE



REPORT ON ROAD SAFETY AWARENESS AND WELFARE WEBINAR

Platform: Google Meet

Date: December 22 & 23, 2020

No. of Volunteers attended: 27

On December 22 & 23, 11:00am IST, members of NSS CRCE in association with United Way Mumbai, organized a Road Safety and Guidelines workshop for all NSS Volunteers. This event was introduced to make people aware about the various rules and regulations as there was a tremendous increase in road hazard cases annually.

The session began with a brief introduction of the speaker Mr. Rohit Dalvi by NSS event coordinator Joshua Rodrigues. Rohit first began with his mission to make Indian roads safe and then started the session with some general quizzes on Google form to which all volunteers actively answered. Various topics namely the different road signs and what they meant, importance of keeping a safe distance between vehicles, the different braking systems in vehicles and most importantly picking up the perfect helmet and uses of helmets were discussed.

The whole session was interactive with real life videos demonstrating the pros and cons of the techniques discussed and asking interesting questions throughout. Which brought us to the end of the session where the same form with the same questions was again circulated through the meet to which majority of the participants answered correctly which showed they had learnt a lot from the session. The form entries were recorded and accordingly the attendance. This session was truly helpful for all of us to make us vigilante citizens on roads both while driving or walking.

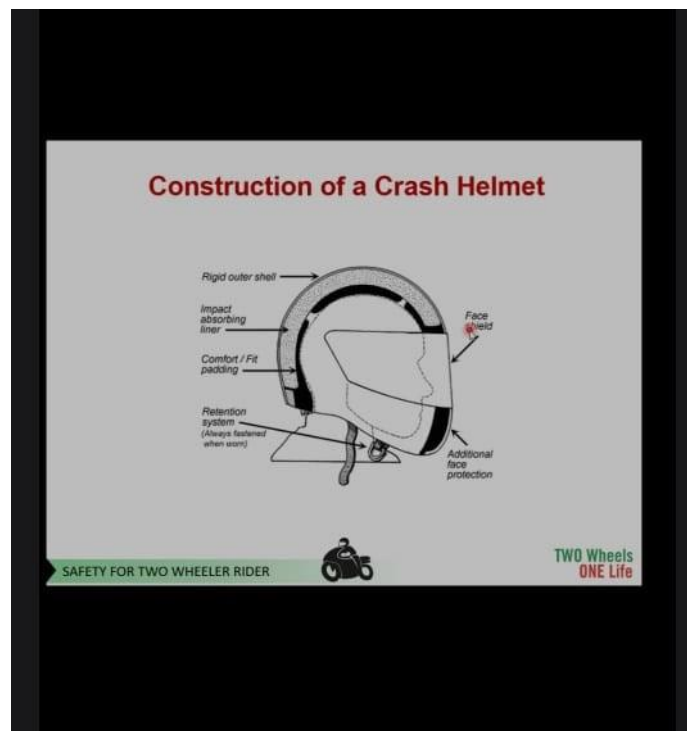


Image: Demonstration of helmet construction.





NSS CRCE



REPORT ON PERSONALITY DEVELOPMENT (LEVEL 2)

Platform: Google Meet

Date: January 22nd, 2020

No. of Volunteers attended:65

An interesting webinar on Integrity was conducted by the NSS CRCE in collaboration with The Movement India. The session aimed to educate young minds on how to be truthful to oneself and to others. After successful completion of level 1 of the Boot Camp initiative, the focus was put on level 2.

The webinar started off with The Movement India team thanking NSS CRCE for conducting such an important and necessary webinar. This was followed by the introduction of the guest speaker, Mr. Preejo TJ by an NSS Volunteer.

Mr. Preejo certainly created an enthusiastic environment to say. He clearly talked about the behavioural pattern of individuals when it comes to Integrity. The entire webinar was revolved around one thing, and that is Truthfulness and Honesty. Because when one is truthful to one's own self, there are no regrets to ponder upon. The random questionnaire round was the most amusing as it involved most of the volunteers. It was an amazing experience to have this break the ice session.

The talk took about an hour and a half and the audience played an amazing role to make it a success. This was followed up by an interactive Q&A session.

Altogether, the session proved to be thoroughly educative, informative and helpful. At the end of the webinar the attendance and feedback of all attendees was recorded.



Image: Guest Speaker Mr. Preejo TJ





NSS CRCE



REPORT ON POSTER MAKING COMPETITION

Deadline: 24th January, 2021

No. of Volunteers attended: 38

NSS CRCE in collaboration with United Way Mumbai and The Movement India organised a creative and intriguing competition for all our NSS CRCE members that is The Poster Making Competition.

The participants were asked to choose among two topics given by us which were I) Road safety and II) What freedom means to you. On the basis of these topics the participants were asked to create a poster on the idea of the what the selected topic meant to them and how they could impact the society. Considering the lockdown as some participants would not be able to go out and buy any stationary, we gave an option as to creating a poster with any available material in their homes or creating a poster using any available online software.

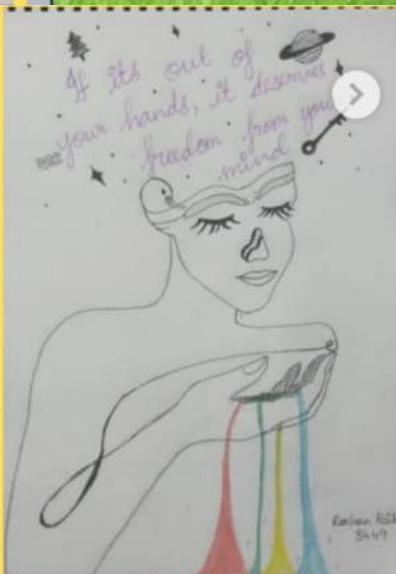
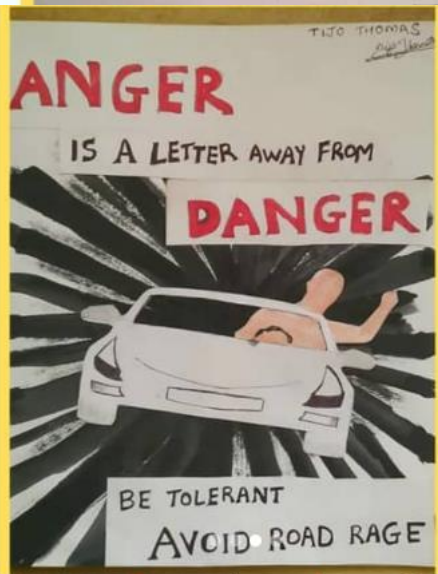
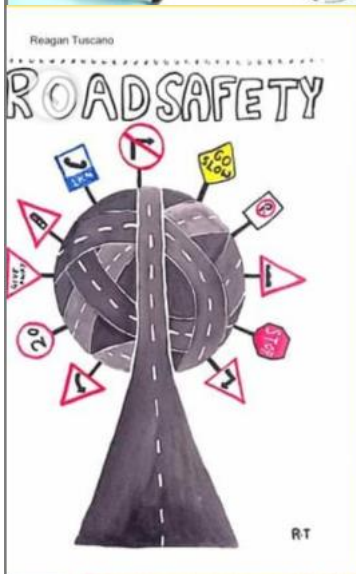
The criteria we set for scoring the posters were that their respective posters should be unique, attractive and most importantly it must portray a message regarding the topics they'd chosen. And living up to our expectations we received an overwhelming response with 44 unique and creative posters. It was tough but we finally had our top 10 posters which stood out from the rest and portrayed some striking views.

Attached below are the posters of all the 10 Poster Making Competition winners.



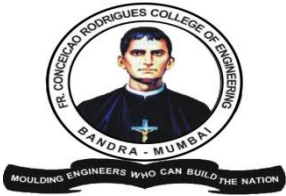
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NSS CRCE



REPORT ON MANDALA ART SESSION

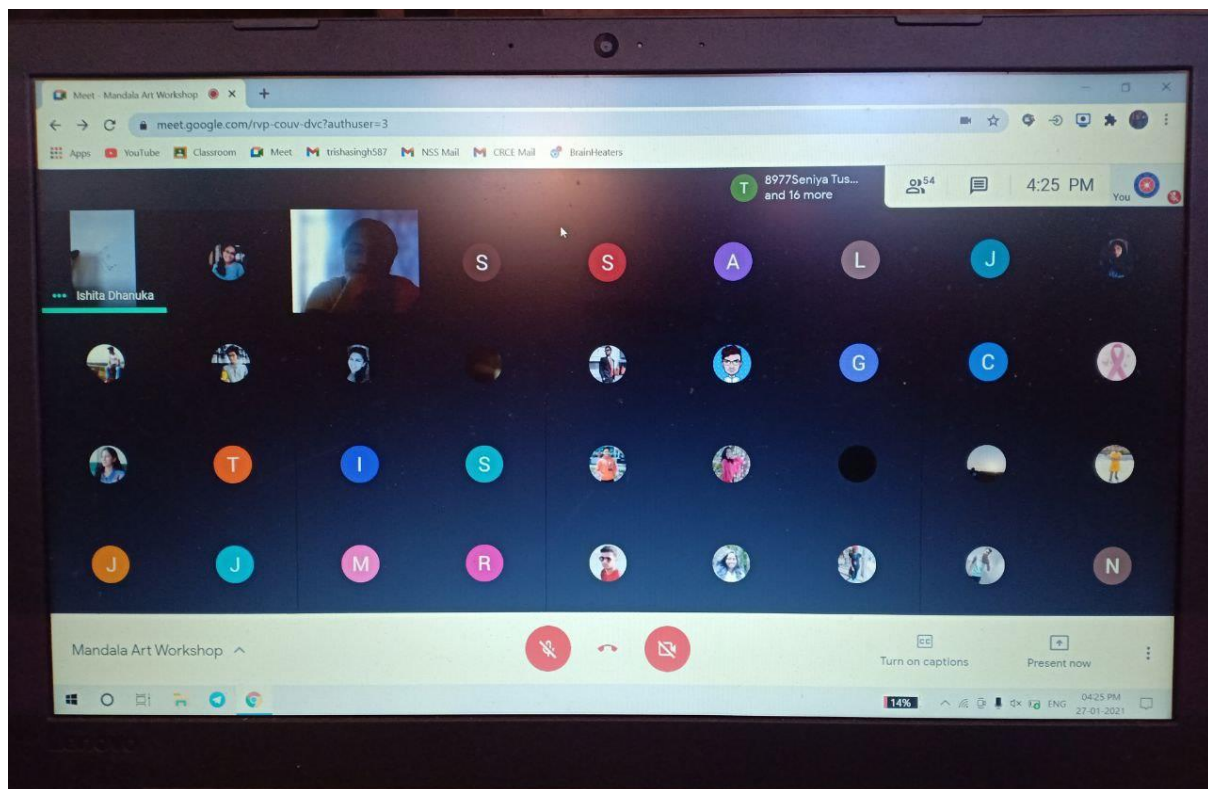
Date: 27th January, 2021.

Mode: Google Meet

No. of Volunteers attended: 53

Not many of us are aware about Mandala Art and the tremendous advantages it has. So, NSS CRCE decided to keep a workshop on Mandala Art with Ishita Dhanuka.

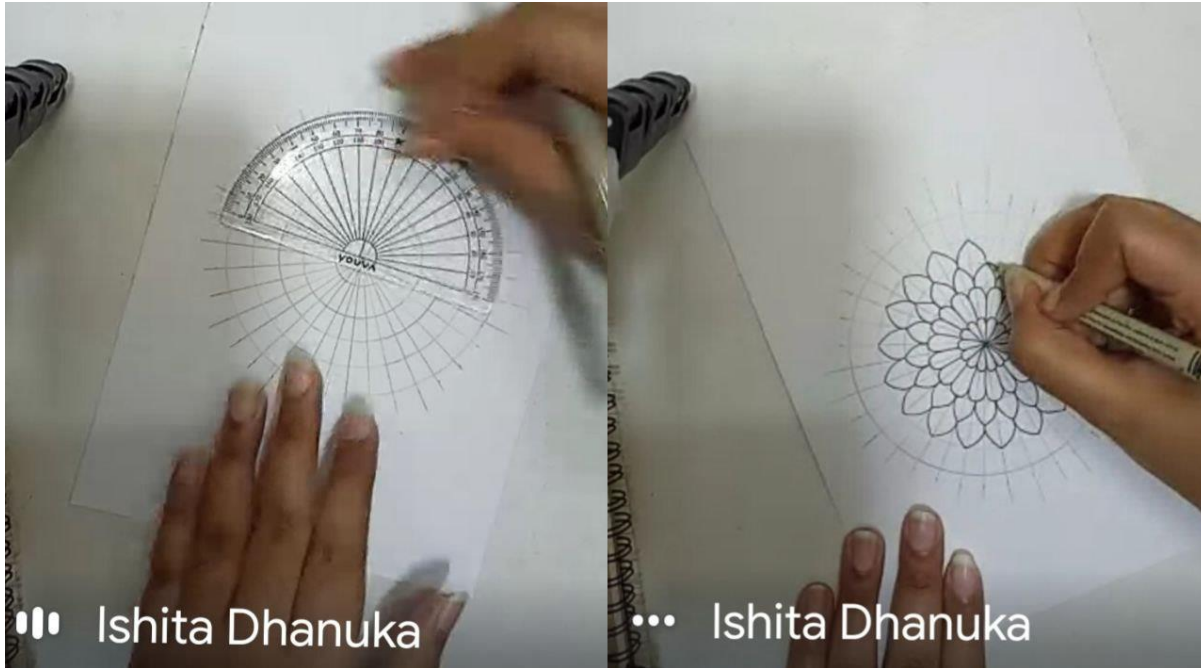
Ishita Dhanuka is a Professional Mandala Artist who has taught over 500+ people. She is known as '_artistryart_' on Instagram.



She started the session with explaining what Mandala Art is and it's advantages.

Mandala Art is considered to be a great stress reliever. They help in increasing Concentration and make it easier to be mindful.

Mandala pushes your thoughts aside and makes you think creatively. This helps a lot to people suffering from Depression, Anxiety and Stress.



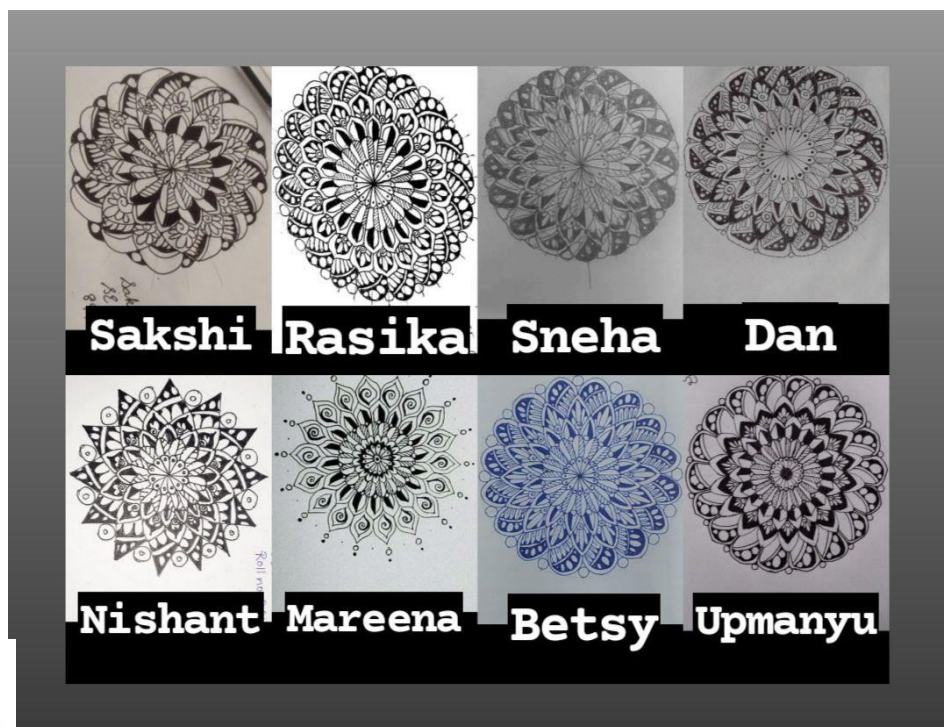
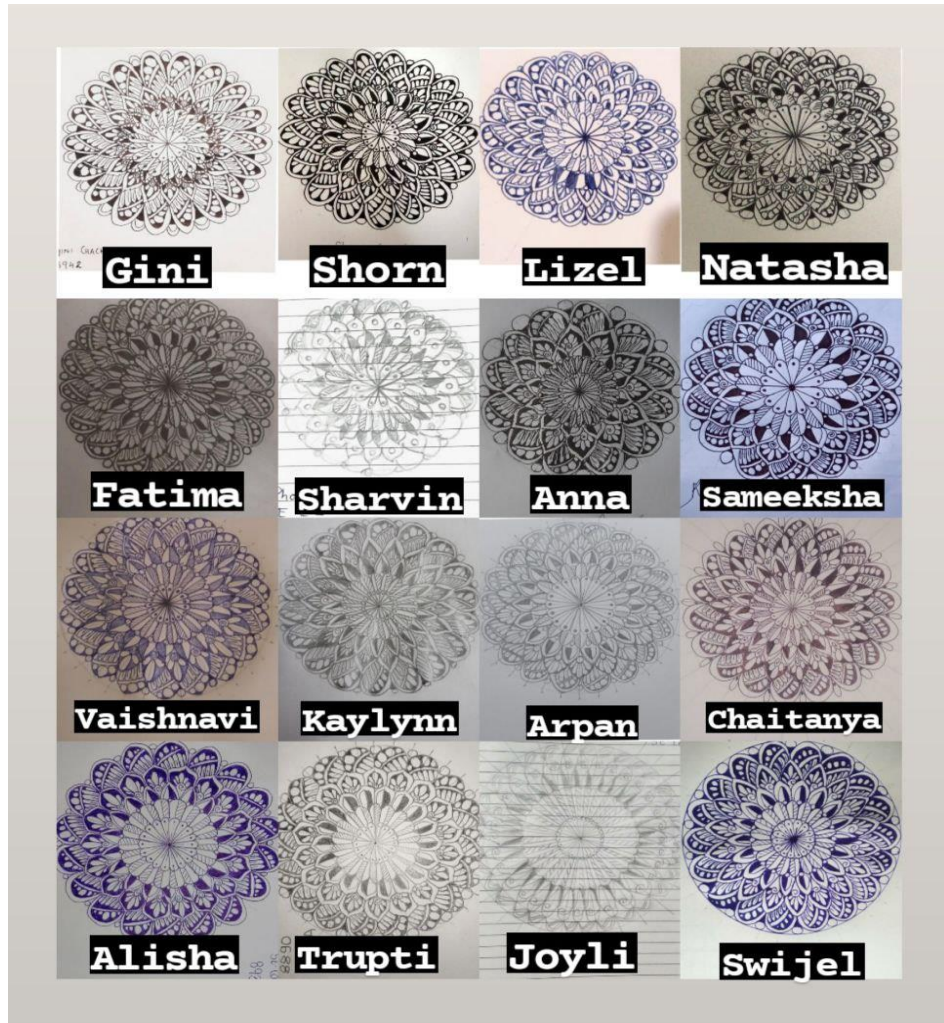
After that, she explained us all the patterns that are commonly used during Mandala Art Drawing.

After all the theory, we all started drawing along with her. From creating concentric circles to drawing different shapes, this session was a lot fun and interactive at the same time.

At the end of the session everyone was requested to send whatever work they had done. And the response which we got for that was mind blowing.

The drawings which our NSS Members made have been attached below.





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Overall, the session was fun and we also got to know how creative our Members are.





NSS CRCE



REPORT ON WORLD WETLANDS DAY (UNITED WAY)

Date: 2nd & 3rd February, 2021

Mode: Google Meet

No. of Volunteers attended:53

Every year, 2nd February is celebrated as World Wetlands Day. On this occasion of World Wetlands Day, NSS CRCE in association with United Way has arranged two expert talks where, experts in the field of photography and mangrove conservation has shared their valuable experiences with us.

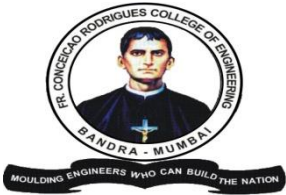
The first speaker was Mrs. Shivangi Mehta, an International award winning wild life photographer and the second speaker was Mr. Suresh Varak, Range Forest Officer, Maharashtra forest Dpt. It was 2 day event which was held on 2nd and 3rd February, 2021.

Mrs. Shivangi Mehta and Mr. Suresh Varak has created an enthusiastic environment to say. He talked about how and why Wetlands day is celebrated. More than 50 NSS volunteers has participated in this webinar.

Wetlands are vital for humans, for other ecosystems and for our climate, providing essential ecosystem services such as water regulation, including flood control and water purification. Wetland biodiversity matters for our health, our food supply, for tourism and for jobs. Wetlands also absorb carbon dioxide so help slow global heating and reduce pollution, hence have often been referred to as the “Kidneys of the Earth”.

The talk took about an hour and a half and the audience played an amazing role to make it a success. This was followed up by an interactive Q&A session. Altogether, the session proved to be thoroughly educative, informative and helpful. At the end of the webinar the attendance and feedback of all attendees was recorded.





NSS CRCE



REPORT ON RIGHT TO INFORMATION.

Platform: Zoom

Date: February 6th, 2021

No. of Volunteers attended:58

An educative webinar was conducted by the NSS CRCE in collaboration with the PCGT Organisation. The session aimed to educate minds on how the government documents and public data can be accessed by any citizen of our country. The webinar started off with a quick introduction of the speaker, Mr. Shailesh Gandhi by the event handler.

Mr. Shailesh certainly created an enthusiastic educative environment to say. He explained how the citizen of our country can access any documents or files by following a certain legal procedure. He also stated the relevance and need of the RTI act. He certainly laid a base foundation in the minds of all the attendees to understand more about various such privileges and use them upto their full extent. The talk took about an hour and a half and the audience played an amazing role to make it a success. This was followed up by an interactive Q&A session.

Altogether, the session proved to be thoroughly educative, informative and helpful. At the end of the webinar the attendance and feedback of all attendees was recorded.

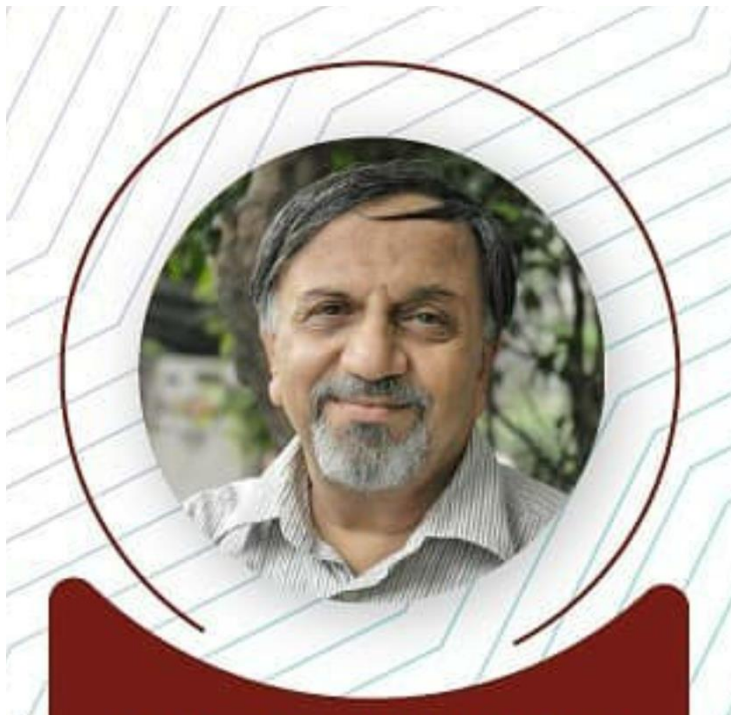
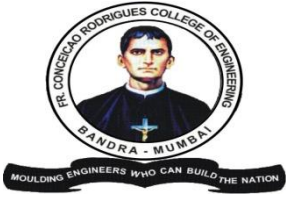


Image: Speaker Mr. Shailesh Gandhi





NSS CRCE



REPORT ON CIVIS SERVEY

Date: 25th – 29th January, 2021

No. of Volunteers attended:14

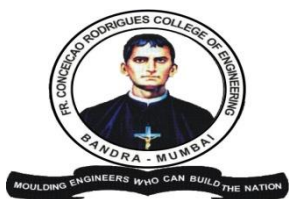
NSS CRCE in collaboration with Civis Foundation. Civis had conducted a participatory budgeting exercise for Mumbai's Health Budget 2021-22. It was 5 days event where NSS volunteer had to participate in survey of Mumbai's Health Budget 2021-2022.

Participatory budgeting refers to a process where citizens get to decide where and how the city's budget is spent. We are asking the residents of Mumbai about what areas should be prioritised under the Health domain for the government, through our website.

There was even a seminar conducted by civis foundation in which Volunteers can ask their doubts regarding survey which volunteers have to attend.

Altogether, the survey was thoroughly educative, informative and helpful. NSS volunteers has participated in this survey very enthusiastically. Volunteers has taken feedbacks from the people.





NSS CRCE



REPORT ON VEGAN OUTREACH/ VIRTUAL TOUR

Platform: Zoom

Date: February 23rd, 2021

No. of Volunteers attended:40

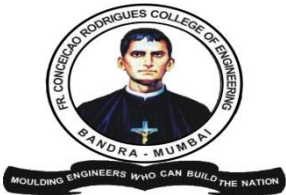
An interesting webinar on Integrity was conducted by the NSS CRCE in collaboration with Vegan Outreach. The session aimed to educate young minds on how to be less dependent on animal products in order to stop cruelty against animals. After successful completion of level 1 of the Boot Camp initiative, the focus was put on level 2. The webinar started off with the introduction of the guest speaker, the first vegan to climb the Mt. Everest, Mr. Kuntal Joisher

Mr. Kuntal Joisher certainly created an enthusiastic environment to say. He talked about the motives, the challenges faced and how he overcame all of them. It wasn't easy and definitely not a one time thing. The success was an outcome of many years of training, practice and research to climb the world's greatest summit on a complete plant based diet and clothing. This is something remarkable and many fail to understand the importance of this success. His success proves to the world that cruelty against animals can be terminated if one is determined enough to develop alternatives.

The random questionnaire round was the most amusing as it involved most of the volunteers. It was an amazing experience to have this break the ice session. The talk took about an hour and a half and the audience played an amazing role to make it a success. This was followed up by an interactive Q&A session. Altogether, the session proved to be thoroughly educative, informative and helpful. At the end of the webinar the attendance and feedback of all attendees was recorded.



Image: Guest Speaker, Mr. Kuntal Joisher



NSS CRCE



REPORT ON FEEDING STRAY ANIMALS

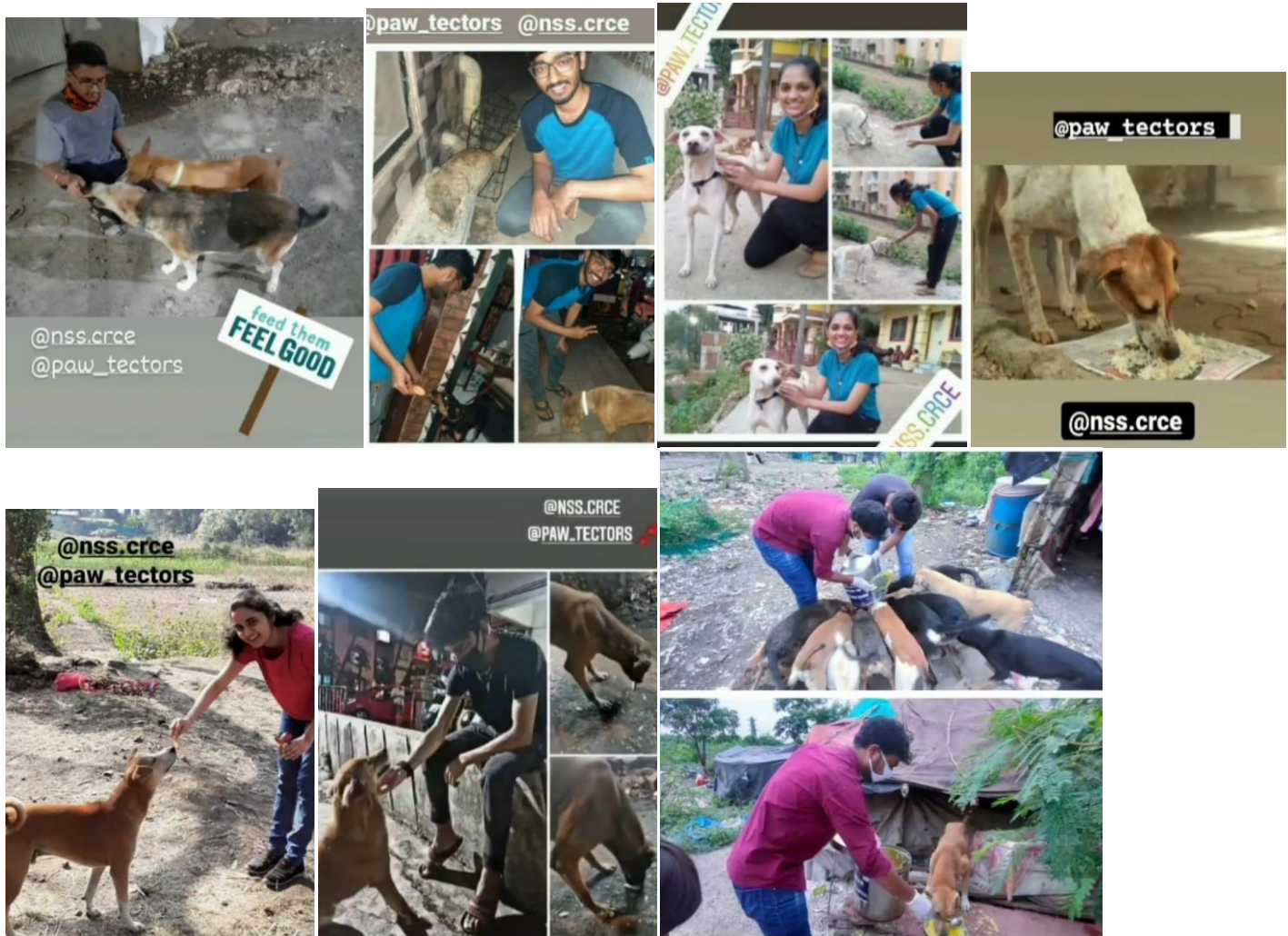
Date: 2nd March, 2021.

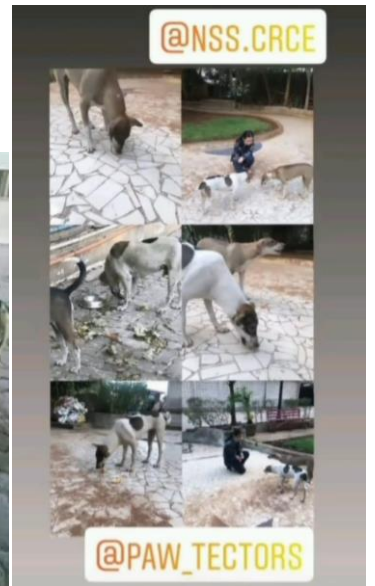
No. of Volunteers attended: 23

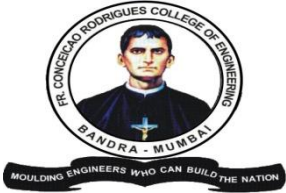
"He who feeds an hungry animal, feeds his own soul" - Charles Chaplin

On March 2nd, members of NSS CRCE in association with a start-up organisation Paw-tectors formed by CRCE alumni's, has conducted a feeding drive for stray animals. Volunteers had Feed Stray animals in their area and Captured the moment, put it on their Instagram story and tagged @nss.crce and @paw_tectors.

In this feeding drive for stray animals, top 3 lucky winners had got 2 reflective collars each for their community dogs. The giveaway was after the feeding drive. And the participants who have been a part of feeding drive and followed the instructions will only be eligible for the giveaway.







NSS CRCE



REPORT ON PERSONALITY DEVELOPMENT (LEVEL 3)

Date: 4th March, 2021.

Mode: Google Meet

No. of Volunteers attended: 28

NSS CRCE with The Movement India organized an event on Servant Leadership. Servant Leadership is a topic that not many people are aware about and that is why we kept this topic as the Level 3 of our Personality Development Sessions.

The Speaker for this session was Mr. Preejo, who has over 11 years of Behavioural Training Experience.

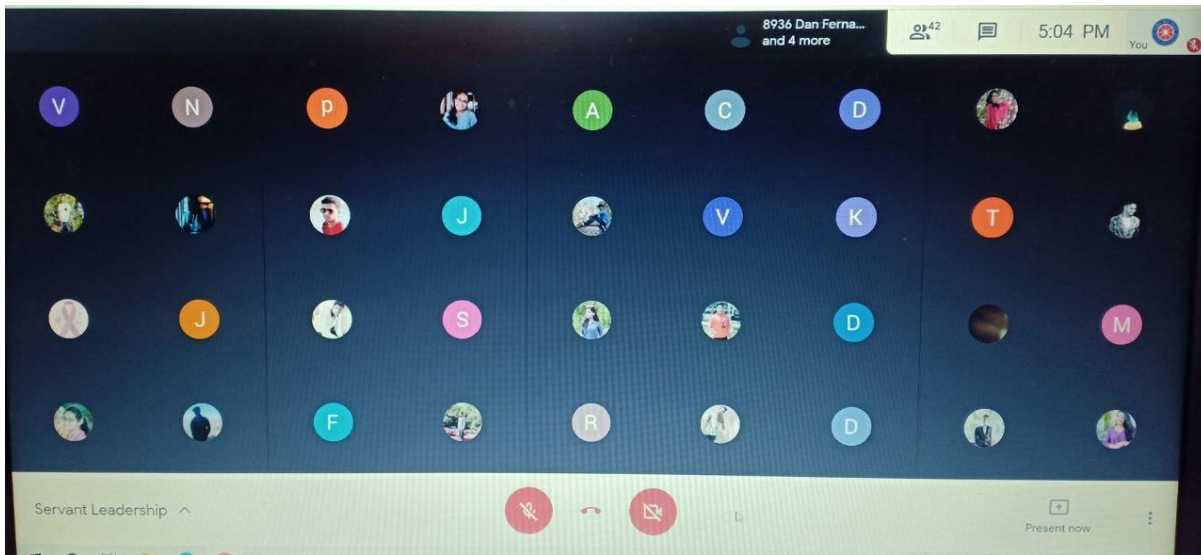


Before starting with the main topic, Preejo sir asked the members few questions from the Level 1 & 2. Members seemed to remember most part of the two sessions.

Preejo sir then quickly revised whatever had been done in the Level 1 & 2 and then started off with What exactly is Servant Leadership according to the members?

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He then gave an example of Marvel and Captain America and asked the members that who according to them is a better Leader?

He then explained various aspects related to Servant Leadership like the Principles and Roles of Servant Leadership and how can you learn it?

At the end of the session, he asked who according to us is the best leader? Which got a lot of responses and everyone discussed why they feel their role model is a better leader.

Preejo sir wrapped up the session with an Interactive Q & A Session.





NSS CRCE



REPORT ON CELEBRATION OF 75 YEARS OF INDIA'S INDEPENDENCE

Date: 12th March, 2021.

Mode: Google Meet

No. of Volunteers attended: 56

The mega celebrations to commemorate the 75th anniversary of India's Independence has begun on March 12 with the inauguration of 'Azadi Ka Amrut Mahotsav' by Honourable Prime Minister by flagging off a 241-mile march from Sabarmati Ashram in Ahmedabad to Dandi in Gujarat's Navsari district to mark the day.

India has celebrated 75 years of its Independence. The Union government has announced a 75-week programme to mark this historic occasion. A day before it became a Republic, on January 25, 1950, India established its Election Commission. The country started its journey with adult franchise. This equality, the only one, is the luxury of women of India.

Due to Covid-19, the schooling system in India has moved from a classroom setup to an online one. The digital divide is pushing a large number of students, particularly girls, out of school.

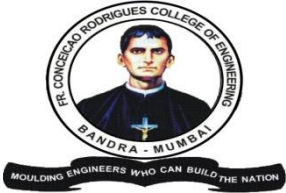
When a majority of the Indian population depends on public sector provisioning for essential services, the mad push for privatisation, corporatisation and the stepping away of the government from sectors like health, education and employment has further devastated the lives of the people. Women are the biggest victims of the pro-corporate policies of the government. The alarming increase in anemia and malnutrition levels among women and children will end up as a silent genocide.

NSS volunteer has actively participated in this programme and show their interest in it.

More than 60 Volunteers have participated in this Programme Webinar from our College. This webinar was motivational.

The programme ended successfully with vote of thanks.



NSS CRCE



REPORT ON WOMEN EMPOWERMENT

Date: 15th March, 2021.

Mode: Google Meet

No. of Volunteers attended: 54

We are all aware of how important Women Empowerment is and how even in 2021, women are still being discriminated based on their gender.

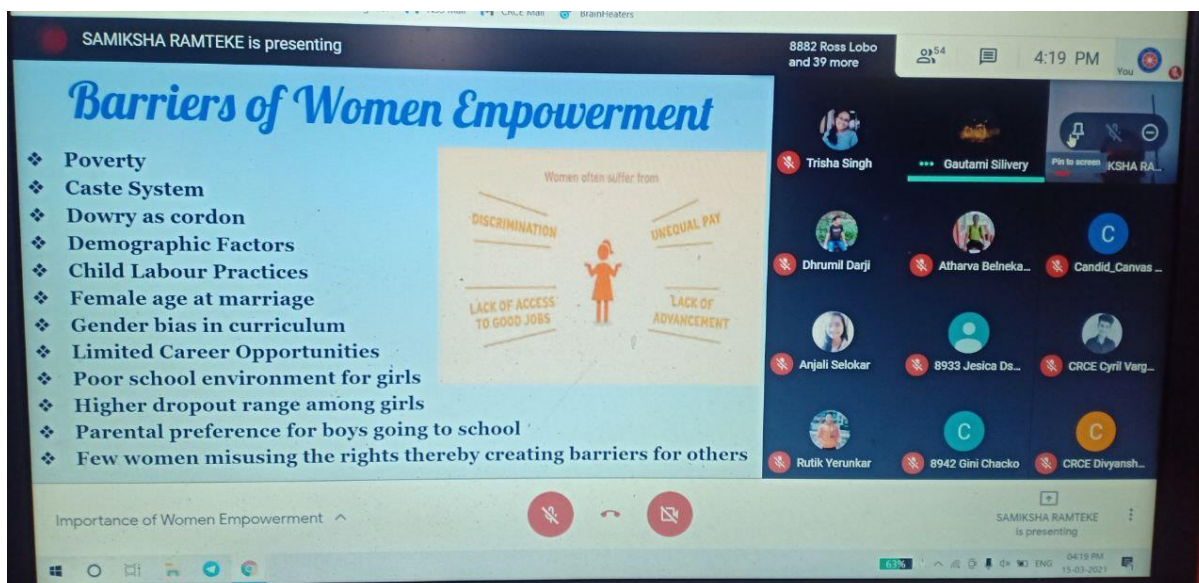
To create an awareness about this issue, **NSS CRCE** organized an event on Women Empowerment with **Katalyst**.

Katalyst started a decade ago with the intention of liberating women through the pursuit of professional education.

Their initiative prepares young women for leadership roles and for building self - confidence amongst themselves.

We had three speakers for our event, Gautami Silvery, Samiksha Ramteke and Anjali Selokar.

The event started with an engaging presentation from Katalyst. Where in, they spoke about what exactly does one mean by 'Women Empowerment' and what can we as an individual do to support it.



Samiksha and Anjali spoke about the topic from the very basics so that everyone is clear with what they are explaining.

After talking about the basics, Gautami took over and spoke about the never – ending barriers which are imposed on women by society and in some situations, even their families.

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She spoke how Women are paid less, expected to cook and still being restricted by their family. Not only this, but also how people now – a – days pass sexist comments like, “Stop driving like a woman!” or “If you go to work, who will take care of the house?”.

Ways to promote Women Empowerment

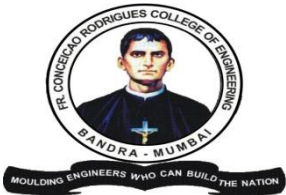
- ❖ **Create opportunities for women of every age.**
- ❖ **Create new roles for women, so companies can develop better.**
- ❖ **Pay should be equal irrespective of gender.**
- ❖ **Empowering women by educating them.**
- ❖ **Diversify leadership by promoting women for management and executive positions.**
- ❖ **Creating safe space.**
- ❖ **Support Independence and Mobility.**
- ❖ **Educating whole system including men.**



Gautami then spoke about what can we do to promote Women Empowerment. If we see any sort of inequality happening around us, we shouldn't keep quiet! We should raise our voice and ask for equality. After this, the session was ended with a Q & A Session.

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NSS CRCE



REPORT ON SESSSION ON CHILD LABOUR

Platform: Google Meet

Date: March 17th, 2021

No. of Volunteers attended:63

An educative webinar on child labour in our country was conducted by the NSS CRCE. The session aimed to educate young minds on how cruel tge world is to children born in the rural and poor regions of our country.

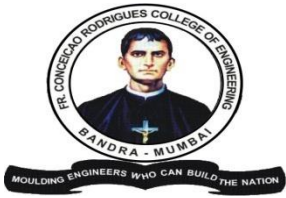
The session was focused, serios and graspy. It consisted of all the difficulties faced by the children engaged in manual labour. It also showed the status and situation of the parents which forced them to put the lives of their children in harms way. The two major sectors of child labour, bt cotton harvesting and the mining of mica were focused upon in this webinar. The parents being desperatly in need of money are duped and taken advantage of to lend their children for such illegal activities. The session proved to be educative and shed light on an alarming crime against innocent young lives.

Altogether, the session proved to be thoroughly educative, informative and helpful. At the end of the webinar the attendance and feedback of all attendees was recorded.



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NSS CRCE



REPORT ON DOCUMENTARY ON BULLYING

Date: 19th March, 2021.

Mode: Google Meet

No. of Volunteers attended: 59

It is very well known how common Bullying is getting in our generation. Bullying not only destroys a child's self esteem but also makes him/her suffer from Depression, Stress and Anxiety.

Things like body shaming, passing racist comments and teasing the weaker children for different reasons should be stopped and it's important that we all raise our voice against this.

As sometimes, when situations get worse, Bullying might lead to a child committing suicide.

To create an awareness about this much important topic amongst our NSS Members, we decided to present a short documentary on Bullying.



Too Scared For School (Bullying Documentary) | Real Stories



In this documentary, they shared real life stories of all those children who suffered from Bullying in their school time.

From teasing students on a regular basis to physical violence, this documentary covered it all. It showed how just to have fun, these bullies would make the life of other children miserable.

They also explained the steps you can take if anything of that sort is happening with you.

Overall, the video was really nice and quite informative and inspiring.





NSS CRCE



REPORT ON DOCUMENTARY ON SUSTAINABILITY

Platform: Google Meet

Date: 21st March, 2021

No. of Volunteers attended:52

NSS CRCE organised an informative session on global sustainability. Global sustainability an important concept defining the co-existence between humans and nature. The sole purpose of this session was depicting the importance we as humans acknowledge nature and in-turn improve human lives by living in harmony with mother nature.

The session began at 4pm with a brief introduction as to what sustainability is and its importance. Then we presented our members with a documentary put together by a channel on YouTube called Complexity Labs. This documentary covered all the important points regarding global sustainability and was also soothing and relaxing to the eye at the same time. It explained all the intricate co-relation among the several beings in nature and how to achieve a balanced ecosystem.

This session was a really inspiring and taught all our members the importance of nature and its co-existence with all living organisms.



A still from the documentary explaining the concept of diversity

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NSS CRCE



REPORT ON AN EVENING WITH A COP

Date: 31st March, 2021

Platform: Google Meet

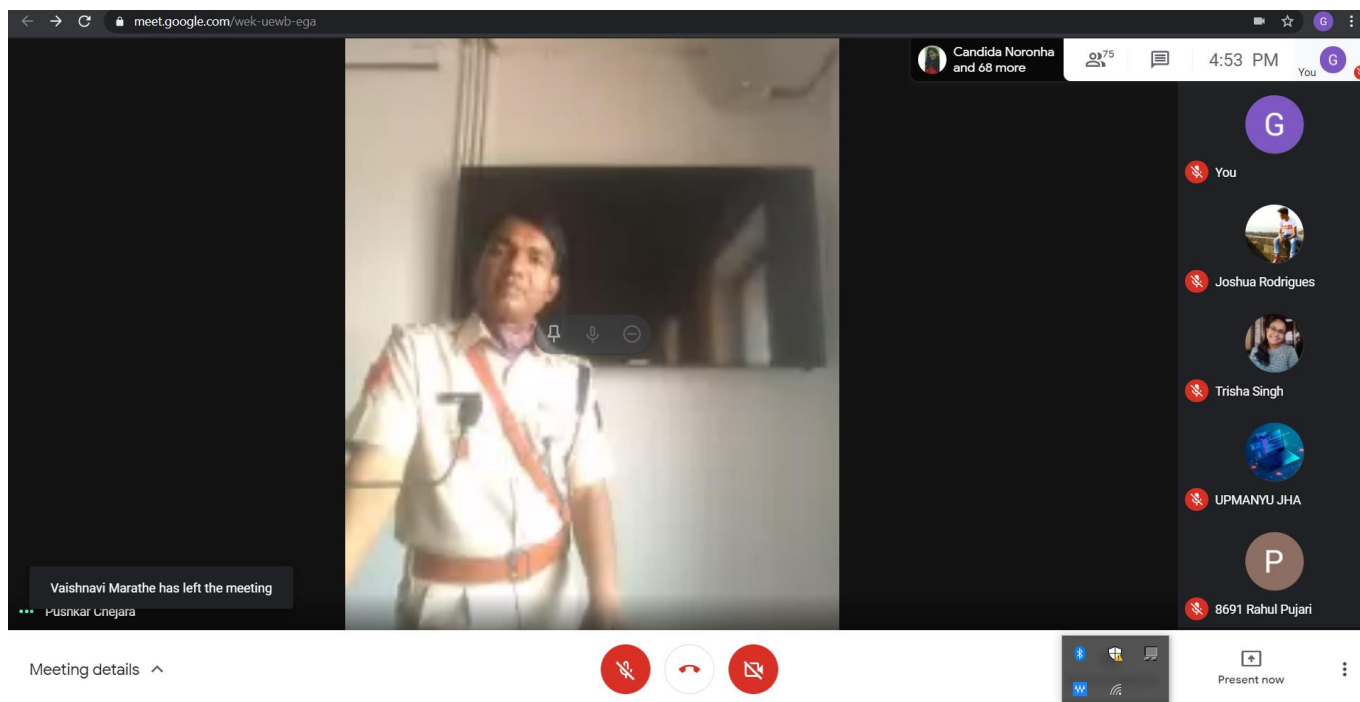
No. of Volunteers attended:65

NSS CRCE has organized an Interview session with *BSF Office Assistant Commandant Pushkar Chejara*. The session aimed to gain more knowledge and idea about the life of the BSF officer and scope for the students in BSF after Engineering.

The session started with an introduction of Asst. Commandant Pushkar Chejara by Trisha Singh. Asst. Commandant Mr. Pushkar joined BSF in 2003 as a Sub Inspector and was promoted as an inspector in 2009 after completion of 8 years of service. Later he got selected for Assistant Commandant in BSF. Being a BSF officer he served in Kashmir valley J&K, Rajasthan's Thar desert and Gujarat's Rann of Kutch area. During this period he got opportunity to serve at BSF training centers too. Presently he is serving in Rajasthan as a police on deputation and looking after the training of police personnels.

Later on Trisha Singh and Gayatri Varma took his interview and asked various questions regarding the his life in BSF his experiences and scope for the students who are later interested in joining BSF or else. Members have also asked their doubts and questions regarding defence and joining it. The session was ended with Q&A and suggestion to young generation. More than 60 members joined the webinar.





NSS CRCE



REPORT ON AN ORGAN DONATION SESSION

Date: 7th April, 2021

Platform: Zoom

No. of Volunteers attended:43

“Nothing Can Be Better Than Helping Someone after Your Death When You Donate Your Organs”

Mumbai University has organized a webinar session on Organ Donation. NSS volunteers have participated in this session. The aim of this session is to motivate normal human beings to pledge to donate organs after death, and to spread awareness about the importance of organ donation.

Even after death, some organs of the body can be preserved and stored. If these organs are donated, it might save somebody else's life. The rate of organ donation has significantly increased due to the number of successful cases. Organ Donation is defined as the removal of organs from a body and transplanting it to a new body by surgical means. The requirement for new organs usually arises when a person loses an organ to some accident or stops functioning.

So, the speaker of the webinar explained the need, importance and all other details regarding the organ donation.





NSS CRCE



REPORT ON MENTAL HEALTH

Date: 16th - 17th April, 2021

Platform: Google Meet

No. of Volunteers attended:56

Did you know that India is home to the most depressed?

That India loses a student every hour?

In order to make more and more people aware about this situation, So, it has been requested to attend an International conference on Mental Health. It is 2 Day webinar that is on 16th and 17th April, 2021.

In recent years, there has been increasing acknowledgement of the important role mental health plays in achieving global development goals, as illustrated by the inclusion of mental health in the Sustainable Development Goals. Depression is one of the leading causes of disability. Suicide is the second leading cause of death among 15-29-year-olds. People with severe mental health conditions die prematurely – as much as two decades early – due to preventable physical conditions.

Despite progress in some countries, people with mental health conditions often experience severe human rights violations, discrimination, and stigma.

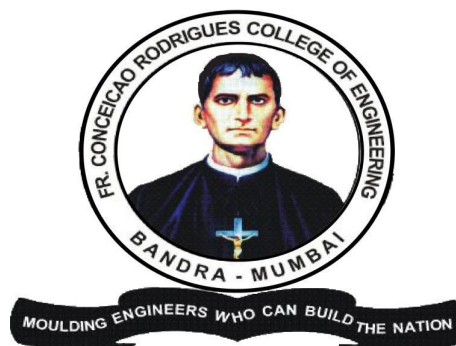
Many mental health conditions can be effectively treated at relatively low cost, yet the gap between people needing care and those with access to care remains substantial. Effective treatment coverage remains extremely low.

Increased investment is required on all fronts: for mental health awareness to increase understanding and reduce stigma; for efforts to increase access to quality mental health care and effective treatments; and for research to identify new treatments and improve existing treatments for all mental disorders.



Thank you
For giving this opportunity
to have a wonderful journey with NSS
and collecting a bag full of memories.
Each report has a story to tell and memories to smile.

AWARD REPORT
FOR THE
YEAR
2019-2020
SUBMITTED
BY
ALDEN DSOUZA
[VEC NO : MH09B071897]
UNDER GUIDANCE
OF
PROF. SAURABH KORGAONKAR



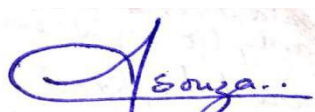
FR.CONCEICAO RODRIGUES COLLEGE OF ENGINEERIN BANDSTAND,BANDRA (WEST)
MUMBAI-400050.
UNIVERSITY OF MUMBAI

YEAR 2019-2020.

Award Report Approval for NSS.

This report entitled “Award report for the year 2019-2020” is a bonafide work of “**Alden.S.Dsouza**” is found to be satisfactory and is approved for partial fulfillment for award of NSS for the academic year **2019-2020**.

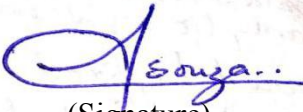
Prof.Saurabh korgaokar
(Program office)



Mr.Alden Dsouza
(student leader)

DECLARATION

I declare that this written submission represents my ideas in my own words and where others ideas or words have been included, I have adequately cited and referenced the original source. I also declare that I have adhered to all principles of academic honesty and integrity and have not misrepresented or fabricated or falsified any idea/ data /fact/source in my submission. I understand that any violation of the above will be caused for disciplinary action by the Institute and can also evoke penal action from the sources which have thus not been properly cited or from whom proper permission has not been taken when needed.



(Signature)

Date: 13th July2019.

Alden.S.Dsouza - [.MH09B071897]





UNIVERSITY OF MUMBAI, NATIONAL SERVICE SCHEME
&
SMT. KAMALA MEHTA V.W.A. COLLEGE OF COMMERCE
ANDHERI (WEST)

Jointly Organize

Leadership Training Camp 2018

26th to 30th - September, 2018

CERTIFICATE

This is to certify that Mr./Ms. Alden D'souza.
of Fr. Conceicao Rodrigues College of Engineering.
participated in the 5 days "National Service Scheme Leadership
Training Camp" organized by National Service Scheme Western
Suburban Zone, University of Mumbai and Smt. Kamala Mehta
V.W.A. College of Commerce, Andheri (w) from
26th September to 30th September, 2018.
held at University of Mumbai, Shankarrao Chavan Teacher's Training Academy,
Kalina Campus, Santacruz (W), Mumbai - 400 098

Prof. Pranav N. Panchal
District Coordinator
NSS Western Suburb

Prof. B.S. Bidve
NSS Program Coordinator
University of Mumbai

Dr. Santosh Tiwari
Principal
Smt. Kamala Mehta V.W.A.
College of Commerce



बृहन्मुंबई पोलीस आयुक्तालय माऊंट मेरी यात्रा - २०१८

प्रशस्तीपत्र

माऊंट मेरी यात्रा २०१८ हा उत्सव दि. ०९/०९/२०१८ ते दि. १६/०९/२०१८ या कालावधीत साजरा करण्यात आलेल्या महोत्सवाकरीता नियोजन शिस्तबद्धता तसेच पोलीसांना सर्वतोपरी मदत करून भाविकांच्या गर्दीचे नियंत्रण करून सदरचा महोत्सव सुरळीतपणे पार पाडण्यात मोलाचे योगदान देवून उत्कृष्ट कामगिरी बजाविल्याबाबत *R. DEN* यांना हे प्रशस्तीपत्र देण्यात येत आहे.

सदैव तत्पर, सदैव नम्र *Pandey*



(परमजित सिंह दहिया)
पोलीस उप-आयुक्त
परिमंडळ-९ मुंबई

NSS REPORT 2019 - 2020.

“The happiest people I know, are those who lose themselves in the service of others”

– Anne Frank.

NSS has always stood up to its strong spirit of serving the society, keeping in mind the motto ‘**Not me but you**’. Thus, the belief that we must strive for others is being realized through the selfless services of our unit who get into timely action, be it lending a helping hand to the needy or protecting and conserving the environment. We extend our gratitude to our Director **Fr. Valerian Dsouza** our principal **Dr. Srija Unnikrishnan** our Program Officers **Prof. Saurabh Korgaonkar**, **Prof. Dipali Bhise**, and **Prof. Pradeep Singh** for their encouraging bits of advice which proved beneficial to our volunteers through thick and thin of each event.

The year commenced with the registration of **100 active volunteers across SE, TE and BE**. And kick-starting our array of activities, We began with a Tree Plantation Drive followed by an awareness program conducted by the Bisleri Association to put bottles into good use. Next were the Beach Cleanup programs at Chimbai in association with the NGO ‘United Way’. In 2019 floods hit many parts of Maharashtra and one of the most affected was Kolhapur. We organized a Donation Drive for flood relief where in we got excellent response from the Staff and Students. We conducted multiple surveys across Jogger’s Park in Bandra where we interviewed the residents and regular visitors about their experience there, major changes the park went through and the problems faced by them there. It was followed by a Blood Donation drive where we witnessed active participation of our fellow Students and Staff members as well.

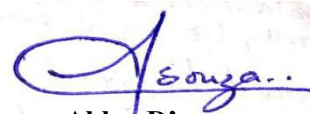
As the month of festivities commenced, Post Ganapati Visarjan beach cleanups were organized at Juhu and various other Beaches from 4th to the 13th of September which was a total success again. That was followed by a week long Bandra fair volunteering cum crowd management where our members assisted the Mumbai Police. Next was the Plastic Ban Rally where we began from Bandra Station and walked all the way to the College shouting out slogans against plastic use. An awareness seminar to throw light on child abuse was organized which witnessed a big audience too. Our volunteers were also a part of the Read Carnival by United Way where the marginalized children were given an opportunity of reading to their heart’s content. We had walk for freedom rally to stand against inhuman practice of human trafficking. We put up posters of save water on all drinking tanks in college premises. Beach cleanup was organized in collaboration with coco-cola .our students attended disaster management workshop organized by mumbai university .also a gender equality session arranged by akshara rao ngo.

This year NSS took a great initiative by planting fruit bearing trees around the College Campus whose entire produce would go to the organization. The most exciting part was an 8-day camp to the Tandulwadi area of Palghar District. The main aim there was to educate the kids about various technologies and aids for studying available to them. The members engrossed themselves in painting the school walls bright, exploring the rural life there, trekking up a hill and interacting with the villagers there. Our Program Officer Prof. Saurabh and Prof. Dipali accompanied our members to the site.

On commencement of the Even Sem, A Nature Trail to Sanjay Gandhi National Park was organized which gave a fresh start to the Year. Next, a round-2 of Blood Donation Drive was organized which received a massive response again.

Currently we have a number of events and programs lined up for the coming days. As a team we always prioritize ‘You’ before ‘Me’ spreading cheer and smiles around. We sincerely thank our Principal, our Director and ‘YOU’ for appreciating the work we do.

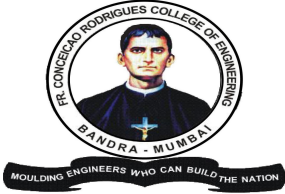
Happy Serving!



Alden D'souza
(President Nss-Crce)

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NSS CRCE



Report on climate change seminar.

Place : Fr. C.R.C.E

Date : 22nd June 2019.

Climate change is having serious impacts on the world's water systems through more flooding and droughts. Warmer air can hold a higher water content, which makes rainfall patterns more extreme.

Rivers and lakes supply drinking water for people and animals and are a vital resource for farming and industry. Freshwater environments around the world are already under excessive pressure from drainage, dredging, damming, pollution, extraction, silting and invasive species. Climate change only exacerbates the problem and makes this worse. Extremes of drought and flooding will become more common, causing displacement and conflict.

NSS unit of Fr. Conceicao Rodrigues College of Engineering took this step to make everyone aware about the changes and that they should take certain action or measures for better world. We conducted seminars by showcasing presentation and showing video clips of what is happening in their surrounding. This carried on for a month where each day at least two seminars were covered according to time table.

My role as a leader was to organize seminars, take permission and conduct it. I would like to thank our dean Dr. V. B. Bhoir who helped in arranging class and organizing seminar smoothly.



Image : our member taking presentation.



REPORT ON TREE PLANTATION WITH SOCIETY PEOPLE

Place: Emerald Court Garden Mumbai (Andheri w)

Date: 5th JULY 2019.

Every man needs the oxygen for their life and trees are the foremost source of oxygen as well. Trees help to reduce the level of CO₂. As we all know that the whole world is facing the problem of global warming and to recover from such a problem, planting trees has become one of the most important aspects of today's life.

NSS Unit of FRCRCE organized "Tree Plantation" programme "MY EARTH – MY DUTY" under the National Service Scheme (NSS) on Friday, 5th July, 2019 in the Emerald Court Garden premises. It was attended by NSS Programme Coordinator, Society People and more than 10 student volunteers.

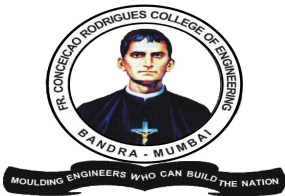
The event was begun with the welcome speech by the NSS event coordinator. At that time the coordinator advised the volunteers to think differently for the society, to make positive changes and to make improvement. My role here was to arrange saplings and collect society people and arrange for this programme.



Image : Society ladies helping in plantation.

After the inspirational words of the NSS coordinator, we all moved towards the place where tree plantation took place. Total trees planted by all others including Society, volunteers and other students was more than 30 on the day. Under the guidance of the NSS Program Coordinator, NSS volunteers and Society people of their area planted more than 20 trees. The students also placed bricks as barricades and each student took the responsibility to nourish and maintain the allocated plant. Eventually, the ground attained a glorious look. The committee decided to proceed with the same inspiration, enthusiasm and zeal to enhance the beauty of the campus.

S/X



NSS CRCE



Report on Bottles for change.

Place : Bisleri, Andheri [east]

Date : 21st august 2019.

Bisleri a leading no one company in beverages and distilled drinking water which was founded in 1965, with the increasing amount of plastic spread which is harming our environment, Bisleri has taken this initiative by showcasing that plastic is not the problem, but plastic waste created by irresponsible human behaviour is the problem this can be only be fixed, by changing our habits.

This initiative taken by bisleri Bottles for Change aims to create awareness among the citizens, about the importance of recycling plastic, and create an effective channel through which the various kinds of used plastic can be sent directly for recycling.

This bisleri initiative bottles for change in collaboration with NSS to make schools colleges and society aware about the condition and recycling of plastic played a important role, we could collect 1 ton of plastic in our college and made all our students and staff aware about this initiative.

NSS unit of Fr. Conceicao Rodrigues College of Engineering is very thankful to bisleri and NSS to take this initiative for betterment of society and world.

Process in brief :

1. Introduction about bottles for change followed by awareness.
2. Segregation of clean plastic at user end.
3. Collection of plastic by plastic agents.
4. Sending collected clean plastic directly for recycling.



Image : group picture of NSS volunteer in bottles for change awareness session





NSS CRCE



REPORT ON Blood Donation 1

Date: August 28th 2019.

Place: FR. Conceicao Rodrigues College of Engineering.

“Your little effort can give others second chance to live life.”

As Donating a part of ourselves for the betterment of the society is our motto, NSS CRCE along with the staff of renowned TATA Memorial Hospital were successful in organizing a Blood Donation Campaign on 28th August, 2019. The Drive received an overwhelming response from the students as well as the staff of our college.

Various posters and promotion were done of blood donation, in college premises canteen and in staff room.



Image : Group picture of hospital staff and nss volunteers

The event commenced by 10:am in the morning and went upto 4:00 in the evening. Donors of all blood groups donated their blood. Each donor was given snacks post donation. Certificates were provided to all the donors by the hospital. Donors with rare blood group were given a special gift. Enough amount of blood was collected and the hospital staff as well as the donors went home happy faces!

Six



REPORT ON GANPATIVISARJAN CLEANUP - 1

Place :juhu beach, Mumbai.

Date : 19th September 2019.

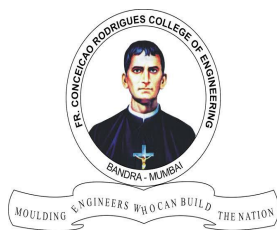


Image : condition of Juhu beach before the cleanup

Ganpati Visarjan is an auspicious ritual and a festival that brings people together. But with those festivities enjoyed by a large crowd , The beaches used for visarjan end up with a lot of litter and waste. This litter is very degrading for the environment and the marine life. The beaches also are a huge tourist attractions and provide income to many people . Fr. Conceicao Rodrigues College of Engineering NSS unit took an initiative in coloboration with Asociation of Social Beyond Boundaries foundation to clean up juhu beach located in mumbai suburban, as Ganpati Visarjan beach cleanup . Our enthusiastic volunteers reported at the rendezvous point at the Juhu beach, Mumbai in the morning and started cleaning the beach. The volunteers gave their best for about 5 hours and the results show their hard work. This event made the volunteers realize the impotance of cleanliness and preserving the environment. And how to come up with an better alternative to celebrate ganesh utsav, By using clay idols , paper idols and doing visarjan in artifical ponds or coming up with a metal ganesh idol and reusing it every year.



Image: group picture of volunteers at Juhu beach after the cleanup.



NSS CRCE

Walk For Freedom

Date: 2nd November 2019.

Place: St. Stanislaus High School, Bandra(W)

The Walk for Freedom is a silent walk where participants pledge to help end human trafficking in their lifetimes, and walk single file in a public place holding placards about the reality of human trafficking that raises awareness among the watching public. Globally, the Walk is organised by A21, an international NGO which is engaged in the fight against modern-day slavery. Here in India, a volunteer mobilisation platform based in Mumbai called The Movement India has collaborated with A21, who have together partnered with 47 colleges, corporates and NGOs across the country to organise the silent Walk at public spaces in Chennai and nine other cities.



WALK 
FOR 
FREEDOM

Image: A21 logo

"Each of us have the choice to step up "Each of us have the choice to step up and be the solution to the problems that surround us. Slavery should not exist in our world when we are alive to help put an end to it. We are walking in 10 cities across India on October 19. This event is taking place third time in a row in Chennai. It aims to create awareness that slavery still exists. We have a three-fold objective — one is to create awareness, second is to help people understand what are the indicators and lastly, if they see something or identify it then what they should do," says Biju Thampy, The Movement India's founder.

The event is being held in India for the past two years and it has been taking place across the world for the last five years. In 2017, The Movement India partnered with A21 and launched the Walk in Mumbai where almost 350 people turned up in support of the cause. In 2018, it happened across four locations in Mumbai and one location in Chennai where over 1450 came for the Walk. In Chennai alone last year more than 580 people joined and this year the organisers say that they already have over thousand registrations. "This event is being conducted with the aim of providing proper advocacy to the cause where government officials like child rights commission officers, child welfare officials, police officers, anti-trafficking NGOs, corporate, media, colleges all come together to take a pledge against human trafficking for their respective cities," explains Preejo TJ, who is heading the Chennai Walk.

S.X





Image: Students gathered for the walk

The Walk for Freedom was held on 2nd of November. The venue was St.Stanislaus High School located in Bandra West. The starting time was 7.00 am and the event took place for nearly 2 hours upto 9.00 am. We were instructed to wear black attire and report.

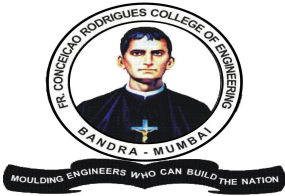
Thus to show our part and protest against the ongoing human trafficking and slavery around the world and according to the instructions given, the NSS unit of our college actively participated in this event. The walk was carried on from the given location upto Bandstand. All were wearing black clothes and holding placards the walk was carried out as a peaceful protest by many students of several colleges including our NSS team. After the event a motivational speech was given by chief guest-Shri.Urmila Matondkar. Also certificates were provided to all by, 'The Movement India'.

It felt good seeing that how many active students showed interest in this event and we hope that it gives some fruitful impact towards the human trafficking scenario overall.



Image: NSS CRCE students that participated in the event.





NSS CRCE



Chinbai Beach

Date: 21st September 2019

Place: Chinbai village, Bandra.

On 21st September 2019 which is also international peace day and world coastal cleanup day, To celebrate this day FR. Conceicao Rodrigues College Of Engineering NSS unit in collaboration with United Way Mumbai had conducted a cleanliness campaign. This beach cleanup campaign was conducted to gain awareness among people to keeping the environment clean and neat as said by anonymous that when you come to sea shore only leave your foot prints and carry your memories.



Image : our volunteers cleaning.

Arriving at the Chinbai Beach in month of September we were unpleasantly surprised. The amount of trash observed while we walking towards our designated spot for cleanup was simply too astonishing.

The objective for our cleanup was to beautify the beach. For this beach cleanup event 30 students from FR. Conceicao Rodrigues college NSS unit along with 25 from United Way foundation volunteers for this event. A lot of people had gathered for this cleanup with various organizations background and individuals. With this same motto and initiative we had to do publicity about this cleanup by social media and messages and coordinate United Way for collaboration.





Image : Volunteers working for cleanup.

After the briefing all the participants were eager to clean the beach .The cleanup started at 8 am and ended till 11am.The garbage was collect in huge bags and kept at one place .That collect garbage was later taken by the municipality .

I believe this project of NSS has been the most valuable project and priceless experience to all participants.we have been through many challenging experience along this beach clean up for instance the quick stand at some parts of the beach .

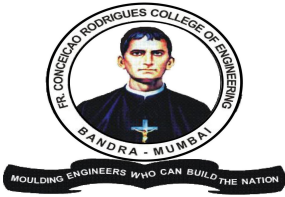
Besides, one the biggest challenge was we had to collect all the state rubbish which sometimes emitted a foul smell and we even found some nappies that were thrown inside the rocks. It was a awful yet gave us a challenging experience.

NSS CRCE is grateful to all the praticipants and the United way foundation to give a our members an opportunity to work .



Image : group picture of NSS members





NSS CRCE



REPORT ON WASTE MANAGEMENT SEMINAR

Date : November 15th, 2019.
Place : Mumbai

NSS CRCE conducted a seminar on waste management in collaboration with **RUR foundation** in a society in Andheri East, Mumbai.

RUR GreenLife is a socio-environmental organization, founded in 2009, passionately working for the planet by employing an end-to-end, cradle-to-cradle approach towards urban solid waste management. At RUR, people ideate, design, build and implement customized turnkey 'waste-to-resource' solutions which are sustainable and decentralized for homes, schools organizations and corporate offices. They optimize waste recycling(>90%) and thus minimize the impact on landfills and environment.



Image : RUR Greenlife foundation logo

Vision of the foundation :

- To spread eco-consciousness amongst citizens and help them contribute to our planet by adoption good green practices.

Mission of the foundation:

- Sensitize and educate citizens towards sustainable living
- Develop eco-friendly products as green alternative
- Innovate and design solutions to maximize recycling at source and reduce loads to the landfills.



All the members of the society assembled at the society ground. The seminar began at 10:00 am.



Image: Society members at the seminar

In this seminar, the society members were made aware of the importance of waste management and how to go about accumulating and reducing the waste which is beneficiary for the ecological system. They were instructed about segregation techniques for 3 types of wastes namely WET waste which is BIODEGRADABLE, DRY waste which is RECYCLABLE and TRASH which is NON-RECYCLABLE. Then they were instructed about the significance of 3R's- REDUCE, REUSE AND RECYCLE – how to reduce the amount of waste, how to recycle the waste and use it again. It was a very informative session.



Image: Society member giving a plant sapling as a token of thanksgiving to the foundation

NSS CRCE and the society members are thankful to the RUR foundation for this session and make us aware about the importance of waste management which is essential for ecological survival and protecting the human and animal special from the harmful side-effects of this waste in our environment.





NSS CRCE



REPORT ON MAKING OF COMPOSE PIT

Date: August 17th 2019.

Place: Mumbai



Image : composed pit.

One of the first steps in changing food culture is to develop a food growing area . A key part of this is having an effective composting system in place. This is a cornerstone of organic gardening and has many benefits to the community and environment. Making compost is not only about providing soil and plants with a source of food, it is an integral part of working organically and reducing waste. Composting provides a useful way for teachers, pupils and catering staff to explore educational opportunities together. Producing compost reduces waste to landfill, greenhouse gases and dependency upon peat based growing media and chemical fertilisers, saving money and the environment.

The NSS Unit of **FRCRCE** organized “**Making Of COMPOSE PIT**” programme under Guidance of sir George (founder) and the National Service Scheme (NSS) on Saturday, 17th August, 2019 in the Emerald Court Garden premises. It was attended by NSS Programme Coordinator and more than 50 student volunteers.

The event was begun with the welcome speech by the Sir George and NSS event coordinator. At that time Sir George advised the volunteers to think differently for the society, to make positive changes and to make improvement.



Improving soil by using compost is a keystone of organic gardening. Well-made compost is an incredibly useful material. It is a wonderful soil improver, aiding water retention in light sandy soils and breaking up heavy clay soil. As a growing medium it provides nutrients to plants, allowing for vigorous growth and higher yields. When used as mulch it feeds the plant and improves soil. The composting process has many learning opportunities that are accessible to pupils of all ages. Keeping that thought in mind all nss member started building up the compose pit.



Image : volunteers digging for pit.

After all hardwork and determination by NSS member the compose pit was ready. It was a successful event, everyone enjoyed and being a part of the program.

This project is just an initiative by nss member, hoping that in future there will be many more such kind of activities that will insist on giving , by following the quote**‘We make a life by what we give.’**



Image : group pic of Nss members.





NSS CRCE



REPORT ON 1-Week Terrace Garden Project

Date: 18th-24th August 2019.

Place: Fr. Conceicao Rodrigues College of Engineering.

Plantations of trees is important as they improve the life and fulfil essential needs of mankind. During photosynthesis, the trees breakdown food materials and consume carbon dioxide. Resultantly with the help of sunlight, the trees produce carbohydrates. Moreover, trees support life by providing habitat to different species such as squirrels, bees and birds. Trees cleanse the climate by absorbing carbon dioxide from the environment and releasing oxygen. The trees cool the environment through their leaves by absorbing the sun heat. Thus, there occurs cooling in the atmosphere. The trees provide shades to houses and streets.



Image : fund raising stall.

Trees clean the air by absorbing harmful chemicals such as nitrogen oxide and removing dust particles from the air by absorbing them in their leaves. Another importance of planting trees is that they save the water from impurity. Trees stop water pollution by breaking the direct fall of rainfall to the ground. Through trees, we make furniture and produce materials like books and papers. Trees help to relax and to reduce blood pressure. Different species of trees also relax the mood of people.

We had kept a proper fund raising program and list of those who have donated and their record we had kept crystal clear with everyone our principal and director supported and helped us a lot for this initiative.

•

Pre-plannning of the project

Our college has had a long standing tradition of preservation of culture, heritage and flora and fauna. In order to sensitize students towards the need to preserve our environment and ecology, tree plantation drives are organised in our college from time to time. One such drive was held during 18th-24th August.

Firstly our college performed a fund raising campaign for the tree plantation project. Many students showed keen interest in donating for the project and most of the fund required were provided by our college. Then the collection of things started accordingly. Firstly to make the pots for planting the plants we collected old drums, cut them to half and recycled them. Then after soil and compost were collected to give nourishment to the plants for further growth.

In this pre-planning I with my fellow mates had to get things delivered drums cut compose mixed and keep ready for planting.



Image: Preparations for the tree plantation

Afterwards we collected plants from local nurseries which included some basic fruit and normal plants which included;

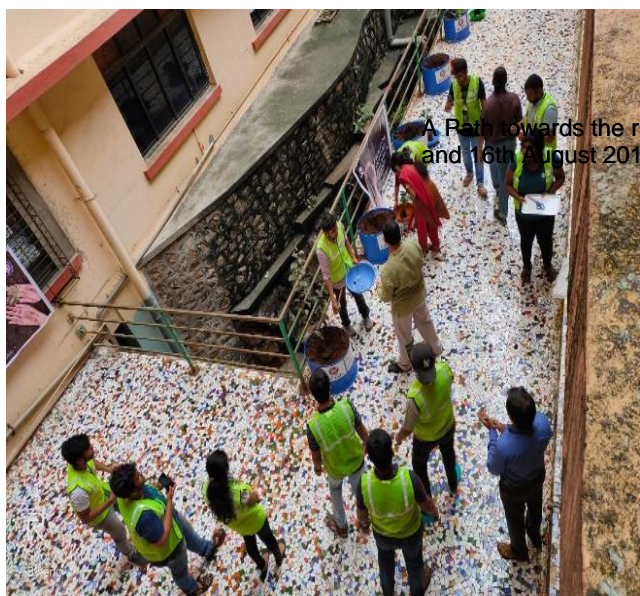
- Guava
- Kaju(Cashew)
- Lemon
- Hibiscus
- chickoo ,etc.



- **Initiation of the tree plantation**

On the first day i.e, on 18th of August our NSS unit members gathered together for the project as per the given schedule. Then the plants were planted accordingly with great interest by our NSS members as instructed by our teachers. Our NSS unit showed keen interest while planting the plants and filling the pots with soil and compost. All the pots were labelled based on the tree planted in them.

As this day was special we had to keep everything ready and our plants are to be planted finally.



A Path towards the right Direction" conducted on 13th and 16th August 2018.



Image: Plantation of

saplings.



- **Inauguration**

After all the plantation was done, our director, 'Fr. Valerian Dsouza' and principal 'Dr. Srija unnikrishnan' inaugurated the terrace garden project and watered the plants with various other faculty members planting samplings.



Image: Inauguration ceremony

The project took place in a good shiny area within the college premises. Its motive was to;

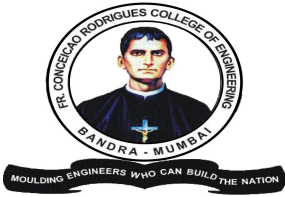
- Provide more greenery to our college premises.
- Keep the surrounding air healthy and clean
- Provide food and fruits
- Add unity to in our NSS team and rise team-spirit

Our NSS members gathered after college and happily contributed towards the initiative. We hope our efforts do not go in vain and give us good outcomes. Various plants are thus set up and we take care of it on regular basis and water idaily. Thus, this was the little we contributed towards our planet, for its better future.



Image: Sampling planted on terrace garden .





NSS CRCE



REPORT ON TREE PLANTATION

Date: 8th August 2019

Place: Mumbai.

“Reversing deforestation is complicated; planting trees is simple”



Image : one of our nss member planting.

Fr. CRCE launched an extensive plantation programme in St. Peter's high school on August 8. As a part of national service scheme our institute binds to contribute to the activities which are beneficial to the improvement of the society. The students and teachers from our college planted saplings in empty places in well organized manner. The tree plantation programme started at 10am. In order to restore the eco-balance of the afforestation this drive was taken with all seriousness. Trees play an important role in reducing the air pollution and to maintain the good quality air level in environment. So every individual should plant as many trees as possible . Because day by day pollution level in environment is getting worse. Hence, plantation is the only solution. As the surrounding of St . Peter's high school is crowded by vehicles so it may lead to increase the pollution level in that area. As it is also surrounding by educational institute ,tree plantation will help to maintain the good air quality.



Image : turning tide founder Mr. George giving instruction to our Nss members.

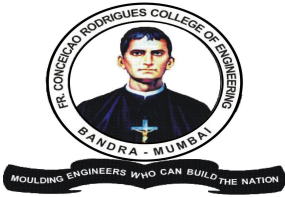
This tree plantation programme was done in collaboration with turning tide George Sir who helped us a lot. All necessary support was provided to students and thus the programme was successfully completed. Participants were highly excited and enthusiastic to make it a big success. Many trees were planted like neem, Ashoka, Queen's flower, tulip tree, fountain tree. Fruits like guava, mango, etc. were planted. Participants planted, fenced and watered the plants. Students understood the importance of plantation and types of trees beneficial for environment.



Image : group pic of plantation drive.

~~S.X~~





NSS CRCE



REPORT ON Blood Donation 2

Date: January 28th 2020.
Enginnering.

Place: FR. Conceicao Rodrigues College of

“Never feel yourself weak, you have the ability to save a life. Just donate blood.”

As Donating a part of ourselves for the betterment of the society is our motto, NSS CRCE along with the staff of renowned Holy Family Hospital (Bandra West) were successful in organizing a Blood Donation Campaing on 28th January ,2020 . The Drive received an overwhelming response from the students as well as the staff of our college.

Various posters and adverticement were done of blood donation, in college premises canteen and in staff room.

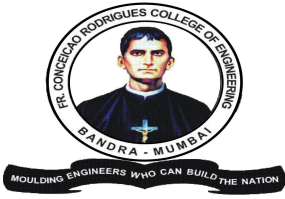


Image : our volunteers helping donors.

The event commenced by 10:am in the morning and went upto 4:00 in the evening. Donors of all blood groups donated their blood. Each donor was given snacks post donation. Certificates were provided to all the donors by the hospital. Donors with rare blood group were given a special gift. Enough amount of blood was collected and the hospital staff as well as the donors went home happy faces!

S.X





NSS CRCE



Report on Plastic Ban Rally

Date: 24th September 2019.

Place: Bandra.

On 24th September 2019, Fr. Conceicao Rodrigues College Of Engineering had conducted a Plastic Ban Rally. As 24th September is celebrated as NSS day we students decided to celebrate this day in a unique way by conducting awareness campaign among people.

For this rally I had to take permission from college then police who helped us through the rally, various banners and posters were also made.



Image : our volunteers carrying banner

By taking the permission for Mumbai police we started our rally from Bandra station to our college which is located at Bandstand.

The volunteers were instructed to report at the location at 7.30 am on 24th September. NSS was celebrating their 50th anniversary on that day. To commemorate this Rally was organized. The volunteers were then briefly instructed about the rules and regulations to follow during this rally.



Image : volunteers walking for rally

Holding aloft banners carrying slogans that dissuaded the use of plastic in the city, the volunteers reached the college covering the distance of 3kms .

Many slogans were said like “DON’T BE DRASTIC ,SAY NO TO PLASTIC”, “USE PAPER BAG REDUCE PLASTIC BAG”, “DO SOMETHING DRASTIC,CUT THE PLASTIC”, etc.

We were accompanied by the Mumbai police from start till the end of the our rally.All thanks to the Mumbai police for this peaceful rally. It was indeed a very good experience.



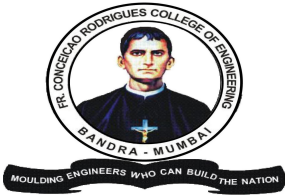
Image : Fr. Valerian our director giving pledge with our NSS volunteers.

Thanking the Mumbai police we went to our college where the director of our college Fr.Valerian D’souza and along with 50 volunteers took the pledge to refrain from unnecessary usage of plastic and convinced their family and friends against plastic usage to create environmental responsibility.



Image : group pic of NSS members with director and security head.

NSS CRCE is grateful of Mumbai police as well as our director and all the volunteers for their support to organize this peaceful and successful rally to make people aware of their responsibility to use cloth bags and change the use and throw culture.



NSS CRCE



REPORT ON HAPPY HOURS STALL

“We only have what we give.”
— Isabel Allende

Date: November 28th, 2019 to November 30th, 2019

Place: Fr. Conceicao Rodrigues College Of Engineering

NSS CRCE organized a workshop “HAPPY HOURS” in collaboration with CEREBRAL PALSY ASSOCIATION OF INDIA (CPAI) in the college premises of Fr. Conceicao Rodrigues College of Engineering, Mumbai.

Cerebral Palsy Association of India and its unit Happy Hours Workshop for P.D.A's (People with Different Abilities) was initiated in the Year 1968, by a set of dedicated parents of individuals with special needs. The aim was SERVING COMMUNITY, ENRICHING LIFE. Housed in bright and airy premises with large comfortable classrooms and activity areas, the workshop is student's delight. At CPAI, they welcome people with P.D.A's by providing engagement and helping them to be a part of the integrated social framework, thus giving their parents some free time to focus on their own lives.



Image: Various activities for the physically challenged at the CPAI

In the HAPPY HOURS workshop, the NSS members set up a stall in the college premises for 3 days from 11:00am to 3:00pm. This event was organised to encourage the handicapped children by selling the products they made, and the amount collected was given to the CPAI to help this children. The various products they made were rakhis, bracelets, greeting cards, necklaces and paper bags.



Image : NSS Members at the stall selling the products

NSS CRCE is thankful to the CEREBRAL PALSY ASSOCIATION OF INDIA(CPAI) for giving us the opportunity to conduct this workshop in our college premises and help the physically challenged people by selling their product



Image: College staff and students buying the products at the stall.

S. X





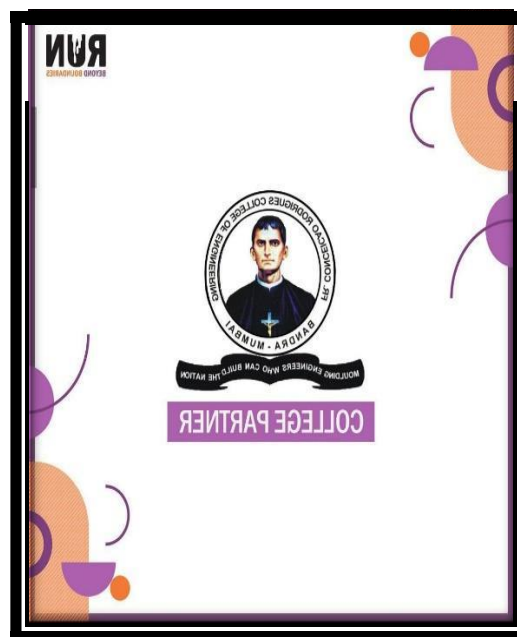
NSS CRCE



ASBB FUN RUN (MARATHON) VOLUNTERRING REPORT

DATE: 16th February 2020

ASBB (Association of Social Beyond Boundaries) is a group of enthusiastic, self-driven, change makers who take upon themselves the responsibility of bringing about the change they wish to see. Mr. Sagar Jain founder of Association of Social Beyond Boundaries came up with a vision and mission to form this trust. On the completion of 4 years, ASBB (Association of Social Beyond Boundaries) announced a 4kms Fun Run "RUN BEYOND BOUNDARIES".

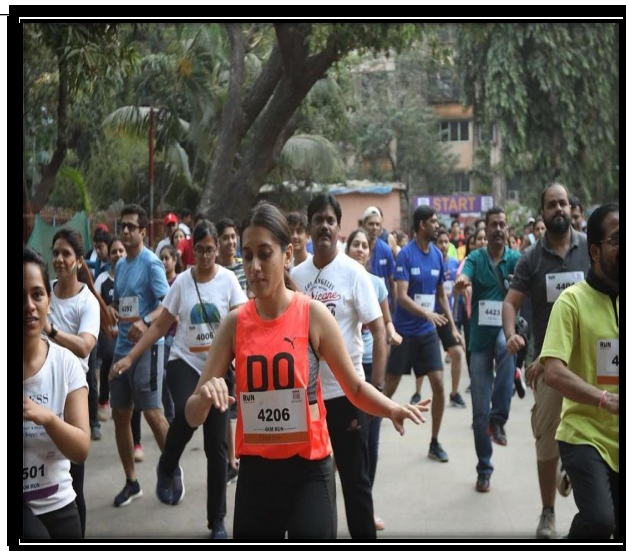


As people of different age groups were participating in this Fun Run Marathon There were high chances of runners getting interrupted or risking their safety on the busy roads of Ville Parle. So to avoid chaotic situations and handle the Marathon peacefully and with ease, Mr. Sagar jain took an initiative to maintain the chaos along with his team but it was not possible to keep an eye on the entire route for his team.

So this year along with ASBB team, 25 of our volunteers passionately participated in the ASBB FUN RUN Volunteering on 16th Feb 2020 at Swatantrya Veer Savarkar Udyan.

For this marathon we had to plan and promote the marathon in marathon our volunteers were given task I had to cordinate with the founder and organize this marathon.





The volunteers reported the site at 5:30am, and were given a briefing about the marathon by Mr. Sagar Jain. The volunteers were divided into groups of 2-3 as per requirement and were assigned respective spots to look upon. All the volunteers were led by an ASBB member to avoid chaotic situations and effective approach. Each and every volunteer had a specific task at a particular period of time. All the volunteers were given their task before the marathon started. The gates and the Registration window were open by 6:30am and the Marathon started around 7:30am. Some of our volunteers were kept at the entrance to acknowledge the participants and to check their chest numbers, while few were at the water counter.

Zumba activity was carried out at 7:00am before starting the marathon, as to ensure that there were no sprains in muscles as enough stretching was done during the Zumba activity by a professional Zumba instructor. The volunteer's jobs included tasks like Traffic management, Ensuring Safety of the Runners, preventing runners from cheating during the marathon by taking a shortcut. After the Marathon was complete runners returned to the Swatanrya Veer Savarkar udyan while the volunteers followed them by clearing the posters, banners and water desks.

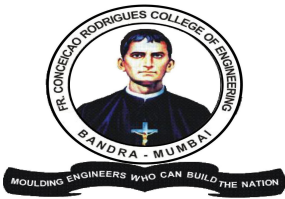


After Marathon was complete All the runners and the volunteers were re-energized by RED BULL and also some healthy snack which included fresh juices, sandwiches and fruits. Every participant was awarded 3 certificates and a participation medal wherein volunteers were given certificates as well. The marathon ended with a felicitation program and a vote of thanks.

NSS CRCE is grateful of ASBB for giving our members an opportunity to work and experience live traffic management and willingness to bring a change in the society.

S.X





NSS CRCE



Report on no smoking pledge.

Place : Fr. C.R.C.E

Date : 25th September 2019.



Image : students taking pledge.

NSS unit of Fr. Conceicao Rodrigues College of Engineering took this initiative to make all students pledge for no smoking and made posters and slogans to be showcased on corridors.

Pledge which is I xyz promise to not smoke or use any tobacco products now and forever. In addition, I will always try to stay away from secondhand smoke, which is a danger to my health. I will do my best to encourage people who do smoke or use tobacco products, and will do my best to support them as they try to quit.

Although nicotine is addictive, most of the severe health effects of tobacco use comes from other chemicals. Tobacco smoking can lead to lung cancer, chronic bronchitis, and emphysema. It increases the risk of heart disease, which can lead to stroke or heart attack. Smoking has also been linked to other cancers, leukemia, cataracts, Type 2 Diabetes, and pneumonia. All of these risks apply to use of any smoked product, including hookah tobacco. Smokeless tobacco increases the risk of cancer, especially mouth cancers.

We would like to thank our students and staff for supporting.

For this pledge we had to take permission from principal mam and each class teacher for conducting pledge in their class.

Six



Report on Mission Blue Seminar.

Date : 8th July 2019.

Place : Fr.C.R.C.E



Image : presentation by united way.

United way mumbai is a renowned organization which started mission blue project in which awareness about ocean and marine life was given and how we can contribute for well being. Most life forms evolved initially in marine habitats. By volume, oceans provide about 90 percent of the living space on the planet. The earliest vertebrates appeared in the form of fish, which live exclusively in water. Some of these evolved into amphibians which spend portions of their lives in water and portions on land. Other fish evolved into land mammals and subsequently returned to the ocean as seals, dolphins or whales. Plant forms such as kelp and algae grow in the water and are the basis for some underwater ecosystems. Plankton forms the general foundation of the ocean food chain, particularly the phytoplankton which are key primary producers.

In this seminar to call and arrange was a task for us where we had to fix a date and proper timing for conducting this seminar. We would like to thank united way for conducting this seminar and all our NSS volunteers.

Six



REPORT ON BANDRA FAIR VOLUNTEERING

Date: 08 To 15 September 2019.

Place: Mumbai.

The Mount Mary Church, located in the heart of Bandra is known to have infinite number of visitors each year. The peak number of devotees are expected when the Church organizes a week long Novena to celebrate the birth of Mother Mary in the month of September every year. It generally begins on the second Sunday of the month and goes upto the next Sunday.

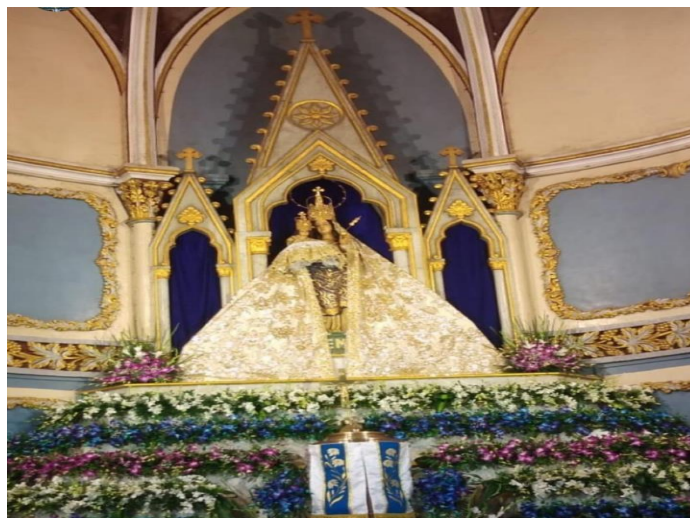


Image : Mary of Mount.

As People from all faiths and across India visit the place during this season, there are chances of commotion and other chaotic situations. So to handle the matters smoothly, the Mumbai Police took it to their hands, the responsibility of managing the crowd and traffic.

So, this year along with the Mumbai Police, 45 of our volunteers tirelessly participated in the Bandra fair volunteering cum crowd management for the entire week.



Image : Our volunteers managing crowd and helping aged.

The volunteers were divided into 2 time slots, 8:00am-2:00pm and 2:00pm- 8:00pm based on their respective duties where they performed their assigned tasks effortlessly. Further, they were segregated into assisting the Police into various tasks like managing the crowd, helping them form queues, traffic control management, security checks, guiding pilgrims to exits, fair, restrooms etc. They also guided the senior citizens off their buses to the seats in the church and back. Extra help was given if it was needed (providing them with wheelchairs, canes and other support).

There was a special mass offered for the senior citizens where food packets were to be distributed among the pilgrims. Our volunteers carried out the task smoothly as their unity showed. The volunteers were given daily meals and other refreshments by the Mumbai police throughout the week. Each of the volunteer with 0% Absentee record was allotted with 45 hours of NSS service. All the volunteers were awarded with a certificate with Mumbai Police stamping.



Image : Devotes worshipping Mother of Mount

NSS CRCE is grateful of the Mumbai Police for giving our members an opportunity to work and experience various crowd and traffic control management methods and assisting them throughout this week long journey. Here I had to take permission from police our college and registering names of those who are interested collaborating with mumbai police.



Image : Group picture of volunteers.

S-X





NSS CRCE



REPORT ON SELF DEFENCE WORKSHOP

Date: 6th March, 2020

Place : Mumbai



Image: Welcome speech by the President.

Fr Conceicao Rodrigues College of Engineering conducted self defence workshop organized by the NSS council in college. The event took place at the college auditorium, 1:00 pm onwards. The event started with welcoming the guest by the president of NSS council and the workshop started with instructor showing several videos and explaining the importance of self defence.

After watching several videos, the actual workshop started with giving them hand on experience of the defence techniques. The instructor explained about the basics of self defence and when to use them.



Image: Demonstration of the self defence techniques

The event was successful with active participation of students as well as faculty members inclusive of the other staff. This workshop was a 4 hour workshop which included basic self defence techniques. Personal attention was given to all the participants and it was made sure that everyone was well versed in the taught techniques.

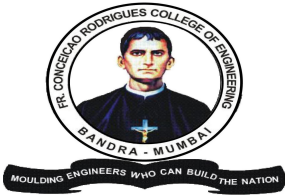
All the participants were made to practise the techniques with other participant. After the practical workshop all the participants were asked to give their feedback. The feedback of students was positive and looking for similar workshop in future. The event concluded with felicitation ceremony and followed by thank you speech by the President.



Image: felicitation ceremony

In a society where crime has risen to a shocking extent, the ability to protect ourselves from undesirable situations has become a necessity. Self-defence is of the utmost importance in the kind of the world we live in today. NSS CRCE looks forward to help people get educated with such informative workshops.





NSS CRCE



Report on corona awareness

Date : 28th January 2019

Place: Fr.C.R.C.E

As this novel corona virus was just in news nss unit of Fr. Conceicao Rodrigues College took an initiative of making people aware about it symptoms, how to prevent from it and what is it .

We spread this awareness by making posters creating message and posting on social media platforms.

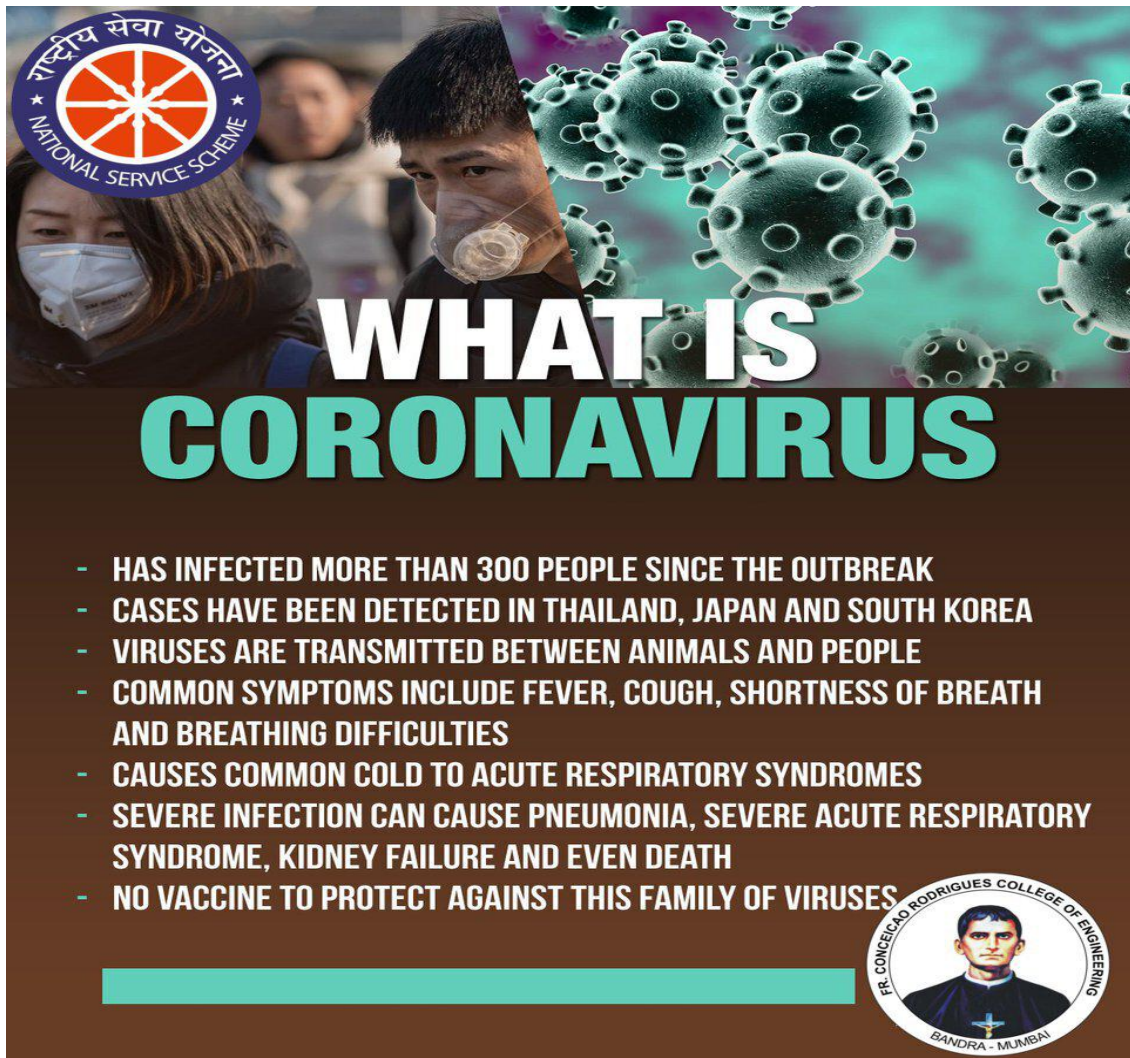


Image : poster of corona virus.

Six



INTRODUCTION

A photograph of a rural village scene. In the foreground, a bullock cart pulled by two oxen is moving across a dirt road. A woman in a blue sari is walking nearby. In the background, there are several traditional houses with thatched roofs, surrounded by lush green trees. A red bicycle is parked on the left side of the road.

~~S.X~~



Day 1: Sarpanch visit

15th December 2019

The first day of NSS special camp started on 15th December 2019 where everyone was told to report at saphale station by 9.00 A.M and then further we started our journey to tandulwadi village and reached there by 10.30 A.M . The sarpanch of the village welcomed us, after everyone settled we interacted with sarpanch and he told us about various problem faced by the village. Then at the end everyone gathered and discussed for a solution for the problems faced by villagers, we also discussed and planned for the next day activity which was sports day and made groups of people and divided all the responsibilities for the sports day activity among the groups.



Image: Volunteers interacting with sarpanch of the village



Day 2: Sport Day

16th December 2019

On the second day all the volunteers headed towards the school with enthusiasm and excitement for the sports day activity. We first met the principle of the school and discussed how we were going to conduct the activities. Then everyone interacted with the children of the school and they were full of energy and were eagerly waiting for us to start the activity. There were various activities conducted simultaneously and we saw to it that everyone would get a chance to participate in all activities. We conducted activities such as hopping, running, sakli, football,ect. For the nursery kids we kept a drawing competition in which all the material was provided by us. Then at the end we distributed prizes to all the winners. At the end of the day all volunteers gathered and discussed about school wall painting which is our main project starting tomorrow.



Image: Prize distribution to all the winners



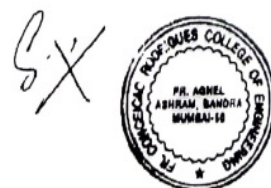
Day 3: School Wall Painting

17th December 2019

The third day was a important day as we were starting our main project which is the school wall painting. First sanding of the walls was done where all the volunteers were given sand papers and sanding of the walls to be painted was done. Then after sanding we had to apply base paint on the walls and fill holes on the walls with cement; hence, all the walls to be painted and the holes to be cemented were divided among all the volunteers and everyone showed a great team spirit leading to completion of the painting and cementing. Now we had to wait for the next day for the paint to dry so that we could draw cartoons and paint them making the walls fun and something the children would love.



Image: Volunteer painting the school wall



Day 4: School Mentoring and Wall Painting

18th December 2019

On the fourth day we donated two computers to the school and also had to complete the remaining drawings on the wall. Some volunteers helped the children set up the computer and taught them all the basics of operating the computer, they also taught them paint and all the parts of the computer, while the other volunteers were drawing cartoons on the wall and painting them. Our project of school wall painting was completed by the end of the day.



Image: School Mentoring



Image: Volunteers drawing and painting cartoons on wall



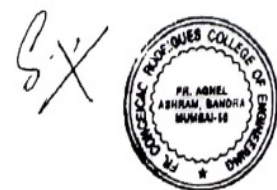
Day 5: Survey

19th December 2019

On the fifth day all the volunteers according to their group went to the village and took a survey of the village. We took surveys to know about their work, income, education, living, total family members in the house and what do they do, etc. We also asked them how the government is helping them and what problems they are facing and if they are getting any help with their problems. The motive of the survey was to know and understand their problems so that next year when we go we can do some development and help them with it.



Image: Volunteers taking survey



Day 6: Trekking

20th December 2019

On the sixth day of NSS Camp we were all set to go for trekking to explore the nature. We went for trekking on Tandulwadi fort which is a famous trekking spot, where many people come from different places to explore the beauty that lies in Tandulwadi. We started our trekking in the morning by 6:00 A.M and came back in the afternoon by 3:00 P.M. Everyone was super excited as trekking was everyone's favourite adventure sport. The fort was build 800 years ago and it was primarily used as a watch tower over surroundings plain. The village Tandulwadi was beautiful but we came to know about its real beauty when we saw it from the fort its was marvellous.



Image: Trekking at Tandulwadi Fort



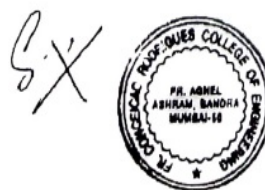
Day 7: Awareness and Tree Plantation

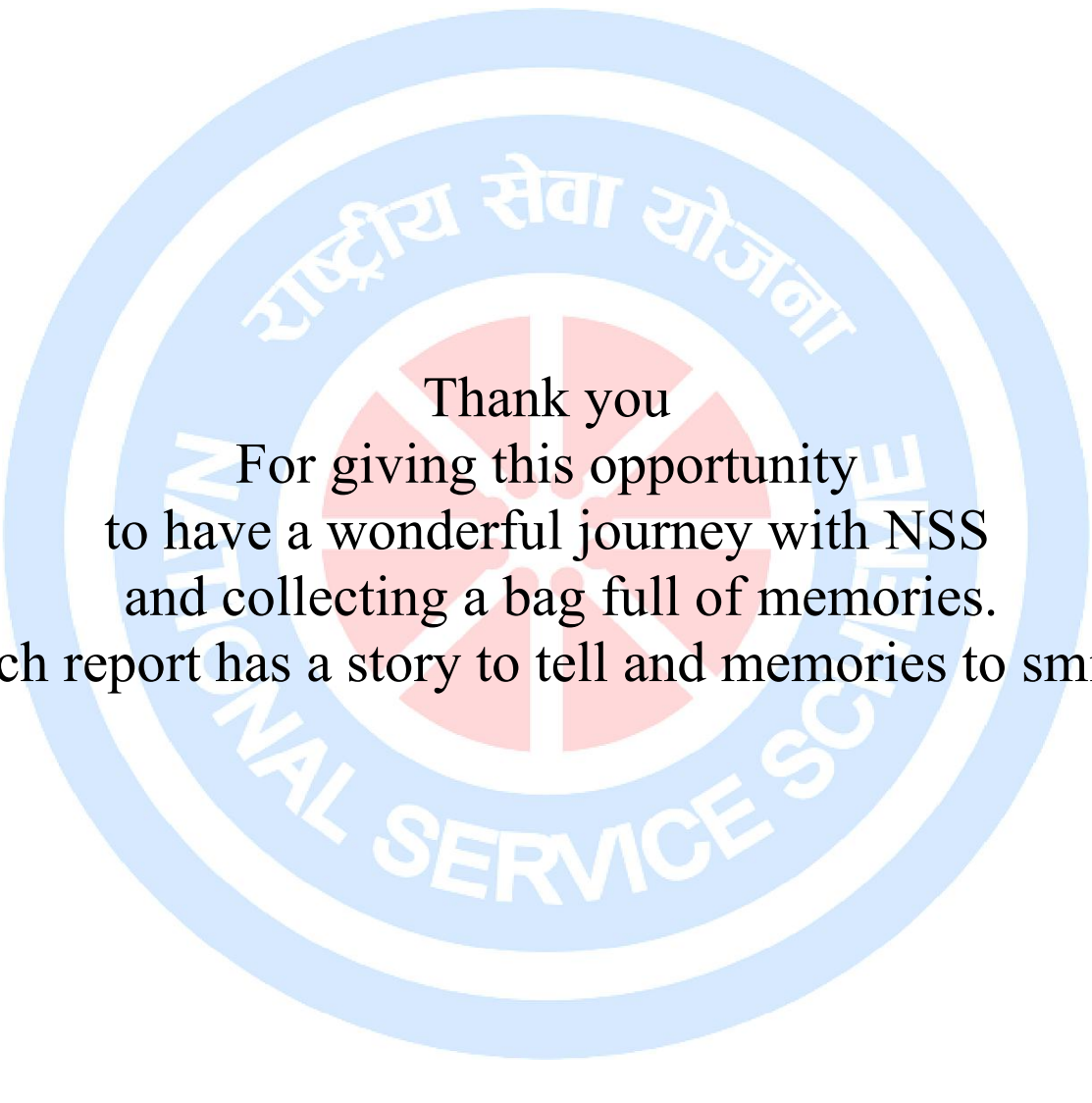
21st December 2019

On the 7th day the final day of the camp, we called doctors from the Chaitanya foundation who educated young girls about menstrual hygiene and puberty. After the awareness seminar was over with the help of school students we planted some sampling so that they should have value of plants and learn to protect our ecosystem. The students took active part in planting the sampling and promised to take good care of them until they are all well grown.



Image : Doctors making girl child aware.



The background of the page features a large, light blue watermark of the National Service Scheme (NSS) logo. The logo is circular, with a red wheel-like symbol in the center. The text 'राष्ट्रीय सेवा योजना' (Rashtriya Seva Yojana) is written in Hindi in the upper arc, and 'NATIONAL SERVICE SCHEME' is written in English in the lower arc.

Thank you
For giving this opportunity
to have a wonderful journey with NSS
and collecting a bag full of memories.
Each report has a story to tell and memories to smile.



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104
Website : www.frcrce.ac.in • Email : crco@fragnel.edu.in

Ref.: CRCE / 2022 / 239 (A)

Date : June 17, 2021

CIRCULAR

On the occasion of International Yoga day on the 21st of June 2021, the Students' Council of FR. CRCE has organized a session on basic yoga practices, highlighting the benefits of each. All staff members are requested to attend the session and make the event successful.

Venue: Samvaad Auditorium (Ninth Floor)
Day: 21st of June 2021
Time: 9.00 AM to 10.30 AM

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING

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Phone : (022) 6711 4000, 6711 4101, 6711 4104

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 257 (A)

Date: August 16, 2021

NOTICE

As a part of Life Skills Development, the session on **Sahaj Yoga** is organized during the First Year Induction Program on August 22, 2021.

The session will be conducted by Ms. Meenakshi Dhariwal, Yoga Institute, Mumbai

Venue: Samvaad Auditorium (Ninth Floor)

Time: 1.30 PM to 4.30 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

YOGA SESSION REPORT

First Year Induction Program

Yoga session

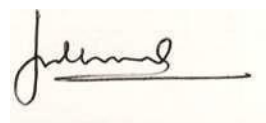
Venue: College Samvaad Auditorium

Date: 22/08/21 from 1.30pm to 4.30pm

As a part of F E Induction program, Yoga Session was organized on 22/08/2019 from 1.30 p.m.to 4.30 p.m. in the college Samvad Auditorium.

Ms. Meenakshi Dhariwal and her colleagues from Yoga Institute, Mumbai were resource persons for this program. Yoga is one of the important meditational practice which we have been following since ancient times and has its relevance in the present times when students are facing stressful time in managing their professional studies. The experts from Yoga institute taught simple yogic techniques and meditational practices that brought out the essence of yoga to the students. As per the guidelines from AICTE yoga is the important sessions to be organized for the students admitted to the first year engineering course across India.

The session was conducted by Dr. Hemant Khanolkar, Head Departments of Humanities and Science. This session was attended by 140 students and was well appreciated by them. List of student attendee from all five first year engineering divisions is enclosed.



Dr. Hemant Khanolkar

Department of Humanities and Science





1. Mr. Pillai showing students sahaj yoga



S-X



2. Students asking questions after the session



Six



3. Resource persons of Yoga session along with College staff.



S-X

			Students attendee
Sr. No		Roll No	Name of the students
1	A01	8774	Agarwal Hardik Nikesh
2	A02	8796	Abhishek Bhattacharjee
3	A06	8924	Bollavathi Vibhav Bhagyarathudu
4	A08	8925	Chacko Bibin Biju
5	A09	8859	Yashaswini Sunil Chaudhari
6	A12	8989	Dcruz NEALON Neel
7	A13	8863	D'Mello Vanessa William
8	A14	8802	Dsouza ADROIT Robert
9	A16	8802	Dsouza Sherwin Rakesh
10	A17	8937	Fernandes LIZEL Peter
11	A18	8939	Fernandes ROYDEN Richard
12	A19	8942	Gini Chacko
13	A20	8995	Gracias Reuel Alwyn
14	A21	8996	Gurav MAYUR Mangesh
15	A23	9000	KEVIN Sam Mathew
16	A24	8879	KUSHWAH RAVISINGH SAHOOKAR
17	A25	8880	LIDYA Simon Raj
18	A26	8888	MOHARE PRACHI PRASHANT
19	A28	8958	Nair DHANANJAY Jayaprakash
20	A30	8960	Noronha Candida Ruth Rupesh
21	A31	8895	Meet Hareh Parmar
22	A32	8894	PANCHAL BHAVENDRA SHAILESH
23	A33	8824	Parkhe Tanisha John
24	A35	8896	Patrick RONALD Basil
25	A36	8964	Prajapati DEV Chandrakant
26	A38	9017	Satam KAUSTUBH Arvind
27	A39	8905	Savaliya Uttam Jayantibhai
28	A44	8792	SHEWALE DHIRAJ PRALHAD
29	A45	8842	SHIBU Mathew
30	A51	8914	Tuscano reez richard
31	A52	8969	SHAH MANAN AMIT
32	B1	8917	Abidi Syed Irfan Amjad
33	B10	8776	Diwan Adnan Zafar Alam
34	B11	8803	D'Souza Deon Norbert
35	B12	8865	Dsouza Dilton Ignatius
36	B17	8940	Fernandes Warren Walter
37	B18	8997	Ingle Yash Bhagvan



S-X

38	B19	8779	Jatale Siddhant Vitthal
39	B20	8808	Jeshurun Edwin
40	B24	8950	Liny Mathew
41	B25	8881	Lobo Natasha Francis
42	B26	8883	Lopes Shaun Joseph
43	B29	8820	Nair Rohit Rishikesan
44	B30	8890	Nerkar Trupti Dadaji
45	B31	8891	Noronha Nikita Emilia J.
46	B32	8821	Padu Rendell Rocky
47	B33	8787	Pagar Vishal Sanjay
48	B34	8823	Palak Joseph
49	B42	8967	Rodrigues Ameaza Peter
50	B43	9023	Sharma Nivesh Rajesh
51	B44	8840	Shelke Vinay Ramesh
52	B45	8972	Shetty Sakshi Aruna
53	B46	8973	Soares Lance Garrick
54	B47	8912	Talvalkar Shivangi Sharad
55	B48	8847	Thakor Spandan Sandip
56	B49	8977	Tuscano Seniya Jerome
57	B50	9029	Vadke Mayuresh Dilip
58	B51	9003	Lobo Nixon Jeffrey
59	C5	8990	Dhalwani Rachael Ranjit
60	C6	8934	Edakkalathur Betsy Antony
61	C7	8936	Fernandes Dan Johnbosco
62	C8	8777	Fernandes Ranen
63	C9	8994	Gonsalves Raul Romeo
64	C10	8871	Harde Pratik Gokul
65	C11	8872	Ibin Babu
66	C12	8947	Joel George Sam
67	C16	8878	Kothari Sumit Kamlesh
68	C17	9002	Lemos Sneddyn Manuel
69	C18	8951	Lobo Greatson Simon
70	C19	8882	Lobo Ross Stanislaus
71	C20	8781	Louis Vailanka Fleur
72	C21	8782	Mahadik Rhutika Manohar
73	C22	8955	Manobala Subramanian
74	C23	8884	Marathe Vaishnavi Anil
75	C24	8885	Mehta Samarth Ketan
76	C25	9006	Naik Durvankur Vishal



S/-

77	C34	8901	Rodrigues Kaylynn Martina Titus
78	C35	8835	Rodrigues Nathaneal Mario
79	C36	8903	Rumao Joyli Marshal
80	C37	8904	Sanghvi Mann Dharmendra
81	C38	9018	Satghare Nishant Ravindranath
82	C39	9020	Sehra Gurliv Singh
83	C40	8837	Shanbhag Sushant Ramanand
84	C41	9022	Sharma Aditya Rajeev
85	C52	9007	Noronha Nigel Anil
86	D1	8982	Allen Dony
87	D2	8852	Almeida Marilyn Merwyn
88	D3	8919	Amrutha Sureshkumar
89	D4	8853	Badwal Jayesh Dilip
90	D5	8922	Bazaz Rahul Rakesh
91	D6	8923	Bharti Pearl
92	D7	8858	Buit Atharva Prashant
93	D8	8800	Chaurasia Aditya Pravinkumar
94	D9	8926	Chavan Sakshi Vinayak
95	D10	8986	Chavan Vedang Satish
96	D11	8932	Dsouza Colin David
97	D12	8805	Falcao Benhur Neil
98	D24	8998	Joglekar Yashas Dhananjay
99	D25	9001	Kshirsagar Tanay Sandip
100	D26	8952	Loomba Ishaan Sanjeev
101	D27	8814	Machado Neil Dilip
102	D28	9005	Makasare Shashank Satish
103	D29	8956	Mishra Kaustubh Krishnanand
104	D30	8819	Mundye Aashay Pratish
105	D31	8785	Nadar Upkar
106	D32	8826	Patil Omkar Chandrashekhar
107	D33	8827	Patil Siddhesh Shreekant
108	D34	9011	Pereira Gavin Neil
109	D46	9028	Uchgaonkar Sharvang Prasad
110	D47	8978	Vaz Samuel German
111	D48	8916	Vaz Travis Ivor
112	D49	9032	Vichare Sahil Sandeep
113	D50	8981	Wani Bariq Ilahi
114	D51	8833	Rangucha yash Bhalchandra
115	D52	8845	Soni Harsh Pravin



S-X

116	E1	8775	Band Yash Vijay
117	E2	8854	Bhat Zahid Majeed
118	E3	8861	Chettiar Rissa Lawrence
119	E4	8988	Dali Aryan Sanjay
120	E15	9004	Lopes Rex Johnson
121	E16	8953	Lucas Brendan Xavier
122	E17	8813	M Jyothis Shajan
123	E18	8954	Mahamuni Aditya Rajendra
124	E19	8815	Mahimkar Sahil Pralhad
125	E20	8816	Manuel Gautam Shibu
126	E21	8784	Marde Advait Bhushan
127	E22	8817	Marippanvru Max Johnson
128	E23	8886	Merchant Abde Abitalib M.
129	E24	8887	Mhatre Yohan Rajesh
130	E35	8836	Rodrigues Rainer Sahil
131	E36	8968	Sahu Pratyush Kumar B.
132	E37	9016	Salunke Bhushan Uday
133	E38	8906	Sequeira Rachel Steven
134	E39	9021	Shaikh Sadiya Salim
135	E40	8838	Sharma Danish Kumar
136	E41	9025	Solanki Vineet Kirit
137	E42	9026	Tuscano Joyace John
138	E43	8976	Tuscano Sania Charles
139	E44	8849	Varma Gayatri Pramod
140	E45	9031	Varun Sebastian

Report by



Dr. Hemant Khanolkar






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SOCIETY OF ST. FRANCIS XAVIER, PILAR'S

FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING

(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 67114101, 6711 4104 • Fax : 6711 4100

Website : www.frcoe.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2019

Date: August 19, 2019.

To,
Ms. Meenakshi
Workshop Coordinator
Sahaj Yoga
Mumbai

**Subject :- Invitation as Resource Person for
First Year Induction Programme**

Dear Madam,

We are organizing induction Program for First Year Engineering students admitted to our institute in the academic Year 2019-20. It will be our privilege and great honour to have you with us as resource person to address our students on this occasion and enlighten them on importance of Sahaj Yoga.

Schedule of your session:

Date : 22nd August 2019
Time : 1.30 P.M. TO 3.30 P.M.
Duration: 2 Hours
Venue : Samvaad Auditorium, 9th Floor
College Building, Fr. CRCE

We request you to accept our invitation.

With warm regards,


(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL







Session-5

Theme: Shahaj Yoga session

Venue: College Samvaad Auditorium

Date: 22/08/19

Time : 1.30pm to 4.30pm

Resource Person: Ms. Meenakshi Dhariwal, Yoga Institute

Yoga Session was organized as a part of the F E Induction program on 22nd August 2019 from 1.30 P.M. onwards. Meenakshi Dhariwal and her colleagues from Yoga Institute, Mumbai, were resource persons for this program. Yoga is one of the essential meditational practices which we have been following since ancient times. Students stressed due to hectic professional studies can find it relevant. The experts from the Yoga institute taught simple yogic techniques and meditational practices that brought out the essence of Yoga to the students. AICTE guidelines also emphasized the need for Yoga for the students admitted to the first-year engineering course across India.

Students well appreciated this session. A list of student attendees (140 Students) from all five first-year engineering divisions is enclosed.



Head, Department of Humanities and Science

FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai – 400 050.

Ref.: CRCE / 2020 / 077

Date : March 6, 2020.

NOTICE

Induction- First Year Engineering

In accordance with the notification from AICTE, an orientation on 'Self Defence through Karate' is organised as a part of Induction Program, as per the schedule given below.

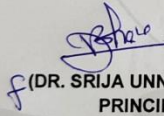
Details of the program:

Date : 6th March 2020.

Timing : 1:30 P.M.to 2.30 P.M. for FE Division A, D, E &
2:30 P.M.to 3.30 P.M. for FE Division B & C

Venue : Samvaad Hall.

Attendance for the above program is compulsory and will be taken inside Saamvad.


(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

C.C. : FE Class Teachers

F.E. Batch-A	Prof. Parshvi Shah
F.E. Batch-B	Prof. Archana Karandikar
F.E. Batch-C	Dr. Deepak Bauskar
F.E. Batch-D	Prof. Prasad Lalit
F.E. Batch-E	Dr. Sunil Yadav

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Head, Department of Humanities and Science

FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Ref: CRCE / 2020 / 080

Date : March 9, 2020.

NOTICE

Redemptorist Fathers are conducting a one day workshop on Value Education and Career Orientation for F.E. All Divisions students as per the following schedule. Lectures & practicals of F.E. students stands cancelled on the said dates respectively. It is compulsory for all students to attend the above workshop as per the schedule given below..

Time: 9.00 am to 4.00 pm

Venue: SAMVAAD Auditorium, 9th floor.

11 th March 2020	Divn. D & E
12 th March 2020	Divn. A, B, C


PRINCIPAL

C.C. : HOD- Prod / Elex / Comp / IT / H&S

FE Class Teachers ---

F.E. Batch-A Prof. Parshvi Shah


F.E. Batch-B Prof. Archana Karandikar

F.E. Batch-C Dr. Deepak Bauskar

F.E. Batch-D Prof. Prasad Lalit

F.E. Batch-E Dr. Sunil Yadav

Mr. Mahesh Sharma, Training & Placement Officer - For co-ordination.

Mr. Ajay Koli & Mr. Nilesh Patil - For Samvaad arrangement 

Mr. Prakash Yelwande - For cleaning & Closing

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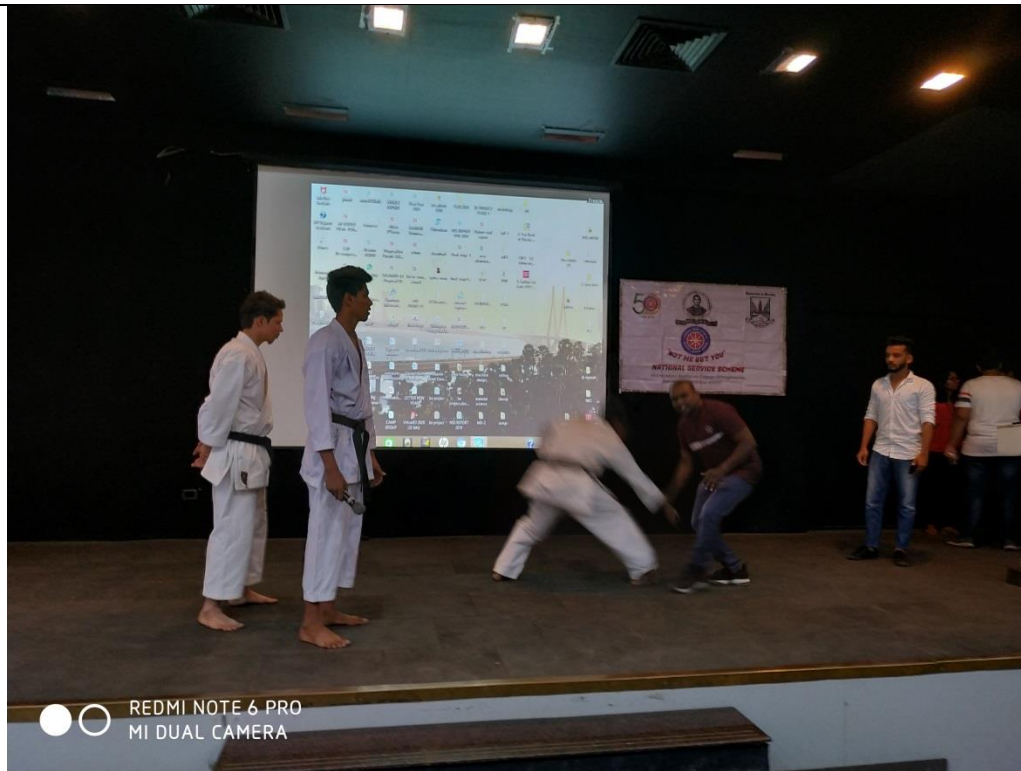
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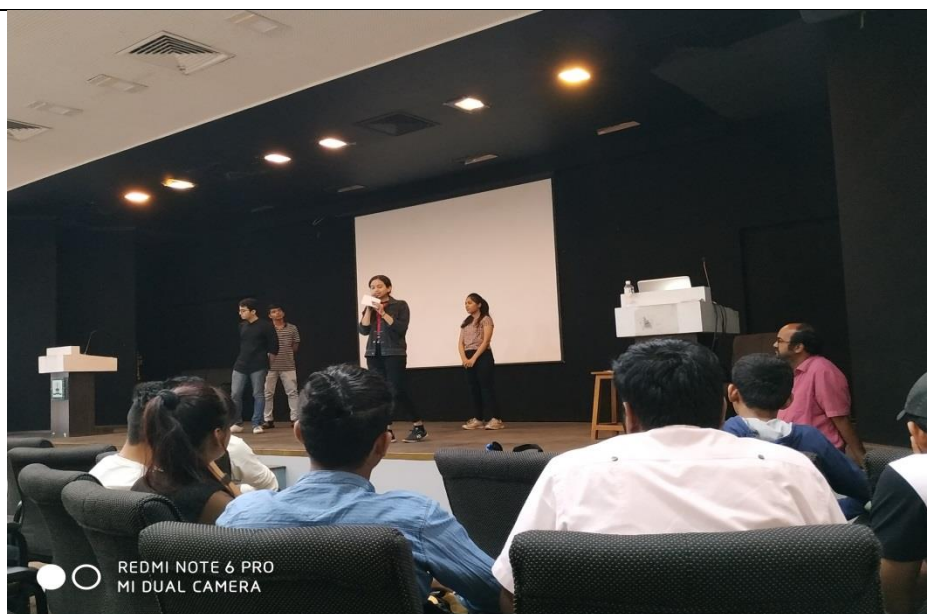
Head, Department of Humanities and Science



S-X

Julius

Head, Department of Humanities and Science



Six

Julius

Head, Department of Humanities and Science



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
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Phone : (022) 6711 4000, 6711 4101, 6711 4104
Website : www.frcce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 325 (A)

Date : August 13, 2019

NOTICE

As a part of Life Skills Development, there will be a session on **Universal Human Values** on August 20, 2019, in the First Year Induction program.

The session will be held by Dr. Ambarish Bhatt.

Venue: Samvaad Auditorium (Ninth Floor)
Time: 3.00 PM to 4.00 PM

All students are invited to attend the above session.

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

Mentoring session for Division A, B, and C was organized as indicated below.

BATCH	Venue	Class -Teachers	Mentors (first 26)	Mentors (next 26)
Div -A	701	Prof. Parshvi Shah	Prof. Parshvi Shah	Prof. Dileep C.
Div -B	706	Prof. Archana Karandikar	Prof. Archana Karandikar	Dr. Khushbu Trehan
Div -C	707	Dr. Deepak Bausakar	Dr. Deepak Bausakar	Dr. Joseph Rodrigues

Class-wise, teacher mentors were assigned, as shown in the above table.

In this session, students interacted with their mentors. Students opened up, introduced themselves, and interacted with their classmates, class teacher and subject teachers, and student mentors.

Session-3

Theme: Universal Human Values

Venue: College Samvaad Auditorium

Date: 20/08/19

Time : 1.30pm to 4.30pm

Resource Person: Dr. Ambrish Bhatt

Dr. Ambrish Bhatt conducted this session on Universal Human Value in the college auditorium Samvaad on 20th August 19. Dr. Ambrish Bhatt is a well-renowned counselor by profession who has given numerous talks and worked many sessions on UHV to engineering and management colleges in the city.

Dr. Ambrish Bhatt emphasized the relation between Human beings and their association in society. He said it is essential to understand human behavior. More than we know the difference between me and 'self, we can resolve the complexities of the problems we encounter in our day-to-day life.

He explained to the students that every living individual has the value and purpose of playing in society.



S-X

Head, Department of Humanities and Science



Dr.Ambarish Bhatt is interacting with students in the UHV session.



Session-4

Theme: Career Guidance session



Six

Julius

Head, Department of Humanities and Science

FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING

Fr. Agnel Ashram, Bandstand, Bandra (West), Mumbai - 400 050.

Ref.: CRCE / 2019 / 248

Date : June 19, 2019.

C I R C U L A R

YOGA DAY CELEBRATION

On the occasion of International Yoga Day on the 21st of June 2019, the Students' Council of Fr. CRCE has organized a session on basic yoga practices, highlighting the benefits of each. All staff members are requested to attend the session and make the event successful.

Venue : Samvad Auditorium, Fr. Conceicao Rodrigues College of Engineering

Date : 21st June 2019

Time : 9:00-10:30AM



(DR. SRIJA UNNIKISHNAN)
PRINCIPAL



YOGA DAY

Report

21 JUNE 2019

**FR.CONCEICAO RODRIGUES COLLEGE OF
ENGINEERING
BANDRA, MUMBAI**




(DR. SRIJA UNNIKRIISHNAN)
PRINCIPAL



EVENT: International Yoga Day

DATE: 21 June, 2019 (Friday)

DURATION: 09:00 a.m. to 11:00 a.m. (2 HOURS)

VENUE: SAMVAD, FR.CRCE, BANDSTAND, BANDRA (W)

NUMBER OF PARTICIPANTS: 60 (including our Principal, Heads of Department, professors and the students)

NUMBER OF STUDENT PARTICIPANTS: 40

The International Yoga Day was celebrated in our college, Fr. Conceicao Rodrigues College of Engineering on 21 June, 2019 (Friday) as an attempt to cultivate discernment, awareness, self-regulation and higher consciousness in the students, to train their body and mind to self observe and become aware of their own nature.

The session was conducted by:

Holistic Training and Development Centre (NGO) that aims to empower individuals to get in touch with their core personalities and further teach them skills which would help them live a happy and blissful life.

- Mrs. Namratam S Kandoi, the founder and director of the HTDC NGO.
 - MA in Clinical Psychology, Mumbai University, India
 - Trained many Psychology students and graduates in Clinical Hypnotherapy and other Alternative healing modalities
 - Has extensive 18yrs experience in the field of training, having conducted over 1000 Soft Skills workshops and 700 Healing and Therapeutic workshops across the Country and Internationally for various Schools, Colleges, Corporate and NGOs.
 - She also into Therapy and Healing sessions for extensive cancer cases Pre & Post operatively at BSES MG Hospital in close co-ordination with Dr. Ashok Mehta, Medical Director, BSES-MG (Global) Hospital
- Mrs. Mamta Agarwal : Instructor for the session (Yoga Trainer| Nutritionist | Dietitian)
 - Specialised in: pranayama/ meditation/ power yoga/ yoga with weights/


(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



pilates/ chakra healing/ detox yoga/ facial yoga/ pre-natal yoga post-natal yoga/ diet*

The event began with the Girls Sports Secretary, Miss. Simran Dsouza giving a brief introduction about Yoga and introducing the HTDC NGO , it's founder and director Mrs. Namratam S Kandoi and the Yoga Instructor Mrs. Mamta Agarwal , followed by welcoming them with a bouquet of flowers. This was followed by a small and interactive talk by Mrs. Namratam S Kandoi who gave us valuable information about how Yoga benefits in our daily lives and shared a few stories about her previous sessions. After the talk Mrs. Mamta Agarwal demonstrated a few simple Asanas. The staff and the students followed her demonstrations and had a peaceful Yoga session. The audience showed great interest and participated in the various asanas with full cooperation.

The following asanas were taught to the participants:

- Breath Retention **Kumbhaka**
- Channel-Cleaning Breath **Shodhana**
- Deer Seal **Mrigi Mudra**
- Lion Pose **Simbhasana**
- Kati sanchalan
- Ghutnasanchalan
- Thadasan
- Vrukshasan
- Padh-hasthasan
- Ardhchakrasan
- Thrikonasan
- Bhadrasan




(DR. SRIJA UNNIKISHNAN)
PRINCIPAL

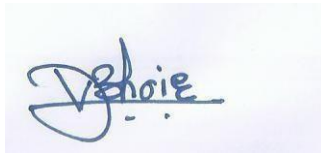
- Vajrasan
- Ardhushtasan
- Uthaanpadhasan
- Ardh-halasan
- Pavanmukthasan
- shavasan
- Kapalbhaati
- Shithathnipranayama
- Bhramripranayam
- Dhyaan




(DR. SRIJA UNNIKRIISHNAN)
PRINCIPAL

Later after the yoga session a small presentation was given by Mrs. Namratam S Kandoi, the founder of HTDC Ngo about benefits of yoga and some of the work done by the NGO for the wellbeing of the community. The event was concluded with the Dr.Srija Unnikrishnan (Principal of Fr. Conceicao Rodrigues College of Engineering) presenting Mrs. Namratam S Kandoi and Mrs. Mamta Agarwal with a small memento.

Submitted By : Kevin Ruffin



Prof. Deepak V. Bhoir,
Dean, Students' Affair



(DR. SRIJA UNNIKRIISHNAN)
PRINCIPAL

Yoga Day Circular

FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
Fr. Agnel Ashram, Bandstand, Bandra (West), Mumbai - 400 050.

Ref.: CRCE / 2019 / 248

Date : June 19, 2019.

C I R C U L A R

YOGA DAY CELEBRATION

On the occasion of International Yoga Day on the 21st of June 2019, the Students' Council of Fr. CRCE has organized a session on basic yoga practices, highlighting the benefits of each. All staff members are requested to attend the session and make the event successful.

Venue : Samvad Auditorium, Fr. Conceicao Rodrigues College of Engineering

Date : 21st June 2019

Time : 9:00-10:30AM



(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

PRINCIPAL



(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
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Phone : (022) 6711 4000, 6711 4101, 6711 4104

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 124 (A)

Date : February 25, 2020

NOTICE

As a part of Life Skills Development, the Rotaract Club of Fr. CRCE has organized Hit and Sole Run 4 on a virtual platform on March 01, 2020.

Venue: Fr. Agnel Ashram Campus

Time: 8.00 AM

All students are invited to participate in the event.

(DR. SRIJA UNNIKISHNAN)
PRINCIPAL



THE HEART AND SOLE RUN 3

Rotaract Club of Fr. CRCE organised its flagship event, 'The Heart and Sole Run 3' on 1st March 2020. This run was organised in association with the NGOs 'Bigger Than Life' and 'Swapnavana'. Bigger Than Life NGO supports the education of underprivileged children and promotes women empowerment by providing them various employment opportunities. Swapnavana is a NGO supporting the cause, reforestation, by working on a 15 acres land in Karjat. Rotaract Club of Fr. CRCE collaborated with the following NGOs to support their respective cause and contribute towards the society.

The Heart and Sole Run 3 consisted of four different runs- Grit Run(15 Km), Eco Run(10Km), Dream Run(5 Km) and CitizenCredit Run(1.5Km). Grit Run and Eco Run were timed runs, with RFID technology which gave runners accurate timing of their run. The run was hosted on Townscript for online registrations.

Looking at the impact and scale of 'The Heart and Sole Run 3', many brands and companies came forward for being the proud sponsors. Pepe Jeans, CitizenCredit Bank, Mumbai WellnessCentre and MonQo happily associated with the event.

The Heart and Sole Run 3 began with the flag-off by our Chief Guest Ms. Rachita Mistry at 6:15am in the morning. All the runners participated enthusiastically and completed the run successfully to win their finisher medals and certificates. A post-run Zumba session helped the runners to relax their muscles and enjoy their breakfast. Winners of the run were felicitated by Chief Guest- Ms. Rachita Mistry, Guest of Honour- Ms Gloria Moraes, Dean of student affairs- Dr. Deepak Bhoir and Faculty in charge of Rotaract Club of Fr. CRCE- Mrs. Sujata Deshmukh.

A total of 700 participants from all over Mumbai contributed along with Rotaract Club of Fr. CRCE to make a difference in the society.

Dr. Sujata Deshmukh
Rotaract Incharge





Winner of Marathon receiving award



CRCE – RITARACT TEAM



Participant participating in Marathon

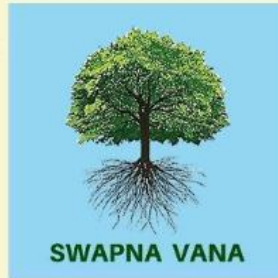
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Certificate of achievement





CERTIFICATE OF APPRECIATION

Awarded To the Rotaract Club
of Fr. Conceicao Rodrigues College of
Engineering
for their support towards
Swapnavana
for the year 2019 - 2020

Mr. Shreevash Changle
Founder
Swapnavana

List of participants

Full BIB No.	Reg Id	Name of Participants	Email ID	Run of Choice (km)	Gender
HSR1 1001	OFF 1	PANDORA DIAS	pandora.dias@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1002	OFF 2	JESSICA D'SOUZA	jessica.dsouza@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1003	OFF 3	DELPHINE DSOUZA	delphine3030@gmail.com	1.5 Km CitizenCredit Run	Female
HSR1 1004	OFF 4	FLAVIA COELHO	flavia.coelho@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1005	OFF 5	TRUDYANNE FERNANDES	trudyanne.menezes@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1006	OFF 6	LAKHAMA KARKARA	lakhama.karkara@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1007	OFF 7	BENAZIR MACHADO	benazir.machado@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1008	OFF 8	ERROL D'SOUZA	planning@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1009	OFF 9	SACHA MISQUITTA	planning@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1010	OFF 10	ELVIS MASCARENHAS	planning@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1011	OFF 11	LIANE FERNANDES	liane.fernandes@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1012	OFF 12	SHERYL DIAS	sheryl.dias@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1013	OFF 13	MICHELLE D'SOUZA	michelle.carrasco@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1014	OFF 14	MELVILLE D'COSTA	melville.dcosta@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1015	OFF 15	KENNETH PEREIRA	kirti.singh@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1016	OFF 16	MARIO PEREIRA	mario.pereira@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1017	OFF 17	DARREL XAVIER	darrel.xavier@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1018	OFF 18	RICHARD MIDDE	richard.midde@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1019	OFF 19	NORA DSOUZA	nora.dsouza@citizencreditbank.com	1.5 Km CitizenCredit Run	Female

HSR1 1020	OFF 20	JEREMIAH TRAVESSO	jeremiah.travesso@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1021	OFF 21	MERWYN JOSE	merwyn.jose@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1022	OFF 22	CONRAD LOBO	conrad.lobo@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1023	OFF 23	IMMANUEL PONRAJ	immanuel.ponraj@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1024	OFF 24	JOHNELLE REBELLO	johnelle.rebello@cccbl.citizencredit.com	1.5 Km CitizenCredit Run	Female
HSR1 1025	OFF 25	CELESTE AMBOSTER	celeste.amboster@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1026	OFF 26	VINET MENEZES	vinet.menezes@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1027	OFF 27	PETER FERNANDES	peter.fernandes@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1028	OFF 28	INNOCENT ALMEIDA	innocent.almeida@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1029	OFF 29	NORBERT SALDANHA	norbert.saldanha@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1030	OFF 30	VIVEK DIAS	vivek.dias@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1031	OFF 31	DAVID PILLAI	david.pillai@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1032	OFF 32	ZILIA FERNANDES	zilia.menezes@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1033	OFF 33	SUBY THOMAS	suby.thomas@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1034	OFF 34	MAXIE DSOUZA	maxie.d Cunha@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1035	OFF 35	TERENCE CASTELINO	terence.castelino@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1036	OFF 36	MELISA TEIXEIRA	melisa.teixeira@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1037	OFF 37	JEROME ARMSTRONG	vasai@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1038	OFF 38	MARVINO D'SILVA	marvino.dsilva@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1039	OFF 39	TONY MIRANDA	tony.miranda@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1040	OFF 40	PLACID D'MELLO	placiddmello@gmail.com	1.5 Km CitizenCredit Run	Male

HSR1 1041	OFF 41	JACK PEREIRA	jack.pereira@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1042	OFF 42	ARUNA PESSO	auruna.pesso@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1043	OFF 43	ANITA DSOUZA	anitad0710@yahoo.com	1.5 Km CitizenCredit Run	Female
HSR1 1044	OFF 44	KEVIN DMELLO	kevin.dmello@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1045	OFF 45	ANUSHREE WALIMBE	carmeline.carvalho22@gmail.com	1.5 Km CitizenCredit Run	Female
HSR1 1046	OFF 46	JOYLEN ANDRANDES	joylen.andrandes@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1047	OFF 47	TIARRAH MARTINS	tiarrahemartins@gmail.com	1.5 Km CitizenCredit Run	Female
HSR1 1048	OFF 48	NEHA KAPDI	kapdineha96@gmail.com	1.5 Km CitizenCredit Run	Female
HSR1 1049	OFF 49	AUDREY DSA	audrey.dsa@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1050	OFF 50	OSBORNE PAIS	osborne.pais@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1051	OFF 51	OLIVIA CORREIA	olivia.correia@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1052	OFF 52	TERENCE PASSANHA	terence.passanha@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1053	OFF 53	SHERYL FERNANDES	sheryl.fernandes@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1054	OFF 54	SHIJOY VADASERY	shijoy.vadasery@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1055	OFF 55	PRAMILA LEWIS	pramila.lewis@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1056	OFF 56	DOMINIC FERNANDES	dominic.a.fernandes@citizencreditbank.com	1.5 Km CitizenCredit Run	Male
HSR1 1057	OFF 57	STEPHNY DSOUZA	stephney.dsouza@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1058	OFF 58	MERLYN PEREIRA	merlyn.pereira@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1059	OFF 59	SARITA D'ALMEIDA	sarita.dalmeida@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
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HSR1 1061	OFF 61	CHERYL DSILVA	cheryl.dsilva@citizencreditbank.com	1.5 Km CitizenCredit Run	Female

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HSR1 1064	OFF 64	JANET FERNANDES	janet.fernandes@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
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HSR1 1070	OFF 70	CAROL PASHANA	carol.pashana@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
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HSR1 1078	OFF 78	DEEPA DSOUZA	deepa.rosario@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
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HSR1 1080	OFF 80	SAGAYA NADAR	sagaya.nadar@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1081	OFF 81	JEAN NADAR	jean.nadar@citizencreditbank.com	1.5 Km CitizenCredit Run	Female
HSR1 1082	OFF 82	MARTINA NADAR	martina.nadar@citizencreditbank.com	1.5 Km CitizenCredit Run	Female

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HSR1 1136	402902 0	SHIV DAMANIA	bhavikshah511@gmail .com	1.5 Km CitizenCredit Run	Mal e
HSR1 1137	402875 9	HARSHIL SHAH	bhavikshah511@gmail .com	1.5 Km CitizenCredit Run	Mal e
HSR1 1138	402876 0	TEJAL SHAH	bhavikshah511@gmail .com	1.5 Km CitizenCredit Run	Fe mal e
HSR1 1139	402876 1	RAJVEER SHAH	bhavikshah511@gmail .com	1.5 Km CitizenCredit Run	Mal e
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HSR1 1145	401690 7	RAVINDRA NAMDEO DEORE	ravindra.devre@gmail. com	1.5 Km CitizenCredit Run	Mal e

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HSR5 0076	OFF 174	PRIYA D'MELLO	priya.dmello@citizencreditbank.com	5 Km Dream Run	Female
HSR5 0077	OFF 175	SAMIR MAJUMDAR	osd@citizencreditbank.com	5 Km Dream Run	Male
HSR5 0078	OFF 176	H.S. AMIN	harishchandra.amin@citizencreditbank.com	5 Km Dream Run	Male
HSR5 0079	OFF 177	FATIMA JACINTO	fatima.jacinto@citizencreditbank.com	5 Km Dream Run	Female
HSR5 0080	OFF 178	KENNETH GOMES	kenneth.gomes@citizencreditbank.com	5 Km Dream Run	Male
HSR5 0081	OFF 179	HAROLD LOBO	harold.lobo@citizencreditbank.com	5 Km Dream Run	Male

HSR5 0082	OFF 180	ROLTER RODRIGUES	rolter.rodrigues@citizencreditbank.com	5 Km Dream Run	Male
HSR5 0083	OFF 181	SAMANTHA PEREIRA	smanatha.pereira@citizencreditbank.com	5 Km Dream Run	Female
HSR5 0084	OFF 182	JOYEL MARTI	joyel.marti@citizencreditbank.com	5 Km Dream Run	Male
HSR5 0085	OFF 183	YOHANN DSOUZA	yohann.dsouza@citizencreditbank.com	5 Km Dream Run	Male
HSR5 0086	OFF 184	STEPHI DCUNHA	stephi.crasto@citizencreditbank.com	5 Km Dream Run	Female
HSR5 0087	OFF 185	ANSILICA JUAN	ansilica.juan@citizencreditbank.com	5 Km Dream Run	Female
HSR5 0088	OFF 186	RONALD MENDONZA	ronald.mendonza@citizencreditbank.com	5 Km Dream Run	Male
HSR5 0089	OFF 187	WILBER FERNANDES	wilber.fernandes@citizencreditbank.com	5 Km Dream Run	Male
HSR5 0090	OFF 188	SUNIL GHASKADVI	sunilghaskadvi@yahoo.com	5 Km Dream Run	Male
HSR5 0091	OFF 189	MEERA GHASKADVI	meerassg100@gmail.com	5 Km Dream Run	Female
HSR5 0092	OFF 190	NIKHIL SHARMA	nikhil.nnrs@gmail.com	5 Km Dream Run	Male
HSR5 0093	OFF 191	LOCHAN CHITNIS	lochanchitnis44@gmail.com	5 Km Dream Run	Male
HSR5 0094	OFF 192	TUSHARBINDU VB RAO	mdnvbr@gmail.com	5 Km Dream Run	Female
HSR5 0095	OFF 193	SHYAMALA V B RAO	mdnvbr@gmail.com	5 Km Dream Run	Female
HSR5 0096	OFF 194	DEVESH SIMHA V B RAO	mdnvbr@gmail.com	5 Km Dream Run	Male
HSR5 0097	OFF 195	VINOD KUMAR	Kumarrajshree646@gmail.com	5 Km Dream Run	Male
HSR5 0098	OFF 196	LUCY RODRIGUES	rodlucy1314@gmail.com	5 Km Dream Run	Female
HSR5 0099	OFF 197	FAIZAL ANSARI	faizalansari45@gmail.com	5 Km Dream Run	Male
HSR5 0100	OFF 198	HEENA BHATI	heenabhathi53@gmail.com	5 Km Dream Run	Female
HSR5 0101	OFF 199	AFREEN BHATI	afreenbhathi1514@gmail.com	5 Km Dream Run	Female
HSR5 0102	OFF 200	GAFFNEY MENDONSA	gaffney.calibrant@gmail.com	5 Km Dream Run	Male
HSR5 0103	OFF 201	MADHVI BHAGAT	madhvi.calibrant@gmail.com	5 Km Dream Run	Female
HSR5 0104	OFF 202	ELROI FERNANDES	-	5 Km Dream Run	Male
HSR5 0105	OFF 203	NIYANTA LAD	niyanta.lad@gmail.com	5 Km Dream Run	Female
HSR5 0106	OFF 204	SHREYA KARTHIKEYAN	sarikarthik07@gmail.com	5 Km Dream Run	Female

HSR5 0107	OFF 205	SUDESHNA MUNGEKAR	sudeshnamungekar80 676@gmail.com	5 Km Dream Run	Mal e
HSR5 0108	OFF 206	VIRAJ SUKHYANI	virajsukhyani@gmail.c om	5 Km Dream Run	Mal e
HSR5 0109	OFF 207	ISAAC ANTAO	zackrider004@gmail.c om	5 Km Dream Run	Mal e
HSR5 0110	OFF 208	MARC FERNANDES	aasim.calibrant@gmail .com	5 Km Dream Run	Mal e
HSR5 0111	OFF 209	MUFADDAL SHIYAJI	juzar555@gmail.com	5 Km Dream Run	Mal e
HSR5 0112	OFF 210	JUSTIN D'SOUZA	-	5 Km Dream Run	Mal e
HSR5 0113	OFF 211	ENRIQUE D'COSTA	spyenrique@gmail.co m	5 Km Dream Run	Mal e
HSR5 0114	OFF 212	JAYDEN COUTINHO	jaydencontinho@gmail .com	5 Km Dream Run	Mal e
HSR5 0115	OFF 213	GAURI PINHALE	gauripanhale03@gmail .com	5 Km Dream Run	Fe mal e
HSR5 0116	OFF 214	HARSHITA SINGHVI	harshita@sspack.in	5 Km Dream Run	Fe mal e
HSR5 0117	OFF 215	KIMBERLEY D'COSTA	dcostakim8@gmail.co m	5 Km Dream Run	Fe mal e
HSR5 0118	OFF 216	SWAPNIL PANDEY	swapnil.pandey090@g mail.com	5 Km Dream Run	Mal e
HSR5 0119	OFF 217	PRANAV KULKARNI	pranavjk1508@gmail.c om	5 Km Dream Run	Mal e
HSR5 0120	OFF 218	ROYAL DIAS	ravirajdias1991@gmail .com	5 Km Dream Run	Mal e
HSR5 0121	OFF 219	ADNAN ZAFAR ALAM DIWAN	adnandiwan082@gmai l.com	5 Km Dream Run	Mal e
HSR5 0122	OFF 220	ROHIT RISHIKESAN NAIR	rohitnair1033@gmail.c om	5 Km Dream Run	Mal e
HSR5 0123	OFF 221	SYED IRFAN AMJAD ABIDI	irfanabidi7@gmail.com	5 Km Dream Run	Mal e
HSR5 0124	OFF 222	SHAMITA SHETTY	shamitashetty1908@g mail.com	5 Km Dream Run	Fe mal e
HSR5 0125	OFF 223	GAUTAMI THAKUR	grthakur18@gmail.con	5 Km Dream Run	Fe mal e
HSR5 0126	OFF 224	GINA GHAI	gina_ghai@yahoo.com	5 Km Dream Run	Fe mal e
HSR5 0127	OFF 225	PRASAD GUDEKAR	prasadgudekar50@gm ail.com	5 Km Dream Run	Mal e
HSR5 0128	OFF 226	SUJEET KUMAR	singhvishalsbz@gmail. com	5 Km Dream Run	Mal e
HSR5 0129	OFF 227	VISHAL	singhvishalsbz@gmail. com	5 Km Dream Run	Mal e
HSR5 0130	OFF 228	ANURADHA VISHWAKRMA	singhvishalsbz@gmail. com	5 Km Dream Run	Fe mal e
HSR5 0131	OFF 229	ADITYA PANDEY	pandeyaditya20011@g mail.com	5 Km Dream Run	Mal e
HSR5 0132	OFF 230	SUROBHI BISWAS	Surobhimeetu@gmail. com	5 Km Dream Run	Fe mal e
HSR5 0133	403381 8	PRAKASH GADA	prakashgada91@gmail .com	5 Km Dream Run	Mal e

HSR5 0134	403348 4	RIDDHI PATTANI	Riddhip15@gmail.com	5 Km Dream Run	Fe mal e
HSR5 0135	403348 5	KRINAL DONDA	Krinal.donda@gmail.co m	5 Km Dream Run	Fe mal e
HSR5 0136	403351 5	AKSHAY CHAVAN	axay09@gmail.com	5 Km Dream Run	Mal e
HSR5 0137	403327 0	SHAMSUDDIN ALTAMASH SHAIKH	altu9594@gmail.com	5 Km Dream Run	Mal e
HSR5 0138	403304 5	MANGIRISH B. SARAF	Mangirishsaraf30@gm ail.com	5 Km Dream Run	Mal e
HSR5 0139	403250 9	MANOAH JEYARAJ	jrmmanoah@gmail.co m	5 Km Dream Run	Mal e
HSR5 0140	403118 6	ROJHELLE ROSARIO	rojhelle@gmail.com	5 Km Dream Run	Fe mal e
HSR5 0141	403013 5	SHRIRAM BHASKAR GHODAKE	shriram.ghodake@gm ail.com	5 Km Dream Run	Mal e
HSR5 0142	402974 5	PRASHANT SINGH	prashant77_singh@ya hoo.com	5 Km Dream Run	Mal e
HSR5 0143	402920 7	PAYAL BAID	manjari.mundhra@gm ail.com	5 Km Dream Run	Fe mal e
HSR5 0144	402920 8	ANSHUMA BINANI	manjari.mundhra@gm ail.com	5 Km Dream Run	Fe mal e
HSR5 0145	402920 9	MANJARI AGARWAL	manjari.mundhra@gm ail.com	5 Km Dream Run	Fe mal e
HSR5 0146	402921 0	PRIYANKA DADEECH	manjari.mundhra@gm ail.com	5 Km Dream Run	Fe mal e
HSR5 0147	402848 0	TUNA KAIBARTA	Tunakaibarta099@am ail.com	5 Km Dream Run	Mal e
HSR5 0148	402777 8	SOMYA BARIAR	smbrr0@gmail.com	5 Km Dream Run	Fe mal e
HSR5 0149	402772 4	ARYAN BANE	vinayakanu@gmail.co m	5 Km Dream Run	Mal e
HSR5 0150	402742 5	SWARALI WALAWALKAR	walawalkarswarali@g mail.com	5 Km Dream Run	Fe mal e
HSR5 0151	402595 8	UDDHAV AMBRE	uddhavambre0@gmail. com	5 Km Dream Run	Mal e
HSR5 0152	402591 9	SHASHI KESARI	chit2501@gmail.com	5 Km Dream Run	Fe mal e
HSR5 0153	402592 0	SHREYA KESARI	chit2501@gmail.com	5 Km Dream Run	Fe mal e
HSR5 0154	402589 9	KANAK	knkkdm@gmail.com	5 Km Dream Run	Mal e
HSR5 0155	402584 1	CHINMAY THATTE	chinmaythatte@gmail. com	5 Km Dream Run	Mal e
HSR5 0156	402536 3	MEGHA SUNIL WALAVALKAR	sunil@netlogic.co.in	5 Km Dream Run	Fe mal e
HSR5 0157	402536 4	JAY SUNIL WALAVALKAR	sunil@netlogic.co.in	5 Km Dream Run	Mal e
HSR5 0158	402512 7	SAMEER SALVI	sameersalvi2200@gm ail.com	5 Km Dream Run	Mal e

HSR5 0159	402487 6	RAHUL AHIRE	ahire.rahul16@gmail.com	5 Km Dream Run	Male
HSR5 0160	402487 7	EKTA TEWANI	ekta1411@gmail.com	5 Km Dream Run	Female
HSR5 0161	402464 6	अक्षय साचिन भांबले BOMBALE	Bombalesachin77@gmail.com	5 Km Dream Run	Male
HSR5 0162	402345 5	DIVYA	divya.17234@gmail.com	5 Km Dream Run	Female
HSR5 0163	402342 4	ISHA	lshra1322@gmail.com	5 Km Dream Run	Female
HSR5 0164	402332 2	EDWIN JOHNSON	edwin.johnson@aiesec.net	5 Km Dream Run	Male
HSR5 0165	402330 0	NIHARIKA MANE	Niharika298@gmail.com	5 Km Dream Run	Female
HSR5 0166	402252 3	GAVIN VANDRINE	Gav_rene@hotmail.com	5 Km Dream Run	Male
HSR5 0167	402247 5	RAHUL SINGH	rahul.100great@gmail.com	5 Km Dream Run	Male
HSR5 0168	402247 6	RAVI MAURYA	ravimaurya7793@gmail.com	5 Km Dream Run	Male
HSR5 0169	402015 4	ADITI BHATT	Aditi_15@hotmail.com	5 Km Dream Run	Female
HSR5 0170	402012 3	NEHA NAIK	nehanaik88@gmail.com	5 Km Dream Run	Female
HSR5 0171	401982 6	ABHISHEK PAWAR	abhishek.pawar289@gmail.com	5 Km Dream Run	Male
HSR5 0172	401811 5	RAAJ	raajvyas79@gmail.com	5 Km Dream Run	Male
HSR5 0173	401803 0	SAHIL RAJESH PURI	mr.sahilpuri@hotmail.com	5 Km Dream Run	Male
HSR5 0174	401798 2	VAIBHAV SHAH	vibzdaking@gmail.com	5 Km Dream Run	Male
HSR5 0175	401798 3	AMI OZA	amioza92@gmail.com	5 Km Dream Run	Female
HSR5 0176	401797 6	VINIT SEDANI	Vinitisedani@gmail.com	5 Km Dream Run	Male
HSR5 0177	401778 4	RUCHI SANKHE	ruchisankhe95@gmail.com	5 Km Dream Run	Female
HSR5 0178	401778 5	SURUCHI PATIL	patilsuruchi5@gmail.com	5 Km Dream Run	Female
HSR5 0179	401680 0	MARK FERNANDES	louf0909@gmail.com	5 Km Dream Run	Male
HSR5 0180	401680 1	CHRISANN PEREIRA	louf0909@gmail.com	5 Km Dream Run	Female
HSR5 0181	401666 3	ADARSH MANI TRIPATHI	adarsh2295@gmail.com	5 Km Dream Run	Male
HSR5 0182	401666 4	PANKAJ TIWARI	pankajguru.Pg@gmail.com	5 Km Dream Run	Male
HSR5 0183	401650 6	NEHA DUBEY	aditidubey1295@gmail.com	5 Km Dream Run	Female

HSR5 0184	401608 8	KUNAL JADHAV	Kunal071994@gmail.com	5 Km Dream Run	Male
HSR5 0185	401135 3	SARVESH	sarveshjogade@gmail.com	5 Km Dream Run	Male
HSR5 0186	401135 4	SHWETA	jogadeshweta@yahoo.in	5 Km Dream Run	Female
HSR5 0187	401135 5	SAHIL	Sahilgdesai@gmail.com	5 Km Dream Run	Male
HSR5 0188	400792 3	PANKAJ SAKPAL	pankajsakpal7@gmail.com	5 Km Dream Run	Male
HSR5 0189	400792 7	CHETAN SHETTY	chetanshetty89@gmail.com	5 Km Dream Run	Male
HSR5 0190	400719 4	SALIL PILANKAR	salil_pilankar@yahoo.com	5 Km Dream Run	Male
HSR5 0191	400573 8	NIRMAL N GUJARATHI	drnngujar@gmail.com	5 Km Dream Run	Male
HSR5 0192	400573 9	SMIT JHAVERI	jhaverismit@gmail.com	5 Km Dream Run	Male
HSR5 0193	400219 3	MILIND GUJAR	mrgujar66@gmail.com	5 Km Dream Run	Male
HSR5 0194	400109 8	UMESH GANESH KENI	djarahul.com25@yahoo.com	5 Km Dream Run	Male
HSR5 0195	399983 0	POOJA BANSAL	Poojagoyal13@gmail.com	5 Km Dream Run	Female
HSR5 0196	399983 1	DEVENDRA KUMAR GOYAL	Devendragoyal@rediffmail.com	5 Km Dream Run	Male
HSR5 0197	399872 5	JEEL GANDHI	jeelshah@hotmail.com	5 Km Dream Run	Female
HSR5 0198	399872 6	HARSH I GANDHI	jeelshah@hotmail.com	5 Km Dream Run	Male
HSR5 0199	399793 3	SAMEER RAJADHYAX	sameer.rajadhyax@gmail.com	5 Km Dream Run	Male
HSR5 0200	399793 4	ISHAAN RAJADHYAX	sameer.rajadhyax@gmail.com	5 Km Dream Run	Male
HSR5 0201	399346 0	CLAYTON DCOSTA	markdcosta21@yahoo.in	5 Km Dream Run	Male
HSR5 0202	399346 1	JASMINE DCOSTA	jasmineferns29@gmail.com	5 Km Dream Run	Female
HSR5 0203	399324 4	BHUSHAN PARAB	bhushu_1999@yahoo.com	5 Km Dream Run	Male
HSR5 0204	399324 5	YOGITA BHUSHAN PARAB	Yogita_1703@yahoo.com	5 Km Dream Run	Female
HSR5 0205	399324 6	TRUPTI S CHAWAN	trupti_sa2007@yahoo.co.in	5 Km Dream Run	Female
HSR5 0206	399324 7	SITARA YADAV	trupti_sa2007@yahoo.co.in	5 Km Dream Run	Female
HSR5 0207	399324 8	PRIYA A KADAM	Priya.rao@lionbridge.com	5 Km Dream Run	Female
HSR5 0208	399150 0	KAILASH LALWANI	Kailash2006@gmail.com	5 Km Dream Run	Male
HSR5 0209	398869 4	HARSHIT PRAJAPATI	harshitprajapati755@gmail.com	5 Km Dream Run	Male
HSR5 0210	398839 5	NATASHA SETH	sethnatasha7@gmail.com	5 Km Dream Run	Female

HSR5 0211	398592 7	PRADIP BARGODE	pradipbargode1985@g mail.com	5 Km Dream Run	Mal e
HSR5 0212	398267 5	DHANVI PANCHOLI	dhanvipancholi@gmail. com	5 Km Dream Run	Fe mal e
HSR5 0213	398267 6	PALLAVI PANCHOLI	dhanvipancholi@gmail. com	5 Km Dream Run	Fe mal e
	398131 7	ANISH SONY	sonyanish880@gmail.c om	5 Km Dream Run	Mal e
HSR5 0215	398078 7	DHAARA THAKKAR	dhaarat@gmail.com	5 Km Dream Run	Fe mal e
HSR5 0216	398078 8	VANDITA AGRAWAL	vanditagrwl@gmail.co m	5 Km Dream Run	Fe mal e
HSR5 0217	396393 0	DIVYASHREE	divyashreems13@gma il.com	5 Km Dream Run	Fe mal e
HSR5 0218	395775 4	SUSHANT SHANKAR BARASKAR	casushantbaraskar@g mail.com	5 Km Dream Run	Mal e
HSR5 0219	395775 5	AKSHAY JOSHI	CAAKSHAYJOSHI7@ GMAIL.COM	5 Km Dream Run	Mal e
HSR5 0220	395775 6	MANDAR JADHAV	MANOHARJADHAVM ANDAR@GMAIL.COM	5 Km Dream Run	Mal e
HSR5 0221	395775 7	DIPESH KUMBHAR	SUSHANTBARASKAR 21@GMAIL.COM	5 Km Dream Run	Mal e
HSR5 0222	395607 3	MANGESH RAMCHANDRA CHOGALE	mangeshsee@rediffma il.com	5 Km Dream Run	Mal e
HSR5 0223	395601 6	SUJIT SADANAND PARAB	sujitparab84@yahoo.in	5 Km Dream Run	Mal e
HSR5 0224	395507 4	MALVIKA AMBASTA	maashinc@gmail.com	5 Km Dream Run	Fe mal e
HSR5 0225	395507 5	ANSHIKA AMBASTA	maashinc@gmail.com	5 Km Dream Run	Fe mal e
HSR5 0226	395139 6	SHAAN AGARWAL	shaan@ardyindia.com	5 Km Dream Run	Mal e
HSR5 0227	394270 1	DR MADHURA CHITALE	madhurachitale21@gm ail.com	5 Km Dream Run	Fe mal e
HSR5 0228	393781 0	VIDYA ADITYA	vidu.22.08.90@gmail.c om	5 Km Dream Run	Fe mal e
HSR5 0229	393527 1	TAUSIF KHAN SHAUKAT KHAN	ejazsheikh2@gmail.co m	5 Km Dream Run	Mal e
HSR5 0230	391618 9	VIKRANT KULKARNI	vikrantkulkarni1987@g mail.com	5 Km Dream Run	Mal e
HSR5 0231	391619 0	SNEHA GUPTA	sneha@wharfmarine.c om	5 Km Dream Run	Fe mal e
HSR5 0232	389754 2	ADITYA PAWAR	comicaitya@gmail.co m	5 Km Dream Run	Mal e
HSR5 0233	387346 2	SOJAN CHANDY	varshasingh150490@g mail.com	5 Km Dream Run	Mal e
HSR1 0001	OFF 231	CONRAD RODRIGUES	conrad.rodriques@citiz encreditbank.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0002	OFF 232	STEEVAN FERNANDES	steevan.fernandes@cit izencreditbank.com	10 Km Eco Run (Timed Run)	Mal e

HSR1 0003	OFF 233	NATHAN FERNANDES	nathan.fernandes99@ gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0004	OFF 234	TEJAS BHOIR	tbhoir22@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0005	OFF 235	HARDIK HARESHWAR PATIL	patilhardik979@gmail. com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0006	OFF 236	SHERWIN PILLAI	sherwin.pillae@gmail.c om	10 Km Eco Run (Timed Run)	Mal e
HSR1 0007	OFF 237	BRANDEL JACINTO	brandeljacinto@gmail. com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0008	OFF 238	SHLOK SONI	Shloksoni79@gmail.co m	10 Km Eco Run (Timed Run)	Mal e
HSR1 0009	OFF 239	JERRY EMMATTY	jjemmatty@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0010	389721 8	NERINA ALMEIDA	Almeida.nerina@gmail. com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0011	389721 9	SHAMIKA ANDRADE	Shamikaandrade@gm ail.com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0012	389713 7	LAETITIA LOMPECH	laetitia.lompech@gmail .com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0013	404764 2	SHUBHAM KHANDELWAL	Ishita.sureka93@gmail .com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0014	404753 6	SAURABH KORGAONKAR	saurabh.korgaonkar54 5@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0015	404678 5	ASHWINI MANE	ashwinimane5793@g mail.com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0016	404643 1	SANTOSH BEHERA	behera9869585366@g mail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0017	404632 7	SMOHITTH SHETTY	smohitthshetty@gmail. com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0018	404615 2	MIHIR N. MISHR	mihir.m31@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0019	404615 3	CHARMI MEHTA	Charmimehta94@gmai l.com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0020	404604 0	ANUSHKA CHOWDHARY	Anushka.chowdhary12 @gmail.com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0021	404604 1	AKASH TRIPATHI	Ishita.sureka93@gmail .com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0022	404587 6	ISHITA SUREKA	Ishita.sureka93@gmail .com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0023	404499 0	ANIL NILKANTH	mraniilnilkanth@yahoo. com	10 Km Eco Run (Timed Run)	Mal e

HSR1 0024	404499 1	SOMNATH BEHERA	Mrsomnath@live.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0025	404499 2	VIJAY DHAVLE	Mranilnilkanth@yahoo.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0026	404492 3	ADITYA	aditya.saroj@wns.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0027	404468 7	AADIT THAKUR	aaditthakur21@yahoo.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0028	404468 8	KUNAL ANGOLKAR	kunalra966@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0029	404464 7	BALABHIMA ANANT KULKARNI	sakkulkarni828@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0030	404410 3	BARKATALI PIRANI	barkatcranes@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0031	404311 1	PRIYAANK HIMANSHU GANDHI	gandhipriyaank@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0032	404293 1	SIDDHANT JHAWAR	siddhant.jhawar@rnpo darschool.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0033	404272 7	RAHUL RASAL	RAHUL.RASAL@YAH OO.CO.IN	10 Km Eco Run (Timed Run)	Mal e
HSR1 0034	404222 7	SANDEEP CHUGH	sandeepchugh25@yah oo.in	10 Km Eco Run (Timed Run)	Mal e
HSR1 0035	404200 6	PRADNYA	paddy@yahoo@gmail.com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0036	404109 9	ANMOL JINDAL	anmoljindal.in@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0037	404068 9	ABHINAY JAIN	tarannuminmusic@hot mail.com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0038	404006 8	HARSHIT LAD	ladharshit.28@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0039	404004 3	NIGEL VAZ	nglvaz2511@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0040	403976 6	TANMAY PONKSHE	tanmayponkshe36@g mail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0041	403960 2	VIPUL SHIGWAN	Vipulshigwan772@gm ail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0042	403757 8	NALIN BAJAJ	nalin87@gmail.com	10 Km Eco Run (Timed Run)	Mal e
HSR1 0043	403757 9	ADITI AGRAWAL	aditi.agrawal52@gmail.com	10 Km Eco Run (Timed Run)	Fe mal e
HSR1 0044	403704 1	SACHIT MOTWANI	sachitmotwani@gmail.com	10 Km Eco Run (Timed Run)	Mal e

HSR1 0045	403677 9	SUMA SHETTY	suanishetty@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0046	403619 4	RACHNA J	Jhunjhunwala.rachana@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0047	403574 6	ISHADA KAWADE	ishadak@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0048	403550 0	VIJAY RAGHUNATH DHAYGUDE	Vijaydhaygude@ymail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0049	403530 3	VITTHAL GOEL	goel.vitthal.vg@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0050	403500 4	KAVITA KAPSE	Sandeshkapse1984@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0051	403421 1	GAURAV DAYANAND KOTIAN	ddkotian@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0052	403359 5	AARSHIA ARORA	arshi4991@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0053	403319 2	MAULIK	maulik.m399@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0054	403276 9	VERONICA FERNANDES	veronicafernandes833@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0055	403277 0	RANSON DANTIS	ransondantis@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0056	403261 3	SIDDHARTH RAGHURAM	Sid_raghuram@yahoo.com	10 Km Eco Run (Timed Run)	Male
HSR1 0057	403258 6	GANESH MAURYA	Gm7621@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0058	403258 7	MAYUR KOKANE	mayurkokane33@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0059	403258 8	BHAVIK BHATT	bhavik579@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0060	403258 9	DIVYANG RAJPUT	divyangkrajput@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0061	403259 0	MANOJ YADAV	manojyadav@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0062	403259 1	SHAKTI CHAUHAN	shakti1405@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0063	403259 2	MIHIR BHAVSAR	jmihir2003@hotmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0064	403252 6	PAYAS MANN	pmpayasmann@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0065	403250 4	MANICHA MANN	pmpayasmann@gmail.com	10 Km Eco Run (Timed Run)	Male

HSR1 0066	403249 8	RAVEENDRA RAM NAYAK	raveendra.rn@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0067	403157 9	YASH KADAM	kadamyash43@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0068	403092 0	SATVIK DUBEY	Satvikdubey99@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0069	402927 5	DILSHAD AKALI	dilshoo@yahoo.com	10 Km Eco Run (Timed Run)	Female
HSR1 0070	402885 4	DENVER NIMMA	denver03nimma@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0071	402822 0	TEJAS MORE	tejas.soccerstar@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0072	402789 3	RABINDRA SAHU	rabindrasahu318@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0073	402650 2	RUPJYOTI CHOWDHURY	rjchow12@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0074	402603 1	AZIZ	azizahirani@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0075	402585 0	CAPT PRITESH PATIL	priteshpilot@yahoo.com	10 Km Eco Run (Timed Run)	Male
HSR1 0076	402536 2	SUNIL WALAVALKAR	sunil@netlogic.co.in	10 Km Eco Run (Timed Run)	Male
HSR1 0077	402367 5	HRISHIKESH AMBAYE	hrishi10a@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0078	402073 8	NILESH BHATI	bhatinilesh02@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0079	401834 0	SANDEEP MARUTI POL	sharvari101012@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0080	401518 1	APARNA MITHANI	aparna.mithani@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0081	400787 4	ANANDINI FERNANDES	anandinif@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0082	400558 1	SIDDHARTH PANDEY	p.mayank224@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0083	400178 2	RAJA ARUNACHALAM	rajaarunachalam86@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0084	399561 8	ANIRUDDH HEROOR	soccerani@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0085	399551 2	NARAYAN SATHEESH	Narayansatheesh@hotmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0086	399379 0	JAY SANJAY CHURI	jay.churi9611@gmail.com	10 Km Eco Run (Timed Run)	Male

HSR1 0087	399379 1	MAYUR MANOHAR JAGTAP	mayurjagtap025@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0088	399203 8	SARIKA CHAVAN	Sarika.salian@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0089	399053 5	JITESH R KARLEKAR	jitu45@yahoo.com	10 Km Eco Run (Timed Run)	Male
HSR1 0090	398233 2	UDAY NARAYAN POOJARY	udaynpoojary@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0091	398195 2	GURPREET SINGH	gp120.140@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0092	396129 0	BHAWNA SHARMA	BHAWNA17@GMAIL.COM	10 Km Eco Run (Timed Run)	Female
HSR1 0093	395159 3	RAMNATH SHENOY	ramnath.shenoy@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0094	395159 4	GARIMA ARORA	garima12.arora@gmail.com	10 Km Eco Run (Timed Run)	Female
HSR1 0095	394866 2	LEO MONTEIRO	monteiroleo1964@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0096	394843 7	KEVIN LOBO	kevinlobo48@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0097	393688 9	VIKRAM KHARVI	pr.vikram@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0098	391778 4	ABHISHEK KAMAT	abhikamat502@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 0099	391298 6	SUDHAKAR GOVINDRAO GURLE	sudhakargurle@gmail.com	10 Km Eco Run (Timed Run)	Male
HSR1 5001	OFF 240	JUSTIN NADAR	jn696.jn@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5002	OFF 241	AKHIL SHETTY	mrshetty24@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5003	OFF 242	VEERA BHADRA RAO MIRIYALA	mdnvbr@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5004	390090 1	RAJIT NEELANATH	rneelanath@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5005	404758 4	TARUN SABHANDASANI	tarun.sabhandasani@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5006	404752 8	DINESH SHANKAR PURSNANI	spdeep1990@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5007	404681 8	HARIHARAN NURNI	harsri@yahoo.com	15 Km Grit Run (Timed Run)	Male
HSR1 5008	404647 6	AJAY GAIKWAD	gaikwadajay87@gmail.com	15 Km Grit Run (Timed Run)	Male

HSR1 5009	404529 8	RANA GAIKWAD	rana.pgaikwad@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5010	404387 5	NILIMA SINGH	nilima_singh@yahoo.com	15 Km Grit Run (Timed Run)	Fe mal e
HSR1 5011	404385 8	ROHIT CHHAPARIA	rohit.chhaparia@wns.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5012	404372 9	SAKSHI SRIVASTAVA	sakshisrivastava23@yahoo.com	15 Km Grit Run (Timed Run)	Fe mal e
HSR1 5013	404242 4	SANJAY JANARDAN SAKPAL	sanjaysakpal1302@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5014	404229 6	RAKESH PATEL	rakeshpatel.700@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5015	404008 2	NAVEEN NAIR	naveen2018runride@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5016	403908 9	MERLYN FERNANDES	merlyn25fernandes@gmail.com	15 Km Grit Run (Timed Run)	Fe mal e
HSR1 5017	403449 1	SHAKIB ALVI	shakib.alvi@samsung.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5018	403444 4	FRANCIS C FERNANDES	fraluvmel@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5019	403422 1	DAYANAND DOOJA KOTIAN	ddkotian@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5020	403420 6	SANDU K	sandukram626@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5021	403293 7	SHYAM NARAYANAN	shyaminmanagement@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5022	403010 5	RAJESH ANANDA SAWANT	Rajesh.sawant21@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5023	402989 3	VISHNU KARANDE	vishnukarande123@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5024	402989 4	RAJIV SHEJWAL	rajiv6210@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5025	402989 5	RAMESH THOMBARE	rameshthmbr@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5026	402989 6	CHANDER GODSE	dolhira@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5027	402928 2	JIVAN MANKAR	Jivan.mankar@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5028	402795 9	ALPESH NAGDA	akt.nagda@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5029	402674 1	RIMPLE SAXENA	rimplesaxena@gmail.com	15 Km Grit Run (Timed Run)	Fe mal e

HSR1 5030	402630 8	VIKRAM BHATTI	vikram@baldevengine ering.net	15 Km Grit Run (Timed Run)	Mal e
HSR1 5031	402591 8	CHITRANJAN KESARI	chit2501@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5032	402457 8	VIKAS CHANDRA	vikas.chandra93@ga il.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5033	402434 4	TEJAS SHAH	tejasshah806@yahoo. com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5034	402434 5	FORUM MARU	tejasshah806@gmail.c om	15 Km Grit Run (Timed Run)	Fe mal e
HSR1 5035	402347 3	NILA.V.M	nilamanojs3@gmail.co m	15 Km Grit Run (Timed Run)	Fe mal e
HSR1 5036	402236 1	AAMREZ PATHAN	aamrezpathan@gmail. com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5037	402120 3	ARCHANA PRABHU	drarchanap@gmail.co m	15 Km Grit Run (Timed Run)	Fe mal e
HSR1 5038	402107 4	AJAY SOLANKI	ajay.j.solanki@gmail.c om	15 Km Grit Run (Timed Run)	Mal e
HSR1 5039	401679 9	LOUIS FERNANDES	louf0909@gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5040	401172 1	SANDEEP SHARMA	sharma_sandeep00@y ahoo.co.in	15 Km Grit Run (Timed Run)	Mal e
HSR1 5041	401172 2	KISHOR SOLANKI	arkishor@hotmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5042	400668 4	NAOAKI NAGASHIMA	melanchorinista0208@ gmail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5043	400140 7	DEEPEN BOHARA	deepen.bohara@gmail .com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5044	400140 8	DEWANSHI PARIKH	dewanshi.parikh@gma il.com	15 Km Grit Run (Timed Run)	Fe mal e
HSR1 5045	400140 9	DHIREN BOHARA	deepen.bohara@gmail .com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5046	399879 3	ASHISH SATISH MAHALE	ashishmahale1@gmail .com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5047	399868 2	SAURABH JHALARIA	sjhalaria@yahoo.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5048	399764 6	DR ROHIT SHARMA	rohit@htdentalimplant. com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5049	399751 0	VINEET SHANKER	Vineetvinayshanker@g mail.com	15 Km Grit Run (Timed Run)	Mal e
HSR1 5050	399643 4	KEDAR BOBDE	bobdekedar@gmail.co m	15 Km Grit Run (Timed Run)	Mal e

HSR1 5051	399544 5	MANISH HARESH DAWANI	manishdawani11@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5052	399449 2	AMIT JAKATDAR	amitjakatdar@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5053	399425 4	AADITYA GUPTA	aaditya.27697+townscript@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5054	399372 1	PAWAN AGARWAL	pawanagarwal403@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5055	398961 8	VINOD TANAJI NIKAM	vnikam59@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5056	398948 6	KEENAN MCKENZIE	quazimoto0506@yahoo.com	15 Km Grit Run (Timed Run)	Male
HSR1 5057	398455 6	SHIVANGI MODI	modishivangi@gmail.com	15 Km Grit Run (Timed Run)	Female
HSR1 5058	398064 0	TIRUPATI POGLA	tiru.pogla@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5059	397865 7	JAY JAIN	jjain94@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5060	397208 8	SHUBHAM RAUT	shubhamraut156@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5061	396948 6	SAGAR SANGANI	organisingevents@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1 5062	396128 9	SHUBHANK RISHI	SHUBHANK.RISHI@GMAIL.COM	15 Km Grit Run (Timed Run)	Male
HSR1506 3	3955 072	ASHISH AMBASTA	maashinc@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1506 4	3955 073	ANSHUL AMBASTA	maashinc@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1506 5	3954 224	KETAN	ketan_h_shah@yahoo.co.in	15 Km Grit Run (Timed Run)	Male
HSR1506 6	3949 396	MAYANK MAINI	mayankmaini@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1506 7	3948 499	YAYATI KATKADE	katkade277@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1506 8	3945 282	LAKSHMI S	lakshmi1710@gmail.com	15 Km Grit Run (Timed Run)	Female
HSR1506 9	3920 309	PUNIT MEHTA	punit.mehta01@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1507 0	3909 123	BHAVESH JAJOO	Jajoo.bhaves@gmail.com	15 Km Grit Run (Timed Run)	Male
HSR1507 1	3906 656	NAMRATA RITESH DEDHIA	canamratashah@gmail.com	15 Km Grit Run (Timed Run)	Female

SX





SOCIETY OF ST. FRANCIS XAVIER, PILAR'S
FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104
Website : www.frcce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2022 / 239 (A)

Date : June 19, 2018

CIRCULAR

On the occasion of International Yoga day on the 21st of June 2018, the Students' Council of FR. CRCE has organized a session on basic yoga practices, highlighting the benefits of each. All staff members are requested to attend the session and make the event successful.

Venue: Samvaad Auditorium (Ninth Floor)

Day: 21st of June 2018

Time: 9.00 AM to 10.30 AM

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

EVENT: International Yoga Day

DATE: 21 June, 2018 (Thursday)

DURATION: 10:00 a.m. to 12:00 p.m. (2 HOURS)

VENUE: SAMVAD, FR.CRCE, BANDSTAND, BANDRA (W)

NUMBER OF PARTICIPANTS: 60 (including our Principal, Heads of Department, professors and the students)

The International Yoga Day was celebrated in our college, Fr. Conceicao Rodrigues College of Engineering on 21 June, 2018 (Thursday) as an attempt to test the physical and mental abilities and to bring peace through the mind and soul of the students.

The session was conducted by:

- **Mrs. Samruddhi Tandel.**

Qualification:

- ✓ Yoga teacher training diploma (2009)
- ✓ Yoga therapy teacher training diploma (2010)
- ✓ Power yoga training (2012)
- **Mrs. Swati Bhoir (Assistant instructor)**
- **Harsha Nikam (Assistant instructor)**

The event began with the Public Relations Head, Miss. Sanjana Mahadik giving a brief introduction about Yoga and introducing the Yoga instructor Mrs.SamruddhiTandel and the assistants, followed by welcoming them with a bouquet of flowers. This was followed by a small and interactive talk by Mrs. SamruddhiTandel, who gave us valuable information about how Yoga benefits us in our daily lives.

After the talk Mrs. SamruddhiTandel demonstrated a few simple Asanas. The staff and the students followed her demonstrations and had a peaceful Yoga session, the highlight being the Chair Yoga session. The audience showed great interest and participated in the various asanas with full cooperation. The following asanas were taught to the participants:

- Kati sanchaalan
- Ghutnasanchalan
- Thadasan
- Vrukshasan
- Padh-hasthasan
- Ardhchakrasan
- Thrikonasan
- Bhadrasan

- Vajrasan
- Ardhushatasan
- Uthaanpadhasan
- Ardh-halasan
- Pavanmukthasan
- shavasan
- Kapalbhaati
- Shithathnipranayam
- Bhramripranayam
- Dhyaan

The event was concluded with the Dr. Sapna Prabhu (Dean of academics) presenting Mrs. SamruddhiTandel and the assistants with a small memento.




(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
Fr. Agnel Ashram, Bandstand, Bandra (West), Mumbai – 400 050.

Ref.: CRCE / 2017 / 270

Date : June 19, 2017.

C I R C U L A R


INTERNATIONAL YOGA DAY

This is to inform you that UN and Indian government has declared 21st June as INTERNATIONAL YOGA DAY. In accordance with it and as per the directives (Circular dated 30th March 2017) from the Directorate of Technical Education Maharashtra, we are observing 21st June 2017 (Wednesday) as YOGA DAY in the school auditorium.

All the teaching and non teaching staff members are required to attend the same and make the YOGA DAY a success.

Venue : School Auditorium

Timing : 9.30 onwards


(DR. SRIJA UNNIKISHNAN)
PRINCIPAL

MOULDING ENGINEERS WHO CAN BUILD THE NATION

**FR.CONCEICAO RODRIGUES COLLEGE OF ENGINEERING
BANDRA, MUMBAI**

21 JUNE 2017

The International Yoga Day was celebrated on 21st June at Fr. Conceicao Rodrigues college of engineering as an attempt to bring peace, harmony, happiness and success. This was a great opportunity to imbibe the value of discipline. Yoga is a mental, physical and spiritual practice that needs to be carried every day. The event was attended by 30 participants including our Principal, professors and the students. The duration of the event was two hours, from 10:00 am to 12:00 pm. The event was conducted in the school auditorium of Fr. Agnel School, Bandstand, Bandra (west).

The event began with the Cultural Secretary Ms.Suparna Shetty giving a brief introduction about yoga and introducing the yoga instructor Mrs. Charu Doshi. The students' council then welcomed her with a bouquet of flowers. All the people present got the chance to know how yoga embodies unity of mind and body. Different yoga postures were explained and demonstrated by Mrs. Charu Joshi like:-

- Vrikshasana,
- Uttanaasana,
- Trikonasana,
- Bhadrasana,
- Shashankaasana,
- Bhujangasana,
- Pawan Muktasana,
- Finally ended with Pranayama and meditation

Prayers were recited before and after the programme. The staff and the students had a peaceful session. The audience showed great interest and participated in various asanas with full cooperation.

The event was concluded with the council presenting Mrs. Charu Doshi with a small memento and a small talk by the Principal.



S.X





FR.CONCEICAO RODRIGUES COLLEGE OF ENGINEERING BANDRA, MUMBAI

INTERNATIONAL YOGA DAY 2017 REPORT

21 JUNE 2017

The International Yoga Day was celebrated on 21st June at Fr. Conceicao Rodrigues college of engineering as an attempt to bring peace, harmony, happiness and success. This was a great opportunity to imbibe the value of discipline. Yoga is a mental, physical and spiritual practice that needs to be carried every day. The event was attended by **30 participants** including our Principal, professors and the students. The duration of the event was two hours, from 10:00 am to 12:00 pm. The event was conducted in the school auditorium of Fr. Agnel School, Bandstand, Bandra (west).

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(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL



Participant Performing Asanas in School Auditorium (21-June-2017)



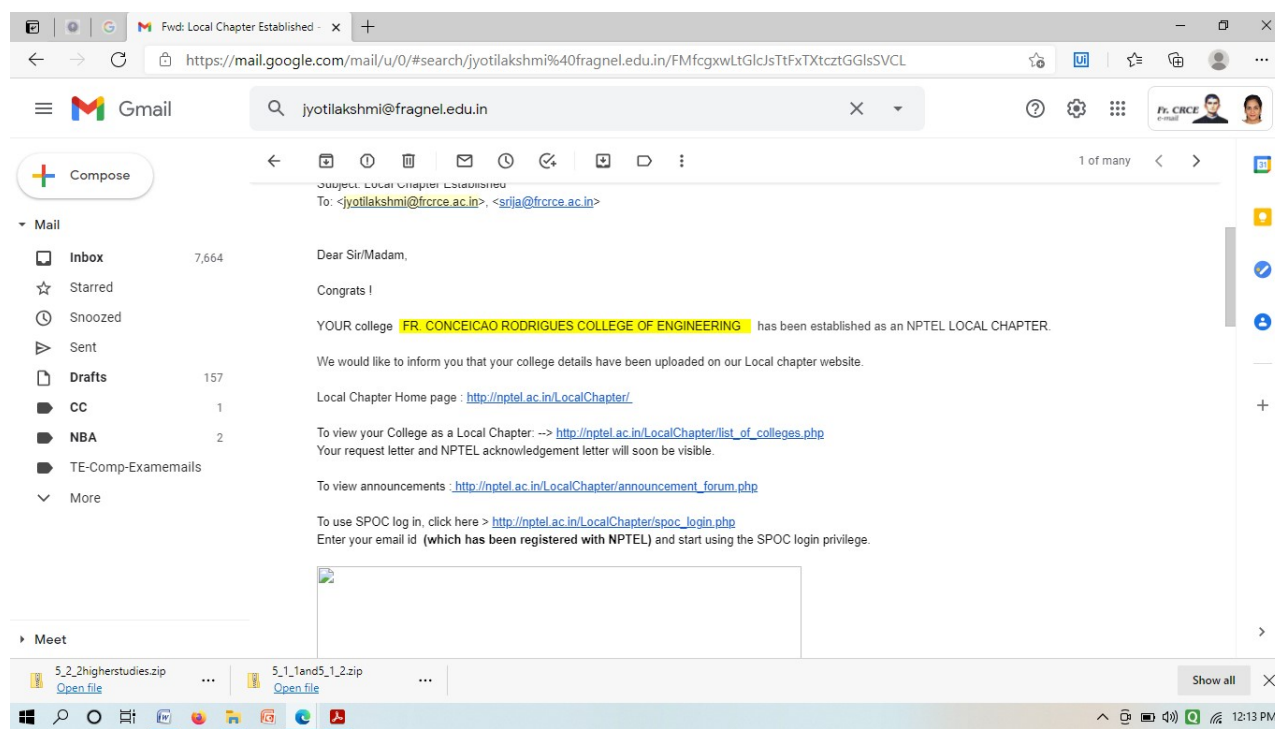

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

4. ICT / computing Skills - Bridge Courses-

The main objective to motivate students for advanced ICT /computing skills is to meet the demands of the knowledge driven economies. So there is need to learn new skill with ever-changing digital era. The Aim of motivating students for advanced ICT Skills is, to bridge the gap between subjects of specified by university syllabus and industry requirements. Further institute encourage students for Courses so that students to have a smooth transition from college to industry and can learn advanced ICT skill required by Market to fit for job.

Institute has initiated NPTEL local chapters for the betterment of Students. Our students had completed various courses like **NPTEL, COURSERA, UDEMY, MOZILLA, BOOTSTRAP** and other software courses to get well acquainted with latest technologies.

Our Institute has established NPTEL LOCAL CHAPTER since 2017



Institute Initiative for NPTEL Local Chapter

Fwd: FR.CONCEICAO RODRIGUES COLLEGE OF ENGINEERING - Coursera for Campus Basic Program Launch - 03/31/2022

1 message

jyotilakshmi CRCE <jyotilakshmi@fragnel.edu.in>
To: dipalis <dipalis@frcrce.ac.in>

Wed, Dec 21, 2022 at 10:06 AM

----- Forwarded message -----

From: Coursera for Campus <coursera-for-campus@coursera.org>
Date: Thu, 31 Mar 2022 09:57:54 -0700
Subject: FR.CONCEICAO RODRIGUES COLLEGE OF ENGINEERING - Coursera for Campus Basic Program Launch - 03/31/2022
To: jyotilakshmi@fragnel.edu.in

Transform your organization through learning.

[image: C4C multi@5x.png]

<https://em.coursera-for-business.org/L9h3Vl00e02Z0Mx0i0o080C?utm_campaign=c4chomepage&utm_content=c4chomepage&utm_medium=&utm_source=c4blaunchemail>

Hi jyotilakshmi CRCE,

Thank you again for your interest in Coursera for Campus Basic plan!
We're excited to let you know that the Coursera for Campus Basic plan program for your learners is ready and is launching today 03/31/2022. You can access your new program(s) here

<<https://www.coursera.org/o/c4c-fr-conceicao-rodrigues-college/admin/programs/fr-conceicao-rodrigues-college-of-engineering-on-coursera-d6cr4/coursera-for-campus-basic-setup>>.

The following individual has been provided organization administrator access. They can add additional administrators on your Coursera portal.

- jyotilakshmi CRCE at jyotilakshmi@fragnel.edu.in

You will soon receive a separate email inviting you to take a short course on our platform that provides you an overview of all the features of your Coursera for Campus portal. Here, you can review the program and your dashboard settings, and start adding students by inviting them from the invitation tab within your program.

<<https://business.coursera.help/hc/en-us/articles/360043249794-Send-invitations-individually-or-in-bulk>>

To allow anyone in your organization to join your program with one click, you can also whitelist your organization's email domain.

<<https://business.coursera.help/hc/en-us/articles/360047357213-Whitelisting-email-domains>>

Please find attached the following:

- Admin Walkthrough: recorded training <<https://youtu.be/tgQTiAIWt2k>> which explains all the Admin features of the platform. Our Administrator Help Center

<<https://business.coursera.help/hc/en-us/categories/204094368-Enterprise-Plan>> has great resources, including Admin FAQ for the Coursera for Campus Basic plan.

- Learner Experience: Learner Guide

<<https://learner.coursera.help/hc/en-us/articles/360049920972-Coursera-for-Campus-Basic-Plan-and-Student-Plan-Learner-Guide>>

which explains the learner features. Also, please refer to our Learner Help Center <<https://learner.coursera.help/hc/en-us>> and please do direct the learners to it as well.

- Student Awareness Kit:

<<https://business.coursera.help/hc/en-us/articles/360054922574>> A tool kit of materials that you can use to engage your learners to start learning

on Coursera.

- Admin Support FAQ

<<https://business.coursera.help/hc/en-us/articles/360054155914>> for any administrative questions for the Coursera for Campus Basic plan.

Thank you,

Coursera for Campus Team

Learn more

<https://em.coursera-for-business.org/Fo0lo004z0M0i3Z9000V8Ch?utm_campaign=c4chomepage&utm_content=c4chomepage&utm_medium=&utm_source=c4blaunchemail>

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<https://em.coursera-for-business.org/L9h3VI00e02Z0Mx0i0o080C?utm_campaign=c4chomepage&utm_content=c4chomepage&utm_medium=&utm_source=c4blaunchemail>

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<<https://em.coursera-for-business.org/Y08hZ0DCi0090003oIM08Ve>>

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<<https://em.coursera-for-business.org/DM9h00E0VI000Z0eoC3i089>> | Coursera

Blog <<https://em.coursera-for-business.org/I0e0aM00ohiFC8390Z0IV00>>

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Coursera for Campus Basic Plan Administrator Guide.pdf

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Administrator Guide



Welcome to Coursera!

Congratulations on starting your Coursera learning program! This guide was written to help you navigate the Coursera administrator platform and start managing your Coursera learning program(s).

What is Coursera?

Coursera is the world's leading online learning platform. With Coursera, you can easily offer world-class content and credentials from the world's top universities and companies, drive skill development with with role-based learning, and track and benchmark skill proficiency against over 60 million learners.

Why learn on Coursera?

Learning on Coursera will help your learners:

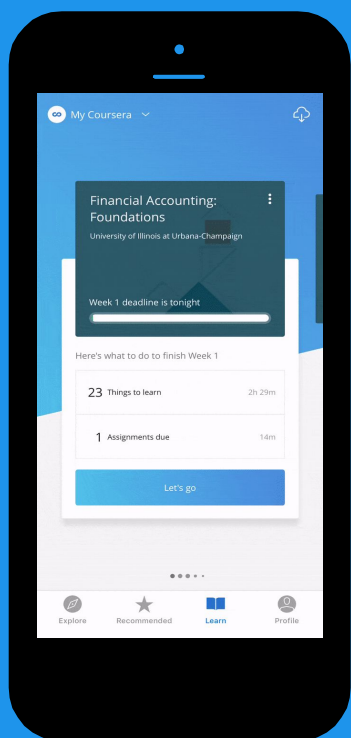
- ✓ Learn new skills to help excel in their current role
- ✓ Help prepare for their dream job
- ✓ Maintain essential and critical skills
- ✓ Become better informed on a variety of topics
- ✓ Access content from 160+ universities & 30+ industry partners
- ✓ Be part of a community of over 60+ million global learners

Getting Started

Overview

This document was written to help you navigate your way around the Coursera admin portal & invite learners to your Coursera learning programs.

After reading this document, you'll know how **add/remove learners from your programs, extract learner data from programs, and send customized email communications to learners.**



Download the Coursera mobile app to learn on the go!



Ease of use

95% of the 2000+ courses on Coursera can be taken from beginning to end on your mobile phone, laptop, or tablet.



Unparalleled accessibility

Coursera is available anywhere at any time. Courses are available offline, over 35 languages subtitled, with availability across Android and iOS.



Intuitive classroom experience

Coursera keeps lectures and lessons short, so learners can make meaningful progress in just a few minutes a day.

Coursera supports the most recent versions and one previous version of the following browsers on computers

- Google Chrome, Mozilla Firefox, Safari, Microsoft Edge, Internet Explorer: 11.0

If you're using an older browser, updating your browser can help resolve issues using the admin tools. To use Coursera on a mobile device, please download the Coursera mobile application.

Requirements for using Coursera on a computer:

- To use Coursera on the web, you'll need a reliable Internet connection and a computer with at least 1GB of memory/RAM.

Requirements for the Coursera mobile app:

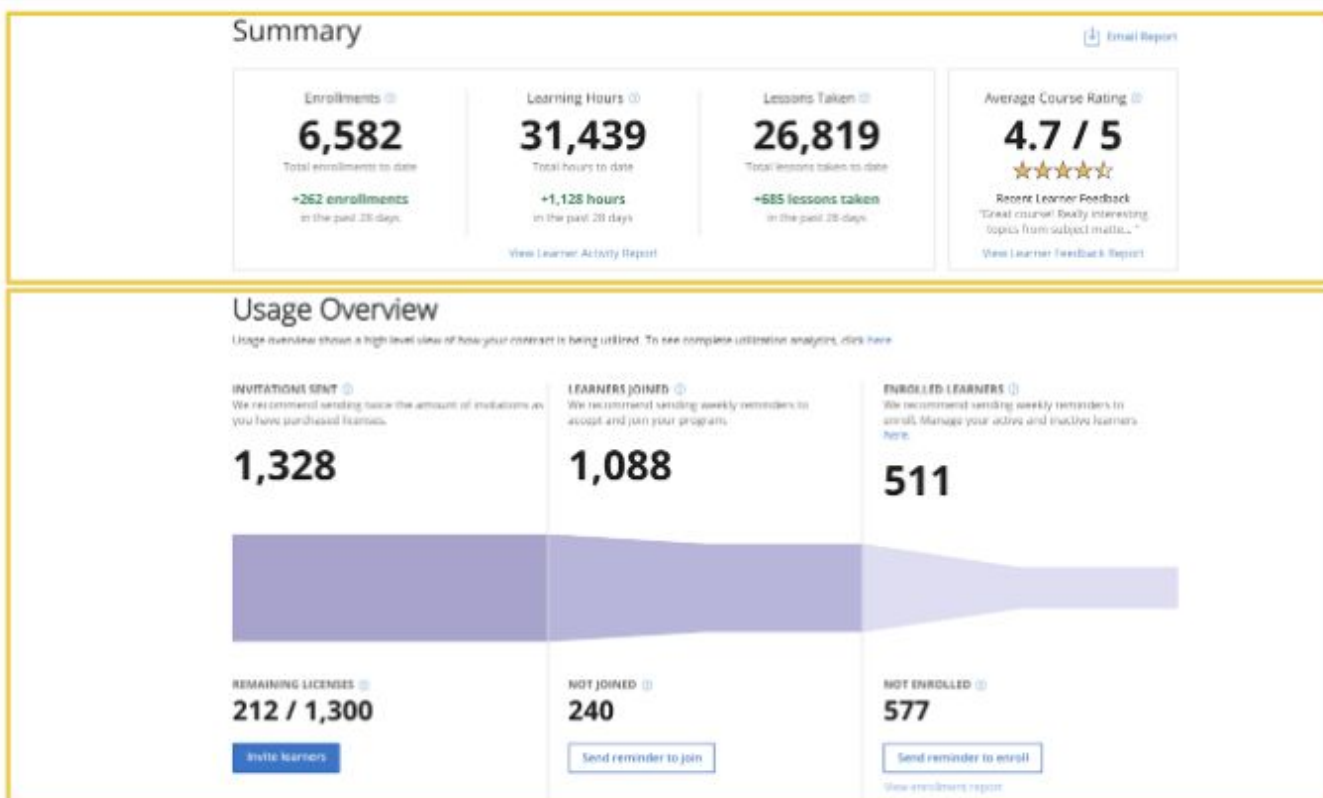
- You can use the Coursera mobile app with iPhone and iPad (iOS 9.0+) and Android (5.0+) devices.

Your Admin Home Page

Access your admin platform by navigating to your Coursera Admin instance. The link to your admin portal is provided by your Coursera customer team.

- [www.coursera.org/o/\[your-org-name\]/admin](http://www.coursera.org/o/[your-org-name]/admin)

On the top of the admin home page is the **summary tab** that shows high level metrics in order to help you assess the overall program health with a single glance. Please note that these two dashboards provide a cumulative overview of all the learning programs set up for your organization



This includes the following metrics. The date range starts from the start of your Coursera subscription.

- **Enrollments:** Total number of courses all the learners from your organization have enrolled into
- **Learning hours:** Total number of hours learners have spent progressing through courses
- **Lessons taken:** A lesson is a cohesive unit of content within a course including several items

Usage Overview section below the summary tab provides admins with "learner funnel" data in order to pinpoint how to optimize the performance of the program.

This is a visual overview to identify where the "leaky bucket" is in the learner funnel whether that be **invitations sent, learners who have joined, or learners who have enrolled**

Below each stage, there are quick action buttons that allow the admin take the corrective measures needed for each stage (i.e. resend invites or remind those joined to enroll in courses)

**The summary data (1st dashboard) will update daily while the usage overview data (2nd dashboard) will update every two hours. The licenses consumption metrics updates every 24 hours.*

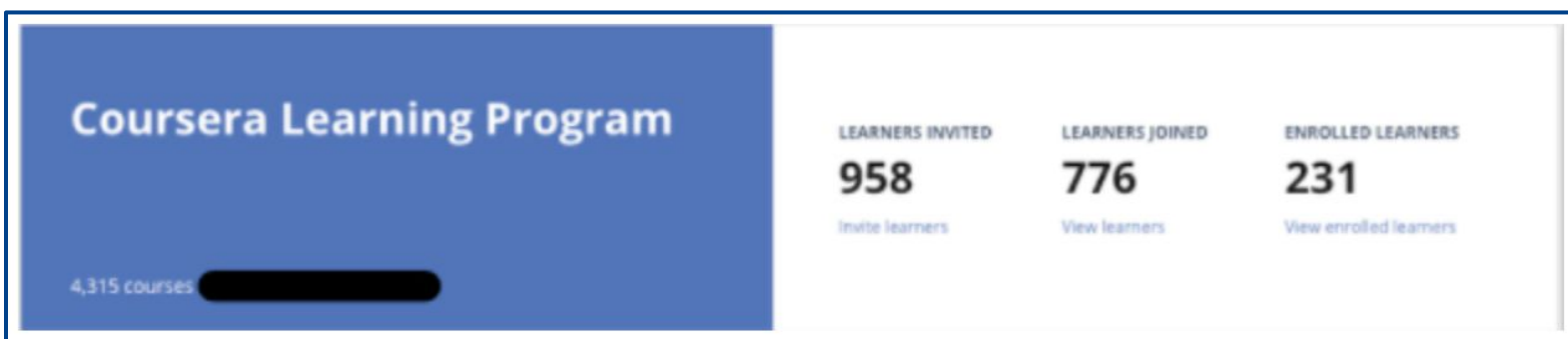
Below the Summary and Overview sections is your **Learning Programs** section. You can invite your learners to these programs.

Click on the title of the program you want to administer. This will redirect you to the program admin main page.

What are Programs?

The programs act as a bucket to segregate your learners belonging to different categories and usually have varying learning needs. Coursera team works with your team to decide this program structure based on your organization's needs

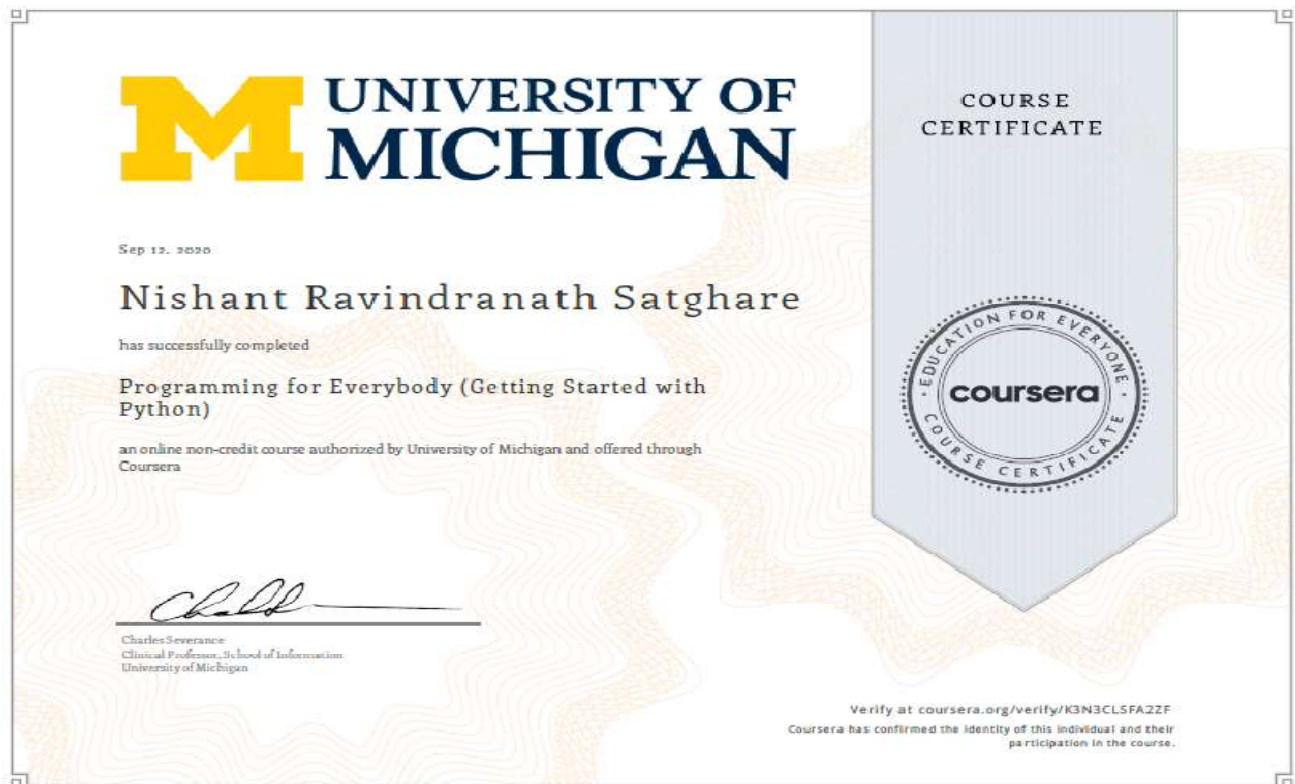
Under the Basic Plan, each instance will have 1 learning program by default. The option to create or request additional learning programs is unavailable under this plan.



The program card will show the numbers below:

- **Learners Invited.** Clicking on **Invite learners** will allow you to invite learners in bulk.
- **Learners Joined.** Clicking on **View learners** will navigate you to the program's **Manage Learners** sub-tab which will automatically surface a list of learners who have joined the program.
- **Enrolled Learners.** Clicking on **View enrolled learners** will navigate you to the program's **Manage Learners** sub-tab which will automatically surface a list of learners who have enrolled in courses.

Sample certificates –ICT computing Skills





Sep 24, 2020

Jayesh Badwal

has successfully completed

HTML, CSS, and Javascript for Web Developers

an online non-credit course authorized by Johns Hopkins University and offered through Coursera.

Yash K. C.

Viswes Chaitin
Adjunct Professor, Graduate Computer Science
Whiting School of Engineering
Johns Hopkins University

COURSE
CERTIFICATE



Verify at coursera.org/verify/52Q8WXGN7V2H

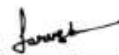
Coursera has confirmed the identity of this individual and their participation in the course.

This certificate does not affirm that this learner was enrolled as a student at Johns Hopkins University. It does not confer a JHU grade, course credit or degree; establish a relationship between this issuer and JHU; enroll or register this learner at JHU or its any course offered by JHU; or permit this learner to access or use resources beyond the online courses provided by Coursera.

Certificate of Training

Rissa Chettiar

from Fr. Conceicao Rodrigues College Of Engineering has successfully completed a six weeks online training on Core Java from 16th June, 2020 to 28th July, 2020. The training consisted of Getting Started with Java, Leveraging Basic Concepts, Object Oriented Programming and Java App Development modules. Rissa scored 100% marks in the final assessment and is a top performer in the training. We wish Rissa all the best for the future.



Sarvesh Agrawal
Founder & CEO, Internshala

Date of certification: 2020-07-30

Certificate no.: EB285199-4068-FE88-CECD-A9CB30BA57A8

For certificate authentication, please visit https://trainings.internshala.com/verify_certificate



05/20/2020

Dilton Ignatius Dsouza

has successfully completed

Python Data Structures

an online non-credit course authorized by University of Michigan and offered through
Coursera

A handwritten signature in black ink, appearing to read 'Charles', followed by a horizontal line.

Charles Severance
Clinical Professor, School of Information
University of Michigan

**COURSE
CERTIFICATE**



Verify at coursera.org/verify/FJXH6YDzPUD8
Coursera has confirmed the identity of this individual and
their participation in the course.



LETTER OF RECOMMENDATION

23rd December, 2020

To whom it may concern,

I am happy to write a recommendation letter for Saloni Khanna , who interned with us for 2 months and worked on our multi-vendor marketplace website.

Saloni has shown excellent knowledge of e-commerce and website management. She helped us set up our new website and Google analytics for our website. She is a quick learner and can complete tasks efficiently,

Warm Regards,
Kriti Tibrewal Deora
Founder – The Ecosattva Store





dipalis CRCE <dipalis@fragnel.edu.in>

AMAZON WEB SERVICE: Educator Membership Form

1 message

Mahendra Mehra CRCE <mahendra.mehra@fragnel.edu.in>
 To: teach@fragnel.edu.in, "TPO - Fr. CRCE, Bandra" <tpo@fragnel.edu.in>

Mon, Aug 27, 2018 at 3:41 PM

Hello All,

As part of Institute membership program with Amazon Web Services. AWS is offering educator accounts for the faculties of our college. AWS Educate provides its members with free access to learning content and AWS services designed to build knowledge and skills in cloud computing.

The benefits of being an educator member of AWS are:

1. **\$200 in AWS credits per educator – at member institutions**
2. **Free access to labs**
3. **Free AWS Technical Essentials eLearning course**
4. **50% off AWS certification exams**
5. **Free access to AWS content for classes**
6. **Free access to content contributed by leading educators**
7. **Educator Collaboration Portal access**
8. **Certifications and badges on completing courses.**
9. **Virtual and in-person events**
10. **Contribute and rate content**
11. **Private and public discussion forums**
12. **Resources to carry out research work which need high computing infrastructure.**

Kindly fill the registration form if interested by clicking on the below given link

<https://goo.gl/forms/oGErElqYkZBU8khh1>

Visit this link to know more about AWS: https://www.youtube.com/watch?v=mZ5H8sn_2ZI

Note: Last date for registration is Tuesday, 28th August 2018

Regards
 Prof. Mahendra Mehra
 Assistant Professor,
 Computer Engineering Department.
 Fr.C.R.C.E
 Bandra (W)
 8149327826 / 7977664541

5. ICT FACILITIES IN CLASSROOMS, AUDITORIUM AND SEMINAR HALL

SMART CLASSROOMS:

Each classroom is equipped with white board and smart projector.





SMART AUDITORIUM

Auditorium – SAMVAAD with capacity of 100 equipped with all state-of-the-art ICT facilities like Audio-Video system, smart projector, Podium, Mike, air-condition etc.



SEMINAR HALL: Seminar Hall for conducting workshops with all state-of-the-art equipment like Mike, Audio- Video system, Podium, Projector etc.



6. PERSONAL COUNSELLING

Personal Counseling

To achieve a positive mental health, institute has full time Professional Psychological Counselor. The main aim is to resolve problems, improve effectiveness, judgmental skills and bring transformation in an individual student. The main objective of personal counseling is to understand the root cause of the problem and help students to face it with confidence. It also helps the students to overcome the fragile and delicate situation that the student may be undergoing. Dr. Joseph Rodrigues, personal counselor of FRCRCE, conducted session named “Path towards right direction” in the beginning of the academic year for the first year students (new comers). The motive of this session is to guide the students with general awareness and alerting them about the ups and downs of engineering studies. Further it has created alertness to keep away from bad company, alcohol and drugs and identify the responsibilities and opportunities in engineering education. Higher semester students get in touch with the counselor with the help of contact number available on the institute website. They are guided for higher studies abroad. Institute provides Personal one to one counseling session; in any aspects; as and when required, 24/7 available for counseling through email, phone call or whatsapp. The parents and students are relaxed and happy to get proper guidance and counseling at the institute as parents put hand to hand with the counselor and workout for the betterment of the student.

July 2017

Sr. No.	Names of Students	Class/ Mobile No.	First Day Interview	Follow Up date	Reason/Cause	Remark	Counsellor's Sign
1	Frank Naidu	BE (Comp)	12/7/17	-	Career related Resume related	Counselled - Got placed in JP Morgan with 7-8 package	\$
2	Thomson Naidu	BE (Comp)	13/7/17	-	Career related	Counselled	\$
3	Pratik Singh (Through Whatsapp)	BE (Comp)	13/7/17	-	Career related	Counselled	\$
4	Pratik (Also spoke to his mother on phone)	TE (Elec.)	14/7/17		Stammering problem	Referred to Nair hospital to meet Speech therapist ↓ Visited the Dr. ↓ He is undergoing Speech therapy	\$
5	Stanley Rickey	SE (Elec.)	14/7/17		Stammering problem	Referred to Nair hospital, Mumbai Central to meet Speech therapist ↓ Visited the Dr. ↓ Got appointment on Mondays ↓ Couldn't go due to college lectures	\$

S/X



August 2017

Sr. No	Names of Students	Class/ Mobile	First day/ Interview	Follow Up dates	Problem/Cause	Remark	Counselor's Sign
1	Naresh Ahirao	8605264999	1/8/16	-	Student Accomodation	Gave contact of Agent for Paying guest	\$
2	Meenakshi Mishra		2/8/16	-	College related - Admission	- forwarded to Martis Sir	\$
3	Class Counselling for FE (Computers) (39 students)		3/8/16	-	Discussed various topics and gave general awareness of college	It was an interactive session	\$
4	Class Counselling for FE (IT) (39 students)		4/8/16		"	It was fruitful session as per the feedback	\$
5	Mr. Patil (Nikhil's father) Pune	TE-Comp	7/8/16	→ Telephonic 9/8/17		→ Counselling	\$
6	Mr. Koul (Siddhant's father) Laddhakh Border	TE-Prod	7/8/16	→ Telephonic 9/8/17		→ Counselling	\$
7	Mr. Shukla (Kushal Shukla's father)	BE(IT)	7/8/16	→ Telephonic 9/8/17		→ Counselling	\$
8	Mr. Pandita (Lokesh's father) Jammu	SE(IT)	7/8/17	→ Telephonic 9/8/17		→ Counselling	\$
5	Mr. Narula (Mehul's mother) Agartala North East	BE(IT)	7/8/17	→ Telephonic 9/8/17		→ Counselling	\$
6	Mr. Choube (Dhananjay's father)	SE (Comp)	7/8/17	→ Telephonic		→ Mr. & Mrs. Choube visited the hostel and counsellor Dhananjay	\$

Misbehaviour in the hostel on Saturday night 5/8/17

SX



Sr. No.	Names of Students	Class/Matric	First day interview	Follow up dates	Reasons/Cause	Remark	Counselors Sign
7	Nitesh	FE	09/8/17	-	} Awareness of hostel life and Study	→ Counselling	
8	Manik	FE	09/8/17	-			
9	Mayank	FE	09/8/17	-			
10	Hostel Boys Kalina (18 students)		10/8/17	-	Electricity Usage and other issues	Counselled	
11	Class Counselling (FE Prod)		10/8/17	22/8/17	General Awareness	As the whole class didn't turn up on 10/8/17, the session had to be re-scheduled on 22/8/17	
12	Class Counselling (FE-Electronics) (42 student)		11/8/17		General Awareness	Students cleared most of their doubts and were happy	
13	Dalvi Mahadev		15/8/17		Weakness in English Speaking	Guided	
14	Aman Sheikh's father (Dhankad)		18/8/17		Change of branch Career related	Guided	
15	Aman Sheikh's Parents		24/8/17		Psychologically Disturbed	Counselled	
16	Class Counselling (FE Prod) (50 students)		29/8/17		General Awareness	It was a helpful session for new comers	



September 2017










Sr No	Names of Students	Class/ Module	First Interview	Follow up date	Reason/Cause	Remark	Counsellor Record
1	Samayak and parents	FE (Elec)	4/09/17	-	Accommodation at Mumbai	Gave him estate agents number	<u>P</u>
2	Sakshi	TE (Elec)	5/09/17	-	Team mates Problem	Listened to their problems	<u>P</u>
3	Swapnaja	TE (Elec)	6/09/17	-	Team mates Problem		
4	Sakshi and Group	TE (Elec)	7/09/17	-	Indifference in team		
5	Austin D'Souza (whatsapp)	TE (Elec)	7/09/17 (Night)	-	Diseased condition/ Psychologically not well	Probed for his problem	<u>P</u>
6	Shray (whatsapp)	FE (Prod)	7/09/17 (Night)	8/09/17	Affair with a friend in the class	Made him understand the age group and how career is important	<u>P</u>
7	Mehul	BE (IT)	11/9/17	-	Lost money	Counselled him to be more careful	<u>P</u>
8	Dareen (visited my home)	SE (Elec)	13/9/17	-	Psychologically disturbed	Listened and suggested to remove wrong/ negative thoughts from mind	<u>P</u>
9	Sakshi and Group	TE (Elec)	14/9/17	-	Indifference in team	Sorted out the problem and made a harmonious meeting with team	<u>P</u>
10	Ms Melania (Austin D'Souza's Teacher/Counselor) [Telephonic]	-	14/9/17	-	Austin's Problem	Discussed in detail about Austin's Problem	

Sr. No	Name of Students	Class/ Mobile	First Interview	Follow Up date	Reason / Cause	Remark	Counsellor's Sign
11	Dareen	SE(Elec)	15/9/17	-	Disturbed from home and came to stay at boy's hostel, Kalina	Counselled and sent him home	<u>R</u>
12	Dareen's Parents (Called at college)		16/9/17	-	"	Discussed, Counselled Met the principal and Martin Sir	<u>R</u>
13	Lokesh Pandita	SE(IT)	16/9/17	-	Friend with Dareen	Counselled and asked to keep away from Dareen's company	<u>R</u>
14	Dharanjay Choubey	SE(Comp)	17/9/17	-	Friend with Dareen	"	<u>R</u>
15	Shivam Yadav	TE(Elec)	29/9/17	-	Behaviour related	Counselled	<u>R</u>

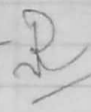

S/X



October 2017

Sr. No.	Name of Students	Class/ Mobile	First Interview	Follow Up date	Reason/Cause	Remark	Counsellor's Sign
1	Nitesh Patil	FE	3/10/17	—	Time Management	Counselled	
2	Mayank Srivastha	FE	3/10/17	—	Control over self	Counselled	
3	Manik Pandita	FE	3/10/17	—	Study related	Counselled	
4	Ajay Tambe	SE(Prod)	5/10/17	—	Exam related	Advised to clear KT's	
5	Surendra (Reference: Mrs. Priti Malik madam, Diploma)	8452894751 9969402046	9/10/17	In december month	Exam fear / Suicide tendency	Gave tips to control emotions and how to handle exam fear	
6	David Issac Telephonic Conversation with his parents	TE(Elec) 9869232772	13/10/17	—	No interest in Engineering	Counselled	
7	Mrs. and Mr. Nayak Siddhant Naik	TE (Elec)	16/10/17	—	Absentism	Forwarded to HOD	
8	Chinmay Kulkarni	SE (Prod)	16/10/17	—	Result related	Asked him to be serious about academics	
9	Mr Kulkarni (Father of Chinmay)	—	16/10/17	—	Discussed about result of Chinmay	Suggested him to motivate his son	

Sr. No	Name	Mobile/Class	First Interview	Follow Up	Reason/Cause	Remark	Counsellor Sign
10	Lokesh	SEIT	17/10/17	-	Not attending Remedial classes	Counselled	R
11	Hostel boys [18] [Counselling through whatsapp]	18	18/10/17	-	Keeping the hostel dirty and also unhygienic	Explained them the importance of keeping themselves and their hostel clean. Also, made them understand aware how cleanliness is next to godliness.	R
12	Akshay Marathe Joseph Pathole Ratik Singh Omkar Joshi	SE(Elec)	18/10/17	-	Not completed BCE report and not met the deadline given to them.	Counselled and made them complete the work and also made them understand how they should meet the deadline before time.	R
13	Eric Moreas	B.E (Electronics)	27/10/17	-	Fraud letter for placement from L and T Company. Eric asked to deposit 8,500/- before interview within one day.	Checked with company on website. Tried calling and spoke to concern HR manager.	R
14	Issac Nadar	SE(IT)	28/10/17	-	Less Attendance and Assignment not checked	Directed him to IT HOD	R
15	Mr. Pandita (Manik's father)	8237783556 Pune FE	28/10/17	-	Waking up late to go to college at hostel and slow in studies	Asked his father to address him	R

Sr. No	Name	Mobile/ Class	First Interview Date	Follow Up	Reason/Cause	Remark	Counselor's Sign
16	Mr. Srivastava (father of Mayank Srivastava)	94087056 75 IE (Comp)	28/10/17	—	Study related updates	Student doing really well with 100% attendance and performing well in exams.	
17	Abishek Latde	BE (IT)	30/10/17	—	Asking for stay at hostel	Helped him by giving Abbas bhai's mobile phone number to find rental room	






Six



November 2017

Sr. No	Name	Class/ Mobile	First Interview date	Follow Up	Reason/Cause	Remark	Sign
1	Sela Grace Kozhy (Whatsapp)	TE (Comp)	TE (Comp) 13/11/17		Teacher purposely failing in exam.	Did counselling and referred her to meet the HOD Also spoke to Sapna madam regarding this issue	<u>P</u>
2	Manik's father on telephone	FE (IT)	15/11/17		Related to his studies	Asked him to be serious about studies	<u>P</u>
3	Mayank Shrivastav's father (Telephonic)	FE (Comp)	15/11/17		Performance in Unit test	Doing well in academics	<u>P</u>
4	Chirmay Kulkarni's father (Telephonic)	SE (Prod)	18/11/17		Performance very weak in exams	Asked to motivate him	<u>P</u>
5	Ajay Tambe	SE (Prod)	22/11/17		Untidy stay at hostel	Cleared his messed up cot to make him learn a good lesson	<u>P</u>
6	Dharanjay Chouksey	SE (Comp)	23/11/17		Spoke disrespectfully	Counselled him to speak respectfully and mind his language.	<u>P</u>

December 2017

Sr. No	Name	Class/ Mobile	First Interview Date	Follow Up	Reason/Cause	Remark	Sign
1	Nitesh Patil	FE (Prod)	2/12/17		Weak in studies	Counselled	
2	Nitesh's father (Call to Nashik)		3/12/17		Concern about Nitesh's Studies	Spoke about his continuous travel to home town 'Nashik'	
3	Aaron's Mother (on phone)		3/12/17		Exam Related	Counselled his son	
4	Aaron (on phone)		4/12/17		Issue related to exam	Counselled	
5	Ajay Tambhe		8/12/17		Study related	Counselled	

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January 2018





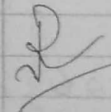
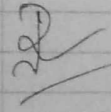
Sr.No	Name	Class/ Mobile	First Interview Day	Follow Up	Reason/Cause	Remark	Sign
1	Aman Sheikh's father	8340316 268	10/1/18		Residence problem of Aman	Need to come to Mumbai for getting new rental room	\$
2	Aman Sheikh	SE (Elec)			Personal problem at rental place	Counselled to get ready to stay at new place or boy's hostel at Kala Nagar.	\$
3	Sangeet Sawant	FE (Prod)	16/1/18		Not attending college	Asked to attend lectures	\$
4	Akshay	FE (Prod)	17/1/18		Childish behaviour	Gave tips	\$
5	Shewil Khot	FE (Prod)	17/1/18				
6	Aman Sheikh's father	8340316 268	18/1/18		Enquiring about hostel stay	Gave tips to stay in Mumbai with relatives	\$
7	Computer (whole class)		24/1/18		Addressed about behaviour / internal marks	Group Counselling	\$
8	Production (whole class)		25/1/18		Addressed on Attitude problem, Misbehaviour in class / Talkative nature	Group Counselling	\$

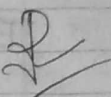
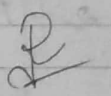
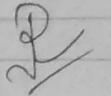
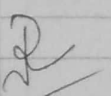
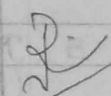

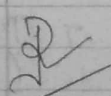
February 2018

Sr.	Sr. No	Name	Class/ Mobile	First Interview	Follow Up
1	1	Sangeet Sawant's father (on phone)		4/2/18	
2	2	Sangeet Sawant	FE (Prod)	5/2/18	
3	3	Roshan Jaydev's father (on phone)		5/2/18	6/2/18 (whatsapp message 8.48 p.m)
4	4	Vineeta Martis's father (on phone)	B.E (Comp)	8/2/18	
5	5	Atharva H	FE (Prod)	8/2/18	
6	6	Alden	FE (Prod)	8/2/18	
7	7	Mr. Pawar (Yash's father) (on phone)	FE (Prod)	10/2/18	
8	8	Lokesh's father Mr. Pandita Telephonic	SE (IT)	10/2/18	

Reason/ Cause	Remark	Sign
Complaint about less attendance	Asked to speak to Sangeet	R
Attendance	Counselled	R
Complaint about not attending lectures	Asked to speak to Roshan	R
Father complaining about her daughter not studying	Asked him to meet	R
Talkative in class	Counselled	R
Talkative in class	Counselled	R
Sleeping in the class	Asked his father to take care at home	R
Hostel Stay	Lokesh moved to his sister's place at malad	R

Sr. No	Name	Class/ Mobile	First Interv	Follow Up	Reason/Cause	Remark	Sign
9	Ajay Tambhe's Mother (Telephonic)	SE (Prod)	11/2/18		Career related	Spoke in detail about Ajay's plan to change his career.	<u>P</u>
10	Akshay Jadhav (Whatsapp)	B.E	12/2/18		Library related	Passed Jyotilakshmi madan's number	<u>P</u>
11	Aaron Anthony (Telephonic)	TE (Elec)	14/2/18		Attendance and performance	Counselled him to be more cautious to handle attendance part	<u>P</u>
12	Aaron's Mom (Telephonic)	Telephonic 9969222411	14/2/18		"	Made her understand that with time Aaron will improve	<u>P</u>
13	Yash Pawar and his mother	FE (Prod)	14/2/18		Misbehaviour and sleeping in the class	Counselled for his improvement	<u>P</u>
14	Roshan Jaydev Parente	FE (Prod)	15/2/18	Followed earlier on phone calls in Jan & Feb 2018	No attendance	Counselled: along with HOD/ Class teacher	<u>P</u>
15	Lopes Reynold	FE (Comp)	15/2/18		Not doing assignments	Counselled and asked to submit the work in the next week	<u>P</u>










Sr. No	Name	Class Mobile	First Interview Date	Follow Up	Reason/Cause	Remark	Sign
16	Mrs. Tangle & Mr. Tangle (Mayuresh's parents) (on phone)	F.Y (Prod)	16/2/18		Less attendance/ Late coming/ Not concentrating on Studies	Spoke to parents and asked them to talk to Mayuresh about his carelessness	
17	Sangeet Sawant	F.Y (Prod)	17/2/18	21/2/18	Poor attendance, Always complains that he is ill	Counselled last year before getting one year drop. He is under observation. Accepts his mistakes but not ready to change	
18	Mr. Sawant Sangeet's father (Telephonic)	F.Y Prod	17/2/18	21/2/18	Regarding his son's poor attend- ance.	Asked to meet The HOD/Class Teacher as no change is observed in him	
19	Vishal	B.E (Elec)	17/2/18		Father's disturbed after mother's death i.e from 6 months.	Suggested him to ask his elder brother to call me	
18	Eric Pinto's mother/ father (Telephonic)	F.E (Prod)	22/2/18		Failed in 3 subjects	Spoke to them	
19	Mr. Parab father (Aditya Parab) Telephone	FE (Prod)	22/2/18		Illness/Not attending the lectures	Asked father to take him to other doctor.	

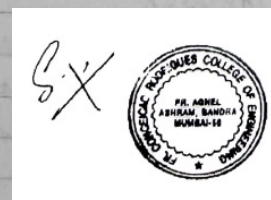
Sr. No	Name	Class/ Module	First Interview		Reason/Cause	Remark	Sign
			Date	Follow Up			
20	Mr. Khuman Dasang's father Telephone	FE (Prod)	22/2/18	Asked to meet in the college	Irregular in the class.	Parents facing problem at at home Divorce Case	
21	Mr. Pagare (Anurag's father) Telephone	FE (Comp)	22/2/18		Less attendance.	Asked him to see why Anurag bunks the class.	
22	Kevin Ruffin's father	FE (Comp)	22/2/18		Coming late to class/	Asked father to see that he starts well on time	
23	Mr. Tiwari (Pranav's father)	FE (Comp)	22/2/18		Talkative in class/ Attitude	Asked Mr. Tiwari to talk to Pranav for his behaviour improvement	
24	Mr. Srivastav (Uday's father)	FE (Prod)	26/2/18		Talkative in class/ Attitude	Asked Mr. Srivastav to talk to Uday about his nature	
25	Mr. Parab and Aditya (Visitat College)	FE (Prod)	26/2/18		Aditya's concern of illness	Directed him to the Dr. as he has thyroid problem (Dr. Maya, GSK, Badar).	
26	F.E (computers) B batch	FE (Prod)	27/2/18		Bunking the class	Asked students to be serious in attending the lectures	

March 2018.

Sr. No	Name	Class/Date Mobile	Follow Up	Reason/Cause	Remark	Sign
1	Eric Pinto and his parents	FE (Comp) 2/3/18		3 KTS / student depressed by his result	Counselled him and also asked his parents to take care	P
2	Alden Fernandes	FE (Prod) 2/3/18		Bunk / Poor Semester result	Spoke to parents and also asked to meet HOD	P
3	Jordan	FE (Prod) 2/3/18		Bunk / Poor Semester result	Spoke to parents and also asked to meet HOD	P
4	Abhishek (on mobile)	BE (Elec) 5/3/18		Facing job interview related to marketing	Gave tips to face the interview. Also did follow up to know how he did in his attempt. Expecting positive response from the company.	P
5	Mrs. Fernandes (Alden's mother) Visited College	FE (Prod) 9/3/18		Not fared well in exam (Sem I)	Discussed about his behaviour in class and gave him tips to study.	P
6	Jordan's father Visited College	FE (Prod) 9/3/18		Not done well in Sem I exam	Discussed about his behaviour in class	P
7	Mr. Haldankar (Atherwa's father)	FE 12/3/18		Misbehaviour in the class (observation past 2.5 months)	Asked his father to address him about his behaviour.	P

April 2018

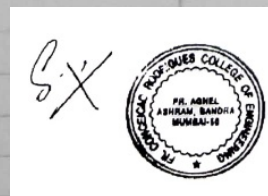
Sr. No	Name	Class	Date	Follow Up	Reason/Cause	Remark	Sign.
1	Wasimuddin ↓ Referred by Preti Madam	Diploma (Prod)	2/4/18	Next month	Exam Related Tips to stu	Tips to study and handle time during exams.	
2	Shivam	FE (Prod)	9/4/18	—	Change of Branch	Counselled him to do his best in exams	
3	Adhar Anosh	FE (Prod)	9/4/18	—	Study related (Scored too less in exams)	Counselled	
4	Smith Dbsitto	FE (Prod)	9/4/18	—	Scored less in exams.	Counselled	
5	Phadatare Pratik	FE (Prod)	12/4/18	—	Careless attitude towards submission	Counselled and made him aware of Term work marks	
6	Rodrigues Ryan	FE (Prod)	12/4/18	—	"	"	
7	Khuman Dashang	FE (Prod)	12/4/18	—	"	"	
8	Gadre Omkar	FE (Prod)	13/4/18	—	"	"	
9	Gandhi Dhairya	FE (Prod)	13/4/18	—	"	"	



Sr. No	Name	Class	Date	Follow Up	Reason/Cause	Remark	Sign
10	Faroz Jordan's Mother (Whatsapp)	13/4/18	13/4/18	—	Study related	Spoke to his mother about his carelessness in exams.	P
11	Eric's Mother (Whatsapp)	FE (Comp)	13/4/18	—	ATKT related	Eric has cleared 2 KT's out of 3. Called to thank for the guidance. Also informed her mother about his carelessness in studies.	P
12	Alden's mother (Whatsapp)	FE (Pnd)	13/4/18	—	ATKT related	Alden cleared 2 KT's. And he is doing well.	P
13	Oza Dishant	FE (Comp)	13/4/18	—	Didn't do well in exams.	Guided 2 hrs. remedial for Communication Skills	P
14	Omkar Joshi	TE (Elec.)	16/4/18	—	Internship related	Counselled him for preparing quality resume	P
15	Vikas Rai	B K (Elec)	16/4/18	—	Army-career related	Discussed about Psychometry tests	P
16	Manteesh contacted on Whatsapp - Asked to meet personally	FE (Pnd)	23/4/18	25/4/18	Confused with his nature	Asked him to meet me but due to exams, he didn't turn up.	P

May 2018

Sr. No	Name	Class	Date	Follow Up	Reason/Cause	Remark	Sign
1	Mayank	FE (Comp)	4/5/18		Neatness and cleanliness in hostel	Asked them to maintain the room clean	P
2	Manik	FE (IT)	4/5/18		Neatness and cleanliness in hostel	"	P
3	Wasimuddin	Diploma	7/5/18	2/4/18 ↓ 7/5/18	Weak in studies	Gave tips for exam. Inquired the teacher about his performance, he was not up to the mark. Improvement needed.	P
4	Mr. Shrivastava (Father of Mayank) Telephonic	FE (Comp)	7/5/18		Regarding cleanliness and hygiene	Asked his father to talk about cleanliness when he returns home.	P
5	Lakesh Pandita (Spoke to his father) Telephonic	SE (IT)	8/5/18		Not in touch after leaving hostel and also not attending phone calls	Explained his father about his behavioural pattern / asked him to talk to about his progress and seriousness about clearing KTS.	P



June 2018

Sr. No.	Name	Class	Date	Follow Up	Reason/Cause	Remark	Sign
1	Kushal Shukla	B.E (IT)	5/6/18	-	Spoiling doors of the Hostel	Counselled on phone	<u>R</u>
2	Aniket Walse	T.E (IT)	8/6/18		Keys of room not submitted directly	Counselled on phone	<u>R</u>
3	Nikhil Patil	T.E (Comp)	9/6/18		Keys of room not submitted directly	Counselled on phone	<u>R</u>
4	Mr. Pandita (Lokesh Pandita's father)	T.E	10/6/18		Informed about breaking of cupboard by Lokesh	Asked Lokesh's father to make him understand about his foul play of keys.	<u>R</u>
5	Nitesh Patil	F.E (Prod)	14/6/18		Forgot to submit keys.	Called and asked him to deposit the keys and asked him not to repeat it.	<u>R</u>
6	Dhruv Gaidhani	B.E (Comp)	22/6/18		Career related and future in US	Spoke about the US life and its adapting to it.	<u>R</u>
7	Subodh Bamare	B.E (Prod)			Career related at US	Discussed about future	<u>R</u>



July 2018

Sr No.	Name	Class	First Interview	Follow Up	Cause and Remark	Sign
1	Ashish Singh 7051279775 (Telephonic)	New Corner J&K	2/7/18	5/7/18 11/7/18	Admission to our College - counselled and made him comfortable - Admission confirmed	P
2	Kashish Gupta 9086523699 (Telephonic)	New Corner J&K	11/7/18	12/7/18 13/7/18	Admission process - Counselled - Visiting Mumbai on 13/7/18	P
3	Dhiren Prajapati	B.E (IT)	13/7/18	13/7/18	Attending B.E lectures to clear the subjects	P
4	Whole Class (TE-IT) 66 students	TE-IT	17/7/18		Placement related	P
5	Whole Class (TE-Electronics) 57 students		18/7/18		Placement related	P
6	Whole Class 42 students	TE-Comp	24/7/18		Placement related	P
7	Whole Class 38 students	TE-Prod	25/7/18		Placement related	P
8	Manan's family	FE-Prod	29/7/18		Hostel Stay	P
9	Varad's family	FE-IT	29/7/18		Hostel Stay	P

August 2018

Sr. No	Name	Class	First Inter view	Follow Up	Cause and Remark	Sign
1	Pranav's family	FE-IT	1/8/18	-	Hostel Stay related	P
2	Arpan's family	FE-Cmp	1/8/18	-	Hostel Stay related	P
3	Ajay's family	FE-IT	1/8/18		Hostel Stay related	P
4	Mr. Pandita (Manik's Guardian)	S.E IT	3/8/18		Manik Came late to hostel / Also did not seek permission	P
5	FE (New Comers in Hostel)	F.E	6/8/18		General Counselling	P
6	SE Hostel Students	S.E	7/8/18		General Counselling (Study/Behaviour)	P
7	TE/BE Hostel Students	T.E B.E	7/8/18		General Counselling (Study/Placements)	P
8	Manik Pandita (On whatsapp)	SE (IT)	9/8/18		Less attendance in maths lectures (out of 24 lectures)	P
9	Mr. Pandita (On phone)				Spoke to Mr. Pandita about his son's attendance	P
10	Ms. Shreya Sunil	TE (Elec)	10/8/18		Not clear about her career and wanted to undergo Aptitude test on career. Hence, gave contact of Inspire Career Counselling	P

Sr. No	Name	Class	First Day Interve	Follow Up	Cause and Remark	Sign
11	Whole Class (Production and IT)	FE	13/8/18		General Counselling	P
12	Whole Class (Computers and Electronics)	FE	16/8/18		General Counselling	P
13	Mrs. Vishnukant Yogi (Ankur's father) ↓ (Escorted from Sundari madam)	SE (Prod)	24/8/15	27/8/15	Not attending collage regularly / JKT Not interacting with parents properly	P
14	Ankur Yogi	SE Prod	27/8/18		Poor attendance, Silent personality, Doesn't interact with parents, lazy, Do not study at home - Counselling Ankur and promised to change his behavioural pattern. Asked to meet on 24/9/18 Follow up date	P
15	Manteeski Dutt 9082580816	SE Prod	28/8/18		Complaint about Ayushi (his classmate) convinced him to go for Sponsorship (Abaad) at Malad and created scene on road Ayushi came from behind - Dashed Manteeski and blamed him of touching her; when he was not involved. Ayushi spreading wrong information in the class	

Sr. No	Name	Class	First Appoint. Date	Follow Up	Cause and Remark	Sign
16	Ayushi	SE Prod	28/8/18		With related to Montesh's complaint Ayushi's tale was totally different. She narrated that Montesh touched her in the train and there after getting down from it, she bet him with sandles. The HOD of Prod. Prof. Sudhakar intervened the matter. Also the class teacher Supriya Singh and 'Abda' teacher in-charge Hitendra Sir sorted the matter and gave it a closure.	

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September 2018

Sr. No.	Name	Class	First Interim	Follow Up	Cause and Remark	Sign
1	Arpan Sandhu	FE-Comp	8/9		Didn't attend Maths tutorial - Counselling	P
2	Divyanshu	FE-Comp	8/9		Didn't attend maths tutorial - Counselling	P
3	Ashish Singh	FE-Comp	8/9		Didn't attend maths tutorial - Spoke to his elder brother	P
4	Rajeev Gupta	SE-Elec	11/9		Industrial visit related - Talked with parents	P
5	Ayush Chaurse	SE-Elec	12/9		Industrial visit related - Talked with parents and made them understand the imp. of Industrial Visits.	P
6	Ankur Yogi	SE-Prod	24/9		Kept under observation. He has tried to improve in many aspects	P
7	Mr. Yogi				Telephonic Call Asked me to do counselling as he was improving.	P

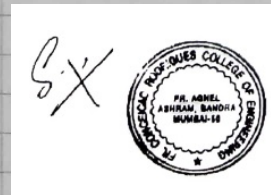
Sr. No	Name	Class	First Inter-View	Follow up	Cause and Remarks	Sign
8	Alec (As per the email sent by his father)	SE	25/9	25/10	2 yrs Drop / Not attending Lectures / Many KTs to clear / smoking - Helped him to discuss the problems. After counselling Alec called his father. Even Sunday Madam spoke to his father regarding his performance. He was asked to meet me after a month.	
9	All hostel boys (Kalina)		29/9		Had to counsel all students about the maintenance work to be initiated from 1st Oct. After lots of convincing, the students got ready to move from their flats so that the renovation takes place.	
10	Pranav G (Telephonic Counselling to his father)		29/9		Pranav leaving hostel and going home without intimation. Spoke to his father too.	

October 2018

Sr No	Name	Class	First Interview	Follow Up	Cause / Remark	Signature
1	Md. Danish Zahid	FE-IT	3/10		In Depression due to Bandra fair issue	
2	Mareena Fernandes	FE-IT	3/10		Bandra fair issue Both of them were counselled and sorted the issue and ^{they} promised to have no grudges on each other.	
3	Arpan Shandhu	FE Comp	7/10		Not attended maths tutorial	
4	Dipanshu	FE Comp	7/10		Not attended maths tutorial	
5	Ashish Singh	FE Comp	7/10		Not attended maths tutorial All the three were made to write the tutorials they missed and handed over to Prof. Archana for assessment.	
6	Manan	FE Prod	7/10		Left hostel towards hometown on weekend without intimation	
7	Varad	FE IT	7/10		Left hostel and went home on weekends	

Sr. No	Name	Class	First Inter. View	Follow Up	Cause/Remark	Sign
8	Smith Lopes (On whatapp)	FE IT	8/10		Scored very less marks in Unit test - Reason - Uncle's accident hence didn't perform well. He promised to perform well in next exams.	P
9	Pranav G	FE IT	8/10		Less attendance - Gave reason that it was due to Proxy Sign done by classmates.	P
10	Ayush Mitoo (His Uncle)	FE - 9/10 Comp			Ayush complaint his Uncle about his cot and hostel maintenance work. - Explained well about the days required to do maintenance work.	P
11	Abhishek Yogesh B.E (IT)		11/10		Academic problem - bias nature of teachers - Too many personal related problems - Counselling him to concentrate on studies rather than other distracting things.	P

Sr. No	Name	Class	First Index view	Follow up	Cause/Remark	Sign
12	FE hostel boys	FE	14/11/18		Counselled students about not playing mobile games online and taking studies seriously	P
13	SE hostel boys	SE	15/10		Counselled to improve the pointers	P
14	TE hostel boys	TE	16/10		Counselled to improve the pointers	P
15	FE hostel boys	FE	25/10		Had to be called for counselling related to mannerism	P
16	Darren	TE (Ex)	26/10		Submission related	P



November 2018

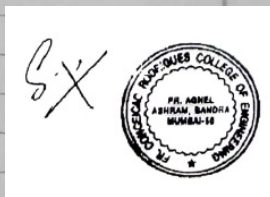
Sl. No	Name	Class	First Inter	Failed Up	Cause/Remark	Sign
1	Hostel boys	All	13/11		Counselled for being patience during the hostel maintenance work and also asked them to work on pointers for the coming exam.	P

S/X



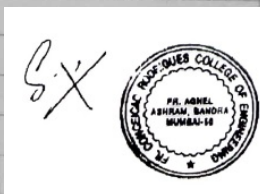
December 2018

St No	Name	Class	First Interview	Follow up	Cause/Remark	Sign
1	Sunil Pillai	SE (Elec)	23/1/12		Disturbed with his past relationship - He gets panic attack - counselled for the same (At IV, Jaipur)	P/



January 2019

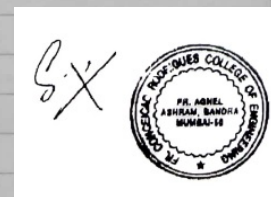
Sr.No	Name	Class	First Inter- view	Follow up	Cause/Remark	Sign
1.	Abhijeet (Mr. Amle's Son)	Diploma	5/1/19		Career Guidance	P
2.	Babar Mahesh	FE (IT)	7/1/19		Improvement in English Language (under observation)	P
3.	Md. Danish	FE (IT)	15/1		Attendance related - returned back to Patna due to food poison	P
4.	Clafacio	FE (IT)	22/1		Behaviour related	P
5.	Mr. Tiwari (Deepak - 8707)	FE (IT)	23/1		Not attending lectures - Reported to parents	P
6.	Mr. Shet (Apoorva - 8701)	FE IT	23/1		Coming late always to the class	P



February 2019

Sr No	Name	Class	First Interview Up	Follow Up	Cause/Remark	Sign
1	Ms. Wagela (Mr. Wagela's Daughter)	8 th STD	11/2/19		Teenage problem	P
2	Sandeep Rathod	FE (Elec)	11/2/19		Bunking lectures	P
3	Mrs. Pinto (Eric Pinto) mother: 9545372519	SE (Comp)	5/2/19		Failed in 10 Subjects	P
4	Eric Pinto	SE (Comp)	14/2	✓	Counselled about clearing the subjects as well about his smoking habit	P
5	FE-Hostel boys Ajay Arpan Ashish Divanshu	FE	18/2	✓	Getting up late and bunking morning first lectures	P
6	Dylan Pereira	FE IT	19/2	✓	Always Reaching late for first lectures [Kept under-observation] / Attendance is too low	P
7	Semil Shah	FE IT	20/2	✓	Not able to get up in the morning and attend lectures	P
8	Deepak Tiwari	FE IT	20/2	✓	Low attendance	P
9	Tripathi Ajay	FE IT	21/2	✓	Poor result and attendance	P

Sr. No	Name	Class	First Intervie	Follow Up	Cause/Remark	Sign
10	Ashish Singh	FE Comp	21/2	✓	Poor marks in UT	P
11	Arpan	FE Comp	21/2	✓	Poor marks in UT	P
12	Kale Aniruddha	FE Elect.	22/2	✓	less attendance	P
13	Rathod Sandeep	FE Elect.	22/2	✓	Very less attendance	P
14	Vishwakarma Saurabh	FE Elect.		✓	Less attendance	P
15						





March 2019

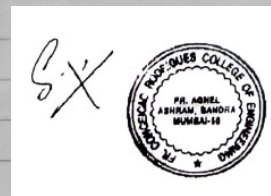
Sr No	Name	Class	First Interview	Follow Up	Cause/Remark	Sign
1	Pandey Aditi	FE (Elec)	1/3/19		Continuously talking in the class	P
2	Joy Pillai	FE (Elec)	1/3/19		"	P
3	Asiyal Rodriguez	FE (Elec)	1/3/19		Continuously talking in the class	P
4	Ritika Patil	FE (Elec)	1/3/19		Continuously talking in the class	P
5	Alec's father [Through Whatsapp]	SE FE IT	2/3/19		Alec's father received complaint about his son through his class teacher for his poor attendance. His father was guided to meet the class teacher and also suggested to meet the Psychiatrist.	P
6	Akshay Naphode (Forwarded by the class teacher Prof. Archana K)	FE Comp	8/3/19		Not attending lectures/student from Vidharbha. Bit afraid to open - kept under observation	P
7	Mrs. Menez (Aldrich's mother)	FE	8/3/19		Reaching always late to the class On phone	

Sr No	Name	Class	First Exam	Follow Up	Cause / Remark	Sign
8	FE Hostel boys	A/FE	11/3		Got KTs in first semester	P
9	Manik	SE IT	12/3		Not cleared KT of first year	P
10	Nitesh Patil	SE Prod	12/3		Not cleared KT of first year	P
11	FE Hostel boys Pranav Varad Ajay	FE	15/3		Bunking first year lecture after giving warning in the last month	P
12	Siddheswar (7798083642)	B.E (Elec.)	25/3		Related to placements and interviews	P
13	Ranjith K	B.E (Elec.)			Mentally Disturbed due to career option - wants to opt for Music degree	P
14	Eric Pinto's mother (on phone)	-	30/3		Concern about her son's studies	P
15	Eric Pinto	S.E (Comp)	30/3	✓	Called for follow up and guide him for his clearing of Exams and Further Studies	P

April 2019

Sr. No	Name	Class	First Intervi	Follow up	Cause/ Remark	Sign
1	Shirish Boga	FY IT	2/4/19	✓	Left college in between / says went in confusion state about career. He was in great dilemma about his future life	P
2	Mrs. Boga (Telephonic)		2/4/19		Spoke to Shirish's mother about her son's condition - Being a single parent, the son is not ready to him.	P
3	Manik's Uncle and Aunt (from Pune)	SE (ICMP)	18/4/19		Sudden visit to check Manik's whereabouts and academics	P
4	Mrs. Boga's visit to college		18/4/19		Concern about his studies and hostel stay at Banora	P
5	Kishanlal (Night: Whatsapp)	FE IT	18/4/19		Lost his SPA file in the train - Spoke to Archana Lopes madam to assist him.	P
6	Mrs. Boga (Telephonic) Shirish's mom	FE (IT)	28/4/19		Submission and hostel related	P

Sr. No	Name	Class	First Inter View	Follow up	Cause/Remark	Sign
7	Dhiren Prajapati	BE (IT)		2/5/19	Follow Up → doing better than before - 6 subjects to clear 2 → last sem and 4 sub for BE	
8	Brother of Ashish Singh-Jammu (Telephonic)	FE (Comp)			Father's death - Ashish studies and behaviour in the hostel	



May 2019

Sr. No	Name	Class	First Inter view	Follow Up	Cause/Remark	Sign
1	All hostel boys		6/5/19		Misbehaviour in the hostel - Playing cricket at night in the flat - Warned everyone and told them not to repeat it nor strict action will be taken	P
2	Arpan/Aashish and Ajay	FE (Comp IT)	7/5/19		Warned for being not keeping room clean in hostel also unhygienic	P
3	Anosh (Telephonic)	SE (Prod)	13/5		Wants to leave college and join BMS also fees kept pending as he didn't attend college - Asked him to meet Principal	P
4	Amit Dubey	FE (Prod)	17/5	22/5	Career Guidance and GATE exam Asked to meet again on 21 May 2019	P

5.Student counseling:

To achieve a positive mental health, institute has full time Professional Psychological Counselor. The main aim is to resolve problems, improve effectiveness, judgmental skills and bring transformation in an individual student. Dr. Joseph Rodrigues, personal counselor of FRCRCE, conducted session named “Path towards right direction” in the beginning of the academic year for the first year students (new comers). The motive of this session is to guide the students with general awareness and alerting them about the ups and downs of engineering studies. Further it has created alertness to keep away from bad company, alcohol and drugs and identify the responsibilities and opportunities in engineering education. Higher semester students get in touch with the counselor with the help of contact number available on the institute website. They are guided for higher studies abroad. Institute provides Personal one to one counseling session; in any aspects; as and when required, 24/7 available for counseling through email, phone call or whatsapp. The parents and students are relaxed and happy to get proper guidance and counseling at the institute as parents put hand to hand with the counselor and workout for the betterment of the student.



SOCIETY OF ST. FRANCIS XAVIER, PILAR'S

FR. CONCEICAO RODRIGUES COLLEGE OF ENGINEERING

(Approved by AICTE & Affiliated to University of Mumbai)

Fr. Agnel Ashram, Bandstand, Bandra (W), Mumbai - 400 050.

Phone : (022) 6711 4000, 6711 4101, 6711 4104 • Fax : 6711 4100

Website : www.frcrce.ac.in • Email : crce@fragnel.edu.in

Ref.: CRCE / 2021

Date : March 19, 2021.

To,
Dr. Joseph Rodrigues
Assistant Professor - Comm. Skills
Fr. CRCE, Bandra

Dear Sir,

At the outset, please accept our greetings.

We whole heartedly thank you for delivering a session on "**Path towards Right Direction**" during our First Year Students Induction Programme on 17th March 2021.

Your counseling has given students good guidance and motivation to remain focused on their aims and goals of future even during the pandemic or challenging times .

We appreciate your expertise and the valuable time spared by you for our Students Program.

We thank you once again for your effort to make this programme successful. We expect similar cooperation from you in future.

Yours faithfully,

(DR. SRIJA UNNIKRISHNAN)
PRINCIPAL

FED	Prof. Prasad Lalit	Prof. Deepak Bauskar
FEE	Prof. Sunil Yadav	Prof. Pradeep Singh

Session-12

Theme: Counselling

Venue: Respective Classrooms

Date: 6 January to 10 January 2020.

In between 1.30 to 3.30 p.m

Time : 1.30pm to 4.30pm

Resource Person: Dr. Joseph Rodrigues (Professional Counsellor)

With the beginning of the 2nd semester, counselling session for First year students were conducted in their respective classes on 6 January to 10 January 2020, between 1.30 to 3.30 p.m

Started with ice breaking session, the students were made aware that they were fortunate to get such better life. Presentation slides were shown on 'Be Positive' so that the crowd is motivated.

Further, they were also made to understand how important their parents are. Many students didn't get into IIT, hence, they joined this college.

The students were given lessons on Behaviour patterns as a student. Many points were covered under this topic. Respect for teachers, mentor's role, bunking lectures, need to change their late coming habits were clearly put forward.

Further, they were briefed on handling exams and taking part in extra- curricular activities. The counselling session ended with putting stress on keeping away from bad habits and not getting addicted to drugs, alcohol or smoking.



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Head, Department of Humanities and Science



Six

Julius



Head, Department of Humanities and Science



Six

Julius



Head, Department of Humanities and Science

<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">   </div> <div style="text-align: center;"> Fr. Conceicao Rodrigues College of Engineering </div> </div>							
COUNSELLING REPORT							
March 2022				Counsellor:		Dr. Joseph Rodrigues	
Sr.no	Date	Class	Student/ Parent Name	First Counselling approach and	Problem Cited	Remark	Total people counselled
1	7-3-2022	SE(COMPS) Referred by	Lauren Meneses and Suresh Meneses	7 March 2022	Student not attending online lectures since January 22	Student was contacted on phone for his whereabouts and interest he was	1
2	9-3-2022	BE(MECH)	Ddhairya Gandhi	First approach online on 9 March	Student messaged that he wishes to discuss some	Student was asked to relax and meet on 21 March 22, discussed his break	1
3	23-03-22	SE (COMPS)	Shaun Pimenta	met physically on 23 March	Confused about further higher studies	Guided in detail about the GRE and universities in other countries	1
4	23-03-2022	SE (COMPS)	Charmi Tank	met physically on 23 March	Confused about further higher studies	Guided in detail about the GRE and universities in other countries	1
5	25-03-2022	TE, BE students	Hostel Boys	met physically on 25 March	Briefed the boys about Hostel	Students were counselled for their stay in the hostel as per the norms	12
6	28-03-2022	FE E	Group Counselling session	Class room	New comers to college	Prepared students to accept online mode, motivated them to attend	58
7	29-03-2022	FE B	Group Counselling session	Class room	New comers to college	same as above	58
8	30-03-2022	FE D	Group Counselling session	Class room	New comers to college	same as above	54
9	31-03-2022	FE C	Group Counselling session	Class room	New comers to college	same as above	50
10	31-03-2022	FE A	Group Counselling session	Class room	New comers to college	same as above	53
							289

S/X





TOTAL - 289

  Filipe Conceicao Rodrigues College of Engineering							
COUNSELLING REPORT							
April 2022		Counsellor:		Dr. Joseph Rodrigues			
Sr.no	Date	Class	Name	approach and future	Problem Cited	Remark	Total
1	02-04-2022	FE D	Ishan Karandikar	call- after talking to	student-irritating	He is under observation.	1
2	02-04-2022		Mrs.Karandikar	cooperated and spoke	finding it difficult	Parent counselling done	1
3	02-04-2022		Mr. Karandikar	agreed to help the child	finding it difficult	Parent counselling done	1
4	15-04-2022	FE D	Gladson G	Phone call not received	he has no	He is under observation.	1
5	15-04-2022		and mother	background of the	said his son is	child hence he was	2
6	19-04-2022	FE E	father and	know his attendance of	attending college	they said he regularly goes	1
7	18-04-2022	FE A	Shahaan	Met Physically	speaking	front of the mirror at home	1
8	25-04-2022	SE(comps)	Bishnu Shrestha	Met Physically	abroad	Provided proper guidance	1
						Total	8

Total - 8



				Fr. Conceicao Rodrigues College of Engineering			
				COUNSELLING REPORT			
		May 2022		Counsellor:		Dr. Joseph Rodrigues	
<u>Sr.no</u>	<u>Date</u>	<u>Class</u>	<u>Name</u>	<u>approach and future</u>	<u>Problem Cited</u>	<u>Remark</u>	<u>Total</u>
1	02-05-2022	Hostel Boys	students	about the misbehaviour	amongst	all the Hostel students and	18
2	04-05-2022	FE E	Family	to call or coming and	attended the	counselled along with	4
3	06-05-2022	FE E	Atharva Patil	father for the same	responded to the	all his assignments and	1
4	10-05-2022	FE D	father	complaint about his	everyone's food	him to provide food to	2
5	22-05-22	FE	Shahaan's Mother	with the class teacher	problem	complete his submission	1
6	23-05-22	FEB	Gaurav Mishra	related	Doubts about GR	studies	1
						Total	27



Fr. Conceicao Rodrigues College of Engineering

COUNSELLING REPORT

June 2022

Counsellor: Dr. Joseph Rodrigues

<u>Sr.no</u>	Date	Class	Parent Name	approach and future	Problem Cited	Remark	Total
1	18/6/2022	FE	Aryan	Online	examination	Counselled for the same	1
2	20/6/22	FE	Kartik Dhar	Physically met	in the boy's	Counselled for the same	1

Total=

2

S.X





Fr. Conceicao Rodrigues College of Engineering

COUNSELLING REPORT

July 2022

Counsellor: Dr. Joseph Rodrigues

Sr.no	Date	Class	Parent Name	approach and future	Problem Cited	Remark	Total
1	19/07/2022	TE Comp A	Whole class	counselling	placement	in their interviews and	63
2	19/07/2022	TE AI&DS	Whole class	counselling	placement	in their interviews and	53
3	21/07/2022	TE Comp B	Whole class	counselling	placement	in their interviews and	55
4	22/07/2022	TE ECS	Whole class	counselling	placement	in their interviews and	50
5	22/07/2022	TE Mech	Whole class	counselling	placement	in their interviews and	42
6	20/07/2022	T.E Comps	Unnati	Physcial meeting	tearm for project	team in 2 days	1
7	26/07/2022	B.E (COMP)	Gini	corporate life	the expectations	17.5 package, interested to	1
8	26/07/2022	B.E (COMP)	Candida	corporate life	the expectations	17.5 package, interested to	1
9	26/07/2022	B.E (COMP)	Lisa	corporate life	the expectations	17.5 package, interested to	1
10	27/07/2022	T.E Elex	Riddhi Ojha	Higher studies and GRE	Clueless	asked to refer R.S Agarwal	1



Total=

268



Fr. Conceicao Rodrigues College of Engineering

COUNSELLING REPORT

August 2022

Counsellor: Dr. Joseph Rodrigues

<u>Sr.no</u>	Date	Class	Parent Name	approach and future	Problem Cited	Remark	Total
1	30/8/2022	B.E (Production)	Wasim	for counselling by	Job related	Suggested the options	1

Total= 01

S.X



Total=

1



Fr. Conceicao Rodrigues College of Engineering

COUNSELLING REPORT

#####

Counsellor: Dr. Joseph Rodrigues

Sr.no	Date	Class	Parent Name	approach and future	Problem Cited	Remark	Total
1	7-9-2022	SE (Comp)	Glison Periera	counselling room	between	He was guided accordingly	1
2	12-09-2022	SE (Comp)	Mrunali	counselling room	between	accordingly	1
3	13/09/2022	SE (ECS)	Karandikar	counselling room	Improving	and feeling good with	1
4	16/09/2022	SE(ECS)	Aryan	counselling room	related	Guided	1
5	16/09/2022	SE (ECS)	Gladson	counselling room	Improving	and feeling good with	1
6	25/09/22	TE(ECS)	Moushin	father to talk about his	asked to talk to	Didn't find much change	1
7	25/06/22	TE(ECS)	Darren	father to talk about his	asked to talk to	lecture	1
8	26/09/22	B.E(ECS)	Austin	counselling room	related, was not	attitude led him to not get	1
9	26/09/22	T.E (AIDS)	Mahajan	counselling room	language with	proper guidlines for his	1
10	27/09/22	SE(ECS)	Lokesh	Telephonic	was feeling like	him	1
11	27/09/22	SE Hostel boys	Hostel boys	Hostel	FE	guided	1
12	28/09/22	SE(Mech)	Aamir Zaheer	Telephonic	Failed in PCE-I	guided	1

Total

11

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Fr. Conceicao Rodrigues College of Engineering

COUNSELLING REPORT

October 2022

Counsellor: Dr. Joseph Rodrigues

<u>Sr.no</u>	Date	Class	Parent Name	approach and future	Problem Cited	Remark	Total
1	8-10-2022	SE (ECS)	Gladson	Telephonic	and showed their	also Gladson and made	3
2	10-10-22	TE (Comp B)		Counselling room	the counsel	channels and how ppl	1
3	11-10-2022	SE (Comp B)	Bosco	Meeting physically	whether he	the better option	1
4	12-10-2022	SE (Comp B)	Janice	Meeting physically	whether she	the better option	1

Total=

6

S.X





COUNSELLING REPORT

November 2022

Counsellor: Dr. Joseph Rodrigues

Sr.no	Date	Class	Student/ Parent Name	approach and future	Problem Cited	Remark	Total
1	15/11/12	FE	Joel	Hostel	Instructions		1
2	15/11/12	FE	Boney	Hostel	boy's		1
3	15/11/12	FE	Nilesh	Hostel	maintaining		1
4	15/11/12	FE	Ojas	Hostel	Hygiene, Discipline		1
5	15/11/12	FE	Ankit	Hostel	Harmonious		1
6	15/11/12	FE	Harsh	Hostel	stay		1
7	18/11/22	Hostel Boys	All students: FE/SE/TE/BE	Hostel	noise in the	same	17

Total= 23

